

Core Psychiatry Training ARCP Decision Aid

Mandatory Documents for ALL ARCPs:

1. Clinical Supervisor Report (Post 1)
2. Clinical Supervisor Report (Post 2)
3. Educational Supervisor Report
4. Form R Part B

All forms **must** be signed by supervisors and trainee (where applicable) and uploaded onto the online portfolio prior to the ARCP, with the exception of the Form R, which must be sent via email to the LETB. Failure to submit any of the above on time **will** lead to an automatic **outcome 5**

Important Notes on WPBAs': (Refer to Appendix 1 for detailed guidance)

The numbers given below are only the bare minimum. Just doing those is unlikely to meet all the requirements of the [Core curriculum](#). Trainees are expected to repeat WPBAs till competent, to provide evidence of achievement of all curricular competencies, using a range of patients and assessors. WPBAs should be spread throughout the training year to evidence consistent engagement in training and progression through the year. Please copy free text comments by your assessors on to the Educational Supervisor report

Reference:

- [Core Training for CT1 -3 Curriculum](#)
- [Gold Guide \(5th Ed; 2014\)](#) – refer to page 66 – 70 for ARCP outcome guidance

CT1 (Core Training Year 1):

Minimum WPBAs required:

- ACE : 2 during the year (at least 1 during a six months placement)
- MiniACE: 4 during the year (at least 2 per six months placement)
- CbD: 4 during the year (at least 2 per six months placement)
- MiniPAT: 2 rounds during the year
- CBDGA: 2
- CP: 1
- JCP: 1

CT2 (Core Training Year 2):

Minimum WPBAs required:

- ACE : 3 after the last ARCP (at least 1 during a six months placement)
- Mini ACE: 4 after the last ARCP (at least 2 per six months placement)
- CbD: 4 after the last ARCP (at least 2 per six months placement)
- MiniPAT: 2 rounds during the year
- CBDGA: 2 if not completed during CT1
- SAPE: 1 or evidence of continued engagement in CBDG
- CP: 1
- JCP: 1

CT3 (Core Training Year 3:**Minimum WPBAs required:**

- ACE : 3 after the last ARCP (at least 1 during a six months placement)
- Mini ACE: 4 after the last ARCP (at least 2 per six months placement)
- CbD: 4 after the last ARCP (at least 2 per six months placement)
- MiniPAT: 2 rounds during the year
- CP: 1
- JCP: 1

Confirmation of Psychotherapy Competencies by the Psychotherapy Tutor, including 2 cases in 2 different modalities and duration:

- long therapy case (more than 20 sessions)
- short therapy case (12 - 20 sessions)

Audit/ Quality Improvement Project Requirement:

- Two completed audits by the end of CT3

Satisfactory Outcomes:

Year	Provision	Outcome Recommended
CT1	All satisfactory reports, portfolio and WPBAs	Outcome 1
CT2	All satisfactory reports, portfolio and WPBAs	Outcome 1
CT3	Satisfactory reports, portfolio, WPBAs, psychotherapy competences and MRCPsych	Outcome 6

Other common Unsatisfactory Outcomes: (Refer to Appendix 2 for detailed guidance)

Outcome 2: Need to develop some specific competencies, additional time not required

Outcome 3: Inadequate progress, additional training time required to meet requirements

Outcome 4: Released from training, with or without specific competencies

Outcome 5: Incomplete evidence presented,

Successful completion of Core Training:

By the end of CT3 trainees must

- Obtain a pass in all sections of the MRCPsych Examination and
- Achieve all core competencies before they can be considered to have successfully completed/exited Core Training.

An ARCP **Outcome 6** will be issued to trainees if all the above requirements/competencies are met.

If unsuccessful even after a 6 months remedial period the trainee will be released from core training with **Outcome 4**

Trainees who leave core training without achieving the core competencies or passing all sections of the MRCPsych Examination can still undertake the Examinations and complete any outstanding competencies whilst in a non-training post subject to relevant guidelines