

# “Paediatrics for foundation trainees”



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Developing people

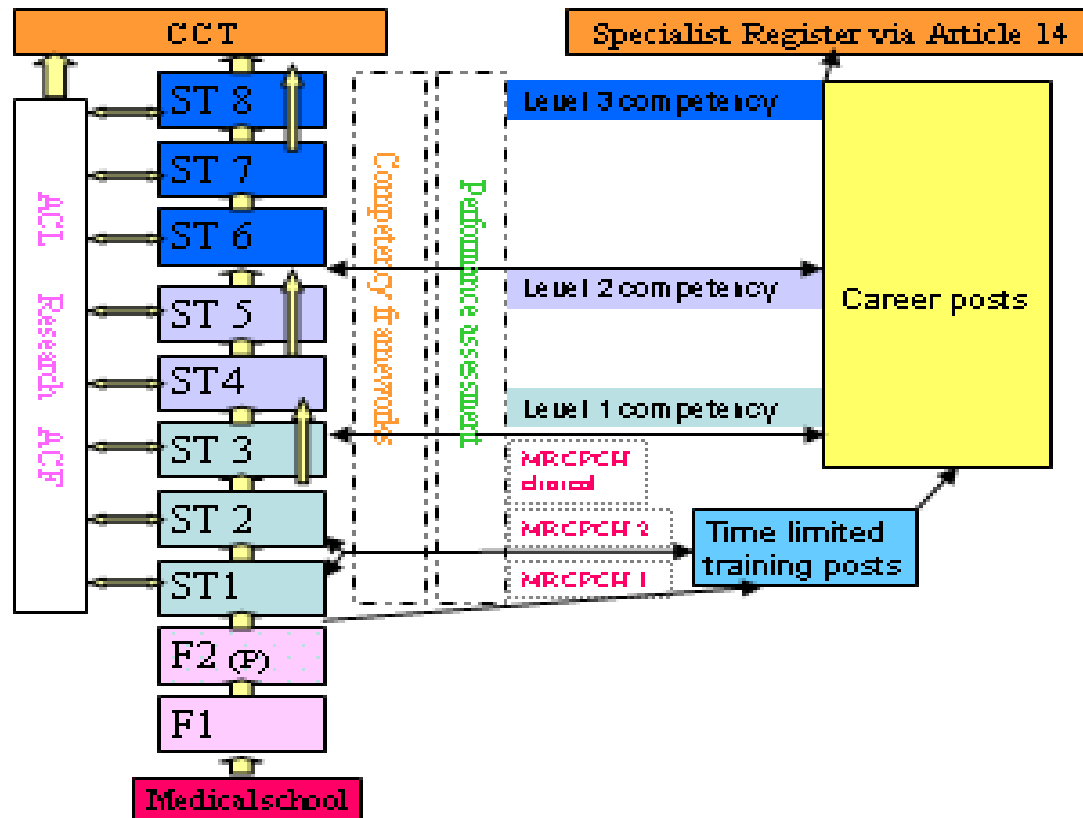
for health and

healthcare

# “Paediatrics for foundation trainees”

- About paediatrics
  - Truly all specialities rolled in to one - examples
- Career structure
  - 5- 8 years run through
- Opportunities to gain more experience
  - Taster weeks and weekends
  - Foundation events
- Application process
  - 1:1 applicants to appointments – regionalised national recruitment
- Unashamedly try to sell paediatrics to you all

# Paediatric training structure



# Paediatric training timeline

- Level 1
  - General paediatrics and tertiary neonates
  - Must pass all 4 parts MRCPCH – take asap start in FY posts
  - 2-3 years - develop an interest, plan and discuss
- Level 2
  - Gen Paeds, Neonates, Community paediatrics
  - 1-2 years - develop an interest, plan and discuss
- Level 3
  - General Paediatrics
  - Specialist grid training – national competitive interviews
  - 2-3 years - develop an interest, plan and discuss
- Consultant in 5 -8 years – complete FY 9/18 – Consultant 9/2026

# Why become a paediatrician ?

- Varied clinical options
  - General v acute specialities v community
- Integrated academic paediatric pathway
  - AFY → ACF → ACL
- Out of Programme Training
  - OOPR OOPT OOPE
- Teaching / training opportunities
  - Students, CUPs, Trainees, Postgraduate qualifications
- Overseas opportunities
  - Global Health fellowships RCPCH International Health
- Family friendly
  - Less than full time opportunities

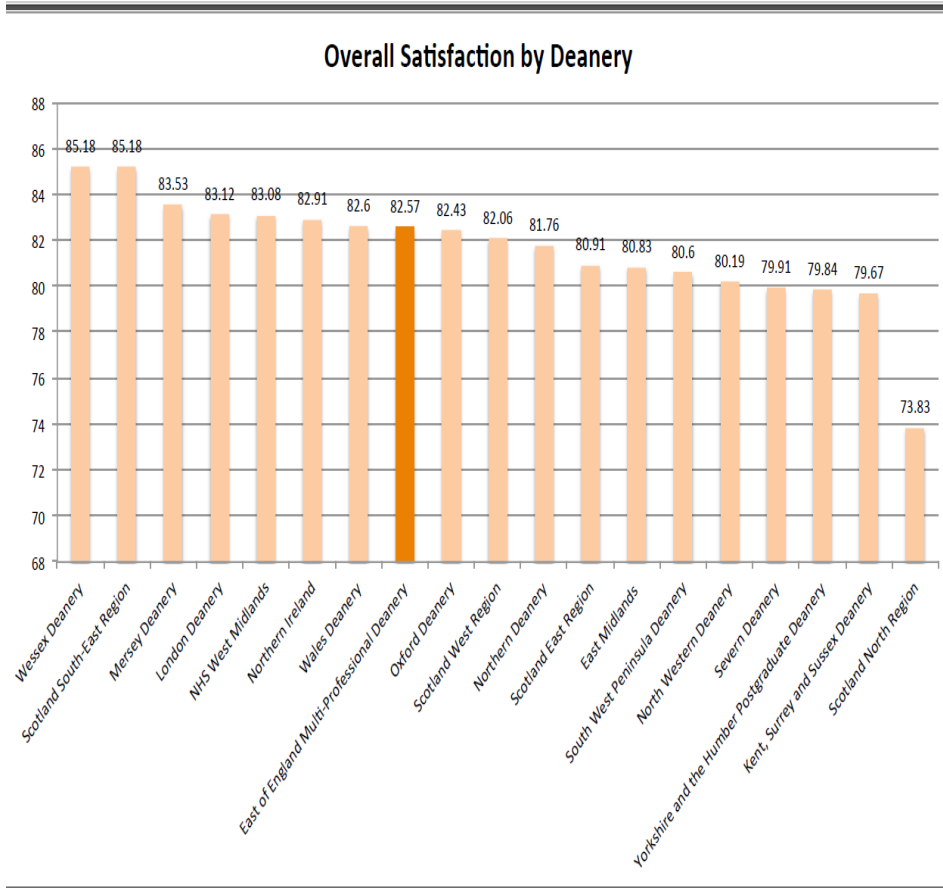
## Becoming a paediatrician - timeline

- Complete foundation training Summer 2018
- Applications to paediatric run-through Dec 2017
  - Centralised recruitment
  - Interviewed regionally Jan -Feb 2018
  - Competition rates vary nationally 1:1 applicants : posts
  - RCPCH clearing to 2<sup>nd</sup> and 3<sup>rd</sup> choice deaneries
  - 70% applicants female
- Commence run through training Sept 2018
- Paediatric consultant Sept 2026

# Paediatric training - myths

- Foundation training required
  - **No**
- Exhausting and poorly paid
  - **No** well structured shift patterns well organised depts
- Emotionally exhausting
  - Challenging well supported
- Best training is in London
  - **No**
  - Consider all options
  - Come and talk to me or our trainees

# HEEoE Paediatric training



- 17 Departments across EoE
- 270 + trainees
  - 200(71%) female
- 2AFY, 6ACF, 3 ACL
- Grid posts
  - 3yr programme to become a specialist
- SPIN
  - 1 yr programme to develop a special interest



# HEEoE Paediatric training



# “Paediatrics for foundation trainees”

- Talk to any of the trainees
  - Claire Mathews
  - Kathy Gallagher
- Look at website or EoE Paediatric Facebook
- Please feel free to contact me and pass on my details

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