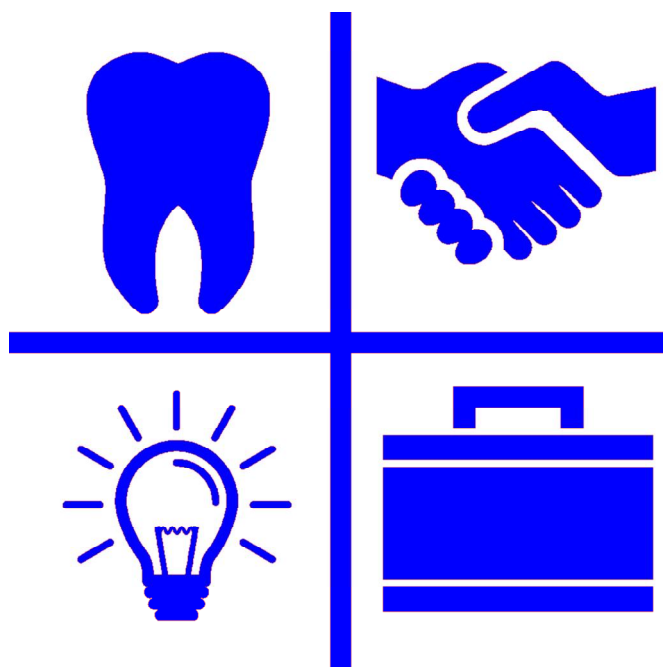


# Ipswich Dental Foundation Training Scheme

Spring Term Programme 2016 - 2017

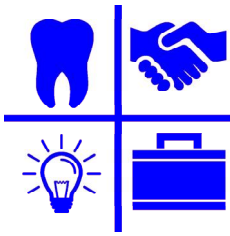


Developing people  
for health and  
healthcare

[www.hee.nhs.uk](http://www.hee.nhs.uk)

Ipswich Postgraduate Medical and  
Dental Education Centre





# Ipswich Dental Foundation Training Scheme

## Postgraduate Medical and Dental Education Centre

Ipswich Hospital NHS Trust, Heath Road,  
Ipswich. IP4 5PD

☎ 01473 702561 📠 01473 702503

Director of Postgraduate Dentistry	<b>Mr. Alex Baxter</b> BDS MMedSci FDSRCPS (Glasg), FDS (Rst Dent), RCPS
Postgraduate Dental Tutor	<b>Mr. Jason Stokes</b> BDS (Hons), MFGDP(UK)
Postgraduate Centre Manager	<b>Mrs. Mary Burgess</b>
Dental Administrator	<b>Mrs Alison Foreman</b>
Regional Advisor Dental Foundation Training	<b>Dr. Peter Cranfield</b> PhD, BDS, DIC, DGDP(UK) PgCert
Regional Dental Education Facilitator	<b>Ms. Liz Hope</b>
Regional Dental Administrator	<b>TBC</b>
Training Programme Director Ipswich Scheme	<b>Mr Jason Stokes</b> BDS (Hons), MFGDP(UK) The Cathedral Street Dental Practice, 10-12 Cathedral Street, Norwich. NR1 1LX ☎ Practice: 01603 628963 Mobile: 07703 582210 📧 <a href="mailto:jasonstokes@nhs.net">jasonstokes@nhs.net</a>

*Programme published by*  
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☎ 01223 597768

# Spring Term

## Venues and Subjects



**Friday 6th January**

Mid-year Visits



*Scheme Practices*

**Friday 13th January**

Mid-year Visits



*Scheme Practices*

**Friday 20th January**

Mid-year Visits



*Scheme Practices*

**Friday 27th January**

Mid-year Visits



*Scheme Practices*

**Friday 3rd February**

Advanced Treatment Planning



*Ipswich Hospital Postgraduate Medical Education Centre*

**Friday 10th February**

BDA Careers Day



*BDA, 1 America Square, London*

**Friday 17th February**

Advanced and Rotary Endodontics



*Ipswich Hospital Postgraduate Medical Education Centre*

**Friday 24th February**

Clinical Day



*Scheme Practices*

**Friday 3rd March**

Prosthetics



*Ipswich Hospital Postgraduate Medical Education Centre*



# Spring Term

## Venues and Subjects

**Friday 10th March\***

Audit Presentation

Foundation Skills Presentation

*Ipswich Hospital Postgraduate Medical Education Centre*

**Friday 17th March**

Clinical Day

*Scheme Practices*

**Thursday 23rd March**

Local Appointment Event (LAE) - 2017-2018 DFT intake

(FD involvement at ES request)

*Ipswich Hospital Postgraduate Medical Education Centre*

**Thursday 30th March**

Regional DFT Conference

Day 1—Finance, Performer Role, Contracts

*Stoke by Nayland, Leavenheath, Colchester*

**Friday 31st March**

Regional DFT Conference

Day 2—Career Planning

*Stoke by Nayland, Leavenheath, Colchester*

During each day some time will be set aside for problem solving and journal review

## \*Important Dates and Deadlines

Audit Project Completion & Presentation

Friday 10th March 2016

Foundation Skills Completion & Presentation

Friday 10th March 2016

Trainers Meeting (and attendance required from 12.45pm)

Friday 10th March 2016



## Morning & Afternoon Sessions

CPD = 6 Hrs

### 09.30 **Advanced Treatment Planning**

#### **Jason Niggli**

Clinical Lecturer & Joint Senior Tutor QMUL

#### **Aims & Objectives:**

*For participants to understand the importance of evidence gathering, analysis & logical planning in the treatment of complex clinical dental cases.*

*The speaker will:*

- *Demonstrate effective history taking.*
- *Define effective treatment planning.*
- *Explain outcome monitoring.*



#### **Learning Outcomes:**

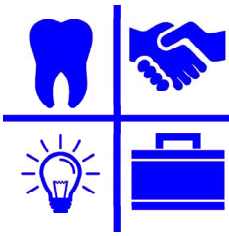
Following this session delegates will be able to:

- Implement effective history taking & examination procedures
- Construct an accurate diagnosis
- Design an effective treatment plan
- Stage treatments appropriately
- Monitor treatment plan outcomes

### **THINGS TO REMEMBER**

1. Details of a complex case you have encountered. Please bring all artefacts—notes, models, radiographs, photographs etc

**DFT Competency Framework elements covered: Clinical 1,2**



# Friday 10th February

1 America Square EC3N 2LB

## Morning & Afternoon Sessions

CPD = 4.5 Hrs

### 09.00 **Careers Day 2017**

*Dentistry can be a profession for life but that doesn't mean spending your whole career in one surgery. There are a huge variety of options and choices to be made. Kick start your career with the popular and long-standing Careers Day.*



*Your dental foundation training year (or vocational training year) equips you with the knowledge you need to start life in independent practice. It doesn't help you navigate the pathways you can take thereafter. That's where we come in. Our line-up of speakers will tell you how to start down their career path, what's involved, what's great about it and some will tell you where they went wrong.*

#### **Objectives**

- This day will cover a range of career opportunities available to the dental graduate.
- This conference will provide a broad range of sessions to allow learners to tailor their education to their planned career objectives.
- Full details of the event can be found at: <https://www.bda.org/events/Documents/Careers%20Day%202017.pdf>

Venue: 1 America  
Square, 17  
Crosswall, London  
EC3N 2LB

#### **Learning Outcomes:**

Following this session delegates will be able to:

- List the available career opportunities for dental graduates
- Construct a plan for individual career development
- Assess their specific strengths and weaknesses as a candidate

**DFT Competency Framework elements covered: Professional  
17 & Management/Leadership 19**



## Morning & Afternoon Sessions

CPD = 6 Hrs

### 09.30 **Advanced & Rotary Endodontics**

#### **Nick Barker**

Educational Supervisor & General Dental Practitioner

*Scheme ES and well known local educator Nick Barker will seek to expand on the practical endodontic session held in our first term.*

*He will demonstrate the theory and use of modern rotary endodontic systems. Nick will also aim to help you with more complex problems such as repeat endo' and removal of fractured instruments.*



#### **Objectives**

This session will enable the Foundation Dentist to begin using rotary endodontic systems with confidence. It will also seek to arm the Foundation Dentists with extra skills to deal with less common endodontic stumbling blocks such as fracture instruments.

#### **Learning Outcomes**

Following this session delegates will be able to:

- Treatment plan more complex endodontic procedures
- Safely use rotary endodontic systems
- Assess and attempt to remove fractured endodontic instruments



This is the standard of RCT you might be able to achieve after this course!

#### **THINGS TO BRING**

1. Several extracted, pre-extirpated teeth
2. Extracted previously RCT'd teeth

**DFT Competency Framework elements covered:  
Clinical 2, 10**





## Foundation Skills Reminder

### **How many topics do I complete?**

You are required to complete a further 12 topics by 10th March 2017. Note that you can choose which topics, with the proviso that your choice must contain at least one topic from every module. Your work will be assessed and graded in December. Please refer to the information on the assessment sheet.

### **WRITING THE FOUNDATION SKILLS & LINKING THE EVIDENCE**

Please refer to each module where you will find the topic areas to cover. It is down to you to put together your own brief factual account and include your chosen piece of evidence that supports your write up. Do make reference to best practice, legislation, professional regulation and guidance. The first part of your write up will be a factual account on the topic. This will need to be brief and to the point. You are then expected to reflect on your account and this should be more detailed. Reflective writing is about your own thoughts and feeling about the topic at hand and so it is personal to you. The majority of your write up must be in this reflective style. Then finally you may mention some plans to progress or improve.

**Where do I write my piece of writing?** Each module has included within it a page long text box. You are limited to this single text box on one page of writing. This will mean you will need to write concisely and to the point. A large volume of work is discouraged. As a guide for each topic, the word count can range from 250-300 words per topic. Please use Ariel font size 11 with 1.5 line spacing of paragraphs.

**How many items of evidence should I use?** Again think quality of evidence not quantity. Approximately 10 pieces of evidence per Module is desirable to put forward in December for the assessment, and the same for the second submission in March. You will find that fewer items of evidence can still enable you to demonstrate achievement in the variety of topics. One example of an item you can use in such a way is an anonymous clinical record.

**What can I use as evidence?** You can use a variety of items. Suggestions are made for each module. It is important to remember that the evidence will have arisen from your training practice and you must seek advice or gain permission to use material when it is appropriate to do so. Be mindful that there may be issues surrounding consent, confidentiality or copyright that may prevent you from using some evidence. You may wish to redact certain pieces of evidence, so you can use them to illustrate your practices without breaching confidentiality.

### **When thinking about evidence to include, think about:**

- quality not quantity – don't include blank forms or blank templates!
- cross referencing - if a piece of evidence is used more than once, refer to the section it has been used previously instead of reproducing it again.
- photos - are a particularly good way to capture your evidence. You are encouraged to use suitable images within your write up to substantiate your points.
- anonymous entries – remove sensitive information.
- variety – use a wide range of evidence items to illustrate your practice.

### **ASSESSMENT FOR SATISFACTORY COMPLETION**

A well written and presented foundation skills project that is personalised will serve as a reflective portfolio that you will need to present to meet satisfactory completion requirements. Please become familiar with the assessment framework provided.

One assessor will mark one topic of your work. Attainment of average scores of 3 or 4 per topic is expected and essential for satisfactory completion. Scores below are unacceptable and you will then be given an opportunity to redo the work and meet the acceptable mark

### **PRESENTATION**

**Bring a digital version of your Foundation Skills on a tablet or laptop. Please ensure you have a fully charged device that can survive several hours of use.**

# Friday 3rd March

Ipswich PGME



## Morning & Afternoon Sessions

CPD = 6 Hrs

### 09.30      **Prosthetics**

#### **Mark Davis**

Educational Supervisor & General Dental Practitioner

*During this session Mark will aim to explore various aspects of Full & Partial Denture Planning & Provision. This will include:*



- *anatomy & tooth suitability*
- *patient selection*
- *treatment planning*
- *denture design, impression taking & bite registration*
- *lab liaison*
- *Maintenance*
- *modifications & additions*
- *when to remake*

*Coupled with this - Mark will aim to discuss common denture problems & solutions.*

#### **Objectives**

This speaker will:

- demonstrate efficient patient examination and selection
- Describe effective partial and full denture design
- Demonstrate the principles and theory of good impression techniques

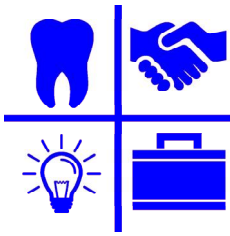


#### **Learning Outcomes**

Following this session Foundation Dentists will be able to:

- take successful impressions
- record the bite accurately
- set up the occlusion in full & partial dentures

**DFT Competency Framework elements covered: Clinical 1, 2, 11**



# Friday 10th March

Ipswich PGME

## Morning & Afternoon Sessions

CPD = 6 Hrs

### 09.30 Clinical Audit Presentations

*Each FD must complete a clinical audit within their practice. The audit can be based on any reasonable topic. It would be desirable for the Trainers to closely assist the FD with this task.*

- **YOUR TOPIC MUST BE APPROVED BY JASON STOKES.**
- **THERE MUST BE TWO CYCLES OF THE AUDIT.**

#### Aims & Objectives

This session will give the whole group a greater understanding of Clinical Audit. It will enable us all to grasp how others have approached Audit in their own surgeries—and offer constructive feedback to improve their future efforts.

It will also give the FDs a chance to test their PowerPoint and presentation skills prior to the end of the Summer Term when they will present their Case Presentation in a similar fashion.

#### Learning Outcomes

Following the session the FDs will: be able to

- Design and implement their own Clinical Audits.
- Meet their ethical and contractual guidelines for Clinical Governance (as it relates to the provision of Clinical Audits).
- Improve their own performance by reflecting in a structured manner using the tool of clinical audit.

### 01.45 Foundation Skills Project Presentation

#### Objectives

This session will assess your work on the Foundation Skills Project. The project is your own work to demonstrate sound knowledge in broad topic areas, and essential skills that are required by you as a dentist working in primary dental care. The Scheme Educational Supervisors will assess the final 12 topics (plus any topics that needed improvement from the previous assessment).

**DFT Competency Framework elements covered: Management & Leadership 19, 20, 22**

**The Trainers Meeting will be held at lunchtime today**

**This is the last day of term each FD will need to bring at least one ES**

# Thursday 30th March

Stoke by Nayland



## Regional Dental Foundation Training Conference

CPD = 12 Hrs

Stoke by Nayland Hotel, Golf and Spa

Keepers Lane

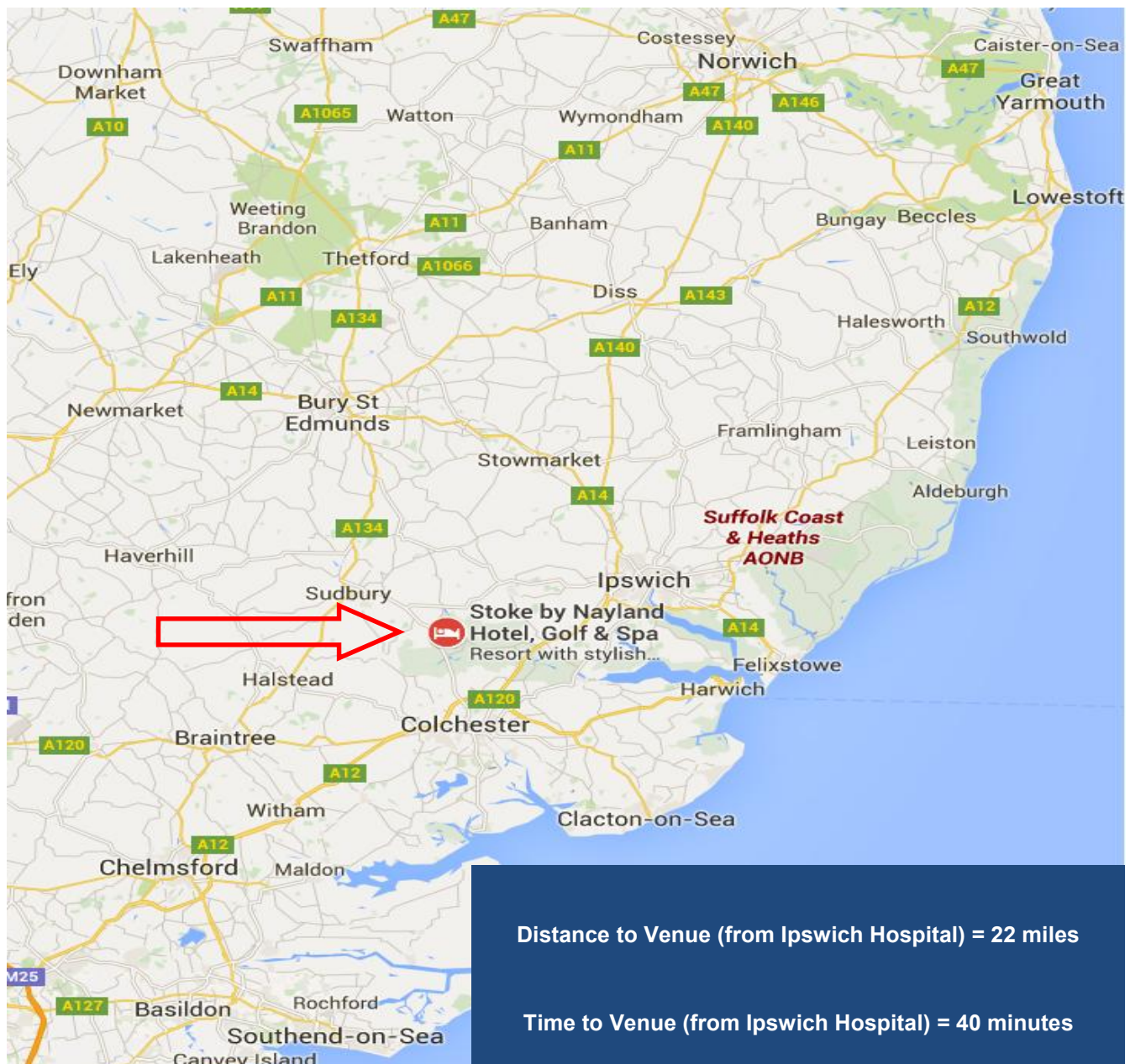
Leavenheath

Colchester

Essex CO6 4PZ

Full details of the 2 day educational programme will be circulated closer to the date of the event.

Accommodation will be provided for the Thursday evening of the event.



Distance to Venue (from Ipswich Hospital) = 22 miles

Time to Venue (from Ipswich Hospital) = 40 minutes



# Friday 31st March

Stoke by Nayland

## Regional Dental Foundation Training Conference

Regional Educational Conference - Stoke By Nayland Golf Resort and Spa

Attendees: Foundation Dentists from the Basildon Scheme, Essex Coast Scheme, Ipswich Scheme & Norwich Scheme

Date	Session	Format
30th March	<ul style="list-style-type: none"> <li>• Finance</li> <li>• Transition to performer</li> <li>• BDA – associates contracts, contract reform etc</li> </ul>	3 rotating parallel sessions
30th March	Evening Meal	All FDs & TPDs
31st March	<ul style="list-style-type: none"> <li>• Salaried Service</li> <li>• Speciality Training</li> <li>• Leaving Dental Practice</li> <li>• Performer or provider</li> <li>• Portfolio Careers</li> </ul>	6 sessions running in three rotating groups

Each delegate will have been randomly allocated to Group A, Group B and Group C. These groupings determine in which order you will attend each of the 3 Thursday & Friday sessions.

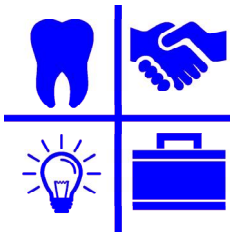
**DFT Competency Framework elements covered: Professional**

# PML Evidence

## Sessional Content for e-Portfolio



	Treatment Planning	BDA Careers Day	Rotary Endodontics	Prosthetics	Clinical Audit	Foundation Skills	DFT Conference
<b>Professionalism</b>							
Appraisal						✓	
Clinical audit and peer review					✓	✓	
Confidentiality					✓	✓	
Ethical behaviour					✓	✓	✓
Critical evaluation	✓		✓	✓	✓	✓	✓
Decision making	✓	✓	✓	✓	✓	✓	✓
GDC Scope of Practice						✓	✓
Whistleblowing						✓	✓
Management of difficult patients							
Patient safety	✓				✓	✓	
Self-awareness	✓	✓			✓	✓	✓
<b>Professionalism and Management</b>							
Basic Life Support training						✓	
Consent	✓		✓	✓		✓	
Equality & Diversity						✓	
GDC Standards						✓	
NHS complaints procedure						✓	
Referring patients	✓		✓	✓		✓	
<b>Management</b>							
COSHH regulations						✓	
Dental equipment selection, care and maintenance						✓	
Data Protection					✓	✓	
Employment contracts/associate agreements for dentists		✓				✓	✓
Employment Law basics		✓				✓	✓
Finance		✓				✓	✓
Health & Safety requirements in dentistry						✓	
Infection control procedures						✓	
NHS prescribing						✓	
NHS Rules & Regulations in Dentistry		✓				✓	✓
Prescribing, directing, taking, processing and interpreting radiographs	✓					✓	
Range and scope of NHS dental care						✓	✓
Record keeping	✓					✓	
Use of emergency drugs						✓	
Information Governance					✓	✓	
Safeguarding Children and Adults						✓	
<b>Leadership</b>							
Facilitating learning in others					✓	✓	
Quality management and improvement		✓			✓	✓	
Role model					✓	✓	
Teamwork	✓	✓	✓	✓	✓	✓	✓



# Speakers

Autumn Term 2016 - 2017

## British Dental Association

64 Wimpole Street,  
London.  
W1M 8AL  
☎ 020 7935 0875

## Jason Niggli

Centre for Adult Oral Health  
Institute of Dentistry  
Queen Mary's School of Medicine and Dentistry  
London  
E1 2AD  
☎ 020 7882 8667

## Nick Barker

Bromley Road Dental Surgery,  
13A Bromley Rd,  
Colchester  
CO4 3JE  
☎ 01206 870678

## Mr. Mark Davis

Capel Dental Surgery  
63 Thornley Road  
Capel St Mary  
Ipswich, IP9 2LL  
☎ 01473 311130



# Calendar 2016 -2017



## 2017

### Spring Term

Friday 6th January

Friday 13th January

Friday 20th January

Friday 27th January

Friday 3rd February

Friday 10th February

Friday 17th February

Friday 24th February

Friday 3rd March

Friday 10th March

Friday 17th February

Friday 24th March

Thursday 30th to Friday 31st March

Midyear Visits

Midyear Visits

Midyear Visits

Midyear Visits

Treatment Planning (Ipswich PGME)

BDA Careers Day (London)

Advanced & Rotary Endodontics (Ipswich PGME)

No Study Day - FDs work in practice

Prosthetics (Ipswich PGME)

Audit & Foundation Skills (Ipswich PGME)  
**ESs present from 12.45pm—ES Meeting over lunchtime**

No Study Day - FDs work in practice

No Study Day - FDs work in practice

**Regional** DFT Conference—Stoke by Nayland

**Last Day of Summer Term**

### Summer Term

Friday 5th May

Thursday 25th to Saturday 27th May

Friday 7th July

**First Day of Summer Term**

British Dental Association Conference, Manchester

Case Presentations

ESs present all day from 9.30am

**Last Day of Summer Term**