Ipswich

Foundation Training Scheme

for

General Dental Practice

Summer Term

15th April — 1st July 2016

Ipswich Postgraduate Medical and Dental Education Centre
**Summer Term**

**Venues and Subjects**

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<td>Friday 15th April</td>
<td>Prosthetics</td>
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<td><em>Ipswich Hospital Postgraduate Medical Education Centre</em></td>
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<tr>
<td>Friday 22nd April</td>
<td>Normal Day in Practice</td>
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<td>Thursday 28th April</td>
<td>Regional Foundation Training Conference</td>
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<td>Friday 29th April</td>
<td><em>Stoke By Nayland</em></td>
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<td>Friday 6th May</td>
<td>Normal Day in Practice</td>
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<td>Friday 13th May</td>
<td>Oral Medicine</td>
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<td>Special Care Dentistry (Complex Medical Histories)</td>
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*During each day some time will be set aside for problem solving and Peer Review*
Thursday 26th May  
British Dental Association Conference

Friday 27th May

Saturday 28th May  
Manchester Central Convention Complex

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Friday 3rd June  
Normal Day in Practice

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Friday 10th June  
Advanced Composites

Ipswich Hospital Postgraduate Medical Education Centre

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Friday 17th June  
9am: Visit from the Postgraduate Director (Alex Baxter)
NHS Regulations
Implants in General Dental Practice

Ipswich Hospital Postgraduate Medical Education Centre

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Friday 24th June  
The “Missing Session”
Statistics

Ipswich Hospital Postgraduate Medical Education Centre

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Friday 1st July  
Case Presentations

Ipswich Dental Foundation Scheme Trainers Meeting will be held at 12.45pm today

Ipswich Hospital Postgraduate Medical Education Centre
Morning & Afternoon Sessions

9.30  
**Groupwork**

10.00  
**Prosthetics**  
Mark Davis  
*FD Trainer and GDP*

During this session Mark will aim to explore various aspects of Full & Partial Denture Planning & Provision. This will include:

- anatomy & tooth suitability
- patient selection
- treatment planning
- denture design, impression taking & bite registration
- lab liaison
- maintenance
- modifications & additions
- when to remake

Coupled with this - Mark will aim to discuss common denture problems & solutions.

**Objectives**

This session will give Foundation Dentists:

- an understanding of efficient patient examination and selection
- an understanding of partial and full denture design
- an improved knowledge of the principles and theory of good impression techniques

**Learning Outcomes**

Following this session Foundation Dentists will be able to:

- take successful impressions
- record the bite accurately
- choose the shape and size of tooth required
- set up the occlusion in full & partial dentures
- deal with common prosthetic complications
Case Study: suggested layout

Case Selection:

The case that is chosen should demonstrate aspects of care, which involve different clinical disciplines. It is not necessary to concentrate on excessively complex or unusual cases, but entrants should choose a case that is appropriate to their skills at this point in their career development. A background of routine treatment, where a specific problem has been highlighted and managed, is what the panel are looking for in the case that is chosen.

Maximum 200 word summary or overview to start. Total length 2000 words. Max. 6 clinical photographs.

- Introduction
- Presenting Complaint and History of PC
- Patient Requests / Expectations
- History (Social, medical and previous dental)
- Examination
  - (a) Extra Oral;
  - (b) Intra Oral -
    - Soft tissues
    - Teeth
    - Periodontal (minimum BPE)
    - Special Tests—Vitality, Radiographs, Diet Sheets, Study Models, Photos, etc.

Diagnosis (es) (Provisional and Definitive)

Treatment Plan (Provisional and Definitive)

Discussion of Treatment Plan including headings for:
  - Options, Patient Input, Discussion - reasons, philosophy

Treatment Description (short)

Prognosis

Discussion (and reflection)

Conclusion

Addenda:
- Medical history form, diet sheets, periodontal charts, Lab forms, copies of anonymised clinical notes and radiographs, and most important, the patient consent form.
Thursday & Friday 28th & 29th April
Stoke by Nayland Hotel Golf and Spa, Colchester, CO6 4PZ

Regional Dental Foundation Training Conference

Stoke by Nayland Hotel, Golf and Spa
Keepers Lane
Leavenheath
Colchester
Essex CO6 4PZ
Tel: 01206 262836

Full details of the 3 day educational programme will be circulated closer to the date of the event.

Accommodation will be provided for the Thursday evening of the event.

Accommodation will be single sex shared occupancy of Twin Rooms.

Distance to Venue (from Ipswich Hospital) = 22 miles
Time to Venue (from Ipswich Hospital) = 40 minutes
Regional Educational Conference - Stoke By Nayland Golf Resort and Spa

Attendees: Foundation Dentists from the Basildon Scheme, Essex Coast Scheme, Ipswich Scheme & Norwich Scheme

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<thead>
<tr>
<th>Date</th>
<th>Format</th>
<th>Timings</th>
<th>Speakers</th>
<th>Topic</th>
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<tbody>
<tr>
<td>28th April</td>
<td>3 parallel sessions</td>
<td>9.30 am start</td>
<td>Session 1</td>
<td>Session 1 Transition to Performer</td>
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<tr>
<td></td>
<td>You will be split into 3 groups across the schemes and rotate through the days sessions.</td>
<td>10.00 am- 11.45am Session 1</td>
<td>Nick Lamb</td>
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<td>11.45am- Coffee</td>
<td>Session 2</td>
<td>Session 2 CV writing &amp; Interview Skills</td>
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<td></td>
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<td>12.00am-1.45pm Session 2</td>
<td>Niels Vig</td>
<td>Session 3 Post FD Finance</td>
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<td>1.45pm-Lunch</td>
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<td>2.30pm - 4.15pm Session 3</td>
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<td>4.30pm—5.30pm Quiz!</td>
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<tr>
<td>28th April</td>
<td>Evening Meal (All FDs, TPDs)</td>
<td>7.30 Dinner</td>
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<td>11.15am—Coffee</td>
<td>Session 2</td>
<td>Session 2 Dental Public Health Speciality Training</td>
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<td></td>
<td>11.30 am—1.00pm Session 2</td>
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<td></td>
<td>1.00pm — Lunch</td>
<td>Session 3</td>
<td>Session 3 Maxillofacial Surgery Armed Forces</td>
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<td></td>
<td>2.00pm—3.45 pm Session 3</td>
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Each delegate will have been randomly allocated to Group A, Group B and Group C. These groupings determine in which order you will attend each of the 3 Thursday & Friday sessions.
Friday 13th May
Ipswich PGME

Morning Session

9.30  **Groupwork**

10.00  **Special Care Dentistry (Complex Medical Histories)**
       Roddy McMillan

Roddy McMillan is consultant and honorary clinical teaching fellow in oral medicine and facial pain at the Eastman Dental Hospital.

Due to the serious consequences to a patient if their medical history is not properly borne in mind, it is vital that General Dental Practitioners have an up to date and broad appreciation of all aspects of medicine that impinge on dentistry.

The increasing age demographic of many dental patients means that complex medical histories and poly-pharmacy are common place. This needs to be carefully considered prior to the provision of dental treatment.

**Learning outcomes**

*By the end of this session learners will be able to:*

- Identify medical issues that have the most impact on potential dental treatment
- Take a thorough history to enable an accurate diagnosis in cases of facial pain.
- Be able to refer patients appropriately
Due to the potentially serious issues that can be associated with inappropriate or late diagnosis of oro-mucosal lesions—greater knowledge & awareness of Oral Medicine is vital for the General Dental Practitioner.

**Learning outcomes**
*By the end of this session learners will be able to:*

- Recognise changes to normal anatomy
- Identify the pathology behind common oro-mucosal lesions
- Recognise the importance of timely and accurate referrals
The British Dental Association (BDA) Conference and Exhibition is an unmissable event in the UK dentistry calendar.

**Key facts:**

- Delivered in collaboration with leading experts in the field of dentistry.
- The event attracts more than 5,000 dental professionals across three days
- Over 130 Exhibition and Conference sessions
- 15 hours of verifiable CPD

A Conference Pass will also give you full access to the Exhibition hall.

**Where?**

We’re pleased to be back at Manchester Central Convention Complex. Manchester is one of the few venues which can host such a large event.

**When?**

Thursday 26 – Saturday 28 May 2016.

**Who is speaking?**

This year over 80 speakers will be sharing their expertise including Chris Orr, Gary DeWood, Linda Greenwall, Subir Banerji, the Rt Hon Alistair Burt MP and Finlay Sutton.

⇒ The Ipswich DFT Scheme will be booked onto the BDA Conference automatically. Twin room accommodation will also be booked for Scheme members as well.

⇒ Scheme members will need to pay for their accommodation before the event. They will be able to claim the monies back in the usual way.

⇒ Scheme members will need to arrange their own transport to Manchester. Again they will be able to claim the cost of transport back in the usual way.
BDA Conference Scheme Learning Programme

Aims & Objectives

The aim of attending the BDA Conference is to develop each FDs skills at selecting the most appropriate professional development for their own needs.

Prior to the 13th May 2016 each FD will need to have thoroughly examined the Conference Programme. They will then need to email, to Jason Stokes, (via the ePortfolio) a Professional Development Plan for the BDA Conference. This plan must include:

- A reflection on their professional strengths and weaknesses
- The individual learning needs they have identified
- The Conference educational events they plan to attend to meet these learning needs
- The anticipated Learning Outcomes following Conference attendance

It is strongly recommended that the FD should discuss this plan with their Trainer—and indicate where the Trainer has offered advice on their future development needs.

Prior to the 17th June 2016 each FD will submit a follow-up report from their visit to the BDA Conference. This report will match their actual learning experiences at the Conference against their pre-Conference Professional Development Plan. Again, this report should be submitted via the ePortfolio to Jason Stokes.

Learning Outcomes

Following this session the FDs will be able to:

- Assess their own development needs
- Match their needs against independently provided learning opportunities
- Assess how well the attended education meets their development needs

Each FD will need a certificate to demonstrate 8 Hours of CPD and 2 Hours attendance at the Trade Show. Failure to provide this certificate could delay/prevent FD completion.
Friday 10th June
Ipswich PGME

Morning & Afternoon Sessions

9.30  **Groupwork**

10.00  **Advanced Composite Techniques**  
       Anup Ladva

A single day hands-on course designed to give delegates the skills and knowledge to place highly aesthetic, long term and functional composite restorations in a predictable, efficient format. The course is designed to allow candidates to improve their scientific and technical knowledge needed to place composite restorations in their clinical workplace.

- **Case Assessment**
- **Shade Selection**
- **Cavity Preparation**
- **Anterior Composite form and function**
- **Predictable Aesthetic Bonding**
- **Posterior Contact Area Biomimesis**
- **Natural Layering technique**

**Aims**

- Appreciate the importance of direct composite in modern day dentistry.
- Understand how composite can be used restoratively with respect to function and aesthetics.
- Learn to manipulate composite in order to achieve excellent functional and aesthetic outcomes.
- Improve on your ‘hand skills’ and technical ability for composite.

**Learning Objectives:**
*Following this session delegates will be able to:*

- Formulate successful patient treatments utilising composite as a restorative material.
- Describe efficient cavity preparation and composite bonding.
- Demonstrate the efficient use of composite as a direct restorative material.
No Day Release Course

*normal working day in practice*

Advice for delivering your Case Presentation

*Some Dos and Don'ts...*

**Do:**
- Speak in a conversational way.
- Vary your voice in volume and emphasis.
- Change the pace.
- Pause.
- Speak clearly and in a controlled way.
- Allow time for the sound of your voice to travel in a large room.

**Don't:**
- Rush.
- Speak in a monotone way.

**Summary**
- Confident people stand tall and move purposefully.
- Gesture as you would in an animated conversation.
- Keep eye contact with your audience and they will keep contact with you.
- Speak in a conversational way.
Morning Session

Postgraduate Director—Alex Baxter—will visit the scheme today at 9am to seek feedback from the Foundation Dentists directly. If you have any issues you need to discuss with Alex—please make sure that Jason & your Trainer are aware prior to your conversation with Alex Baxter.

9.00 Health Education England: Postgraduate Director Scheme Visit
Alex Baxter (Postgraduate Director)

Alex Baxter will visit the Scheme today to seek direct feedback from the FDs about the performance of the Scheme, the Training Programme Director and the Trainers (and their practices). If you have any significant concerns you wish to raise with the Director—please ensure that you have attempted to resolve these with the appropriate individual before raising it with the Director.

11.00 NHS Contract Revision
Jason Stokes

Aims
This session will aim to explain a fundamental aspect of the NHS—the GDS contract that frames NHS primary dental care.

Objectives
This session will help to give delegates:

- An understanding of the NHS GDS Regulations
- A realisation of the importance of the Regulations to the provision of all aspects of NHS primary dental care
- A greater depth of knowledge concerning the NHS dental contract

Learning Objectives
Following this session delegates will be able to:

- Effectively apply the NHS GDS Regulations to their day to day practice
- Avoid common contractual misconceptions
- Formulate strategies to work within the restrictions of the NHS Dental Contract.
Afternoon Session

14.00  **Implantology in General Dental Practice**

Colin Clamp  
*FD Trainer and GDP*

Local GDP – Colin Clamp – has undertaken training to develop his skills concerning the provision of the intra-oral implants he prescribes to his patients.

**Aims**

This session will cover the basic principles of practical implant placement and restoration, and will also cover treatment planning, maintenance and referrals.

**Objectives**

- This practical session will give the participants the knowledge base to refer patients for implant procedures.
- Participants will be able to communicate the procedures behind implant placement & restoration.
- Participants will understand the importance of effective implant maintenance.

**Learning outcomes**

*Following this session delegates will be able to:*

- Select patients for implant treatment.
- Recognise the basic mechanics of this ever more important treatment.
- Formulate effective maintenance strategies for their patients and their implants.

**Reminders**

**DFT Portfolio**—all sections will need to be completed by Friday 24th June. If you have any queries about this—please contact Jason. If the Portfolio is not completed by this date—the Dental Foundation Training Certificate will not be issued to the Foundation Dentist until the Portfolio is complete. This could produce a significant delay in getting onto the performers list for your next job.

**Case Presentation**—The case presentations need to be handed in by 24th June: the written hard copy will be taken in and will form part of your evidence portfolio (along with the Foundation Skills and Audit).

The presentation each FD needs to give on 1st July needs to be in PowerPoint format—and last approximately 5 minutes. Following each presentation there will be about 5 minutes of questioning and feedback from the Trainer Group to allow discussion of any points that may arise from the content of the presentations, and help to clarify each FD’s treatment philosophy.

**Missed Sessions**—all missed sessions will need to be made up with a course agreed by Jason. Proof of attendance needs to be lodged with Alison Foreman. Failure to comply with this requirement will prevent the issuing of your certificate until proof is received.
Morning Session

9.30  **Groupwork**

10.00  **The “Missing Session”**
       Ipswich FD Scheme

This session will seek to cover some of the topics that we have not had chance to explore over the rest of the day release scheme sessions. Each FD will present a 10 minute educational session on their desired topic.

Each FD will:

- Choose a topic that they feel should have been covered in more detail during the day release scheme.
- Liaise with other scheme members to make sure there is no repetition of the topic they have chosen (first come—first served!)
- Produce a 10 minute educational session that will help to fill the identified educational need.

The aim of this session is to find out which topics the FDs would like to cover in more detail.

The objectives of this session are:

- To explore the educational needs of the 2015-2016 Foundation Dental intake.
- To give the FDs the opportunity to present the learning they require in the format they find most useful.
- To give the FDs the opportunity to improve their presentation and communication skills.

*The Learning Outcomes*

*Following this session: delegates will be able to:*

- **Recognise of the learning needs of their peer group.**
- **Assess the learning required by their peers.**
- **Formulate a short educational experience that meets the needs of their peer group.**
Afternoon Session

**14.45 Statistics for Dentists**
Simon Bunting (FD Trainer)

This extremely personal session will illustrate some of the more important statistics a GDP should be aware of.

It will explore the potential effect of these upon our lives and careers, and will also seek to discuss management strategies to help minimise the effects of one statistic in particular.

**Learning outcomes**
This session will enable FDs to:
- Recognise some of the risks associated with General Dental Practice.
- Identify problems that can effect themselves and the people around them.
- Formulate potential solutions.

**THINGS TO BRING**
1. An open mind!
Morning & Afternoon Sessions

9.30  Case Presentations
      Ipswich FDs & Trainers

During this session the FDs will present their case presentations that they have been working on over the year.

The presentation needs to be in PowerPoint format—and last approximately 5 minutes. Following each presentation there will be about 5 minutes of questioning and feedback from the group.

The aim of this session is to help highlight any weaknesses or discrepancies in each of the presentations, and help to clarify each FDs treatment philosophy.

In previous years your Adviser and the Trainers have been generous enough to contribute to a small cash prize for the best presentation!

Learning Objectives
- This session will enable the FDs to gain experience in group presentation.
- This session will help the FDs structure their examination, diagnostic and treatment planning skills
- This session will offer the FDs an opportunity to seek wide ranging peer review—and alter their clinical practice in light of the feedback they will receive.

Learning Outcomes
Following this session the participants will be able to:
- Formulate a Case Presentation that meets the expectation of their professional peer group.
- Describe complex clinical concepts to their peer group.
- Constructively critique the cases presented by their peer group.

END OF YEAR TRAINERS MEETING TO START AT 12.45 pm

You will need to submit both your PowerPoint presentation and the Word document of the full 2000 word format case presentation on the 24th June.
Speakers

Mark Davis
Capel Dental Surgery
63 Thornley Road
Capel St Mary
Ipswich, IP9 2LL
Telephone: 01473 311130

Roddy McMillan
Eastman Dental Hospital
256 Gray’s Inn Road
London
WC1X 8LD
Telephone: 0203 456 1158

Anup Ladva
Braintree Dental Studio
Unit 4 The Square
Great Notley
Essex, CM77 7WW
Telephone: 01376 569090

Colin Clamp
Manningtree Dental Practice
17a High Street
Manningtree
Essex
CO11 1AG
Tel: 0844 387 9999

Simon Bunting
Corton Road Dental Surgery
1 Corton Road
Lowestoft NR32 4PH
Telephone: 01502 567519
Summer Term at a Glance
Ipswich PGMC

Friday 15th April  Prosthetics

Friday 22nd April  Normal Day in Practice

28th—29th April  Regional Foundation Training Conference
Stokes by Nayland

Friday 6th May  Normal Day in Practice

Friday 13th May  Oral Medicine
Special Care Dentistry (Complex Medical Histories)

Friday 20th May  Normal Day in Practice

26th-28th May  BDA Conference
Manchester

Friday 3rd June  Normal Day in Practice

Friday 10th June  Advanced Composites

Friday 12th June  NHS Regulations?
Implants in General Practice

Friday 24th June  The “Missing Session”
Statistics

Friday 1st July  Case Presentations
(Trainers Meeting will be held at 12.45pm today)