

# Norfolk and Norwich University Hospital

Norfolk & Norwich University Hospital, Colney Ln, Norwich NR4 7UY

**Website:** <http://www.nnuh.nhs.uk/>

**College Tutors:** Dr Florence Walston & Dr Bina Mukhtyar

**Travel Information:** Norwich is only 110 miles north of London and is easily accessible by road from major ports and airports. The Hospital is located about four miles from Norwich city centre, close to the University of East Anglia and is easily accessible via public transport with regular buses running from the city centre and Norwich train station. There is also car parking available on site.

## **Post Title:**

Tier 1 (ST1-ST3) in General Paediatrics.

Tier 2 (ST4-ST8) in Paediatrics with specialty interest.

Tier 2 (ST4-ST8) in Community Paediatrics.

## **Departmental Data Statistics:**

In 2011-12, there were 4635 emergency and 1334 elective Paediatric Medical admissions to the inpatient wards. 2008 new outpatients were seen and there were 2487 return outpatient attendances.

Of the children seen in the Children's Assessment Unit >60% were discharged after assessment and treatment. The department has seen a substantial and steady increase in workload over the last five years.

Buxton ward has 33 inpatient beds, of which 4 beds are Paediatric HDU, 8 cubicles.

CAU has 8 beds, one treatment room and one clinic room.

The Neonatal unit has 42 cots divided into ITU (9), HDU (6), SCBU (22), Transitional care (5)

In addition to this, Children are admitted to the Children's day ward for planned day admissions for various tests. There is also a Day Procedure Unit where minor procedures like endoscopies and Joint injections under anaesthesia take place.

There were 1132 admissions in 2013.

## **Further information:**

*Paediatric Medicine team:* 14 Consultants (with various subspecialty interests), ST4 and above there are 10, of which 2 are based in community Paediatrics. ST1-ST3 there are 3. There are 4 GPVTS, 2 FY2 trainees. Paediatric Tier 1 trainees also get attachments in A&E and in Paediatric Surgery (GPVTS/FY only).

*Paediatric Community team:* 6 Consultants, 1 staff grade doctor, 2 ST4 and above trainees.

*Paediatric Surgical team:* 5 Consultants, 2 specialist registrars, 3 Middle grade Clinical fellows, 1 ST1-ST3 in Paediatric Surgery.

*Other Paediatric subspecialties:* Paediatric Orthopaedic surgeons, Spinal surgeons, Paediatric ENT surgeons, Ophthalmologists, Dermatologists, Paediatric Anaesthetists, Plastic surgery.

*Allied Health Professionals:* Physiotherapists, Occupational therapists, Speech and Language therapists, Dieticians, Psychologists.

*Community Nursing team:* There is a team of 8 community children's nurses in post with special interests in diabetes, respiratory conditions, epilepsy, oncology, gastroenterology and surgery. A further team of nurses provide an outreach service for neonatology.

*Specialist outreach clinics by Visiting Consultants:* in Cardiology, Endocrinology, Genetics, Neurology, Oncology, Nephrology and PKU/Metabolic.

### **Rota and Responsibilities:**

*Handovers:* Day starts with a Consultant led handover at 08:30. A further Consultant led handover takes place at 16:30. An evening handover between Tier 1 and Tier 2 trainees takes place at 20:30

*Buxton ward day team(08:30—1700):* Comprises of the Consultant of the week, 1 x long day Tier2 (08:30-21:00), 2 x Tier 1 trainees.

*Evening cover (1700-20.30) - Buxton ward:* 1xTier 1 and 1XTier 2. The ward team is expected to come and help in CAU after the evening HDU ward round/ward work is completed.

*CAU team: Weekdays:* CAU Consultant (From 12:00 to 21:00 on weekdays, 13:00 – 20:00 on weekends), 1x Tier 2 trainee (08:30-17:00), 1 x Tier 2 trainee (12:00-22:30), 1 x Tier 1 trainee (08.30-17:00).

*Weekends:* (08:30-21:00) 1 x Tier 1 and 1x Tier2 trainee and On call Consultant covering CAU and Buxton. Additionally, from 13:00-21:00 there will be a CAU Consultant and another Tier 2 trainee, who will only cover CAU.

*Evening cover (17:00-20:30):* 1 Tier 2, 1 x Tier 1 and CAU Consultant (CAU).

*Night team (20:30-09:00):* 1x Tier 1 and 1x Tier 2 (for Buxton and CAU).

*Speciality Clinics:* Most of the clinics are in morning. Gastro, Endocrine and CF clinics are in afternoons.

### **Community Paediatrics:**

Excellent clinic based exposure on a daily basis . Which includes managing children with ADHD, Autism and neurodevelopmental disorders.

Very good training for safeguarding including sexual abuse. Multidisciplinary Cerebral palsy clinics take place twice a month. Tier 2 trainees are expected to do special school clinics.

Good training for Community and Neurodisability.

Monthly team meeting with peer group discussion on safeguarding.

*Paediatric Surgical team:* Provides an excellent tertiary care. They work in close relation with Paediatrics and Neonatal team.

### **Training and Teaching:**

*Monday 13:00-14:00 - Journal club/Audit/Guideline presentation/Morbidity and Mortality Meeting- once a month on the 4th Monday of the month)/*

*Tuesday 13:00-14:00 –Consultant led Teaching for SHOs and SpR's.*

*Wednesdays 13:00-14:00 - SHO Presentation*

*Thursdays 09:30-12:00 - NPEG (1st Thursday of the month), Simulation training lunchtime (2nd and 4th Thursdays of the month), Hospital wide Inter-professional lunchtime meeting-every Thursday.*

*Fridays (lunchtime) - Xray meeting +/- Audit /Guideline*

There is also a 5 min teaching session everyday either during handovers (either morning or afternoon) by the CAU registrar and ward consultant.

Opportunities for PALS, EPLS and NLS training arranged locally within the trust.

**Departmental Strengths & reasons to join the NNUH Team:**

- Very supportive Consultant and Nursing colleagues.
- Excellent learning opportunities within Multidisciplinary teams such as the Diabetes Team and Cerebral Palsy clinics.
- Level 3 Rheumatology outpatient experience.
- Level 2 POSCU - Excellent training opportunities in Oncology.
- SPIN rotation in Neurology: Excellent training and exposure to specialist Epilepsy clinics, EEG meetings, Movement assessment clinics, and specialist Neuromuscular and Neurofibromatosis clinics.
- SPIN rotation in Respiratory: Specialist CF clinics, Asthma clinics, Sleep studies exposure.
- SPIN rotation in Endocrine and Gastroenterology.
- Neurodisability GRID training center.
- Other tertiary level specialist outreach clinic exposure.
- Affiliated with UEA medical school and Nursing school: Excellent opportunities to teach undergraduates in ward based and seminar teachings.
- Regular SIM training: Opportunities to develop and participate in SIM scenarios
- Encouragement to participate in audits, guideline development, governance and research projects. Trainees get opportunities to present their work in national and international conferences. - Very supportive Consultant and Nursing colleagues.

**Things to do in Norwich:**

Norwich is a wonderful fusion of the modern and historic, one complementing the other. As well as being the most complete medieval city in the UK, it has a flourishing arts, music and cultural scene, superb independent as well as High Street shopping, lively restaurants, bars and nightlife and a heritage that is a delight to explore.

The city has the largest undercover market in Europe, many museums and theatres, ancient pubs, cobbled streets such as Elm Hill, Timber Hill and Tomb land (not what you think – the name derives from the Saxon word for an open space), ancient buildings such as St Andrew's Hall, half-timbered houses such as Dragon Hall, The Guildhall and Strangers' Hall, the Art Nouveau delight of the 1899 Royal Arcade, a jumble of medieval lanes and a delightful riverside along the winding Wensum. Norwich is also rated in the top 10 UK shopping destinations!

**Visit Norwich:** <http://www.visitnorwich.co.uk/>

**Travel:**

Norwich is only 110 miles north of London and is easily accessible by road from major ports and airports.

*By car:* Major trunk roads to the Norwich area are the M11, A11, A12, A140 and A14 from London, the south east of England, ferry ports and the Channel Tunnel. The A14, A11, A47, A17 and A1 serve the Midlands and the north of England.

*By train or bus:* Regular 2 hour train from London Liverpool street. From other cities changeover in Peterborough or Ely for trains to Norwich.

X1 bus links Peterborough, Kings Lynn, Great Yarmouth, & Norwich.