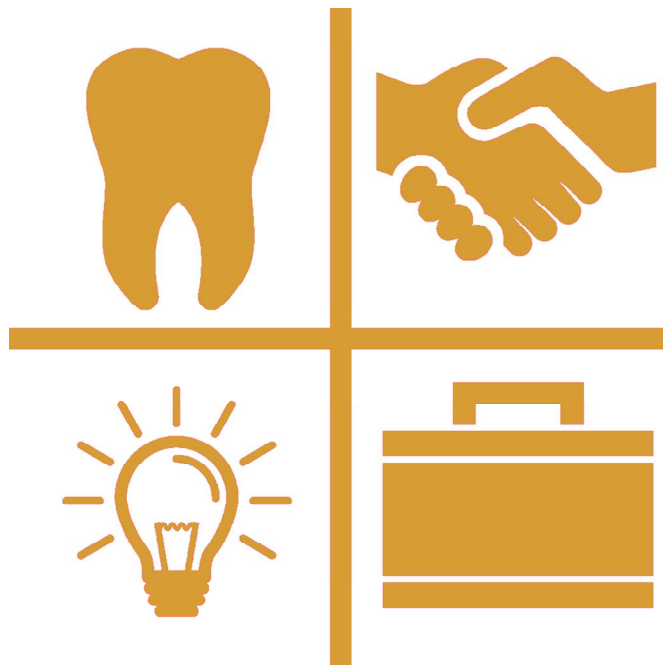


Essex Coast Dental Foundation Training Scheme

Autumn Term Programme 2018-2019



Developing people
for health and
healthcare

www.hee.nhs.uk

Education Centre, Basildon Hospital





Essex Coast Dental Foundation Training Scheme

Education Centre

Basildon Hospital, Nethermayne,
Basildon. SS16 5NL

☎ 01268 524900 Ext 3915

Dean of Postgraduate Dentistry

Mr Andrew Dickinson

Postgraduate Dental Tutor

Mr Mansoor Qureshi BDS (U Lond) DGDP(UK)

Postgraduate Centre Administrator

Mrs Janet Ferriter

Regional Advisor Dental Foundation Training

Dr Peter Cranfield PhD, BDS, DIC, DGDP(UK) PgCert

Regional Dental Account Manager

Ms Elizabeth Hope

Regional Dental Foundation Administrator

Mrs Pattie Bradshaw

Training Programme Director
Essex Coast Scheme

Dr Hannah Woolnough BDS (Hons) Wales PgCDE

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💻 hannah.woolnough@nhs.net

Programme published by
Health Education England—East of England
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Fulbourn, Cambridge. CB31 5XB
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Autumn Term

Venues and Subjects



Friday 7th September

Welcome and Introductions
e-PDP

B4, Education Centre, Basildon

Thursday 13th September

Photography
Rules & Regulations

Orsett Hall, Grays

Friday 14th September

FD Presentation

TRAINERS MEETING 10am

Group work with Educational Supervisors

Orsett Hall, Basildon

Friday 21st September

Communication

A4, Education centre, Basildon

Friday 5th October

Periodontal Overview

Dental Room, Simulation Suite, Basildon

Friday 19th October

Endodontics

Dental Room, Simulation Suite, Basildon

Friday 26th October

Early Stage Reviews

Education Centre, Basildon

Friday 2nd November

Dental Materials
Pain Diagnosis and Management

B4, Education centre, Basildon



Autumn Term

Venues and Subjects

Thursday 8th November

Cross Infection Control



B4, Education Centre, Basildon

Friday 16th November

Radiography and Orthodontics



B4, Education centre, Basildon

Friday 23rd November

Posterior Crowns



Dental Room, Simulation suite, Basildon

Friday 30th November

DCT Presentation

TRAINERS MEETING 9am

Foundation Skills Marking



A1, Education centre, Basildon

Course Deadlines

First 12 Foundation Skills Topics

Friday 30th November

Audit Presentation

Friday 22nd March

Second 12 Foundation Skills Topics - submission by email

Friday 3rd May

Case Presentation

Friday 5th July

Important Dates

Spring term

Thursday 7th February - Friday 12th April

Summer Term

Friday 3rd May - Friday 5th July

Friday 7th September

B4, Education centre, Basildon



Morning Session

CPD = 2.5 Hrs

9.30am **Welcome and Introductions**

Dr Hannah Woolnough
Training Programme Director



What is 'Foundation Training by Assessment?' All will be revealed! A chance for introductions to your peers and the Essex Coast Educational Team. Establishing an outline as to what is expected of you and what you should expect from the Day Release Course. Giving you clear guidance as to how to make the most of the unique opportunity that is Foundation training.

We will also through the programme and handbook in detail and discuss the coursework elements required throughout the year as well as how to claim for travel expenses and who to contact and when.

Objectives

- *To recognize that there is a change necessary to move from undergraduate to professional person.*

Learning outcomes

- *Have a clear understanding of what is expected of yourself throughout the year*
- *Have a clear understanding of how the Day Release Course is tailored to meet your requirements*



Friday 7th September

B4, Education Centre, Basildon

Afternoon Session

2.00pm

The E-Portfolio

CPD = 2.5 Hrs

Dr Hannah Woolnough
Training Programme Director

Your electronic Portfolio will be key a learning tool throughout your Foundation Training. It will also be a valuable document to record your assessments, clinical activity and reflections. Providing an important piece of evidence to mark how you have progressed from a 'safer beginner' into an independent practitioner.

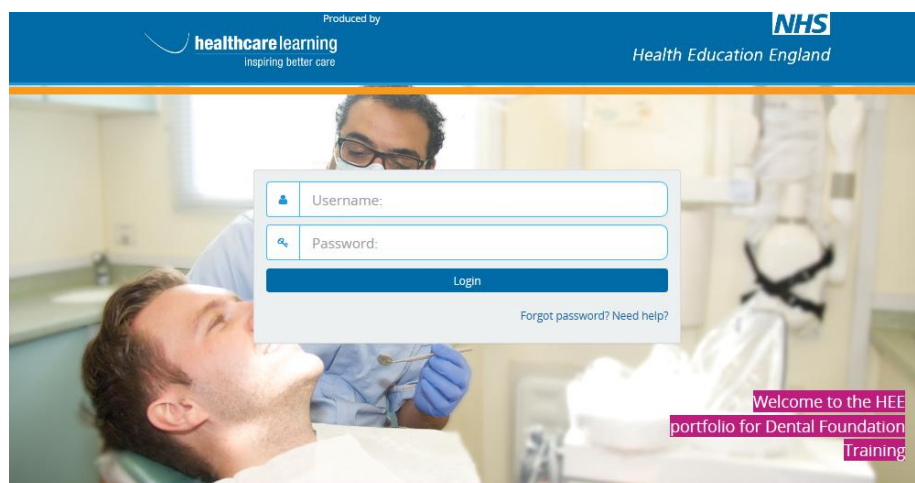
We will take time to work through the various sections of the portfolio and discuss the timeline for the year and how it all fits together for satisfactory completion.

Objectives

- Understand the Assessments involved throughout the year
- Understand each section of E-Portfolio and what it's use is

Learning outcomes

- Identify the various assessments required and their deadlines
- Feel confident in accessing and using the E-Portfolio effectively.



Thursday 13th September

Orsett Hall, Prince Charles Avenue, Grays, Essex RM16 3HS



Morning Session

CPD = 2.5 Hrs

9.30am

Arrival and coffee

10.00am

Photography

Mr. Mohammed Chohan & Mr. Jinesh Vaghela

ES & General Dental Practitioners



This interactive session will cover all aspects of the use of digital photography in dental practice. This includes intra-oral, extra-oral and portraits. The trainees will be taken through photography, from basics of choosing correct equipment and setting it up, to optimum settings, techniques for consistent imaging and the safe storage of images. The practical component of this fun workshop will involve working in groups to take some extra oral and intra oral photographs. The session will also cover which photographs would be desirable for the end of year DFT Case Presentations

Please bring any digital SLR camera that you may have

Aims & Objectives

- *Introduce dental photography*
- *To introduce the equipment required and the camera settings*
- *To practice photography on the camera*

Learning outcomes

- *To list the equipment required for dental photography*
- *To recognize which settings to use for which procedure*
- *To be able to perform dental photography*



Thursday 13th September

Orsett hall, Prince Charles Avenue, Grays, Essex RM16 3HS

Afternoon Session

CPD = 2.5 Hrs

2.30pm

Complaints/Rules & Regulations/Record Keeping

Mr. Mohammed Chohan &

Mr. Jinesh Vaghela

ES & General Dental Practitioners

An introduction to the NHS GDS contract, rules and regulations and covering complaints and record keeping with the NHS.

Aims & Objectives

- *Introduce the NHS GDS contract and the bands of treatment*
- *Introduce the basics of complaints handling and its fundamental principles*
- *Introduce the minimum standards expected for record keeping*

Learning outcomes

- *To be able to list the bands of treatment within the NHS*
- *To be able to recognize a complaint and how to manage it*
- *To be able to implement record keeping standards in practice*

5.30pm

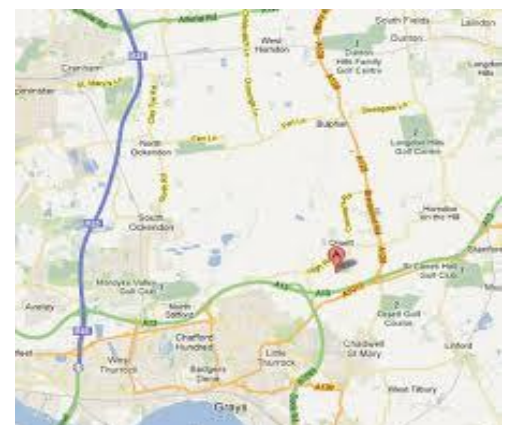
Relaxation time

Please feel free to check into your room and use the hotel facilities

Meet in the bar for dinner between 7.30 and 8pm

8.00pm

Dinner



Friday 14th September

Orsett Hall, Prince Charles Avenue, Grays, Essex RM16 3HS



All day Session

CPD = 2.5Hrs

9.45am

Foundation Skills

Dr Hamish Joshi

1st year Associate

Educational Supervisors
meeting at 10am
One ES per FD is required
to attend the whole day

All Foundation Dentists within the East of England are required to complete various items of project work during their training year, one of which is the foundation skills project. From the start to the end of this training year you will be providing care and treatment to the patients allocated to you. The project is about writing a brief factual account of what you actually do in delivering the dental services to your patients. You are then encouraged to examine your account in the several areas of primary dental care and provide your detailed personal reflection on the matters concerned.

Completion of this is an essential part of fulfilling very many of the competencies within the Professional, Management and Leadership Domains that are required for satisfactory completion of Dental Foundation Training. The project includes a checklist to cross reference the areas you cover in your work with the competencies from the DFT curriculum. This will be recorded in your E-Portfolio.

Objectives

- *To gain an understanding in the role and what is required for Foundation Skills*

Learning outcomes

- *Have a clear understanding of the process of completing Foundation skills and the deadlines*

12.30pm

Lunch

Afternoon session

CPD = 2.5 Hrs

1.30-5.30pm

Educational Supervisor and Foundation Dentists Group Work



Friday 21st September

A4, Education centre, Basildon

All Day session

CPD = 5 Hrs

9.30am

Group Discussions

Dr Hannah Woolnough

10.00am

Communication

Dr Andrea Ogden

TPD & General Dental Practitioner



An interactive session covering a variety of difficult situations and outcomes Foundation dentists may face in the coming years and the discussion and practice of some effective communication strategies that can be utilized to overcome them.

Aims & Objectives

- *Role-Play several common Dentist-Patient scenarios*
- *Practice communication techniques with colleagues*
- *Gain insight into MJDF OSCE mark scheme*

Learning outcomes

- *Discuss the common difficulties faces in surgery and become familiar with effective communication methods to overcome them*
- *Describe how to gain and record valid informed consent*
- *Discuss how to avoid patient complaints and be able to explain how to manage them*

Friday 5th October

Dental Room, Simulation suite, Basildon



All Day Session

CPD = 5 Hrs

9.30am **Group Discussions**

Dr Hannah Woolnough

10.00am **Periodontal Overview**

Mr. Imran Sharif

Specialist Periodontist



Imran is a Specialist Periodontics at Norfolk Dental Specialists. His professional exposure to a number of different areas within dentistry has provided him the necessary skills in the following areas: periodontal treatment, dental implants, oral surgery and conscious sedation.

This session with the specialist periodontist, will help highlight the most effective treatment planning and managements strategies for our patients with periodontal problems. Imran will seek to identify risk factors and signs that can assist with correct assessment of vulnerable patients and discuss the most up to date strategies of practical management. He will also explore some of the common pitfalls that unwary GDP's can encounter when dealing with chronic periodontal disease in all its various forms.

Aims & Objectives

- Identifying the principle aetiology and risk factors of periodontal disease
- Recognize the limitations of our diagnostic tools
- Describe the indications for periodontal surgical techniques (gingivectomy, open flap debridement, modified Widman flap, apically repositioned flap)

Learning outcomes

- Review the aetiology and risk factors for periodontal disease
- Refresh skills in periodontal history taking and examination
- Review the screening, diagnosis and treatment of periodontal disease in general practice
- Appreciate the different periodontal surgical techniques, in managing periodontal disease.

PLEASE BRING WITH YOU:
Dental Loups (recommended,
but not essential) and Personal
Protective Equipment



Friday 12th October

Dental Room, Simulation suite, Basildon

All Day Session

CPD = 5 Hrs

9.30am

Group Discussions

Dr Hannah Woolnough

10.00am

Endodontics

Mr. Mahendran Rajeevan

ES & General Dental Practitioner

Raj has completed a Masters degree in Endodontics at Queens Mary University of London, and works across two practices providing an endodontic service as well as being a DFT trainer.

During his MSc, his research project focused on the management of patients with persistent dentoalveolar pain, and is currently working on publishing his research in scientific journals



To understand the principles of endodontic treatment and to try some of the materials and techniques used in everyday practice i.e revision of manual root canal preparation techniques and introduction to rotary endodontics. Also discuss common pitfalls.

Objectives

- *To understand the biological considerations in preparation*
- *To look at different techniques of preparation*
- *Discuss common pitfalls during endodontic treatment and how to overcome them.*

Learning outcomes

- *To understand the principles of an ideal access cavity and how they can influence the outcome of your preparation*
- *To understand the principles of canal preparation*
- *To explore the principles of obturation*

PLEASE BRING WITH YOU:
Instruments, burs and set of endodontic files used in practice, also extracted teeth preferable molars and premolars, some with access cavities already cut. Also endodontic probes (DG16)



Allocated Session

Early Stage Review (ESR) - one to one interview (FDs and TPD)

Early Stage Review of Dental Foundation Training

You will be sent a timetable with your individual time slot closer to the time

This process was developed to get early identification of trainees with additional educational needs and or requiring additional pastoral support.

At week 6, Educational Supervisors (ES), Foundation Dentists (FDs) and Training Programme Directors (TPDs) are asked to complete a report in the E-Portfolio. These also include sections on areas of notable practice and areas of issues and concerns

The ES will provide feedback on your performance in the DOPs completed in the first few weeks and of your progress and identified learning needs so far.

At the ERS, we will look at how you are settling into the practice, and review your report and that of your ES, and look at significant events and sick days.

Please bring with you your work on foundation Skills so far. You can also use this opportunity to give feedback on the programme so far this year.

The TPD completes their report independently. Again this reviews the same curriculum domains by reviewing the E-Portfolio and their own observation from study days. They highlight both areas of notable practice and areas of concern.

Following your interview, any action plans and outcomes will be shared with your ES.

PLEASE BRING WITH YOU:
Your work on Foundation skills so far



Friday 2nd November

B4, Education centre, Basildon

Morning Session

CPD = 2.5 Hrs

9.30am **Group Discussions**

Dr Hannah Woolnough

10.00am **Dental Materials**

Mrs Anneke Whelan

General Dental Practitioner

Having taught part of the dental materials course for pre-graduate students at The University of Pretoria, Anneke has always had a keen interest in new material developments and their cost effectiveness in practice.

An overview of different material choices available, compile a comprehensive list of materials and consumable required to perform a dental procedure. Calculating the material costs of a dental procedure and the profitability of the procedure by evaluating the hourly break-even cost of a practice.

Objectives

- *Participants demonstrate the ability to correctly use a dental supplier catalogue to critically evaluate the choice of dental materials available and compile a detailed list of materials and consumables required to perform a procedure*
- *Participants being able to navigate and use a dental supplier website to obtain accurate cost information in regards to a chosen dental product*
- *Participants demonstrate the ability to calculate the cost effectiveness of a procedure in relation to a surgery's hourly breakeven rate*

Learning outcomes

- *Create a comprehensive list of dental materials and consumables required to perform a dental procedure*
- *Using a dental supplier catalogue compare and evaluate different materials to perform a dental procedure*
- *Using a dental supplier website calculate the cost of the materials and consumable needed to perform a dental procedure and assess the probability of the procedure considering a surgery's hourly breakeven rate.*

PLEASE BRING WITH YOU:

A phone, laptop or tablet to enable you to complete practical exercises

Friday 2nd November

B4, Education centre, Basildon



Afternoon Session

CPD = 2.5 Hrs

2.00pm

Pain Diagnosis and Management



Mr. Mahendran Rajeeven

General Dental Practitioner

Raj has completed a Masters degree in Endodontics at Queens Mary University of London, and works across two practices providing an endodontic service as well as being a DFT trainer.

During his MSc, his research project focused on the management of patients with persistent dentoalveolar pain, and is currently working on publishing his research in scientific journals.

Today's talk is to provide an understanding of pain theories/mechanisms, to provide a differential diagnosis of dental and non-dental pain and to be aware of the pharmacological options available for dental pain. To discuss various types of local anaesthetic blocks.

Objectives

- *To be able to diagnose and manage dental orofacial pain*
- *Discuss the various pharmacological options that are available for dental pain*
- *To provide a differential diagnosis of orofacial pain complaints*

Learning outcomes

- *To be able to provide a differential diagnosis for dental and non-dental pain*
- *To be aware of the various pharmacological options to treat pain and the various types of local anaesthetic blocks*
- *How to undertake a detailed examination of the orofacial structures which may be responsible for the patient's complaint*



Thursday 8th November

B4, Education centre,, Basildon

All Day session

CPD = 5 Hrs

9.30am

Group Discussions

Dr Hannah Woolnough

10.00am

Cross Infection control

Mr. Jason Stokes

General Dental Practitioner

Jason has been the owner of The Cathedral Street Dental Practice in Norwich. In addition, he undertakes a range of other roles including Dental Tutor (Ipswich Hospital), Dental Foundation Training Programme Director at Ipswich Hospital (since 2000).



This session will explore current Dental Cross Infection Control issues—from the perspective of the whole team. The session will explore the dangers we all face and the guidance we should follow to reduce the risk and ensure our continuing professional compliance. This session aims to keep you safe from harm and the CQC.

Aims & Objectives

- Describe the latest recommendations for Dental Practice Cross Infection Control
- Identify the infectious diseases we most commonly encounter in general dental practice
- Demonstrate the successful application of HTM 01-05 in our everyday professional activities

Learning outcomes

- Identify the cross infection hazards in General Dental Practice
- Describe the individuals at risk and techniques to reduce the risk to these individuals
- Demonstrate the successful application of HTM 01-05 in their everyday professional activities



All Day Session

CPD = 5 Hrs

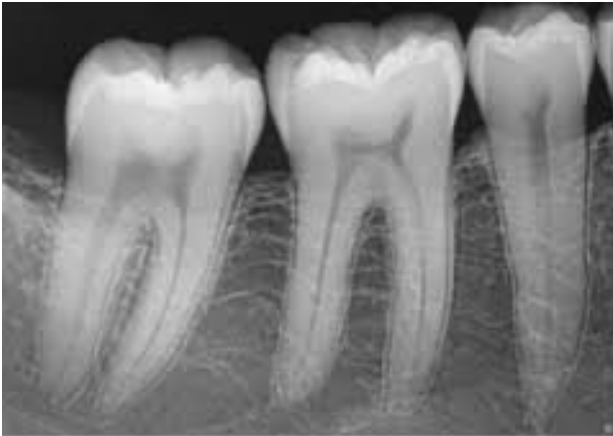
9.30am **Group Discussions**

Dr Hannah Woolnough

10.00am **Radiography and Orthodontics**

Mr. Stephen Denny

ES & General Dental Practitioner



An overview of radiography in practice and pathology we might encounter in general practice.

A recap into dental development. How, when and what to refer. Assessment of some cases. What orthodontics can be done by the GDP and what courses are available.

Radiology Objectives

- *Radiological interpretation—Can You Do It?*
- *Understanding normal radiographic anatomy*
- *Overview of rules and regulations in practice governing ionizing radiation*

Radiology Learning outcomes

- *Have an insight into their own interpretative radiographic skills*
- *Be familiar with normal anatomy*
- *Able to identify and rectify radiographic faults*

Orthodontic Objectives

- *Tooth development and eruption dates*
- *Types of orthodontic treatment*
- *How, when and what to refer*
- *Simple orthodontics and courses aimed at the GDP*

Orthodontic Learning outcomes

- *Understand normal patterns of tooth eruption*
- *Identify malocclusions and understand the protocols and indications for orthodontic referrals*
- *Have an insight in how they can develop their own orthodontic skills*





Friday 23rd November

Dental Room, Simulation suite, Basildon

All Day Session

CPD = 5 Hrs

9.30am **Group Discussions**

Dr Hannah Woolnough

10.00am **Posterior Crowns**

Mr. TC Patel and Mr. Amit Patel

General Dental Practitioner



TC has 29 years experience in the dental profession and has recently been made a Fellow of the FFGDP. His interests are Smile Design Cosmetic Dentistry, implants and orthodontics. He has also held the post of Senior Clinical Assistant in Orthodontics at Southend General Hospital for 25 years. He is also an ES on the Basildon Scheme.

Amit graduated from the University of Leeds in 2013. He has completed the MJDF examinations. Amit works at Brickfields Dental Care as an associate providing NHS and Private treatments and also holds a part time position as a Speciality Doctor in Oral Surgery.

A hands-on course designed to give delegates the skills and knowledge to proficiently cut and place highly functional indirect restorations in a predictable, efficient format.

PLEASE BRING WITH YOU:

**Prep burs from practice,
impression trays medium large
and impression materials used
in surgery**

Aims & Objectives

- Provide theory on modern day preparations
- Discuss the functional and aesthetic considerations when providing indirect posterior restorations, including material choice
- Supply a clinical protocol applicable to the material choice and design for the posterior dentition

Learning outcomes

- To relate theoretical aspects of modern day materials to preparation design
- To be able to assess a posterior tooth and define the preparation needed including a detailed protocol on how execute the preparation
- To be able to determine the needs of the preparation design so as to enable highly functional long term restora-

Friday 30th November

A1, Education centre, Basildon



All Day Session

CPD = 5 Hrs

9.30am **Group Discussions**

Dr Hannah Woolnough

10.00am **Dental Core Training**

One of last years FD's will be coming in to talk to you about the process of application to Core Training and what to expect from the job. You will have time to ask questions about the experience to help you decide if this is the right path for your.

11.00am **Foundation Skills with Educational Supervisors**

**Educational
Supervisors meeting
at 9am**

**One ES per FD is
required to attend the
whole day**

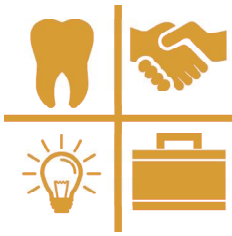
All 24 Foundation Skills Topics are required to be completed by the end of March but 12 (minimum of one from every module) should be completed by this session. You will be paired with another Educational Supervisor and assessment of you completed foundation skills will be a shared exercise. Your personal standard will be discussed and the additions/deletions discussed. These changes will need to be made prior to final submission of all 5 once finished at the latest in the time frame above.

Objectives

- *To understand the standard required*
- *To assess two completed foundation skills*

Learning outcomes

- *To be able to produce 5 foundation skills in time frame as above to a satisfactory standard*



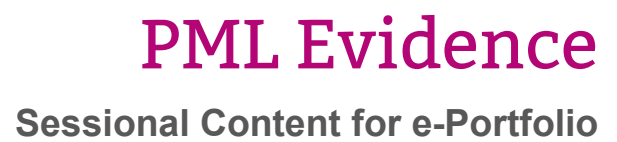
Notes

PML Evidence

Sessional Content for e-Portfolio



	Welcome and Introductions	E-PDP	Rules & Regulations	Photography	Periodontal Overview	Endodontics	Pain Diagnosis and Management
Professionalism							
Appraisal		✓		✓	✓		
Clinical audit and peer review		✓	✓	✓	✓	✓	
Confidentiality	✓	✓	✓	✓			
Ethical behaviour	✓	✓	✓	✓	✓		✓
Critical evaluation	✓	✓		✓	✓	✓	✓
Decision making	✓	✓		✓	✓	✓	✓
GDC Scope of Practice			✓	✓	✓		✓
Whistleblowing	✓		✓				
Management of difficult patients					✓		✓
Patient safety	✓	✓	✓		✓	✓	✓
Self-awareness	✓	✓	✓	✓	✓	✓	✓
Professionalism and Management							
Basic Life Support training							
Consent			✓	✓		✓	✓
Equality & Diversity							
GDC Standards	✓	✓	✓	✓	✓		✓
NHS complaints procedure			✓				
Referring patients			✓		✓	✓	✓
Management							
COSHH regulations							
Dental equipment selection, care and maintenance	✓						
Data Protection			✓	✓			
Employment contracts/associate agreements for dentists							
Employment Law basics							
Finance							
Health & Safety requirements in dentistry							
Infection control procedures							
NHS prescribing						✓	✓
NHS Rules & Regulations in Dentistry			✓				
Prescribing, directing, taking, processing and interpreting radiographs							
Range and scope of NHS dental care			✓				✓
Record keeping				✓	✓		✓
Use of emergency drugs							
Information Governance							
Safeguarding Children and Adults							
Leadership							
Facilitating learning in others	✓	✓					
Quality management and improvement	✓	✓	✓			✓	
Role model	✓						
Teamwork	✓		✓			✓	



Essex Coast Dental Foundation Training Scheme – Autumn Term 2018-2019

Speakers

Autumn Term 2018 - 2019



Mr Mohammed Chohan

Cobbins Brook Dental Practice

28 Honey Lane

Waltham Abbey

Essex EN9 3BY

☎ 01992 711199



Mr Jinesh Vighela

Cobbins Brook Dental Practice

28 Honey Lane

Waltham Abbey

Essex EN9 3BY

☎ 01992 711199



Mr Imran Sharif

Norfolk Dental Specialists

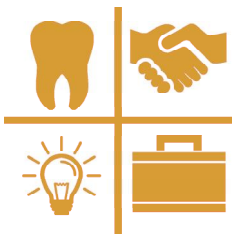
1 Victoria Street

Norwich

NR1 3QX

☎ 01603 632525





Speakers

Autumn Term 2018 - 2019



Mr Mahendran Rajeevan

Addison Dental Practice

Chadwick House

Hamstel Road

Harlow

Essex CM20 1DP

☎ 01923 231803



Mrs. Anneke Whelan

Stanstead Abbots Dental Practice

17 High Street

Stanstead Abbots

SG12 8AA

☎ 01920 877745



Mr Jason Stokes

Cathedral Street Dental Practice

10-12 Cathedral Street

Norwich

Norfolk NR1 1LX

☎ 01603 628963

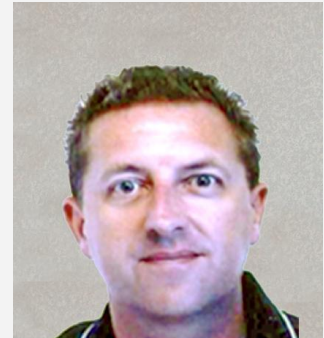
Speakers

Autumn Term 2018- 2019



Mr Stephen Denny

The Benfleet Clinic
174 High Road
Benfleet
Essex SS7 5LD
☎ 01268 755357



Dr Tushar Patel

Brickfields Dental Care
10 Brickfields Road
South Woodham Ferrers
Essex CM3 5XB
☎ 0844 576 9911



Dr Amit Patel

Brickfields Dental Care
10 Brickfields Road
South Woodham Ferrers
Essex CM3 5XB
☎ 0844 576 9911





Calendar 2018-2019

2018

Friday 7th September **First Day of Autumn Term**

Study Day at Basildon Hospital Education Centre.

Thursday 13th and Friday 14th September

Residential Course for Trainees at Orsett Hall.
Educational Supervisors to be present from 10am on Friday 14th September

Friday 26th October

Early Stage Review Interviews

Friday 30th November **Last Day of Autumn Term**

First 12 Topics of Foundation Skills to be marked.

Educational Supervisors present from 9am

2019

4th January - 1st February

Practice Mid Year Visits - dates and time to be arranged.

Thursday 7th February **First Day of Spring Term**

Friday 22nd March

Audit presentation day.

ESs present all day from 9.30am

Friday 12th April **Last Day of Spring Term**

Easter Break

Friday 3rd May **First Day of Summer Term**

Second 12 Topics of Foundation Skills to be submitted prior to this date

Friday 6th July **Last Day of Summer Term**

Case Presentation Day.

ESs present all day from 9.00am