

Essex Coast Dental Foundation Training Scheme

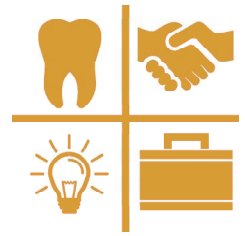
Scheme Handbook 2018 - 2019

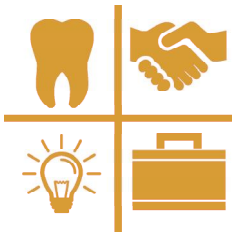


Developing people
for health and
healthcare

www.hee.nhs.uk

Education Centre, Basildon Hospital





Essex Coast Dental Foundation Training Scheme

“ Welcome to the
Essex Coast Dental
Foundation Training
Scheme”

This Handbook is to provide you with information about the Scheme and how Dental Foundation Training functions. It is meant to be used in conjunction with the programmes which will be issued for each of the three terms, Autumn, Spring and Summer, and also the National DFT Handbook.

In this handbook there is a section about Health Education England—East of England and the people who make up the Dental Foundation Training organisation. There is also a section about our base at Basildon Hospital Education Centre.

The year of Dental Foundation Training is a very valuable one during which you have the chance to gain wonderful experience in the provision of excellent dental care within a general dental practice setting. You will learn many things, and you will find yourself in many challenging situations. However, it is also meant to be fun.

Those who have undertaken Dental Foundation Training before you have found it to be a tremendous experience and they are always sad when they realise that their year is ending. You are at the start of your year and all is ahead of you. Let us work together to make it an excellent year for you.

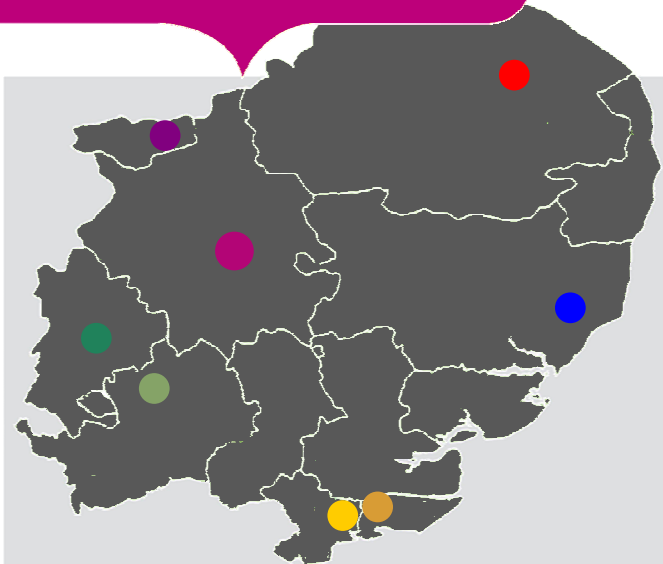
Health Education England

East of England



Health Education England East of England

2-4 Victoria House,
Capital Park,
Fulbourn,
Cambridge. CB21 5XB
☎ 01223 597768



The Regional Team at Victoria House

Regional Advisor Dental Foundation Training

Dr Peter Cranfield PhD, BDS, DIC, DGDP(UK) PgCertEd
✉ pcranfield@hee.nhs.uk

Regional Dental Account Manager

Ms Elizabeth Hope
✉ elizabeth.hope@hee.nhs.uk

Regional Foundation Training Administrator

Mrs Patti Bradshaw
✉ patti.bradshaw@hee.nhs.uk

Dental Foundation Training Schemes and

Training Programme Directors in East of England

■ Basildon

Dr Andrea Ogden

273 Southend Road
Stanford-Le-Hope
Essex
SS17 8HD
☎ 01375 675710

■ Bedford

Dr Peter Cranfield

The Mews, 22 Bancroft,
Hitchin,
Herts.
SG5 1JW
☎ 07956 523148

■ Essex Coast

Dr Hannah Woolnough

Parkview Dental Centre
49 Fonnereau Road
Ipswich
IP1 3JN
☎ 07876 224137

■ Ipswich

Mr. Jason Stokes

10 - 12 Cathedral Street,
Norwich
NR1 1LX
☎ 01603 628 963



Health Education England

East of England

Education Centre

Basildon Hospital, Nethermayne,
Basildon.
SS16 5NL

☎ 01268 524900 Ext 3915

💻 Janet.Ferriter@btuh.nhs.uk



Associate Director of
Organisational Development

Jayne Toplis

Dental Administrator

Mrs Janet Ferriter



Training Programme Director

Dr Hannah Woolnough BDS (Hons) Wales PGCert
Parkview Dental Centre, 49 Fonnereau Road,
Ipswich, Suffolk. IP1 3JN

☎ Mobile: 07876 224137

💻 hannah.woolnough@hee.nhs.uk

■ Norwich

Mr. Andy Furniss

57 Southlands,
Swaffham,
Norfolk.
PE37 7PF
☎ 01760 721385

■ Peterborough

Mr. Uday Patel

10 Market Square,
Sandy,
Beds.
SG19 1HU
☎ 01767 681100

■ Stevenage

Mrs. Elinor Japp

22 London Street,
Godmanchester,
Huntingdon,
Cambs. PE29 2HU
☎ 07730 532739

Basildon Hospital Education Centre



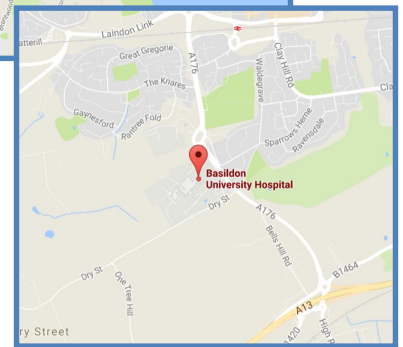
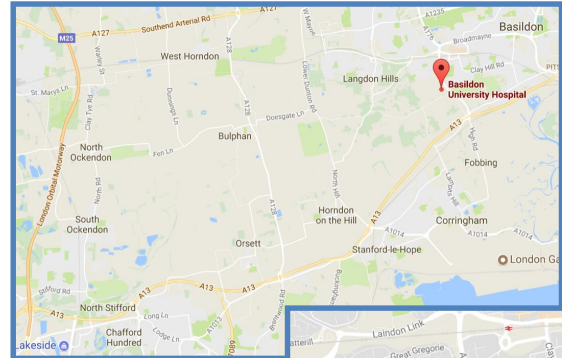
Basildon University Hospital

site is

approximately one mile north of the A13 Basildon exit. The Hospital is well signposted. Car parking is available at £10.00 for the day and **YOU MUST RETAIN YOUR**

PARKING TICKETS in order to claim the cost. The car park is a 5 minute walk from the Education centre.

When you exit the car park you will see A&E directly in front of you, turn to the right and follow the path, you will pass OUTPATIENTS on your left, then DERMATOLOGY on your right, keep following the path and bear to your left at the small roundabout, you should now be able to see the EDUCATION CENTRE on the right.

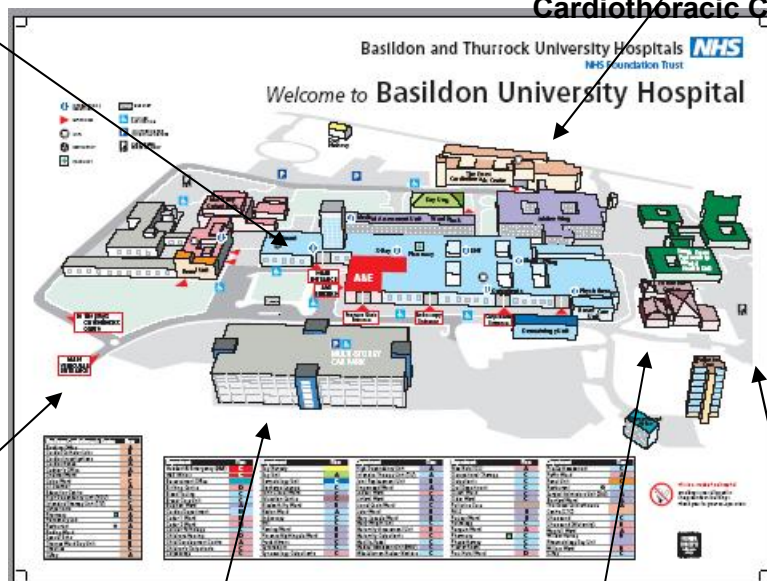


The Education Centre is where most of our day release courses will be held. There is a Costa Coffee in the social area where you can eat lunch, alternatively, there is a large restaurant in the main hospital building serving hot food.

Basildon and Thurrock University Hospitals
NHS Foundation Trust
Nethermayne, Basildon
Essex SS16 5NL
Switchboard: [01268 524900](tel:01268524900)

Main Restaurant

Cardiothoracic Centre

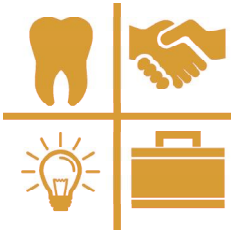


Entrance to
Hospital site

Multi-storey Car Park

Education Centre

Simulation suite



Basildon Hospital Education Centre

The Simulation Suite is located on the Doctors campus that is just after the Dermatology Unit and to the right of the Education Centre. There are two teaching rooms and the Dental room which has 13 phantom head units. Our “hands on” days will be carried out here.

There is also an Education suite in the Cardiothoracic centre that is at the back of the main hospital building and this can be accessed through the hospital.



Simulation Suite

Education Centre



Dental Room, Simulation



Cardiothoracic Centre



Study Days



Your Study Days are 30 days during the Dental Foundation Training year when you meet with the other members of your Scheme. They are planned to help you in many areas, including the intricacies of the National Health Service and the more advanced clinical and treatment planning skills required for successful practice.

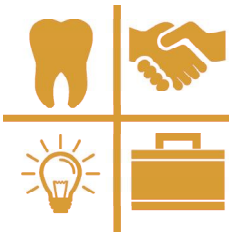
Most of the courses are based at the Education Centre, Basildon, but there are several opportunities for visits to dental practices, dental companies and conferences. Most study days will include a 'problem solving' session where problems of a clinical or interpersonal nature can be discussed with your peers. It is amazing how many people have the same difficulties.

The structure of the course is not rigid and will be influenced by the FDs, so speak to the Training Programme Director and see what can be done to accommodate your wishes. Study days are not generally lectures but discussions, so your full participation and preparation for them is a must. Attendance at these Study Days is compulsory. Your completion certificate will depend on it.

Enjoy your year - it will be like most things: the more you put into it, the more you will get out! Problems can and will be sorted out quickly if they are identified, so speak to your Educational Supervisor or your Training Programme Director - they are there to help.

Important points to remember

1. If you are ill, please telephone the Training Programme Director - this can be the only reason for not attending. Please organise holidays, interviews and other personal arrangements outside term times. A session missed will have to be made up after discussion with your TPD
2. Preparation for each Study Day is vital for your full participation - it may make a good topic for the preceding week's 'in practice' tutorial with your Educational Supervisor.
3. The start time for each day is indicated in the programme. It is worth remembering that this is the time at which the first session will begin and that you will be expected to be present before the start time. Late arrival at a session may well mean that you are recorded as being '*not present*' for the session.
4. Dental Foundation Training is training for membership of a profession. Accordingly, professional standards of dress are expected at the Study Day.
5. A record of attendance will be kept. Non-attendance could prevent certification of completion of DFT.



Problem Solving



A problem shared
is a problem
halved”

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the ‘crowns that never fit’ to the ‘DSA who never seems to do what is needed’. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

For clinical problems, sometimes the speaker at the Study Day will be the expert able to answer the difficult question. You are recommended to bring along to the study days clinical problems that may need to be shared.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; a telephone call to your TPD’s Practice or home may allow early resolution of a problem and help prevent a great deal of worry.

The Foundation Training Group is also a powerful force for resolution of problems. Opportunities for group discussion occur in nearly every session of the Study Day. Sharing difficulties, problems or concerns with the other members of the group often brings to light examples of the same problem that have been experienced by others, and answers can often be found and discussed. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

If you have a problem that you do not wish to discuss with the group, please always feel free to bring it to your Training Programme Director and a mutually convenient time for discussion can be arranged.

During the week your Training Programme Director can be contacted at:

Dr Hannah Woolnough

☎ Mobile: 07876 224137

📧 hannah.woolnough@hee.nhs.uk

Expenses Claims



To make a claim for refund of travel and subsistence expenses, you must use FP84T&S Forms which are available from your Training Programme Director. They should be sent to your area Team NHS England and a copy should be retained by you, the dentist.

For each travel/subsistence claim Sections 1 and 3 should always be completed.

The rates payable are set by the Department of Health and changes are notified to dentists as they occur. There is a copy of the current rates in this handbook. You may claim:

- **Travelling Expenses**
- **Mileage Allowance**
- **Night Subsistence**
- **Day Subsistence:**

Lunch Allowance for absences of over 5 to 10 hours including the lunch period of 12.00 to 14.00 hrs

Evening Meal Allowance for absences of over 10 hours including an evening meal and returning after 19.00 hrs.

Don't forget to keep a copy of each of your claims....

When your claim form is complete it must be signed by your Training Programme Director as a mark of validation.

You must then copy the form and, keeping the copy, send the original, together with any validating receipts and tickets to your local area team of NHS England.

Once it has been checked and validated, your claim will be paid to your Educational Supervisor as part of the normal practice contract monthly payments and the amount will be paid to you separately from your salary. There is often a delay for this process to happen.

TRAVEL/SUBSISTENCE DEVELOPMENT & FOUNDATION TRAINING

Please complete in BLOCK CAPITALS

Particulars of Dentist (please fill in both)

Surname: _____
First Name: _____
Area Team: _____
GDC Number: _____

Practice Address: _____
Post Code: _____
Telephone No: _____
Mobile No: _____
Email Address: _____

Details of course (please fill in a separate form for each course attended)

Title of course: _____
Venue of course: _____
Date of course: _____
Date: _____
Length of course (hours): _____

Signature confirming attendance: _____
(Dental Tutor/Centre Administrator/Dental Administrator/Secretary)

*Delete As Appropriate
19 August 2013

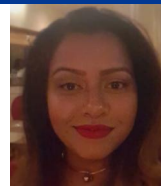


Educational Supervisors and Foundation Dentists



Marianne Allen

87 Rectory Lane, Chelmsford, Essex, CM1 1RF



Dona Jayawarden

☎ 01245 251198



Robert Davey

Homewood Dental Practice, 21 Shenfield Road, Brentwood, Essex CM15 8AG



Karishma Kadia

☎ 01277 220147



Arif Jiwa



Michael Taylor

Broxbourne Dental Practice, 60A High Road, Broxbourne, Herts EN10 7NF



Emily Strong

☎ 01992 464073

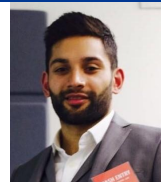


Mr. Mohammed Ali Chohan



Mr. Jinesh Vaghela

Cobbins Brook Smile Clinic, 28 Honey Lane, Waltham Abbey, Essex EN9 3BT



Fahad Sheikh

☎ 01992 711199



Mr. Sean Chaing

Broadway Dental Practice, 80 The Broadway, Loughton, Essex IG10 3ST



Rajeevan Sritharan

☎ 020 8508 4433



Mr. Saifudin Najefi

Homesteads Dental Practice, 273 Southend Road, Stanford-le-Hope, Essex SS17 8HD



Lu Huey Khoo

☎ : 01375 675710

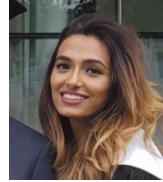


Educational Supervisors and Foundation Dentists



Neil Kotecha

Cassio Road Dental Practice, 102 Cassio Road, Watford, WD18 0QL



Zainab Sheikh

☎ 01923 231803



Adrian Smith



Andrew Luck

Bushey Dental Surgery 51 High Street, Bushey Village Watford WD23 1BD



Kiran Judge

☎ 02089502985



Jemimah Rowden

Homewood Dental Practice, 21 Shenfield Road, Brentwood, Essex CM15 8AG



Nicole Ashraf

☎ 01277 220147



Chrisoula Nicolopoulos



Muhammed Boga

Broxbourne Dental Care, 1 The Precinct, High Road, Broxbourne EN10 7HY



Darshni Shah

☎ 01992 478578



Brad Hawkins

Homewood Dental Practice, 21 Shenfield Road, Brentwood, Essex CM15 8AG



Neel Sethi

☎ 01277 220147

Calendar 2017 - 2018



2018

Friday 7th September **First Day of Autumn Term**

Study Day at Basildon Hospital Education Centre.

Thursday 13th and Friday 14th September

Residential Course for Trainees at Orsett Hall.
Educational Supervisors to be present from 10am on Friday 14th September

Friday 26th October

Early Stage Review Interviews

Friday 30th November **Last Day of Autumn Term**

First 12 Topics of Foundation Skills to be marked.

Educational Supervisors present from 9am

2019

4th January - 1st February

Practice Mid Year Visits - dates and time to be arranged.

Thursday 7th February **First Day of Spring Term**

Friday 22nd March

Audit presentation day.

ESs present all day from 9.30am

Friday 12th April **Last Day of Spring Term**

Easter Break

Friday 3rd May **First Day of Summer Term**

Second 12 Topics of Foundation Skills to be submitted prior to this date

Friday 5th July **Last Day of Summer Term**

Case Presentation Day.

ESs present all day from 9.00am