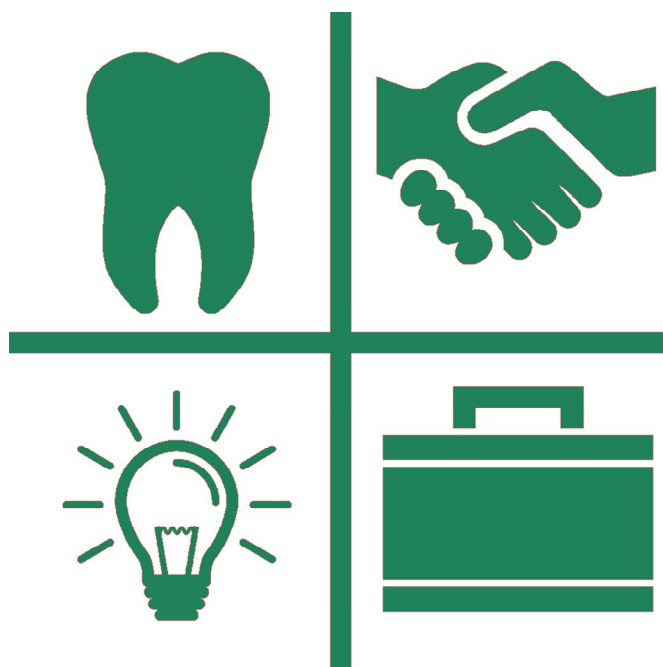


Bedford Dental Foundation Training Scheme

Summer Term Programme 2017 - 2018



Developing people
for health and
healthcare



Bedford Dental Foundation Training Scheme

Learning and Education Centre

Bedford Hospital (South Wing), Amphill Road,

Bedford. MK42 9DJ

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Summer Term

Venues and Subjects



Friday 4th May

Implants in General Dental Practice

Treatment Planning or is it Patient Planning?

Southway Training Suite

Thursday 10th May

Life after Foundation Training

Friday 11th May

Interview Skills.

Wyboston Lakes, St. Neots

Friday 18th May

No Day Release Course

Friday 25th May

What Next in Practice.

Advanced Treatment Planning

Learning and Education Centre, Bedford Hospital

Friday 1st June

No Day Release Course

Friday 8th June

A Visit to the BDA.

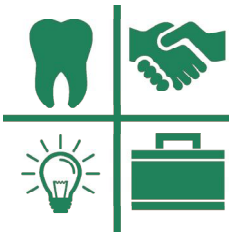
BDA Headquarters, Wimpole Street, London

Friday 15th June

Keeping Account

“The most important thing I have learned this year”

Southway Training Suite



Summer Term

Venues and Subjects

Thursday 21st or

Friday 22nd June

Personality Preferencing

Learning Centre, Peterborough City Hospital

Friday 29th June

Clinical Prosthetics - is there Another Way?

Audit Project Review“

Southway Training Suite

Friday 6th July

Case Presentations

Was it all worthwhile? An end of course assessment for both Educational Supervisors and Foundation Dentists.

Learning and Education Centre, Bedford Hospital

During each day some time will be set aside for problem solving and journal review

Important Dates and Deadlines

Clinical Audit Submission	Friday 22nd June 2018
Clinical Audit Presentation	Friday 29th June 2018
Case Presentation	Friday 6th July 2018
Final Review of Competency Progression (FRCP)	Friday 13th July 2018



Morning Session

CPD = 3 Hrs

09.30

Implants in General Dental Practice.

Mr. Minesh Patel

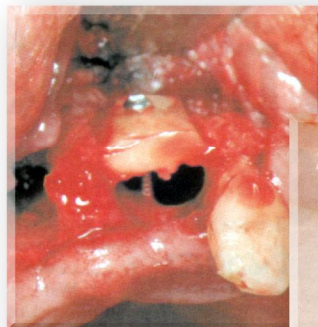
General Dental Practitioner

Implants are being used more and more in dentistry. What was, just a few years ago, an experimental technique with unknown prognosis, is now becoming a branch of mainstream dental practice. Today we plan to look at the history of the use of implants and to learn more about the various systems available. We shall look at simple treatment planning so that we have an idea of patient suitability and learn how to select patients for treatment.

Another area we shall cover is that of Medico Legal responsibility and also what to do if things go wrong. We shall also discuss training pathways to develop skills in implantology.

Learning outcomes

- A greater understanding of the indications and contra indications for the use of dental implants.
- A deeper knowledge of the methods, techniques and systems for implant placement in use today.
- Greater knowledge and understanding of the requirements for implant maintenance in general dental practice, for the benefit of our patients.
- An introduction to training pathways in implantology.





Friday 4th May

Southway Training Suite

Afternoon Session

CPD = 3 Hrs

13.30 Treatment Planning - or is it Patient Planning?

Mr. Simon Oldham.

General Dental Practitioner

Treatment planning is not an exact science, it is an expression of experience and knowledge in response to a perceived clinical situation. Each of us may see a problem in a manner that is different from our colleagues. Each of us will have different solutions to the problems. What we actually end up doing for our patients, once the treatment plan has been formed, will differ for each of us.

Yet for our patients their final appearance is often paramount to their concerns. How can we adapt our own processes to provide patients with the outcomes they wish and yet achieve the dental stability and health that is necessary.

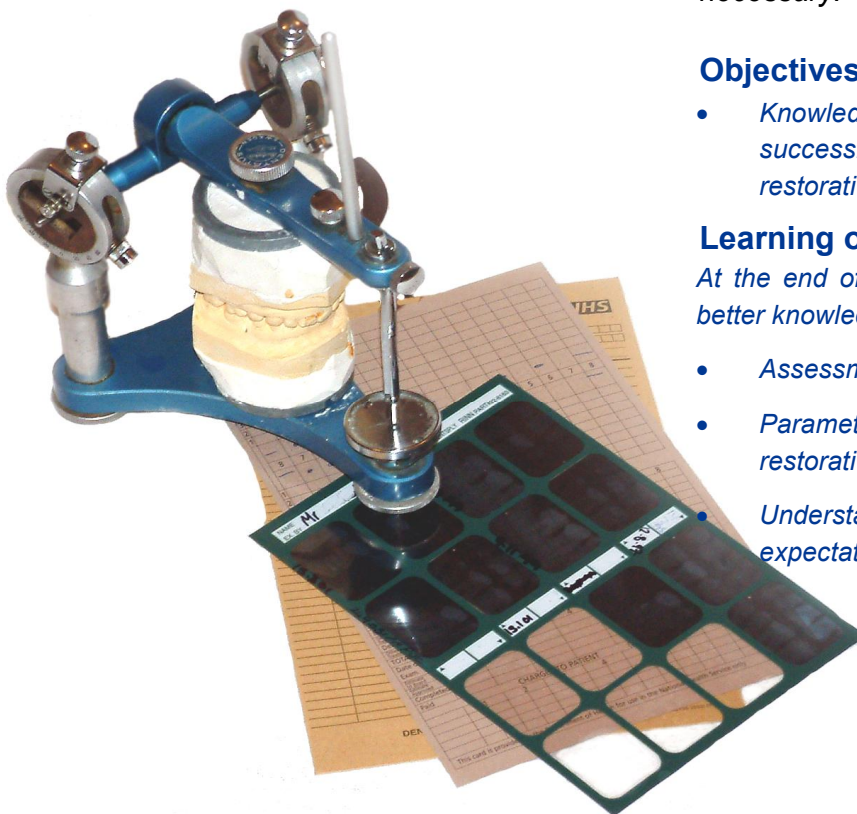
Objectives

- Knowledge of the parameters behind successful aesthetic outcomes for dental restorative work.

Learning outcomes

At the end of the session participants will have a better knowledge of knowledge and experience of:

- Assessment of dental appearance
- Parameters for successful aesthetic design of restorative procedures
- Understanding of addressing patient expectations.



12.30 Lunch

Thursday 10th May

Wyboston Lakes, St. Neots



Welcome to Wyboston Lakes

This is a residential course for the Bedford, Peterborough and Stevenage Dental Foundation Training Schemes..

This is a residential course for the Bedford, Peterborough and Stevenage Dental Foundation Training Schemes.

Registration is from 09.00-09.15

Twin room accommodation has been arranged at Wyboston Lakes for the evening of Thursday 11th May 2017.

You will need smart casual clothes for the day sessions and evening.

For the Dentathlon you will need sportswear which you are happy to get muddy and /or dirty.

This residential will be focusing on two main areas:

The transition from DFT to life in practice

Mental health and dental phobias



Thursday 10th May

Wyboston Lakes, St. Neots

Wyboston Lakes is situated 18 miles west of Cambridge, close to the A1/A428 interchange on the Bedfordshire / Cambridgeshire border and within one hour's drive of London and the Midlands.

By Road from North or South

Leave A1 at A428 junction (signposted Cambridge) just south of St. Neots. From North, take third exit at roundabout. From South, take fourth exit at roundabout (back towards A1). Flags mark the entrance to Wyboston Lakes.

By Road from West

From Bedford and M1, take A421 (signposted Cambridge). Join A1 North and leave at A428 junction (signposted Cambridge). Take fourth exit at roundabout (back towards A1). Flags mark the entrance to Wyboston Lakes.

The Willows Centre
Wyboston Lakes Hotel
Great North Road
Wyboston, Beds
MK44 3AL

Distance to from M25/A1 interchange
to Wyboston: 39 Miles - 60 Minutes

Please take note of the many variable
speed limits....



Friday 11th May

Wyboston Lakes, St. Neots



Thursday Sessions

CPD = 6 Hrs

09.30

Life after Foundation Training.



The Dental Defence Union Hempsons Humphrey & Co Medical Money Management

This programme aims to provide you with career advice about becoming an associate and how to be more involved in the running of a successful and customer-focused practice.

Objectives

- *To Explore the dento-legal and ethical dilemmas - the challenges dentists face everyday.*
- *To discuss business finance - selecting, purchasing and running a successful practice - when you're ready.*
- *To look at legal issues - self-employed contracts and where to get practical help and advice.*
- *To consider career options - the routes available and how you can plan for them: working as an associate in a practice, what to look for and avoid*

You will be working in two groups with members from each scheme. There will be a variety of talks from our specialist speakers

09.30	Introduction from DDU
09.45	Session One
10.45	Break
11.15	Session Two
13.15	Lunch
14.15	Session Three
15.15	Session Four
16.00	Plenary
16.30	Close

Learning outcomes

- *To have a greater understanding of ethical challenges faced by associates and how to manage these*
- *To appreciate the financial structures underpinning a successful practice*
- *To understand the relevance and application of employment law in an associate position*
- *To have a greater awareness of career pathways and how you will start to develop your own career pathway*



Friday 11th May

Wyboston Lakes, St. Neots

 **Evening Session**

CPD = 0 Hrs

Bedford, Peterborough and Stevenage Dentathlon



Whilst we prize intelligence, manual dexterity, communication skills and perfectionism in our profession, there are occasions when brawn and not brain are important.

To balance the intellectual rigours of the residential, the schemes will have the opportunity to demonstrate their physical prowess by competing against one another in a variety of sporting events.

These events will provide an opportunity for all FDs to participate.

Each scheme will present an opening haka. This does require teamwork and preparation and your TPD can advise you further.

Rules of combat

- No cheating. No bad language. No fighting..
- The decision of the referee is final.
- Suitable clothing must be worn —sportswear, trainers and thin gloves (optional but advised). *Failure to do this will result in a points penalty for your team.*
- If you have any medical conditions which would prevent you from participating, please mention these to your advisor PRIOR to the residential. All information will be strictly confidential.
- In the event of bad weather, we will be having a quiz challenge exploring the worlds of dentistry, the banal and beyond.....
- The winning team will be presented with the coveted Super Seven Cup.

Friday 11th May

Wyboston Lakes, St. Neots



Morning Group A - Afternoon Group B

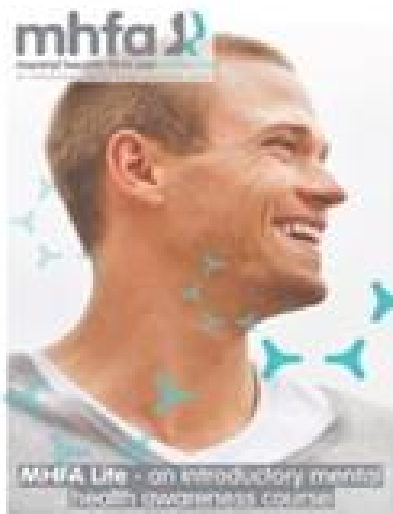
CPD = 3Hrs

09.30

Mental Health First Aid Lite

Mrs. Ceri Whybrow

Mental Health Trainer



Mental health issues are becoming more prevalent. There is prejudice and stigma associated with it.

Illness is indiscriminate and affects both our patients and our profession. How can we recognise symptoms? What should we do and how can we best support our patients and colleagues?

This introductory course is designed to explore the current issues surrounding mental health, to raise your awareness and improve your ability to support those in need.

Objectives

- Gain a wider understanding for themselves and others, of some issues surrounding mental health
- Gain a greater understanding of how and why positive and negative mental health affect business
- Work more effectively with people experiencing mental health problems

Learning Outcomes

By the end of the course participants will be able to:

- Identify the discrimination surrounding mental health problems
- Define mental health and some mental health problems
- Relate to people experiences
- Help support people with mental health problems
- Begin developing a business case for promoting positive mental health in the workplace
- Look after their own mental health better



Friday 11th May

Wyboston Lakes, St. Neots



Morning Group B - Afternoon Group A

CPD = 3Hrs

09.30

Dental Phobia



Mrs. Margaret Jordan

Psychotherapist

Lots of our patients say they are nervous, anxious or even phobic. What do these terms really mean?

What strategies can you employ to help these patients and improve outcomes? When should you refer and what services are available to support the patients.?

In this session you will explore the physiological and psychological changes which underpin these states. You will see demonstrations of techniques and be able to try some simple calming techniques on each other..

Objectives

- *To understand the differences between nervous ,anxious and phobic patients*
- *To explore the physiological and psychological basis underpinning behaviours*
- *To learn about different therapies, external support available and referral*
- *To witness and practice some basic calming techniques*

Learning Outcomes

- *To have a greater understanding of anxious and phobic patients*
- *To be able to describe some practical strategies to help phobic patients*
- *Knowledge of the referral pathways*
- *An appreciation of the treatment and support available from psychological services*

Friday 25th May

Learning and Education Centre, Bedford Hospital



Morning Session

CPD = 3 Hrs

09.30 **What Next in Practice.**

Mr. Richard Elvin.
General Dental Practitioner

The 2006 NHS General Dental Services contract controls greatly the way in which practices are organised and funded. Finding a place in a practice is now subject to approval from NHS England, unless there is to be a total reliance on non NHS dentistry. Today we shall look at how the arrangements work as an associate in practice. What should we be looking for as we move to a new practice? How will we get paid as an associate? What things should be written into a practice agreement? What is going to protect us—whether we are providers or performers.

Objectives

- Learning about the opportunities available for working in general dental practice when moving onward from Foundation Dentist status.

Learning outcomes

- A better knowledge of the rules and procedures involved in the General Dental Services regulations.
- A better understanding of what to look for when looking for a position in a practice.

12.30

Lunch





Friday 25th May

Learning and Education Centre, Bedford Hospital

Afternoon Session

CPD = 3 Hrs

13.30

Treatment Planning - Advanced Cases

Mr. Victor Gehani.

General Dental Practitioner

In general dental practice we aim to be able to provide care and treatment for all of the patients who come to our practices. Each patient presents with their own dental history and dentition. No one pattern of treatment is going to provide the right care for everyone. We need to plan our treatments according to the patients' needs and wishes within the established criteria of normal treatment, and within a sound evidence base. Each of us will probably produce treatment plans which are based on similar information and knowledge, but very often our own experiences and skills can influence this planning process.

Today we shall look at cases and try to provide treatment plans with a focus on indirect restorations. When, why, how and where are questions that we often apply to the provision of crowns, onlays and bridges. Examining cases and discussing alternative plans may help us to cope better in these circumstances.

Learning outcomes

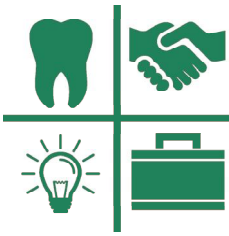
- *A better understanding of treatment planning.*
- *An ability to reflect better understanding and skill by means of improved performance for our patients.*



Friday 1st June



No Study Day



Friday 8th June

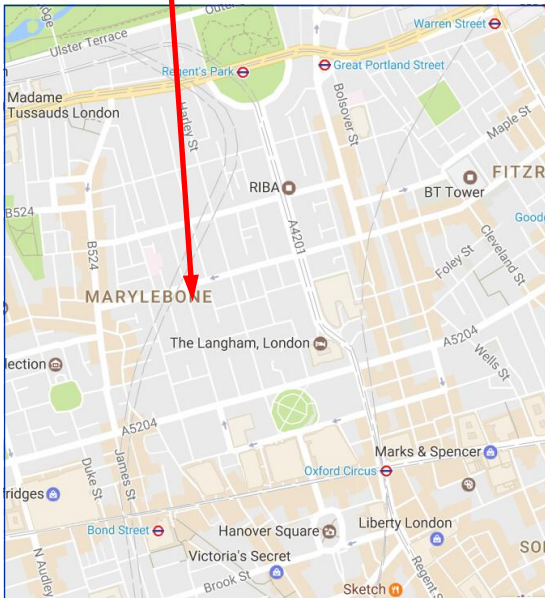
British Dental Association

Morning and Afternoon Sessions

CPD = 6 Hrs

09.00 A visit to the British Dental Association

**British Dental Association,
64 Wimpole Street,
London. W1G 8YS**



The BDA is not only our Trade Union, but is also our Professional Society. What can the BDA offer us? Now is the chance to find out.

When this year finishes, to continue in general dental practice will involve a different form of employment. Many will work within an established practice as an 'Associate'. What is an Associate and what sort of rules govern their way of life? What alternatives are there? What are the snags and the pitfalls? Part of this day will be spent exploring the options open to us. We shall also spend time looking at the role of the GDC in regulating us as professionals. This also will be related to our understanding of the NHS Regulations

The British Dental Association also holds one of the largest dental libraries in the United Kingdom. In fact it is more than a library, it is an Information Centre. Today we shall have a chance to see what is available, and to learn how to access the information contained here.

Learning outcomes

- *A better knowledge of the role of our representative Professional Body, and a better understanding of how it can help us.*
- *A better knowledge of associateship contracts to be used in general dental practice.*
- *A greater understanding of the role of the GDC, and how it may affect us, together with a fuller knowledge of the NHS regulations in Primary Dental Care.*
- *A knowledge of the help available to us from the Resource Centre.*

12.30 Lunch

16.30 Close



Friday 15th June

Southway Training Suite



Morning Session

CPD = 3 Hrs

09.30 Keeping Account

Mr. John Penasa.

S. McCombie and Co. - Accountants.

Organisation of financial affairs is very important in General Dental Practice, What needs to be recorded, and how on earth do we do it? How long do we keep these records? What happens with Income tax? Self Assessment of Income Tax liability is something which has now been with us for several years. Soon most of us will be self employed, and instead of PAYE doing the work for us, Self Assessment will appear. What happens to the Tax Return? What steps do we have to take at the present? What will we need to do in the future? From where do we get help?

Learning outcomes

- An understanding of how self assessed taxation works in the UK.
- Knowledge of the steps we shall have to take, and the records we shall need to keep.
- An understanding of financial control within practice life.
- A knowledge of methods of keeping correct financial records.



12.30 Lunch



Friday 15th June

Southway Training Suite

Afternoon Session

CPD = 3 Hrs

13.30

“The most important thing I have learned this year” .

Foundation Dentists.

In this session everyone will give a PowerPoint presentation to the rest of the group. The theme of this presentation is “The Most important thing I have learned this year” which can be interpreted in any way which is felt ‘right’. This means reflecting upon all that has happened during the DFT year, and considering the changes which have happened in our practising skills and attitudes.

This session is also meant to give everyone a chance to display and practice our PowerPoint skills learned during the year and to help everyone feel comfortable when presenting to the group: - a preparation for the case presentations at the end of the year.

Learning outcomes

- Greater experience of preparation for and delivering presentation to one’s peers.
- Greater knowledge of the growth and development of one’s peer group.



Thurs 21st or Fri 22nd June

The Learning Centre, Peterborough City Hospital



Morning Session

CPD = 3 Hrs

09.30 **Personality Preferencing**

Cascade Group

PERSONALITY TYPES

Does it ever seem that even though you're speaking in English with someone, it feels like you're talking a different language? They just don't get what you are saying and you just don't get them. Either they talk too much, too little, too vaguely or too black and white. Their reasoning doesn't seem to make sense or they just don't seem to take people into consideration. And don't talk to me about the ones who leave things to the last minute or those who have made up their mind before you have even had a chance to think about it!

Using a thoroughly researched and substantiated model of personality we will explore the similarities and differences between us and ways to maximise our interactions with others. In essence we'll learn to speak their language.

Well, none of this is random. There is a lot of solid science (and practical experience) behind why interactions go wrong - or right.

All this is done with our usual degree of interaction, sketches, solid information and fun.

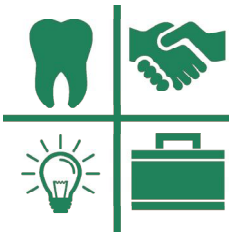
During this workshop we will give you the tools to:

- *communicate even more efficiently*
- *understand how others think and feel*
- *be more aware of how people make decisions*
- *motivate someone*
- *stay energised*

The benefits to you are:

- *insight into others*
- *less stress*
- *better communication*
- *fewer conflicts*
- *fewer complaints*
- *more influence*





Thurs 21st or Fri 22nd June

The Learning Centre, Peterborough City Hospital

Afternoon Session

CPD = 3 Hrs

14.30

Personality Prefencing Part 2

The benefits to you are:

- *insight into others*
- *less stress*
- *better communication*
- *fewer conflicts*
- *fewer complaints*
- *more influence*

Learning Objectives

- *To understand different personality types including your own*
- *To realise how your personality may influence you interactions with others*
- *To recognize the importance and implications of managing different sorts of people*
- *To explore your communication skills*

Learning Outcomes

Greater self awareness

Improved communication with patients and the dental team

Strategies to manage different types of patients more effectively





Morning Session

CPD = 3 Hrs

13.30 **Clinical Prosthetics - is there Another Way?**

Mr. Kevin Chau
General Dental Practitioner



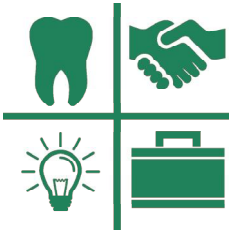
Prosthetic work in general practice can prove very difficult for some people. The range of denture problems that may be encountered is enormous, and much patience and skill is demanded. There is no doubt that experience does help enormously, but nevertheless, there are many techniques that can be used in practice that are rarely discussed within Dental School. Rebuilding and refurbishing of existing dentures is sometimes the only way forward for some patients, yet the techniques to do this need to be learned. Likewise, good communication with the dental Technician is an essential part of the process.

Learning outcomes

- Discussing some of the ways in which our prosthetic skills can be extended and enhanced within general dental practice,
- Gaining the knowledge to bring a higher standard of prosthetic care to our patients.
- Comparing and assessing individual clinical prosthetic skills and knowledge with those of one's peers.



12.30 **Lunch**



Friday 29th June

Southway Training Suite

Afternoon Session

CPD = 3 Hrs

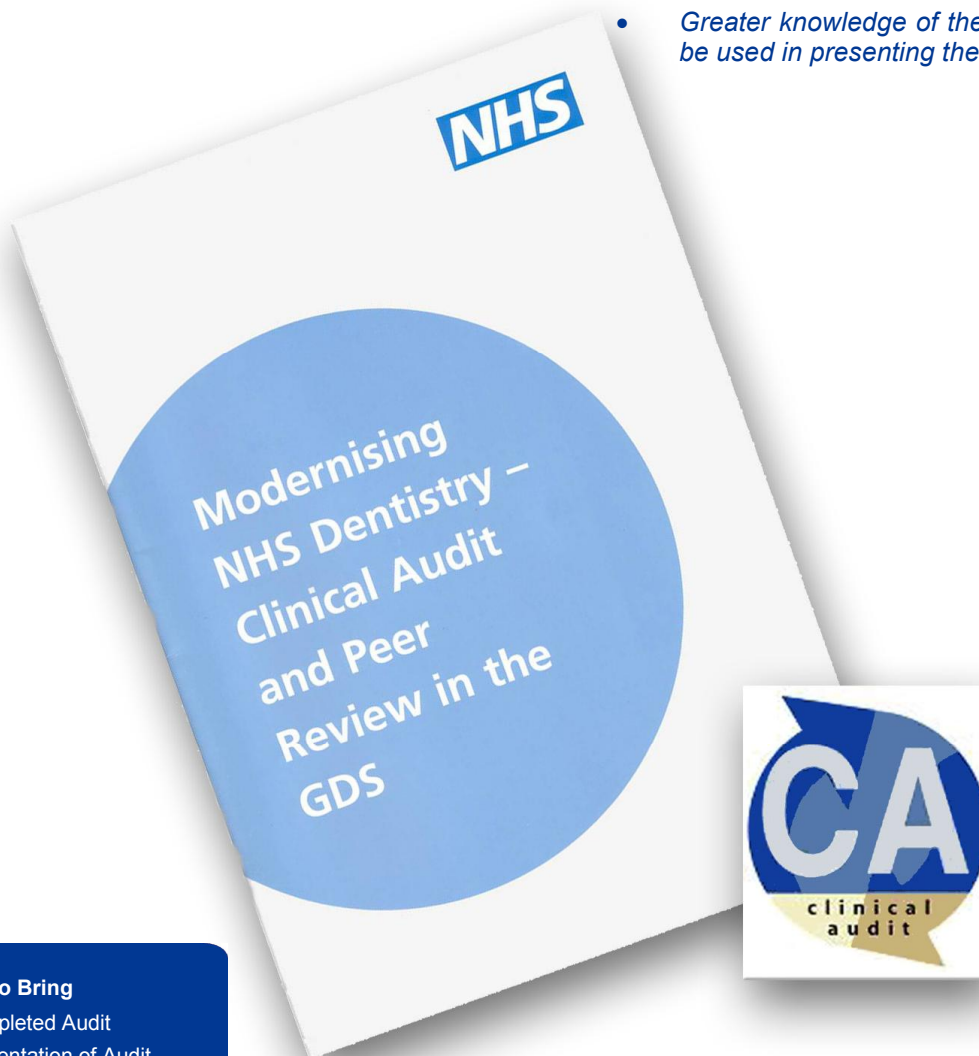
13.30 **Clinical Audit Project Review.**

Foundation Dentists.

Everyone within the group has undertaken a Clinical Audit project and submitted it. Today we have a chance to review the outcomes of all of the audits and to see what we have gained from the process.

Learning outcomes

- *An understanding of the realities of audit within practice.*
- *Greater knowledge of the techniques that can be used in presenting the results of an Audit.*



Things to Bring

- Completed Audit
- Presentation of Audit



Morning Session

CPD = 3 Hrs

09.30 Case Presentations

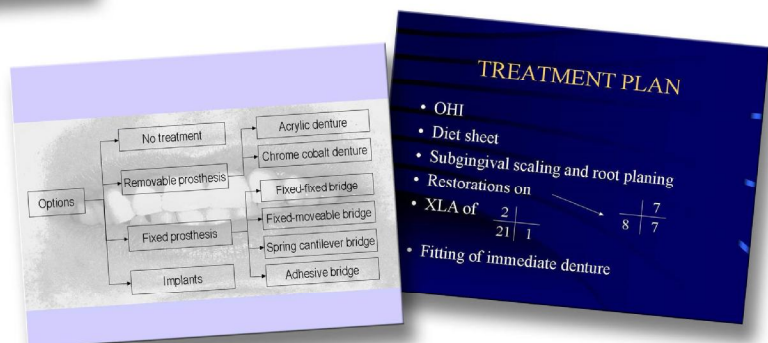
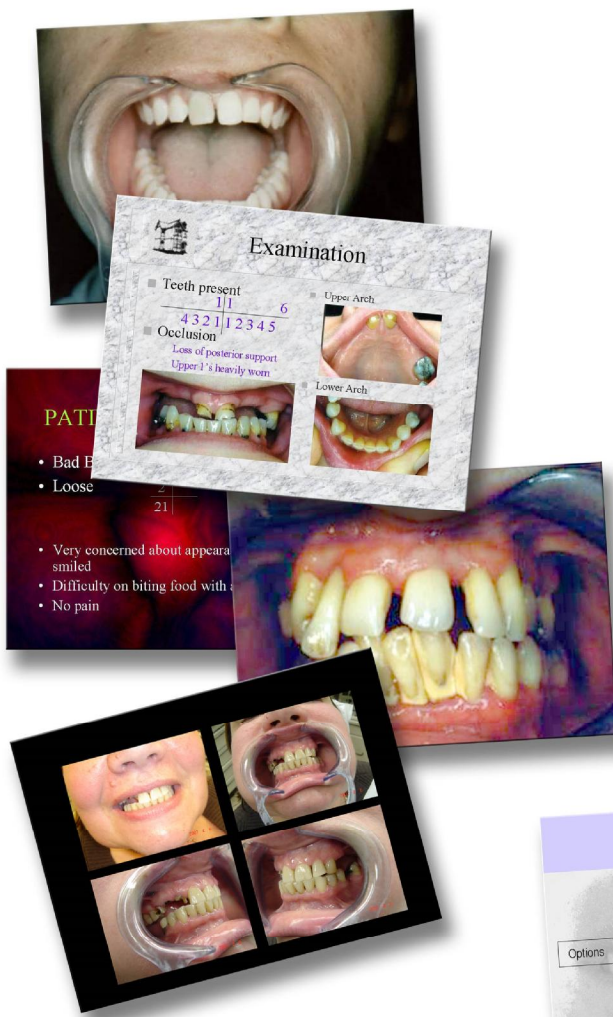
Foundation Dentists.

Today's case presentation session is the last of our Dental Foundation Training year. This is a session to allow you to 'show off' a case that you have been particularly pleased with. Alternatively you may wish to present a case that has been a failure and from which you have learned a lot.

The Educational Supervisors will be present during the day and will be adding to the general discussion of each case.

Learning outcomes

- A better greater understanding of the place and context of one's own concepts of dental treatment.
- A better understanding of our own skills and competencies in relation to our peers.
- Better understanding of and reflection upon our own clinical skills and competencies.



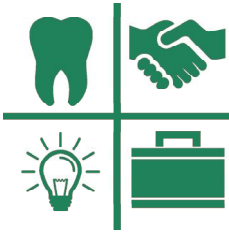
TREATMENT PLAN

- OHI
- Diet sheet
- Subgingival scaling and root planing
- Restorations on
- XLA of $\frac{2}{21} \mid \frac{7}{8}$
- Fitting of immediate denture

12.30 Lunch

Things to Bring

- Completed Case Presentation



Friday 6th July

Learning and Education Centre, Bedford Hospital

Afternoon Session

CPD = 3 Hrs

13.30 Case Presentations (continued)

Foundation Dentists.

13.30 Was it all worthwhile? An end of course assessment.

Foundation Dentists and
Educational Supervisors

An open forum discussion of our year in Dental Foundation Training will hopefully allow each of us to put the whole process in perspective. For some of us it may be an opportunity to say what has gone well, and why they would do it again. Others may wish to point out pitfalls and problems so that future FDs will benefit.

Learning outcomes

- A deeper understanding of our own growth of personal skills and experience.
- A better appreciation of the diversity of professional and clinical opinion.
- A greater understanding of many dental problems and conditions.



PML Evidence

Sessional Content for e-Portfolio



x

	Implants	Treatment Planning	Transition from DFT	Mental health	What Next	Treatment Planning	BDA	Accountancy	Most Important
Professionalism									
Appraisal	✓	✓	✓		✓	✓	✓	✓	✓
Clinical audit and peer review	✓	✓	✓		✓	✓	✓	✓	✓
Confidentiality	✓	✓	✓	✓	✓	✓	✓	✓	
Ethical behaviour	✓	✓	✓	✓	✓	✓	✓	✓	✓
Critical evaluation	✓	✓	✓	✓	✓	✓	✓	✓	✓
Decision making	✓	✓	✓	✓	✓	✓	✓	✓	✓
GDC Scope of Practice	✓	✓	✓		✓	✓	✓	✓	✓
Whistleblowing			✓		✓		✓	✓	✓
Management of difficult patients	✓	✓	✓	✓	✓	✓	✓		✓
Patient safety	✓	✓	✓	✓	✓	✓	✓		✓
Self-awareness	✓	✓	✓	✓	✓	✓	✓	✓	✓
Professionalism and Management									
Basic Life Support training									
Consent	✓	✓	✓	✓	✓	✓	✓		✓
Equality & Diversity	✓	✓	✓	✓	✓	✓	✓		
GDC Standards	✓	✓	✓		✓	✓	✓	✓	✓
NHS complaints procedure	✓	✓	✓		✓	✓	✓		✓
Referring patients	✓	✓	✓	✓	✓	✓	✓		✓
Management									
COSHH regulations									
Dental equipment selection, care and maintenance									✓
Data Protection				✓					✓
Employment contracts/associate agreements for dentists									
Employment Law basics			✓		✓		✓		
Finance			✓		✓		✓		
Health & Safety requirements in dentistry			✓		✓		✓		
Infection control procedures	✓	✓	✓		✓	✓	✓		
NHS prescribing	✓	✓	✓		✓	✓	✓		✓
NHS Rules & Regulations in Dentistry	✓	✓	✓		✓	✓	✓		✓
Prescribing, directing, taking, processing and interpreting radiographs	✓	✓	✓		✓	✓	✓		✓
Range and scope of NHS dental care	✓	✓	✓		✓	✓	✓		✓
Record keeping	✓	✓	✓		✓	✓	✓		
Use of emergency drugs									
Information Governance			✓		✓		✓		
Safeguarding Children and Adults			✓	✓	✓		✓		
Leadership									
Facilitating learning in others									
Quality management and improvement	✓	✓	✓		✓	✓	✓		✓
Role model	✓	✓	✓		✓	✓	✓	✓	✓
Teamwork	✓	✓	✓	✓	✓	✓	✓	✓	✓
GDC Domains									
A	✓	✓		✓		✓	✓		✓
B	✓	✓	✓	✓	✓	✓	✓	✓	✓
C	✓	✓	✓		✓	✓	✓		✓
D	✓	✓	✓	✓	✓	✓	✓	✓	✓

Speakers

Autumn Term 2017 - 2018



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W1M 8AL
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Mr. Kevin Chau

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Mr Victor Gehani

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SG2 9RE
☎ 01438 351556



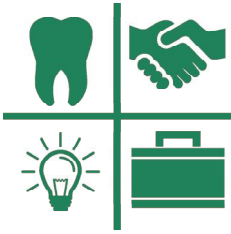
Richard Elvin



Simon Oldham



Victor Gehani



Speakers

Autumn Term 2017 - 2018

Kevin Chau



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Calendar 2017 -2018



2018

Friday 4th May **First Day of Summer Term**

Thursday 10th to Friday 11th May

Residential Course, Wyboston

Friday 22nd June **Submission of Clinical Audit**

Friday 6th July **Last Day of Summer Term**

ESs present all day from 10.00am.

Friday 13th July **FRCP Panel Meeting**

Thursday 31st August **End of Dental Foundation Training**