Ipswich

Foundation Training Scheme for General Dental Practice

Autumn Term
5th February — 4th March 2016

Ipswich Postgraduate Medical and Dental Education Centre
Ipswich Foundation Training Scheme

Postgraduate Medical and Dental Education Centre

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Spring Term
Venues and Subjects

**Friday 8th — 22nd January**  DFT TPD Mid-year practice visits

**Ipswich Scheme Training Practices**

**Friday 29th January & Friday 5th February**  FD Visits to Ipswich Scheme Training Practices

**Ipswich Scheme Training Practices**

**Friday 12th February**  You’re Hired
Dental Trauma

**Ipswich Hospital Postgraduate Medical Education Centre**

**Friday 19th February**  Rotary Endodontics

**Ipswich Hospital Postgraduate Medical Education Centre**

**Friday 26th February**  FD Practice Visit Presentations
The Providers Perspective

**Ipswich Hospital Postgraduate Medical Education Centre**

**Friday 4th March**  Audit Presentations
Foundation Skills Presentations

**Ipswich Hospital Postgraduate Medical Education Centre**

*Ipswich FD Scheme Trainers Meeting will be held at 12.45pm today—Trainers will be required for the afternoon session*

**During each day some time will be set aside for problem solving and Peer Review**
Foundation Dentist Practice Visits

On 29th January & 5th February —Foundation Dentists will attend three other Ipswich Training Practices.

*FDs will need to pre-arrange these visits with the Practice to suit the Practice & trainer.*

Each Practice only has to accept a maximum of 4 FD visits. This should help produce a range of visits across the Scheme. Each FD cannot visit their own Practice (or a Practice in the same group or corporate structure). This caveat is to maximise the variety of practicing environments the FDs are exposed to.

The FDs will need to assess the strengths and weaknesses of each Practice. On 26th February they will present a 10 minute PowerPoint presentation of the Practice they feel is the best fit with their own skills. This presentation should include:

- A description of the Practice (including pictures and/or video where applicable)
- A brief description of what a role there would entail (including contractual information, job specification, role specifics etc)
- Why they would make a good team member at the surgery

A full protocol detailing the practice visit process has been distributed to all Ipswich FDs and Trainers. Please contact Alison Foreman if you would like another copy.

*If an FD does not make a detailed examination of the practice they visit, or behaves in an inappropriate manner—their conduct will be highlighted to Jason Stokes.*
Morning Session

9.30 Groupwork

10.00 Careers Session - You’re Hired!
Jason Stokes—Ipswich Scheme TPD

This morning’s session will look at some of the barriers that can affect your quest to find your “dream job”.

We will look at some of the challenges in today’s job market—but more importantly, some of the best solutions!

Questions we will consider:

1. Am I certain that I’ve made the right choices for my future?
2. How can I fulfil that particular role when everyone is asking for previous experience?
3. I don’t seem to be getting any interviews – is my CV okay? How do I improve it?
4. I get the interviews but never the job offers – what’s going wrong?
5. Am I getting new opportunities?
6. Am I progressing as I think I should?
7. Do I have the quality of life I really want?
8. Should I re-train or update my qualifications?
9. I need new challenges and opportunities – how can I find them?
10. Could I/Should I start my own business?

Aims & Objectives

- To examine the changes to the dental job market
- To explore the strengths & weaknesses that each candidate may possess
- To assess the strengths & weaknesses of job offers
- To demonstrate strategies to efficiently market yourself
- To explore the attributes of an effective team member

Outcomes

On completion of this course you will be able to:

- Recognise the changes to the dental job market
- Describe your own strengths & weaknesses effectively
- Accurately assess the quality of a job offer
- Identify job offers before they are advertised conventionally
- Define the attributes that a good long term team member should possess
Afternoon Session

2.00  Dental Trauma
Shashi Mishra- Endodontist Specialist

Shashi qualified from the University of Glasgow in 1997. After general practice and oral and maxillo-facial surgery appointments in and around Manchester, he joined the Army and served for over 11 years in the Royal Army Dental Corps.

During his time in the Army, Shashi completed postgraduate training with distinction in endodontics from the Eastman Dental Institute, London. On completion of this training, Shashi was responsible for teaching endodontics to Dental Officers of all levels of experience, both serving and civilian, working within the Defence Dental Services. Joining Elmsleigh House in September 2010, Shashi brings a wealth of experience in both restorative and endodontic dentistry.

Aims & Objectives:
Dento-alveolar trauma is extremely prevalent. The clinical presentation can be distressing for the patient, their family and the dental team. Accurate diagnosis and correct early management significantly affects the prognosis of affected teeth and supporting tissues.

This presentation aims to improve the understanding of principles behind the correct diagnosis, management and subsequent treatment planning with the goal of ultimately providing better care for our patients.

Outcomes:
On completion you will be able to:

- Identify the common types, causes and tissues affected in dento-alveolar injuries.
- Identify relevant history and practice examination of the dento-alveolar trauma patient.
- Implement evidence-based management of the dento-alveolar trauma patient and recognise the prognosis of affected teeth.
Friday 19th February
Ipswich PGMC

Morning & Afternoon Sessions

9.30  Groupwork

10.00  Rotary Endodontics
       Dave Shuster
       Practitioner with a specialist interest in Endodontics

Well known and popular speaker and
endodontist David Shuster will seek to expand
on the practical endodontic session held in our
first term.

He will demonstrate the theory and use of
modern rotary endodontic systems. Dave will
also aim to help you with more complex
problems such as repeat endo’ and removal of
fractured instruments.

Aims & Objectives

This session will enable the Foundation Dentist to begin
using rotary endodontic systems with confidence. It will
also seek to arm the Foundation Dentists with extra
skills to deal with less common endodontic stumbling
blocks such as fracture instruments.

Outcomes

Following this session delegates will be able to:

- Treatment plan more complex endodontic
  procedures
- Safely use rotary endodontic systems
- Assess and attempt to remove fracture endodontic
  instruments

THINGS TO BRING

1. Several extracted, pre-extirpated teeth
2. Extracted previously RCT’d teeth
Morning Session

9.30 Presentation of FD Scheme Practice Visits

FD Group

On 29th January & 5th February FDs will attend three other Ipswich Training Practices. They need to assess the strengths and weaknesses of each practice. Today they will present a 10 minute presentation (including photos & video) of the practice they feel is the best fit with their own skills. They will need to give a potted description of the practice—a brief description of what a role there would entail—and why they would make a good team member at the surgery.

Aims & Objectives

This session will give the whole group a greater understanding of the variety of Dental Practices in our region.

It will enable us all to grasp how Dental Practices use a variety of approaches to meet the needs of their local populations.

It will give FDs a chance to view a Practice as a potential future workplace in a non-threatening way—it will help equip learners with workplace appraisal skills.

Learning Outcome

Following the session delegates will be able to:

- assess the strengths and weaknesses of a range of General Dental Practices
- compare a practice’s strengths to their own skills and abilities
- differentiate between a variety of potential career opportunities

THINGS TO BRING

1. Your Completed Practice Visit Presentation in PowerPoint Format
Mark qualified from Birmingham Dental School in 1992 and has been a FD, associate, partner, sole owner and director within general dental practice. Currently he runs the Smilestyle and Smilestyle Signature Dental Practices and is a director of the Nottingham Emergency Dental Services. A previous FD trainer he has also held the position of chair on the Local Dental Committee and advisor to the Primary Care Trust in Nottingham and nationally a member of the General Dental Practice Committee of the BDA. Keeping fit and a keen scuba diver and skier helps with the work/life balance. Encouraging the most from his team to deliver the best patient experience is his goal.

Aims
To make the FD learners aware of the changing dental “market place” and the needs and expectations of their future employers. Mark will offer feedback on the FD presentations from the morning session.

Objectives
- The changing face of the dental market.
- How to be an effective team member.
- How to become an indispensable attribute to a practice.
- Contractual obligations.
- Discuss the common pit falls and problems with being a dental performer.

Learning Outcomes
By the end of the session delegates will be able to:

- recognise the changing and evolving dental market.
- describe their role and responsibilities as a performer.
- summarize the obligations they have within their practice setting.
Morning Session

9.30 Clinical Audit Presentation

Each FD must complete a clinical audit within their practice. The audit can be based on any reasonable topic. It would be desirable for the Trainers to closely assist the FD with this task.

- **YOUR TOPIC MUST BE APPROVED BY JASON STOKES.**
- **THERE MUST BE TWO CYCLES OF THE AUDIT.**

Aims & Objectives

This session will give the whole group a greater understanding of Clinical Audit. It will enable us all to grasp how others have approached Audit in their own surgeries—and offer constructive feedback to improve their future efforts.

It will also give the FDs a chance to test their PowerPoint and presentation skills prior to the end of the Summer Term when they will present their Case Presentation in a similar fashion.

Learning Outcomes

Following the session the FDs will be able to

- Design and implement their own Clinical Audits.
- Meet their ethical and contractual guidelines for Clinical Governance (as it relates to the provision of Clinical Audits).
- Improve their own performance by reflecting in a structured manner using the tool of clinical audit.

REMINDER

The Spring Term Trainers Meeting will be held at 12.45pm today

THINGS TO BRING

1. Your Completed Audit Project in PowerPoint Format
2. Bring a written version of your Audit (to be handed in to your Training Programme Director)
3. Three different sets of notes (and all associated artefacts) to use in a Case Based Discussion with a Trainer other than your own.
Afternoon Session

14.00 Presentation of Foundation Skills Project

FD Group

Aims & Objectives

This session will assess your work on the Foundation Skills Project.

The project is your own work to demonstrate sound knowledge in broad topic areas, and essential skills that are required by you as a dentist working in primary dental care.

What it is

- Factual accounts of working practice for each section within 8 modules
- Discussion on how GDC principles and CQC outcomes impact on your clinical work in primary dental care
- Reflective pieces of writing with view to driving improvements
- A collection of your own evidence to support claims you make

IMPORTANT NOTE:

- It is your own work (not plagiarized)
- Focus on Quality v Quantity

Reflective Account

Reflection provides a way to improve your practice by critically analysing your actions or an issue.

Assume that you are an external observer and reflect on:

1) what went well?
2) what hasn’t gone well?
3) how can improvements be made?
4) what have you learnt from the situation?
5) what changes

https://heeoe.hee.nhs.uk/Foundation-Skills-Project

THINGS TO BRING

1. Your completed Spring Term Foundation Skills Project Modules
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29/01/16  FD visits to Ipswich Scheme Practices
           (Ipswich Scheme Training Practices)

05/02/16  FD visits to Ipswich Scheme Practices
           (Ipswich Scheme Training Practices)

12/02/16  You’re Hired
           Dental Trauma
           (Ipswich PGMC)

19/02/16  Rotary Endodontics
           (Ipswich PGMC)

26/02/16  FD Practice Visit Presentations
           Performer/Provider
           (Ipswich PGMC)

04/03/16  FD Audit Presentations
           FD Presentation of Foundation Skills Modules
           (Ipswich PGMC)

(04/03/16—TRAINERS MEETING AT 12.45PM
Trainers to assist with Foundation Skills Assessment during the afternoon session)