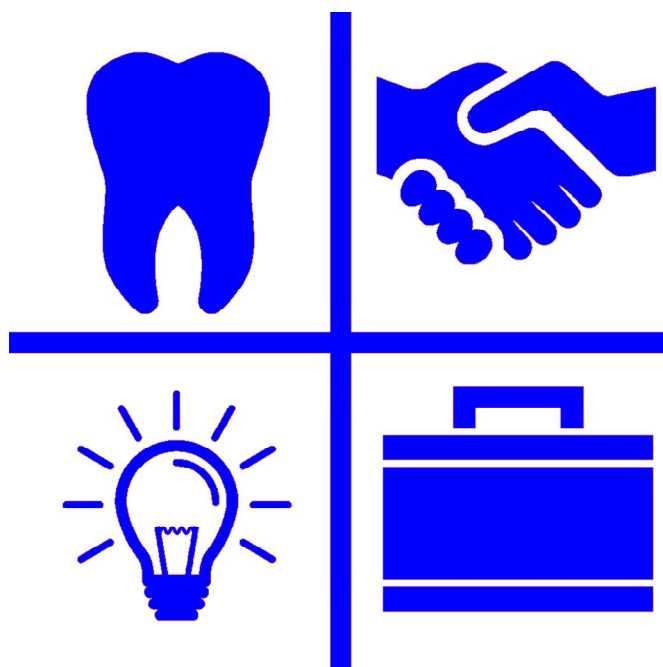


# Ipswich Dental Foundation Training Scheme

Spring Term Programme 2017 - 2018



Developing people  
for health and  
healthcare

[www.hee.nhs.uk](http://www.hee.nhs.uk)

Ipswich Postgraduate Medical and  
Dental Education Centre





# Ipswich Dental Foundation Training Scheme

## Postgraduate Medical and Dental Education Centre

Ipswich Hospital NHS Trust, Heath Road,  
Ipswich. IP4 5PD

☎ 01473 702561 📠 01473 702503

Postgraduate Dental Dean	<b>Maria Ross Russell</b> BDS LDS RCS
Postgraduate Dental Tutor	<b>Jason Stokes</b> BDS (Hons), MFGDP(UK)
Medical Education Manager	<b>Mary Burgess</b>
Dental Administrator	<b>Alison Foreman</b>
Regional Advisor Dental Foundation Training	<b>Peter Cranfield</b> PhD, BDS, DIC, DGGP(UK) PgCert
Regional Dental Education Facilitator	<b>Liz Hope</b>
Regional Dental Administrator	<b>Patti Bradshaw</b>
Training Programme Director Ipswich Scheme	<b>Jason Stokes</b> BDS (Hons), MFGDP(UK) The Cathedral Street Dental Practice, 10-12 Cathedral Street, Norwich. NR1 1LX ☎ Practice: 01603 628963 Mobile: 07703 582210 📧 <a href="mailto:jasonstokes@nhs.net">jasonstokes@nhs.net</a>

*Programme published by*  
Health Education England—East of England  
2-4 Victoria House, Capital Park,  
Fulbourn, Cambridge. CB21 5XB  
☎ 01223 597768

# Spring Term

## Venues and Subjects



**Friday 5th January** Mid-year Visits



*Scheme Practices*

**Friday 12th January** Mid-year Visits



*Scheme Practices*

**Friday 19th January** Mid-year Visits



*Scheme Practices*

**Friday 26th January** Mid-year Visits



*Scheme Practices*

**Friday 2nd February** Advanced Treatment Planning



*Ipswich Hospital Postgraduate Medical Education Centre*

**Friday 9th February** Clinical Day



*Scheme Practices*

**Friday 16th February** Clinical Day



*Scheme Practices*

**Friday 23rd February** Advanced and Rotary Endodontics

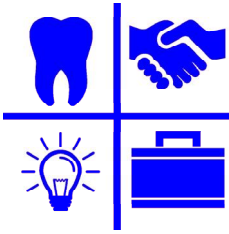


*Ipswich Hospital Postgraduate Medical Education Centre*

**Friday 2nd March** Prosthetics



*Ipswich Hospital Postgraduate Medical Education Centre*



# Spring Term

## Venues and Subjects

**Friday 9th March**

Advanced Composites



*Ipswich Hospital Postgraduate Medical Education Centre*

**Friday 16th March\***

Audit Presentation

Foundation Skills Presentation



*Ipswich Hospital Postgraduate Medical Education Centre*

**Thursday 22nd March**

Regional DFT Conference

Day 1—Finance, Performer Role, The Future of the NHS



*Stoke by Nayland, Leavenheath, Colchester*

**Friday 23rd March**

Regional DFT Conference

Day 2—Career Planning



*Stoke by Nayland, Leavenheath, Colchester*

During each day some time will be set aside for problem solving and journal review

## \*Important Dates and Deadlines

Audit Project Completion & Presentation

Friday 16th March 2018

Foundation Skills Completion & Presentation

Friday 16th March 2018

**Trainers Meeting (and attendance required from 12.45pm)**

**Friday 16th March 2018**

# Friday 2nd February

Ipswich PGME



## Morning & Afternoon Sessions

CPD = 6 Hrs

### 09.30 **Advanced Treatment Planning**

#### **Jason Niggli**

Clinical Lecturer & Joint Senior Tutor QMUL

#### **Aims & Objectives:**

*For participants to understand the importance of evidence gathering, analysis & logical planning in the treatment of complex clinical dental cases.*

*The speaker will:*

- *Demonstrate effective history taking.*
- *Define effective treatment planning.*
- *Explain outcome monitoring.*



#### **Learning Outcomes:**

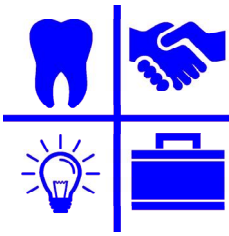
Following this session delegates will be able to:

- Implement effective history taking & examination procedures
- Construct an accurate diagnosis
- Design an effective treatment plan
- Stage treatments appropriately
- Monitor treatment plan outcomes

### THINGS TO REMEMBER

1. Details of a complex case you have encountered. Please bring all artefacts—notes, models, radiographs, photographs etc

**DFT Competency Framework elements covered: Clinical 1,2**



# Friday 9th & 16th February

Normal Clinical Day

## Foundation Skills Reminder

### **How many topics do I complete?**

You are required to complete a further 12 topics by 16th March 2018. Note that you can choose which topics, with the proviso that your choice must contain at least one topic from every module. Your work will be assessed and graded in December. Please refer to the information on the assessment sheet.

### **WRITING THE FOUNDATION SKILLS & LINKING THE EVIDENCE**

Please refer to each module where you will find the topic areas to cover. It is down to you to put together your own brief factual account and include your chosen piece of evidence that supports your write up. Do make reference to best practice, legislation, professional regulation and guidance. The first part of your write up will be a factual account on the topic. This will need to be brief and to the point. You are then expected to reflect on your account and this should be more detailed. Reflective writing is about your own thoughts and feeling about the topic at hand and so it is personal to you. The majority of your write up must be in this reflective style. Then finally you may mention some plans to progress or improve.

**Where do I write my piece of writing?** Each module has included within it a page long text box. You are limited to this single text box on one page of writing. This will mean you will need to write concisely and to the point. A large volume of work is discouraged. As a guide for each topic, the word count can range from 250-300 words per topic. Please use Ariel font size 11 with 1.5 line spacing of paragraphs.

**How many items of evidence should I use?** Again think quality of evidence not quantity. Approximately 10 pieces of evidence per Module is desirable to put forward in December for the assessment, and the same for the second submission in March. You will find that fewer items of evidence can still enable you to demonstrate achievement in the variety of topics. One example of an item you can use in such a way is an anonymous clinical record.

**What can I use as evidence?** You can use a variety of items. Suggestions are made for each module. It is important to remember that the evidence will have arisen from your training practice and you must seek advice or gain permission to use material when it is appropriate to do so. Be mindful that there may be issues surrounding consent, confidentiality or copyright that may prevent you from using some evidence. You may wish to redact certain pieces of evidence, so you can use them to illustrate your practices without breaching confidentiality.

### **When thinking about evidence to include, think about:**

- quality not quantity – don't include blank forms or blank templates!
- cross referencing - if a piece of evidence is used more than once, refer to the section it has been used previously instead of reproducing it again.
- photos - are a particularly good way to capture your evidence. You are encouraged to use suitable images within your write up to substantiate your points.
- anonymous entries – remove sensitive information.
- variety – use a wide range of evidence items to illustrate your practice.

### **ASSESSMENT FOR SATISFACTORY COMPLETION**

A well written and presented foundation skills project that is personalised will serve as a reflective portfolio that you will need to present to meet satisfactory completion requirements. Please become familiar with the assessment framework provided.

One assessor will mark one topic of your work. Attainment of average scores of 3 or 4 per topic is expected and essential for satisfactory completion. Scores below are unacceptable and you will then be given an opportunity to redo the work and meet the acceptable mark

### **PRESENTATION**

**Bring a digital version of your Foundation Skills on a tablet or laptop. Please ensure you have a fully charged device that can survive several hours of use.**



## Morning & Afternoon Sessions

CPD = 6 Hrs

### 09.30 **Advanced & Rotary Endodontics**

#### **Shashi Mishra**

Endodontist Specialist

*Endodontist Specialist Shashi Mishra will seek to expand on the practical endodontic session held in our first term.*

*He will demonstrate the theory and use of modern rotary endodontic systems. Shashi will also aim to help you with more complex problems such as repeat endo' and removal of fractured instruments.*



#### **Objectives**

This session will enable the Foundation Dentist to begin using rotary endodontic systems with confidence. It will also seek to arm the Foundation Dentists with extra skills to deal with less common endodontic stumbling blocks such as fracture instruments.

#### **Learning Outcomes**

Following this session delegates will be able to:

- Treatment plan more complex endodontic procedures
- Safely use rotary endodontic systems
- Assess and attempt to remove fractured endodontic instruments



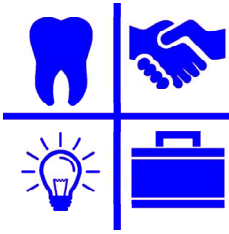
This is the standard of RCT you might be able to achieve after this course!

#### **THINGS TO BRING**

1. Several extracted, pre-extirpated teeth
2. Extracted previously RCT'd teeth

**DFT Competency Framework elements covered:  
Clinical 2, 10**





## Morning & Afternoon Sessions

CPD = 6 Hrs

09.30

### Prosthetics

#### Mark Davis

Educational Supervisor & General Dental Practitioner

*During this session Mark will aim to explore various aspects of Full & Partial Denture Planning & Provision. This will include:*



- anatomy & tooth suitability
- patient selection
- treatment planning
- denture design, impression taking & bite registration
- lab liaison
- Maintenance
- modifications & additions
- when to remake

*Coupled with this - Mark will aim to discuss common denture problems & solutions.*

#### Objectives

This speaker will:

- demonstrate efficient patient examination and selection
- Describe effective partial and full denture design
- Demonstrate the principles and theory of good impression techniques



#### Learning Outcomes

Following this session Foundation Dentists will be able to:

- take successful impressions
- record the bite accurately
- set up the occlusion in full & partial dentures

**DFT Competency Framework elements covered: Clinical 1, 2, 11**



## Morning & Afternoon Sessions

CPD = 6 Hrs

### 09.30 **Advanced Composite Techniques** Nick Barker

GDP & DFT ES

A single day hands-on course designed to give delegates the skills and knowledge to place highly aesthetic, long term and functional composite restorations in a predictable, efficient format. The course is designed to allow candidates to improve their scientific and technical knowledge needed to place composite restorations in their clinical workplace.

- Case Assessment
- Shade Selection
- Cavity Preparation
- Anterior Composite form and function
- Predictable Aesthetic Bonding
- Posterior Composite form & function
- Natural Layering technique



#### Aims & Objectives

The speakers will:

- Describe the importance of direct composite in modern day dentistry.
- Explain how composite can be used restoratively with respect to function and aesthetics.
- Demonstrate how to manipulate composite in order to achieve excellent functional and aesthetic outcomes.
- Evaluate your 'hand skills' and technical ability with composite.

#### Learning Outcomes

Following this session delegates will be able to:

- *Formulate successful patient treatments utilising composite as a restorative material.*
- *Describe efficient cavity preparation and composite bonding.*
- *Demonstrate the efficient use of composite as a direct restorative material.*

**DFT Competency Framework elements covered: Clinical 1, 2, 10**



# Friday 16th March

Ipswich PGME

## Morning & Afternoon Sessions

CPD = 6 Hrs

### 09.30 Clinical Audit Presentations

*Each FD must complete a clinical audit within their practice. The audit can be based on any reasonable topic. It would be desirable for the Educational Supervisors to closely assist the FD with this task.*

- **YOUR TOPIC MUST BE APPROVED BY JASON STOKES.**
- **THERE MUST BE TWO CYCLES OF THE AUDIT.**

#### Aims & Objectives

This session will give the whole group a greater understanding of Clinical Audit. It will enable us all to grasp how others have approached Audit in their own surgeries—and offer constructive feedback to improve their future efforts.

It will also give the FDs a chance to test their PowerPoint and presentation skills prior to the end of the Summer Term when they will present their Case Presentation in a similar fashion.

#### Learning Outcomes

Following the session the FDs will: be able to

- Design and implement their own Clinical Audits.
- Meet their ethical and contractual guidelines for Clinical Governance (as it relates to the provision of Clinical Audits).
- Improve their own performance by reflecting in a structured manner using the tool of clinical audit.

### 01.45 Foundation Skills Project Presentation

#### Objectives

This session will assess your work on the Foundation Skills Project. The project is your own work to demonstrate sound knowledge in broad topic areas, and essential skills that are required by you as a dentist working in primary dental care. The Scheme Educational Supervisors will assess the final 12 topics (plus any topics that needed improvement from the previous assessment).

**DFT Competency Framework elements covered: Management & Leadership 19, 20, 22**

**The Educational Supervisors Meeting will be held at lunchtime today 12.45pm**

**This is the last day of term each FD will need to bring at least one ES**

# Thursday 22nd & Friday 23rd March

Stoke by Nayland



## Regional Dental Foundation Training Conference

CPD = 12 Hrs

Stoke by Nayland Hotel, Golf and Spa

Keepers Lane

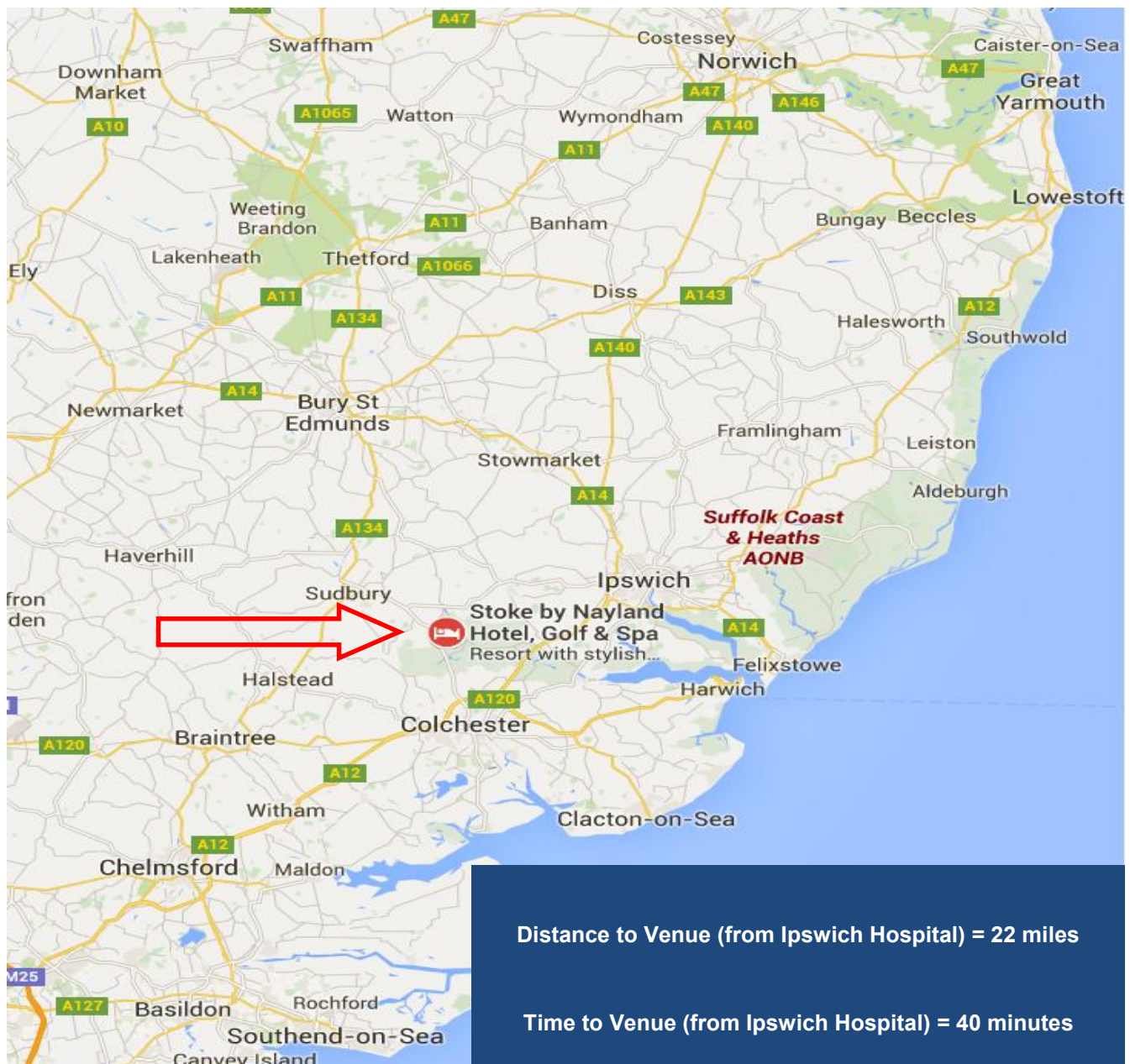
Leavenheath

Colchester

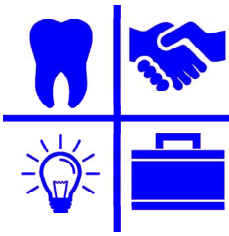
Essex CO6 4PZ

Accommodation will be provided for the Thursday evening of the event.

Accommodation will be single sex shared occupancy of Twin Rooms.







# Thursday 22nd & Friday 23rd March

Stoke by Nayland



Now take the leap and escape the hustle and bustle of day-to-day life for just a few short days (or longer if you wish). We are sure you'll experience something truly unique in the form of our 80 contemporary hotel rooms, two 18-hole championship golf courses, a 2 AA Rosette restaurant, nine well-appointed function rooms, five Country Lodges, a luxurious spa and high-tech gym. And our location – within 300 acres of rolling countryside in a designated Area of Outstanding Natural Beauty (AONB) – is a truly spectacular sight.

But don't take our word for it, visit us at Stoke by Nayland Hotel, Golf & Spa, located just outside Colchester, and experience everything that we are for yourself. We look forward to welcoming you.



**DFT Competency Framework elements covered: Professional 17 & Management/Leadership 19, 21**

# Thursday 22nd & Friday 23rd March

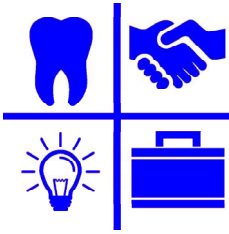
Stoke by Nayland



## Two day regional careers conference Essex Coast, Basildon, Ipswich and Norwich Schemes

### Timetable:

Date	Format	Timings	Speakers	Topic
22nd March	parallel sessions  You will be split into 3 groups across the schemes and rotate through the day's sessions.	9.30 am start 10.00 am- 11.45am Session 1  11.45am- Coffee 12.00am-1.45pm Session 2  1.45pm-Lunch 2.30pm - 4.15pm Session 3	Nick Lamb    Richard Birkin    Lovewell Blake	Registration and Coffee  Transition to Performer   The future of the NHS and the role of the BDA   Post FD Finance
22nd March	Evening Meal	7.30 Dinner		
23 <sup>rd</sup> March	4 parallel sessions  You will be split into 4 groups across the schemes and rotate through the day's sessions	9.00am start  9.15 am—10.30 am Session 1  10.45 am—12.00 pm Session 2  12.15 am – 1.30pm Session 3  1.30 pm — Lunch  2.30 pm—3.45 pm Session 4	Payal Sharma    Ganga Allen    Tom Norfolk    TBC	Registration and Coffee  Owning a Practice   Community Dental Services   Portfolio Careers   Specialist Practice



# Thursday 22nd March

Stoke by Nayland

## Thursday Sessions

CPD = 5 Hrs

### Transition to performer

#### Mr Nick Lamb

GDP and Dental Practice Advisor

*Nick works as a general dental practitioner in Woodbridge and was previously a FD Educational Supervisor for 3 years in Norwich. He also works for HEE EoE and is actively involved in the selection process of FD Educational Supervisors, and is an assessor for FD equivalence training applications. Nick is a Dental Professional Adviser to the East Anglian Area team of NHS England and is the national secretary of the national Association of Dental Advisers and recently has been appointed as a Panel member for NICE.*

#### Objectives

The speaker will:

- Describe how to become a good performer and how to stay ethical
- Explain how to work with UDA's and methods of payment
- Describe what to look for in a practice. NHS vs Private.

#### Learning outcomes

Following this session delegates will be able to:

- Explain the rules and procedures involved in the General Dental Services regulations.
- Describe what to look for when looking for a position in a practice

### The Future of the NHS and the role of the BDA

#### Mr Richard Birkin

BDA Head of Advice Liaison and Development

*Richard started his career as a GDP in NHS practice before moving to the BDA in 1986. He is also a former expert witness for the GDC covering Record keeping and NHS regulations.*

#### Objectives

The speaker will:

- Describe the changes and process of NHS Contract reform to date and plans going forward
- Explain how these changes would effect a young dentist working in the NHS
- Describe the roles of the BDA both for individual advice and support and as a Union.

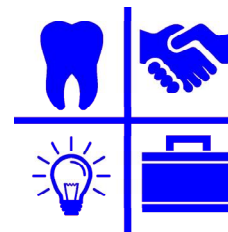
#### Learning outcomes

Following this session delegates will be able to:

- Describe how national contract and policy changes can affect your every-day practice.
- Explain how the BDA can help them individually.
- Recognize the National work carried out by the BDA as a union.

# Thursday 22nd March

Stoke by Nayland



## Thursday Sessions

CPD = 5 Hrs

### Post FD Finance

# LB

*Lovewell Blake's specialist dental team has acted for dentists, dental practices and foundation trainees for more than 20 years. Lovewell Blake has more than 300 dental clients across the UK.*

*The team is led by Simon De-Lacy Adams, a member of the National Association of Specialist Dental Accountants and Lawyers.*

#### Objectives

The speaker will:

- *Describe the financial implications of the difference between self employed and employed status, and the responsibilities these entail.*
- *Explain the UK tax system and how it will directly affect them. There will also be some recommendations on tax saving ideas*

#### Learning Outcomes

Following the session delegates will be able to:

- *Describe the tax advantages and disadvantages of being self-employed.*
- *Recognize the appropriate strategies for reducing their tax burden.*
- *Explain the range of pension and investment opportunities available to them.*
- *Recognize the need for insurance protection.*

**4.15pm - 7.30pm**

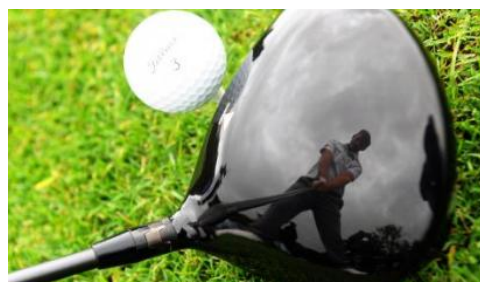
### Free time

The hotel has excellent facilities including a golf course and a spa visit the website for more information and contact details:

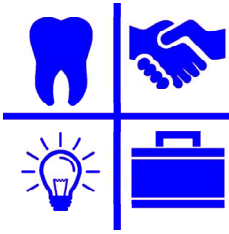
[www.stokebynayland.com/](http://www.stokebynayland.com/)

**7.30pm**

### Dinner







Friday 23rd March

Stoke by Nayland

## Friday Sessions

CPD = 5 Hrs

### Owning a Dental Practice

#### Payal Sharma

##### Objectives

The speaker will:

- *Explain the personal and financial implications of becoming a business owner*
- *Describe the journey of becoming a practice owner*
- *Identify the key challenges associated with practice ownership*

##### Learning Outcomes

Following this session delegates will be able to:

- *Define the rewards vs challenges of being a Principal vs an Associate*
- *Describe the process of buying a practice and how to successfully run it.*
- *Assess the suitability of practice ownership.*

### Portfolio Careers

#### Tom Norfolk

General Dental Practitioner, Educational Supervisor, Chair of the LPN & Dental Professional Advisor

*In addition to working as General Dental Practice owner and performer, Tom works as a DFT Educational Supervisor, Dental Professional Advisor for NHSE and is the Chair of the Local Professional Network.*

##### Objectives

The speaker will:

- *Describe the non clinical roles available in the field of Dentistry*
- *Explain the pathways of entry into these roles*
- *Describe the advantages of a portfolio career*

##### Learning Outcomes

Following the session delegates will be able to:

- *Identify the value of supplementing your clinical career with other roles*
- *Describe the variety of additional roles and how they can fit in alongside your clinical responsibilities.*
- *Differentiate between the various non clinical roles available*

# Friday 23rd March

Stoke by Nayland



## Friday Sessions

CPD = 5 Hrs

### Community Dental Services

#### Ganga Allen

Specialist in Special Care Dentistry

*Ganga is an Educational Supervisor on the Norwich scheme. She qualified in London in 1991 and completed her FD year during 1992. Since then she has gained a broad experience of dentistry working in general dental practice, the Community Dental Service and the Hospital Dental Service. She completed her MSc.(Lond) in 1995 and has a PGCert in Dental Education. She is a Specialist in Special Care Dentistry and thoroughly enjoys the variety of her working week.*

#### Objectives

The speaker will:

- *Explain the role of the Community Dental Service*
- *Describe the career opportunity in the Community Dental Service*

#### Learning Outcomes

Following this session delegates will be able to:

- *Identify the role of the Community Dental Service .*
- *Recognize career pathways in the Community Dental Service*
- *Evaluate the suitability of a role in the Community Dental Service compared to their skills set*

### Specialist Pathways

#### TBC

#### Objectives

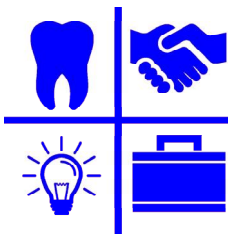
The speaker will:

- *Provide an overview of Dental Specialty Training in the UK*
- *Discuss career development and personal development plans to prepare for applications to specialist training*
- *Describe the recruitment processes for Dental Specialty Training*

#### Learning Outcomes

Following the session delegates will be able to:

- *Recognize the options available to dental postgraduates*
- *Explain the application processes now being implemented across the dental specialties*
- *Formulate a personal development plan to enable strong applications for Specialty Training*



# PML Evidence

## Sessional Content for e-Portfolio

	Treatment Planning	Advanced Composites	Rotary Endodontics	Prosthetics	Clinical Audit	Foundation Skills	DFT Conference
<b>Professionalism</b>							
Appraisal						✓	
Clinical audit and peer review					✓	✓	
Confidentiality					✓	✓	
Ethical behaviour					✓	✓	✓
Critical evaluation	✓	✓	✓	✓	✓	✓	✓
Decision making	✓	✓	✓	✓	✓	✓	✓
GDC Scope of Practice						✓	✓
Whistleblowing						✓	✓
Management of difficult patients							
Patient safety	✓				✓	✓	
Self-awareness	✓				✓	✓	✓
<b>Professionalism and Management</b>							
Basic Life Support training						✓	
Consent	✓	✓	✓	✓		✓	
Equality & Diversity						✓	
GDC Standards						✓	
NHS complaints procedure						✓	
Referring patients	✓		✓	✓		✓	
<b>Management</b>							
COSHH regulations						✓	
Dental equipment selection, care and maintenance						✓	
Data Protection					✓	✓	
Employment contracts/associate agreements for dentists						✓	✓
Employment Law basics						✓	✓
Finance						✓	✓
Health & Safety requirements in dentistry						✓	
Infection control procedures						✓	
NHS prescribing						✓	
NHS Rules & Regulations in Dentistry						✓	✓
Prescribing, directing, taking, processing and interpreting radiographs	✓					✓	
Range and scope of NHS dental care						✓	✓
Record keeping	✓					✓	
Use of emergency drugs						✓	
Information Governance					✓	✓	
Safeguarding Children and Adults						✓	
<b>Leadership</b>							
Facilitating learning in others					✓	✓	
Quality management and improvement					✓	✓	
Role model					✓	✓	
Teamwork		✓	✓	✓	✓	✓	✓

# Speakers

Spring Term 2017 - 2018



## British Dental Association

64 Wimpole Street,  
London.  
W1M 8AL  
☎ 020 7935 0875



## Jason Niggli

Centre for Adult Oral Health  
Institute of Dentistry  
Queen Mary's School of Medicine and Dentistry  
London  
E1 2AD  
☎ 020 7882 8667



## Nick Barker

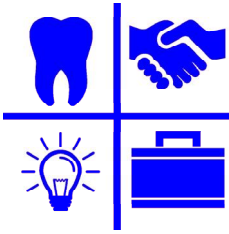
Bromley Road Dental Surgery,  
13A Bromley Rd,  
Colchester  
CO4 3JE  
☎ 01206 870678



## Mark Davis

Capel Dental Surgery  
63 Thornley Road  
Capel St Mary  
Ipswich, IP9 2LL  
☎ 01473 311130





# Speakers

Spring Term 2017 - 2018

## Shashi Mishra

Beechcroft  
Gipsy Lane  
Knebworth  
Hertfordshire  
SG3 6DJ

☎ 01438 813766



## Tom Norfolk

Bank Buildings Dental Surgery,  
5 Bank Buildings,  
Sudbury, CO10 2SX

☎ 01787 881100



## Ganga Allen

Bloomfield House Dental Surgery  
Looms Lane  
Bury St Edmunds  
IP33 IHE



# Calendar 2017 -2018



## 2018

### Spring Term

Friday 5th January

Midyear Visits

Friday 12th January

Midyear Visits

Friday 19th January

Midyear Visits

Friday 26th January

Midyear Visits

Friday 2nd February

Treatment Planning (Ipswich PGME)

Friday 9th February

No Study Day - FDs work in practice

Friday 16th February

No Study Day - FDs work in practice

Friday 23rd February

Advanced & Rotary Endodontics (Ipswich PGME)

Friday 2nd March

Prosthetics (Ipswich PGME)

Friday 9th March

Advanced Composites (Ipswich PGME)

Friday 16th March

Audit & Foundation Skills (Ipswich PGME)  
**ESs present from 12.45pm—ES Meeting over lunchtime**

Thursday 22nd to Friday 23rd March

**Regional** DFT Conference (Stoke by Nayland)

**Last Day of Spring Term**

### Summer Term

Friday 13th April

**First Day of Summer Term**

Friday 6th July

Case Presentations

ESs present all day from 9.30am

**Last Day of Summer Term**