Paediatric Training at Bedford Hospital

Welcome to Bedford

The county town of Bedford is in one of England’s smallest counties, flanked east and west by tourist hotspots like Oxford and Cambridge and just a 35 minute train journey from central London. Renowned as having one of the finest riverside settings in the country.
Living in the area

Bedford has a varied selection of accommodation for rent or purchase, both in rural and urban surroundings. Schooling and education are prominent features in Bedford. The University of Bedfordshire has a campus in the town; Bedford College also offers a comprehensive range of courses. Cranfield University is located in the local area. The hospital is situated within walking distance of the town centre.

Bedford and several villages to the north are situated on the River Great Ouse, which is a very attractive feature of the area. The river is an important feature and provides a focus for a very strong rowing community and Bedford River Festival held every two years, a large free outdoor event.

The area is well provided for sport, leisure and cultural activities including Bedford International Athletic Stadium, five golf courses, three rowing clubs, Bedford Rugby Club, Bedford Town Football Club and several swimming pools. The world-famous Philharmonic Orchestra has a residency at Bedford Corn Exchange, where it performs eight concerts each year, as well as involvement in educational activity in schools and the local community.

For further information visit:
http://www.bedford.gov.uk/leisure_and_culture/tourism_and_travel.aspx
Bedford Hospital was erected on the site of the Bedford General Infirmary. The Infirmary was originally opened in 1803 providing accommodation for 38 patients. The hospital was financed from money left by Samuel Whitbread of Cardington.

The hospital was later renamed Bedford General Hospital (South Wing) and in conjunction with Bedford General Hospital (North Wing), a hospital of 220 beds, formed Bedford General Hospital, providing a district hospital service for north Bedfordshire.
Bedford Hospital has continued to expand with extensive redevelopment and new builds. The Hospital was delighted to be named the country’s most improved hospital following the Government’s review of health services. It has been a top 40 CHKS hospital for the last 7 years and has received gold standard status for cleanliness and catering.
Riverbank Ward

The department of Paediatrics is housed within the Cygnet Wing, a purpose built maternity and paediatric unit which opened in 1996. The consultant and midwife led maternity service deliver over 3000 deliveries a year. The Accident and Emergency Department sees more than 16000 children each year. All the paediatric services including the Outpatients and neonatal services are under one roof in very pleasant surroundings. The unit also has an enclosed garden and a play room. The children’s ward comprises 11 surgical, 9 CAU beds, 14 cubicles (6 with en-suite) and an Ambulatory Care area. The shortest possible stay for inpatients is encouraged and has grown into an innovative model of appropriate care for children and their families.
Meadowbank Ward

This is a Special Care Unit (level 1 neonatal unit) with highly skilled and dedicated staff led by two consultants with an interest in neonatology. The modern unit has 12 cots and is very well equipped. There is a team of community nurses to assist early discharge of babies from the neonatal unit.

The unit continues to have the potential to operate at level 2; it operates within the neonatal network and links with the Level 2 unit in East and North Hertfordshire and the Level 3 unit at the Luton & Dunstable Hospital. We admit babies up to 30 weeks of gestation but we also help to stabilise babies born at lower gestations quite frequently to be transferred to a tertiary unit.
Outpatient Clinics

We have regular general outpatient clinics. We also have many specialist clinics including diabetes, endocrinology, cardiology, CF, syncope, audiology, epilepsy, infant clinics, rapid access, allergy, Haematology, rheumatology etc. We have visiting specialists from Great Ormond street Hospital, Addenbrooke’s Hospital and St. Mary’s Hospital (London).
The Pediatric medical team

We are a small but an extremely friendly team and we strive to provide training based on the doctors’ capabilities and interests. You would be supported throughout your training period by experienced consultants. There are plenty of opportunities to learn general paediatric care as in a medium sized DGH and also lots of specialist clinics to attend if interested.

The consultants in acute paediatrics are:

- Dr O Kwapong (Named Doctor for Safeguarding Children and Young People)
- Dr S Pradhan (Cystic Fibrosis/Oncology)
- Dr B Khetriwal (Diabetes)
- Dr P Nair (Cardiology, College Tutor)
- Dr R Arora (Clinical lead, Audiology, Epilepsy)
- Dr A Mittal (Neonatal lead)
- Dr R D Mehta (Rheumatology and Non Oncology Haematology) – Part time
- Dr P Tambe (CAU, Allergy)
- Dr Mya Mya Yee (locum Consultant, NNU)

1 Specialty Doctor: Dr Paul Deyem
**Example of tier 2 rota:**

NWD: Normal working day 9-5: either Riverbank/ Meadowbank Ward (NNU)/ Clinic/ Community;
LD- 9am-930pm;
N- 9pm to 930am

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| Wednesday | 10/08/2016 | OFF | NWD | LD | NWD | N | AL |
| Thursday | 11/08/2016 | LD | NWD | N | AL | NWD |
| Friday | 12/08/2016 | NWD | N | OFF | OFF | NWD | LD |
| Saturday | 13/08/2016 | OFF | N | OFF | OFF | OFF | OFF |
| Sunday | 14/08/2016 | OFF | N | OFF | OFF | OFF | OFF |

**Tier 2: 4 ST4+ Trainees (1 community) and 3 Senior Clinical fellows on 1:7 Rota**
Example of tier 1 rota:

You would be based on paediatric or neonatal unit or clinic or community during your day time shifts 09:00-17:00.

PM shifts are from 13:30 to 21:30.
LD is from 09:00 to 21:30
N is from 21:00 to 09:30.

Tier 1: 4 GPSTs, 2 FY2 and 2 Paediatric ST1-2 (currently junior clinical fellows/LAS) on 1:8 rota
Annual leaves are built in to rota.
Study leaves need to be applied 6 weeks in advance.
Training opportunities: to see plethora of different paediatric and neonatal cases, do many different paediatric and neonatal procedures, attend general, specialist and community paediatric clinics. Senior trainees would be encouraged to be involved in management meetings, Quality improvement initiatives, leadership training etc. All trainees are encouraged to submit abstracts, case reports, participate in research, audit and teaching medical students. We regularly host the MRCPCH clinical exams and we have plenty of exam oriented teaching on wards and clinics.
Teaching sessions & Trainee Voice:

We are proud of our teaching and learning opportunities. Our teaching days are as follows:

Mondays, Wednesday and Fridays: 1-2pm on Riverbank seminar room
Thursdays: Interesting case of week
Paediatric and Neonatal simulations done every month

Other sessions: radiology meetings, Paediatric safeguarding peer review meetings, Paediatric & Neonatal Morbidity and mortality meetings and Journal clubs

We regularly gather feedback from trainees regularly in the monthly faculty meetings

Your Trainee Representative is Dr Emily Musgrave -
emily.musgrave@bedfordhospital.nhs.uk
Some of our Trainee Comments:

* 1. “Felt well supported with lots of training opportunities”
* 2. “Plenty of opportunities for procedures, assessments and get regular feedback”
* 3. “The whole team is committed to teaching & Training”
* 4. “Outpatient Clinics exposure very useful”
* 5. “Workload is very manageable and very robust handover procedures”