Basildon

Foundation Training Scheme
for
General Dental Practice

Summer Term
7th May — 10th July 2015

Education Centre, Basildon Hospital
Basildon Foundation Training Scheme

Education Centre
Basildon Hospital, Nethermayne
Basildon SS16 5NL

📞 01268 524900 Ext 3915

Director of Dental Education

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Postgraduate Dental Administrator

Regional Advisor in General Dental Practice

Regional Dental Foundation Training Administrator

Regional Foundation Training Administrator

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Mr. Mansoor Qureshi BDS (U Lond) DGDP(UK)

Mrs. Janet Ferriter

Dr. Peter Cranfield PhD. BDS. DIC, DGDP(UK)

Miss. Elizabeth Hope

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Programme published by
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Nethermayne, Basildon, Essex SS16 5NL
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GENERAL FORMAT

The day release course will be eight hours per day with breaks for lunch (1 hour), tea and coffee as appropriate. Typically, a day will be 09.30-13.00 for the morning session and 14.00-17.30 for the afternoon session with coffee at 11.00 and tea at 15.30. A day will count as 5 hours CPD. Some days are residential at Conference Centres or hotels. These are professional Postgraduate study days and attendance of partners, relations and friends is not allowed.

MAIN TOPICS

These will be presented by speakers with an interest and expertise in this area as it relates to General Dental Practice. The majority will be presented by general practitioners some of whom will be your Trainers. There will be time at the start of each day of the course at Basildon for group problem solving.

GROUP WORK

This will involve, amongst other activities, journal discussions, problem solving, case presentations and short topics. It is your involvement that will make these sessions work.

NOTE FOR TRAINERS

Trainers are welcome to attend certain of the day-release sessions. The programme is approved under Section 63; travel and subsistence expenses are reclaimable at the current rates.

Attendance at the Trainers’ meetings is mandatory. Each session is 2.5 hours of verifiable CPD.

Please note: Training days are usually but not always on a Friday
Summer Term
Venues and Subjects

SUMMER TERM

Thursday, Friday & Saturday
7th, 8th & 9th May
BDA Conference
Manchester

Thursday and Friday
28th & 29th May
Ufford Park Residential
Ufford Park, Suffolk IP2 1QW

Friday 12th June
Occlusion
Simulation Suite, Basildon
SUMMER TERM

Thursday 18th June Bridges & Veneers

Simulation suite, Basildon

Friday 26th June End of year Review/Vital Statistics
For VDPs

B4, Education centre, Basildon

Friday 10th July Case Presentations

B2, Education Centre, Basildon

TRAINERS MEETING IN B1 AT 9am in B1
2015 British Dental Conference and Exhibition
Thursday 7th, Friday 8th and Saturday 9th May

Manchester is playing host to the 2015 British Dental Conference

The BDA’s British Dental Conference and Exhibition is taking place on 7th to 9th May at the Manchester Central Convention Complex and this is the best place to get the latest insights, new approaches and inspiration that will help you to undertake better dentistry. Hear from leading dental professionals on new techniques and pick up practical ideas you can implement, and see work, in your own practice. There will also be product launches, fantastic giveaways, a relaxation zone and an internet café. The 2015 exhibition is going to be a must-attend experience for the whole dental team.

The number of people coming along to the most established combined dental conference and exhibition in the UK has been increasing every year, and looking at what’s on offer, it is not difficult to see why.

What is the British Dental Conference and Exhibition?
- An extensive conference programme offering 3 days of varied verifiable CPD covering all aspects of dentistry.
- An exhibition with a fantastic array of companies from the dental industry reads to advise on how they can make your professional life easier and enhance your business.
- An educational exhibition featuring a Demonstration theatre and the Training Essentials theatre, both FREE to attend.
- An opportunity to get involved with and meet others in your profession.

All the Conference Pass sessions will take place in the permanent lecture theatres located within the complex including the 1,600 seat Exchange Hall and the Exchange Auditorium; a purpose built 804 seat auditorium which has state-of-the-art facilities. The Conference covers key areas of dentistry with over 60 sessions spread over the three days.
Thurs/Fri & Sat 7th, 8th & 9th May
BDA Conference & Exhibition, Manchester

DIRECTIONS TO THE MANCHESTER CENTRAL CONVENTION COMPLEX:
By road: once on the M60 exit at junction 12 and join the M602 signposted towards the city centre. Follow the A57 straight on from the end of the M602 passing under a railway bridge before taking the left hand exit to merge onto the A56 Bridgewater Way. Turn right onto Whitworth Street West at Deansgate station and then turn left onto Albion Street. The entrance to the Manchester Central car park is through the next set of traffic lights on the left, opposite The Bridgewater Hall.

Each FD will need a certificate to demonstrate 8 Hours of CPD and 2 Hours attendance at the Trade Show.

Failure to provide this certificate could delay/prevent FD completion
Thurs/Fri & Sat 7th, 8th & 9th May
BDA Conference & Exhibition, Manchester

The hotel is located beside the Manchester Central Convention Complex and on the doorstep of the city’s main shopping streets, cafes and bars. Bedroom amenities include air-conditioning, satellite TV, tea and coffee making facilities and hairdryer. Internet access is wireless in the public areas and via cable in the bedrooms (surcharge).

The hotel is 5-10 minutes walk from the MICC.

The Jury’s Inn Hotel
56 Great Bridgewater Street
Manchester M1 5LE

The Jury’s Inn Hotel
56 Great Bridgewater Street
Manchester M1 5LE
Thursday & Friday 28th & 29th May
Ufford Park, Suffolk IP12 1QW

Location maps

How to find us

By road: From Ipswich - take the A12 north bypassing Woodbridge and then turn right at the roundabout onto the A1152 to Melton. Follow this road down to the first set of traffic lights and turn left onto the B1428 towards Ufford. Ufford Park is approximately 1 mile from Melton.

By rail: InterCity line from London to Ipswich, then take the Ipswich to Lowestoft line. Disembarking at Melton, Melton train station is approximately 1 mile from Ufford Park, taxis are available.
Regional Educational Conference - Ufford Park

Attendees: Foundation Dentists—Basildon Scheme, Essex Coast Scheme, Ipswich Scheme & Norwich Scheme

<table>
<thead>
<tr>
<th>Date</th>
<th>Format</th>
<th>Timings</th>
<th>Speakers</th>
<th>Topic</th>
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</thead>
<tbody>
<tr>
<td>28th May</td>
<td>1 group session for all Foundation Dental delegates</td>
<td>10am arrival for 10.30 start</td>
<td>John Makin - The Dental Defence Union</td>
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<td>Humphreys &amp; Co Medical Money Management</td>
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<tr>
<td>28th May</td>
<td>Evening Meal (All FDs, TPDs)</td>
<td>7.30 Dinner</td>
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<td>29th May</td>
<td>3 parallel interactive sessions (approx. 15 learners per</td>
<td>9.00am start</td>
<td>Session 1 Nick Lamb</td>
<td>Session 1 Transition to Performer</td>
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<td>session, random allocation from the 4 attending</td>
<td>9.30 am - 11.15 am Session 1</td>
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<td>Foundation Dental Schemes)</td>
<td>11.15am-11.30am Coffee</td>
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<td>11.30am-1.15pm Session 2</td>
<td>Session 2 Mark Wilkins</td>
<td>Session 2 The Providers Perspec-</td>
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<td></td>
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<td>1.15pm-2.00pm Lunch</td>
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<td>2.00pm - 3.45pm Session 3</td>
<td>Session 3 Lovewell Blake</td>
<td>Session 3 Post FD Finance</td>
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Programme starts at 10.30 am so please arrive by 10.00am

Each delegate will have been randomly allocated to Group A, Group B or Group C. These groupings determine in which order you will attend each of the 3 Friday Sessions:

<table>
<thead>
<tr>
<th>Group</th>
<th>1st Session 9.30am - 11.15am</th>
<th>2nd Session 11.30am-1.15pm</th>
<th>3rd Session 2.00pm - 3.45pm</th>
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<td>C</td>
<td>3</td>
<td>1</td>
<td>2</td>
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</table>
Thursday 28th May
Ufford Park, Suffolk IP12 1QW

Morning & Afternoon Sessions

10.00am-5.30pm  **Beyond Foundation Training**
The Dental Defence Union

**Session Speakers**
John Makin  The Dental Defence Union
Humphrey & Co
Medical Money Management

**Programme aims & objectives**

This programme will provide foundation dentists with career advice about becoming an associate (performer) and how to be more involved in the running of a successful and customer-focused practice.

This session will explore the new changes facing newly qualified practitioners when they move on from the protected and monitored environment of Foundation Training.

**Learning outcomes**

Following this session delegates will be able to:

- Recognise the ethical dilemmas facing dental performers.
- Develop an effective team dynamic—vital in running a successful business
- Assess the pressures of working and construct coping strategies.
Session 1  Transition to Performer

Mr Nick Lamb

Nick works as a general dental practitioner in Woodbridge and was previously a FD trainer for 3 years in Norwich. He also works for HEEoE and is actively involved in the selection process of FD trainers, and is an assessor for FD equivalence training applications. Nick is a Dental Practice Adviser to the East Anglian Area team of NHS England and is the national secretary of the national Association of Dental Advisers and recently has been appointed as a Panel member for NICE.

Aims
To help the FD’s be prepared for the transition from employed dentist to self employed performer.

Objectives
- How to become a good performer and how to stay ethical
- To discuss the career options within general practice
- How to work with UDA’s and methods of payment
- Discuss the common pit falls and traps
- What to look for in a practice. NHS vs Private.

Learning Outcomes
- By the end of the session the FD’s will understand the principles of what makes a good performer/associate.
- The FD’s will understand what to look for when looking at practices and what to look out for.
- The FD’s will clearly understand the many methods of payments that are used in general dental practice.
Session 2 The Providers Perspective
Mr Mark Wilkins

Mark qualified from Birmingham Dental School in 1992 and has been a FD, associate, partner, sole owner and director within general dental practice. Currently he runs the Smile-style and Smiletyle Signature Dental Practices and is a director of the Nottingham Emergency Practices and is a director of the Nottingham Emergency Dental Services. A serial and current FD trainer he has also held the position of chair on the Local Dental Committee and advisor to the Primary Care Trust in Nottingham and nationally a member of the General Dental Practice Committee of the BDA. He has a specific interest in cosmetic dentistry, gingival microsurgery, and facial aesthetics and has been awarded an MSc in Clinical Periodontology. Encouraging the most from his team to deliver the best patient experience is his goal.

Aims
To make the FD learners aware of the changing dental “market place” and the needs and expectations of their future employers.

Objectives
• The changing face of the dental market.
• How to be an effective team member.
• How to become an indispensable attribute to a practice.
• Contractual obligations.
• Discuss the common pitfalls and problems with being a dental performer.

Learning Outcomes
By the end of the session:
• The FDs will recognise the changing and evolving dental market.
• The FDs will be able to describe their role and responsibilities as a performer.
• The FDs will be able to summarize the obligations they have within their practice setting.
Lovewell Blake’s specialist dental team has acted for dentists, dental practices and foundation trainees for more than 20 years. Lovewell Blake has more than 300 dental clients across the UK.

The team is led by Simon De-Lacy Adams, a member of the National Association of Specialist Dental Accountants and Lawyers.

**Aims**
This session will focus delegates on the financial implications of the difference between self-employed and employed status, and the responsibilities these entail.

**Objectives**
The objective is to try and give delegates a working knowledge of the UK tax system and how it will directly affect them. There will also be some recommendations on tax saving ideas.

**Learning outcome**
- Learners will be able to describe the tax advantages and disadvantages of being self-employed
- Learners will recognise the appropriate strategies for reducing their tax burden
- Learners will be able to summarize the range of pension and investment opportunities available to them.
- Learners will recognise the need for insurance protection.
9.30am  Occlusion

Mr Saif Najefi and Mr Paul Jackson

The overall aim of the One Day Occlusion Course is to re-introduce the FDs to the theory and practice of occlusal concepts and techniques, and in particular:

Aim of session:
- To explore the role of Occlusion in General Practice
- To increase our understanding of jaw relationships - static and in function
- Identify problems caused by poorly executed treatments
- Diagnosis and treatment of TMDS
- Use of face-bow and use of semi-adjustable Denar articulator
- Understanding of occlusion to assist one in treatment planning in crown and bridge work and wear case

Learning outcomes:
- Better understanding of how occlusion affects treatment planning
- An understanding of the use of the Face bow and Denar semi-adjustable articulator
- Recognise when an alteration in the existing occlusal scheme might be beneficial to case treatment
- More confidence with crown and bridge work.
- How to deal with wear cases.

PLEASE DO NOT BRING PATIENT STUDY MODELS
THIS IS NOT WHAT YOU HAVE BEEN REQUESTED TO BRING ALONG FOR THE SESSION

If you arrive without the items specified you will not be able to participate in the course

YOU MUST BRING THE FOLLOWING WHEN YOU ATTEND THE OCCLUSION COURSE:

A set of study models of your own personal dental arches cast in
White Velmix or
Fujirock or
any hard die stone

Dental Stone or Plaster of Paris is too soft

You will need to borrow from your Practice;

Millers forceps or locking tweezers
Le Cron carver or large spoon excavator
lab coat
wax knife
Plaster Knife
Dappens Glass.
9.30am  Bridges and veneers

Mr Mike Kelly

Mike returns to present this day on bridges and veneers. The main emphasis will be on bridges but there will be a short practical session in the clinical skills room in the afternoon on veneer preparation.

Aim of session:
- Assess the use and application of veneers from assessments to bonding in modern clinical practice
- Create the criteria for assessment of patients for different types of fixed prosthodontics
- Discuss options for cases using photos, radiographs and study models
- Carry out predictable preparation of extracted or typodont teeth for conventional veneers utilising ‘tiger stripe’ burs

Learning outcome:
- The role of Veneers and Simple Bridges within the context of General practice and the NHS
- The pro’s and con’s of composite versus porcelain veneers
- Assessing a patient for bridgework
- Adhesive versus conventional bridgework
9.30am  End of year Review

Mr Alex Baxter

The Director of Postgraduate Dental Education, Mr Alex Baxter, will conduct the end of year reviews on this day.

Please make sure you bring the following items with you:

- your completed Key Skills
- your Audit
- your Forgotten Topic

2.00pm  Vital Statistics for VDPs

Mr Simon Bunting
and Miss Hannah Woolnough

Simon is a GDP in Lowestoft and VT Trainer for nearly 20 years. Interest in implants.

An insight into some important data that could change your life.

Aims & objectives

- Provide insight into the thought processes of Addiction
- To encourage openness in discussion of this topic
- To show help available to those affected by Addiction

Aims

- To highlight the risks to Mental health that a high stress job can cause.
- To cover the signs and symptoms of mental health problems and when to address them.
- To give information on where to access help

Objectives

- To understand the risks of stress in the working environment, and how it can affect you.
- To manage risk to prevent problems
- To know when and where to get help
Friday 10th July  
B2, Education centre, Basildon

**TRAINERS MEETING AT 9am IN B1**

**CPD = 5 hrs**

**9.30am Case Presentations**

Trainers

Today all the Trainers will be present and involved in the assessment of your presentation. Your chosen case should be written up in the style of MJDF log diaries and presented using PowerPoint/flipchart and handouts. Mr Datta will comment on your work as if it were being presented as part of the examination. The log diaries can, if you are not careful, lead you unsuspectingly into questions you would rather not be asked—but equally, with preparation, this part of the examination can be the easiest.

Aim of session:
Participants will have a case presentation that has been tested by Peer Review and increased their presentation skills in a friendly non-confrontational atmosphere.

Learning outcome:
To be aware of the standard required in your case presentation should you wish to take the MJDF examination.

**PLEASE REMEMBER THERE IS A TRAINERS MEETING AT 9am IN B1.**

THIS MEETING IS BEING HELD PRIOR TO THE CASE PRESENTATIONS.

**TRAINERS WILL NEED TO ATTEND THE WHOLE DAY**

You will be required to hand in a disc of your PowerPoint presentation and a word document of the full 2000 word Faculty Format for the case presentation at the end of this day.
Case Selection:
The case that is chosen should demonstrate aspects of care, which involve different clinical disciplines. It is not necessary to concentrate on excessively complex or unusual cases, but entrants should choose a case that is appropriate to their skills at the point in their career development. A background routine treatment, where a specific problem has been highlighted and managed, is what the panel are looking for in the case that is chosen.

Features of the Presentation:
The essential features that must be demonstrated are an ability to:

* Take a good history
* Record an accurate diagnosis
* Prepare a sound treatment plan based on a concern for patient care and the patient’s expectations.
* Give an account of the treatment undertaken and if there are any changes from the original plan, outline the reasons for them
* Use models, radiographs and photographs as evidence to support the choice of treatment and to demonstrate a satisfactory completion of treatment
* Discuss the likely prognosis and future management of the patient

Case Presentations:
Maximum 200 word summary or overview to start.

Case ‘A’
Introduction
Presenting Complaint and History of PC
Patients requests / Expectations
History (Social, medical and previous dental)
Examination
(a) Extra Oral
(b) Intra Oral
* Soft tissues
* Teeth
* Periodontal (minimum BPE)
• Special Tests, Vitality Rads, Diet sheets, Study Models, Photos, etc.

Cont’d/………..
Friday 10th July
B2, Education Centre, Basildon

……/Cont’d

Diagnosis (es) (Provisional and Definitive)
Treatment Plan (Provisional and Definitive)
Discussion of Treatment Plan including headings for:
Options, Patient Input, Discussion - reasons, philosophy
Treatment Description (short)
Prognosis
Discussion (and reflection)
Addenda:
Medical History form, diet sheet, periodontal charts, Lab forms, copies of anonymised clinical notes and radiographs, and most important, the patient consent form.

Some questions for critical appraisal of a Case Study

Structure

* Is the account concise and neatly presented?
* Were aspects of history (SH, MH, DH) properly obtained and reported?
* Was proper account taken of any significant findings from history (SH, MH, DH) in subsequent management?
* Are all the records present?
* What is the quality of record keeping?
* Are codes and indices (e.g. BDP) used accurately and correctly?
* What is the quality of artefacts (Rads, models, Rx to lab. etc)?
Process

* Were all relevant aspects of the examination and appropriate special tests carried out?
* Was the diagnosis (es) stated clearly and correctly?
* What disease control measures were employed?
* Were all suitable options considered?
* Did the patient have adequate input to the decision making process?
* Was the patient given enough information for consent to be valid?
* Was the treatment plan appropriate and in the patient’s best interests?
* Were appropriate issues regarding diagnosis, treatment plan, outcome, prognosis and possible future treatment needs considered in the ‘Discussion’?

Outcome

* Was the treatment plan formed with appropriate long-term goals in mind?
* What was the prognosis?
* Was adequate provision made for possible failure?
* Is there evidence of health gain? (Possible use of audit)
* Were patient’s expectations / requests dealt with appropriately?
* Does the account in the Case Study tie up with clinical records?
* What did you learn from this case?
* What would you do differently if you could start this case again?
* If it were your mother / father/ wife / daughter (etc) would you be happy for this treatment to be carried out?
Speakers
Summer Term 2015

Mr Nick Lamb
Island House Dental Surgery
2 Station Road
Woodbridge
Surrey IP12 4AU
📞 01394 388008

Mr Mark Wilkins
Smilestyle Signature Dental Practices
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Nottingham NG8 5BU
📞 0115 9003034

Mr Saifudin Najefi
273 Southend Road
Stanford-le-Hope
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📞 01375 675710

Mr Paul Jackson
72 Amwell Street
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Herts EN11 8UA
📞 01992 443649
Speakers
Summer Term 2015

Mr Mike Kelly
Southview Dental Centre
Southview
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☎ 01732 865021

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Mr Simon Bunting
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