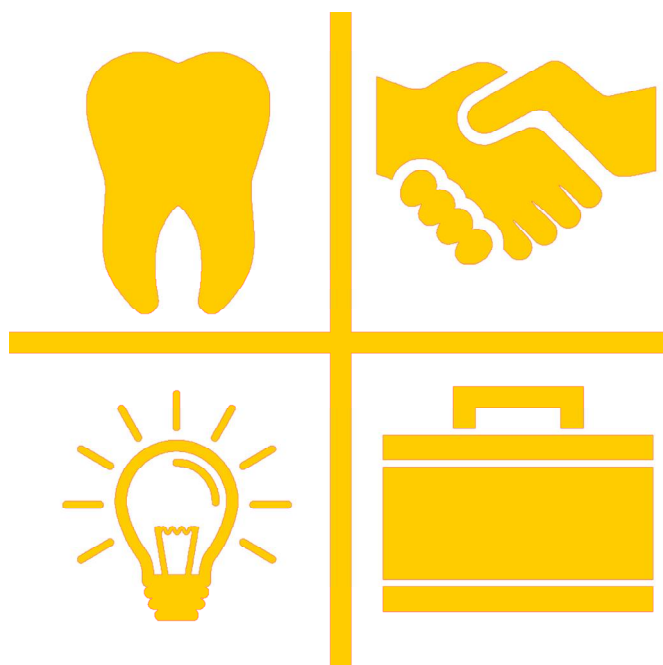


Basildon Dental Foundation Training Scheme

Spring Term Programme 2017-2018



Developing people
for health and
healthcare

www.hee.nhs.uk

Education Centre, Basildon Hospital



Basildon Dental Foundation Training Scheme

Education Centre

Basildon Hospital, Nether Mayne,
Basildon. SS16 5NL

☎ 01268 524900 Ext 3915

Interim Director of Postgraduate Dentistry

Dr Maria Ross-Russell BDS, LDS, RCS

Postgraduate Dental Tutor

Mr. Mansoor Qureshi BDS (U Lond) DGDP(UK)

Postgraduate Centre Manager

Mrs. Janet Ferriter

Regional Advisor Dental Foundation Training

Dr. Peter Cranfield PhD, BDS, DIC, DGDP(UK) PgCert

Regional Dental Account Manager

Ms. Liz Hope

Regional Dental Administrator

Mrs Patti Bradshaw

Training Programme Director
Basildon Scheme

Dr Andrea Ogden BSc BDS MJDF PgCert
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Spring Term

Venues and Subjects



Friday 9th February

Prosthodontics - Denture design and pitfalls

Dental Room, Simulation Suite, Basildon

Friday 16th February

Rules & Regulations

Treatment Planning

B2, Education Centre, Basildon

Friday 23rd February

Managing Anxious Patients

Team Working in the Dental Surgery

B3, Education Centre, Basildon

Thursday 1st March

Composites Layering techniques

Dental Room, Simulation Suite, Basildon

Friday 9th March

Anterior preparations for indirect restorations

Dental Room, Simulation Suite, Basildon

Friday 16th March

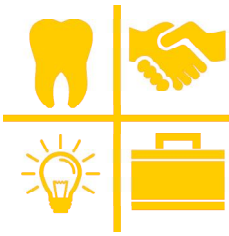
Audit

Case Based Discussions

B2, Education Centre, Basildon

Thursday 22nd & Friday 23rd March Residential Course

Stoke by Nayland Hotel



Spring Term

Venues and Subjects

Important Dates and Deadlines

IRCP	Monday 26th February
Audit Project Completion and Presentation	Friday 16th March
Case Presentation	Friday 6th July
Second 12 Foundation Skills Topics - submission by email	Friday 20th April

Important Dates for Educational Supervisors

IRCP - Completion of reports	Thursday 15th February
Audit Project Completion and Presentation Educational Supervisors to be present all day	Friday 16th March
Completed marking of Foundation Skills	Friday 18th May

Term Dates

Spring term	Friday 9th February - Friday 23rd March
Summer Term	Friday 20th April - Friday 6th July

Friday 9th February

Dental Room, Simulation suite, Basildon



All Day Session

CPD = 5 Hrs

9.30am **Prosthodontics– Denture design and pitfalls**

Mr. Saifudin Najefi

General Dental Practitioner



Mr. Najefi has been a ES for the past 17 years. He has lectured on certain topics including Wear & Tear for more than seven years. He is an examiner for MJDF, ORE and LDSRCS.

To refresh the memory with regard to denture design. Useful hints and tips. During this session we will also be problem solving. There will also be a hands on—impressions/ bite reg.

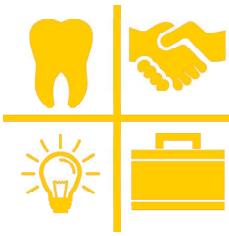
Objectives

- *Partial denture design/cobalt/chrome*
- *Impression taking exercise—problems with taking impressions and how to avoid them*
- *Hints and tips and problems solving/risk assessment.*



Learning outcomes

- *To become more confident in diagnosing and treating denture related problems*
- *Learn how to diagnose and treat common problems with complete dentures*
- *Implant supported dentures*



Friday 16th February

Room B2, Education centre, Basildon

Morning Session

CPD = 2.5hrs

9.30am **Rules and Regulations**

Mr. Ali Chohan and Mr. Jin Vaghela

General Dental Practitioner

Rules and regulations of the nGDS contract will be discussed and presented as an interactive session.

Objectives

- *Lecturers will define the rules and regulations of the contract*
- *The course will discuss common difficult scenarios*

Learning outcomes

- *Describe the rules and regulations of the nGDS contract*
- *Recognise the challenges faced as an NHS dentist*

Afternoon Session

CPD = 2.5hrs

2.00pm **Treatment Planning**

Ali and Jin will talk about treatment planning under the NHS. Being full time NHS dentists they fully appreciate the challenges of NHS general practice

Objectives

- *Define the steps involved in treatment planning*
- *List the essential requirements to comply with the NHS*
- *Discuss cases in groups to practice treatment planning*

Learning outcomes

- *To be able to list the steps for treatment planning*
- *Identify the common challenges in treatment planning*
- *Implement NHS Rules in terms of treatment planning*



Morning session

CPD = 2.5 Hrs

9.30am **Managing Anxious Patients**

Miss Amy Schiller

Operational Director for Community Dental Services, Suffolk



Amy is Operational Director for Community Dental Services in Suffolk. She has five years experience in NHS and private general practice and 10 years+ experience in community dental services. Range of patients: Special care/prisons/domiciliary/phobics. She currently runs community services in Suffolk and treats phobics with inhalation sedation. She has been a Dental Foundation Trainer for 6 years.

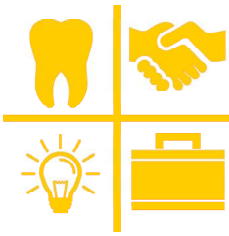
An interactive session exploring the causes patient anxiety and the mechanisms dentists and other members of the dental team can employ to help alleviate it.

Objectives

- To provide an overview of the causes of patient anxiety and look at the ways in which the whole dental team can help to reduce anxiety.*
- Aim to give the confidence and skills to treat or refer anxious patients appropriately.*

Learning outcomes

- Able to identify causes of patient anxiety*
- Able to describe techniques to reduce patient anxiety and demonstrate effective treatment planning for anxious patients.*
- Can recognise the role of the Dental Nurse and other team members.*



Friday 23rd February

B3, Education centre, Basildon

Afternoon Session

CPD = 2.5 Hrs

2.00pm

Team Working in the Dental Surgery

Dr Hannah Woolnough

Training Programme Director



Your Dental Nurse is invited to attend the whole day

An introduction into team working in the dental environment. How to communicate with different team members effectively and how to get the most out of them. Working effectively in the Practice depends upon teamwork. From studying the England national sports teams it is obvious that: most teams need to be well selected; most teams need to train together to be successful; most teams need to achieve success; most teams need to improve. Is the dental team any different?

Today we shall be bringing out Dental Nurses to the Day Release Course and we shall be working together to try to build up a pattern of good teamwork. We shall be trying to understand how people work together in teams and what makes us act in certain ways. This will give us help in understanding difficulties in the team building process. We shall also look at how an effective team can work to provide improved patient care not only in the surgery but also throughout the whole practice. We shall also have a chance to discuss difficulties experienced by ourselves in the process of team-working and learn how to overcome some of these difficulties.

Objectives

- *This session will cover the roles of the Dental Nurse and Dentist in the surgery and how they fit together*
- *To highlight the disparity between Nurse and Dentist expectation of each other*
- *To furnish the team with methods to improve communication and team working*

Learning outcomes

- *To better understand the roles of the team members*
- *To know what responsibilities you and the nurse have in the surgery*
- *To maximise efficiency in the dental team to improve working relationships and patient experiences*

Thursday 1st March

Dental Room, Simulation suite, Basildon



All Day Session

CPD = 5 Hrs

9.30am Composite layering techniques

Mr. TC Patel and Mr Amit Patel

General Dental Practitioner



TC has 29 years experience in the dental profession and has recently been made a Fellow of the FFGDP. His interests are Smile Design Cosmetic Dentistry, implants and orthodontics. He has also held the post of Senior Clinical Assistant in Orthodontics at Southend General Hospital for 25 years. He is also an ES on the Basildon Scheme.

Amit graduated from the University of Leeds in 2013. He has completed the MJDF examinations. Amit works at Brickfields Dental Care as an associate providing NHS and Private treatments and also hold a part time position as a Speciality Doctor in Oral Surgery.

Predictable composite layering techniques on anterior and posterior teeth. Preparation of teeth and the use of composite. Polishing composites and use of sectional matrix systems to achieve a good proximal contact.

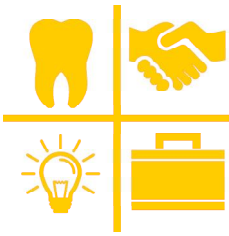


Objectives

- *Students should be able to know the uses and limitations of composite materials*
- *Students should be able to implement appropriate layering techniques to achieve excellent aesthetics in the anterior zone*
- *Students should know how to create an ideal posterior contact point to reduce food packing and allow cleaning*

Learning outcomes

- *Uses and limitations of composite materials*
- *How to layer composites excellent aesthetics in the anterior zone*
- *Know the technique to create the ideal posterior contact point*



Friday 9th March

Dental Room, Simulation suite, Basildon

All Day Session

CPD = 5 Hrs

9.30am **Anterior preparations for indirect restorations**

Mr. Anup Ladva
General Dental Practitioner

Anup has an interest in aesthetic dentistry and occlusal rehabilitation. He has completed the MJDF with the Royal College of Surgeons and is committed to lifelong learning. He obtained a Teaching qualification (GCAP) & MClintDent in Fixed Removable Prosthetics from Kings College London and is currently attending an implant training programme. He is a clinical director for iCAD Academy which provides hands on clinically driven post-graduate training for dentists.

A single day hands-on course designed to give delegates the skills and knowledge of proficiently cur and place highly functional, aesthetic indirect restorations in predictable, efficient format.

FDs will need to bring:

Prep burs from practice
Impression trays medium/large
Impression materials used in surgery
Mandrels and Soflex disc
Wide siquevalend bands
Lab putty and wash
Wedges
Pencils
Composite polishing burs
Temporary crown material
Impression guns
Red Wax

Objectives

- Provide theory on modern day preparations
- Discuss the functional and aesthetic considerations when providing indirect Anterior restorations, including material choice
- Supply a clinical protocol applicable to the material choice and design for the anterior dentition

Learning outcomes

- To relate theoretical aspects of modern day materials to preparation design
- To be able to assess an anterior tooth and define the preparation needed including a detailed protocol on how to execute the preparation
- To be able to determine the needs of the preparation design so as to enable highly functional and aesthetic long term restorations

Friday 16th March

B2, Education centre, Basildon



Morning Session

CPD = 2.5 Hrs

9.30am **Audit Presentations**



Educational Supervisors

A ten minute presentation of your audit to the rest of the group is required this morning . The Educational Supervisors present will be marking the finished product and a prize will be awarded for the highest scoring.

Please bring your PowerPoint presentation on a U.S.B. No presentations on Macs keynote please.

Objectives

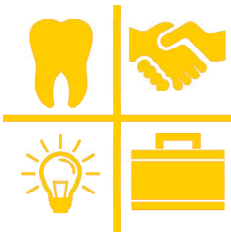
- *To discuss your audit with your fellow FDs thereby demonstrating an understanding of the audit.*
- *Further your experience of presenting*

Learning outcomes

- *To understand the value of audit and its importance in clinical governance by observing the wide variety of topics presented*

Education Supervisor meeting 1-2pm
- lunch provided for Educational Supervisors only

ES's are expected to attend all day



Friday 16th March

B2, Education centre, Basildon

Afternoon Session

CPD = 2.5 Hrs

2.00pm **Case Based Discussions**

Please bring with you anonymised case notes together with charting, radiographs and models (if available)



Education Supervisors please bring one or two of your own cases of interest to discuss.

Educational Supervisors

This afternoon you will present 3 cases to the Educational Supervisors in small groups. They will be marked as Case Based Discussions and you can upload one of these onto your portfolio as an assessment.

You will also have the opportunity to see (and mark!) cases presented by the ESs which can be very interesting and valuable.

Objectives

- *To discuss your cases with fellow FDs and ESs and critically appraise your clinical and treatment planning*
- *To view the work of others and explore treatment planning for various scenarios*

Learning outcomes

- *To appreciate the complexities of treatment planning and care delivery as carried out by individuals of differing experience and qualification.*

Thursday 22nd, Friday 23rd March



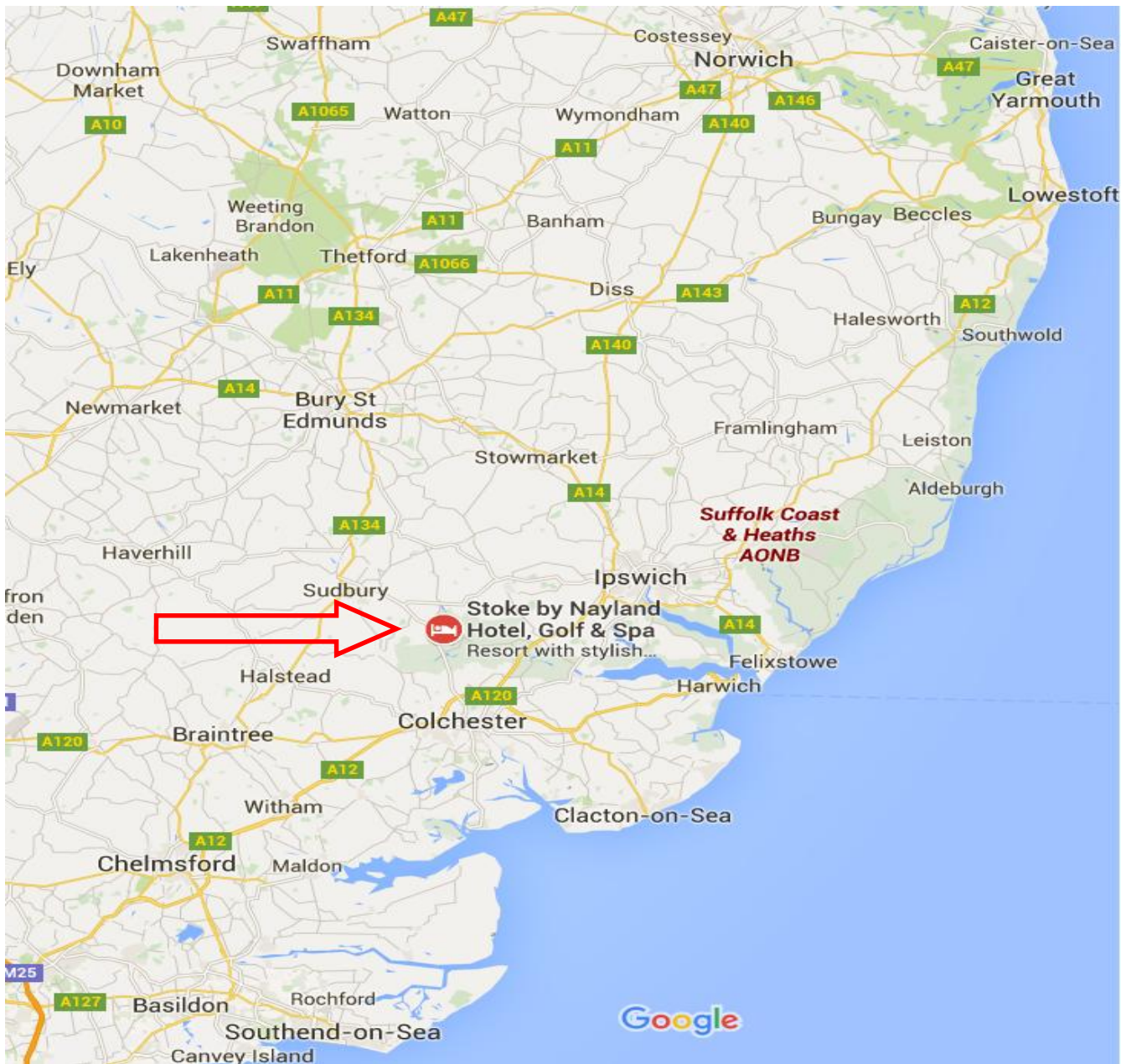
Stoke by Nayland

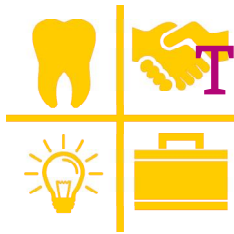
Regional Dental Foundation Training Conference

CPD = 10 Hrs

Stoke by Nayland Hotel, Golf and Spa
Keepers Lane
Leavenheath
Colchester
Essex CO6 4PZ

Accommodation will be provided for the Thursday evening of the event.





Thursday 22nd, Friday 23rd March

Stoke by Nayland

Regional Dental Foundation Training Conference



Thursday 22nd, Friday 23rd March

Stoke by Nayland Hotel, near Colchester CO6 4PZ



Two day regional careers conference Essex Coast, Basildon, Ipswich and Norwich Schemes

Timetable:

Date	Format	Timings	Speakers	Topic
22nd March	parallel sessions You will be split into 3 groups across the schemes and rotate through the day's sessions.	9.30 am start 10.00 am- 11.45am Session 1 11.45am- Coffee 12.00am-1.45pm Session 2 1.45pm-Lunch 2.30pm - 4.15pm Session 3	Nick Lamb Richard Birkin Lovewell Blake	Registration and Coffee Transition to Performer The future of the NHS and the role of the BDA Post FD Finance
22nd March	Evening Meal	7.30 Dinner		
23 rd March	4 parallel sessions You will be split into 4 groups across the schemes and rotate through the day's sessions	9.00am start 9.15 am—10.30 am Session 1 10.45 am—12.00 pm Session 2 12.15 am – 1.30pm Session 3 1.30 pm — Lunch 2.30 pm—3.45 pm Session 4	Payal Sharma Ganga Allen Tom Norfolk George Bureau	Registration and Coffee Owning a Practice Community Dental Services Portfolio Careers Specialist Practice



Thursday Sessions

CPD = 5 Hrs

Transition to performer

Mr Nick Lamb

GDP and Dental Practice Advisor

Nick works as a general dental practitioner in Woodbridge and was previously a FD trainer for 3 years in Norwich. He also works for HEE EoE and is actively involved in the selection process of FD trainers, and is an assessor for FD equivalence training applications. Nick is a Dental Professional Adviser to the East Anglian Area team of NHS England and is the national secretary of the national Association of Dental Advisers and recently has been appointed as a Panel member for NICE.

Objectives

The speaker will:

- Describe how to become a good performer and how to stay ethical
- Explain how to work with UDA's and methods of payment
- Describe what to look for in a practice. NHS vs Private.

Learning outcomes

Following this session delegates will be able to:

- Explain the rules and procedures involved in the General Dental Services regulations.
- Describe what to look for when looking for a position in a practice

The Future of the NHS and the role of the BDA

Mr Richard Birkin

BDA Head of Advice Liaison and Development

Richard started his career as a GDP in NHS practice before moving to the BDA in 1986. He is also a former expert witness for the GDC covering Record keeping and NHS regulations.

Objectives

The speaker will:

- Describe the changes and process of NHS Contract reform to date and plans going forward
- Explain how these changes would effect a young dentist working in the NHS
- Describe the roles of the BDA both for individual advice and support and as a Union.

Learning outcomes

Following this session delegates will be able to:

- Describe how national contract and policy changes can affect your everyday practice.
- Explain how the BDA can help them individually.
- Recognize the National work carried out by the BDA as a union.

Thursday 22nd March

Stoke by Nayland



Thursday Sessions

CPD = 5 Hrs

Post FD Finance

Lovewell Blake's specialist dental team has acted for dentists, dental practices and foundation trainees for more than 20 years. Lovewell Blake has more than 300 dental clients across the UK.

The team is led by Simon De-Lacy Adams, a member of the National Association of Specialist Dental Accountants and Lawyers.

Objectives

The speaker will:

- Describe the financial implications of the difference between self employed and employed status, and the responsibilities these entail.
- Explain the UK tax system and how it will directly affect them. There will also be some recommendations on tax saving ideas

Learning Outcomes

Following the session delegates will be able to:

- Describe the tax advantages and disadvantages of being self-employed.
- Recognize the appropriate strategies for reducing their tax burden.
- Explain the range of pension and investment opportunities available to them.
- Recognize the need for insurance protection.

4.15pm - 7.30pm

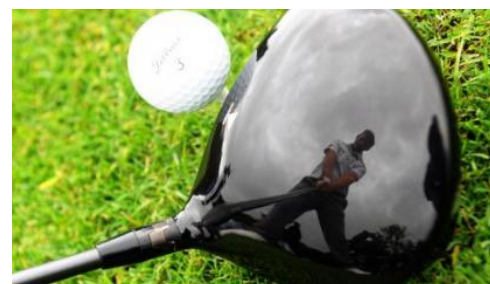
Free time

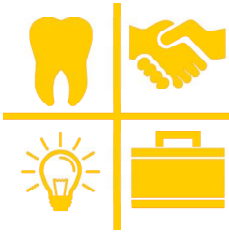
The hotel has excellent facilities including a golf course and a spa visit the website for more information and contact details:

www.stokebynayland.com/

7.30pm

Dinner





Friday 23rd March

Stoke by Nayland

Friday Sessions

CPD = 5 Hrs

Owning a Dental Practice

Dr Payal Sharma

General Dental Practitioner

Payal qualified from Bart's and The London in 2008 and did her Vocation Training year on the Basildon Scheme. She became the Principal dentist of Smile Impressions in 2014, and a trainer on the Basildon scheme in 2016.

Objectives

The speaker will:

- *Explain the personal and financial implications of becoming a business owner*
- *Describe the journey of becoming a practice owner*
- *Identify the key challenges associated with practice ownership*

Learning Outcomes

Following this session delegates will be able to:

- *Define the rewards vs challenges of being a Principal vs an Associate*
- *Describe the process of buying a practice and how to successfully run it.*
- *Assess the suitability of practice ownership.*

Portfolio Careers

Tom Norfolk

General Dental Practitioner, Educational Supervisor, Chair of the LPN & Dental Professional Advisor

In addition to working as General Dental Practice owner and performer, Tom works as a DFT Educational Supervisor, Dental Professional Advisor for NHSE and is the Chair of the Local Professional Network.

Objectives

The speaker will:

- *Describe the non clinical roles available in the field of Dentistry*
- *Explain the pathways of entry into these roles*
- *Describe the advantages of a portfolio career*

Learning Outcomes

Following the session delegates will be able to:

- *Identify the value of supplementing your clinical career with other roles*
- *Describe the variety of additional roles and how they can fit in alongside your clinical responsibilities.*
- *Differentiate between the various non clinical roles available*

Friday 23rd March

Stoke by Nayland



Friday Sessions

CPD = 5 Hrs

Community Dental Services

Ganga Allen

Specialist in Special Care Dentistry

Ganga is a trainer on the Norwich scheme. She qualified in London in 1991 and completed her VT year during 1992. Since then she has gained a broad experience of dentistry working in general dental practice, the Community Dental Service and the Hospital Dental Service. She completed her MSc.(Lond) in 1995 and has a PGCert in Dental Education. She is a Specialist in Special Care Dentistry and thoroughly enjoys the variety of her working week.

Objectives

The speaker will:

- Explain the role of the Community Dental Service
- Describe the career opportunity in the Community Dental Service

Learning Outcomes

Following this session delegates will be able to:

- Identify the role of the Community Dental Service .
- Recognize career pathways in the Community Dental Service
- Evaluate the suitability of a role in the Community Dental Service compared to their skills set

Specialist Pathways

George Bureau

George qualified from King's college in 1993. He obtained his Fellowship in Dental Surgery in 1997, and further degrees of Master in Clinical Dentistry and Membership of Restorative Dentistry in 2000 and 2001 respectively. He is a specialist clinical teacher at Guy's Hospital London teaching final year undergraduate students and post graduate students. Since 2000 he has a Clinical Practice at GB Dental, Ipswich.

Objectives

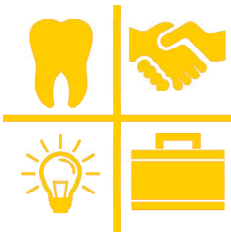
The speaker will:

- Provide an overview of Dental Specialty Training in the UK
- Discuss career development and personal development plans to prepare for applications to specialist training
- Describe the recruitment processes for Dental Specialty Training

Learning Outcomes

Following the session delegates will be able to:

- Recognize the options available to dental postgraduates
- Explain the application processes now being implemented across the dental specialties
- Formulate a personal development plan to enable strong applications for Specialty Training



Notes

PML Evidence

Sessional Content for e-Portfolio



	Rules and Regulations	Treatment planning	Prosthetics	Team working	Managing Anxious Patients	Composites	Anterior Crowns	Audit
Professionalism								
Appraisal		✓					✓	✓
Clinical audit and peer review		✓						✓
Confidentiality	✓	✓			✓			
Ethical behaviour	✓	✓			✓			
Critical evaluation		✓	✓	✓	✓	✓		
Decision making		✓	✓	✓	✓	✓		
GDC Scope of Practice	✓	✓						
Whistleblowing	✓							
Management of difficult patients		✓	✓		✓			
Patient safety	✓				✓			
Self-awareness	✓	✓			✓			
Professionalism and Management								
Basic Life Support training								
Consent					✓			
Equality & Diversity					✓			
GDC Standards	✓							
NHS complaints procedure								
Referring patients			✓		✓			
Management								
COSHH regulations								
Dental equipment selection, care and maintenance							✓	
Data Protection								
Employment contracts/associate agreements for dentists							✓	
Employment Law basics							✓	
Finance							✓	
Health & Safety requirements in dentistry								
Infection control procedures								
NHS prescribing	✓							
NHS Rules & Regulations in Dentistry	✓							
Prescribing, directing, taking, processing and interpreting radiographs		✓						
Range and scope of NHS dental care	✓	✓	✓	✓	✓	✓	✓	
Record keeping	✓	✓						
Use of emergency drugs								
Information Governance	✓				✓			
Safeguarding Children and Adults					✓			
Leadership								
Facilitating learning in others								✓
Quality management and improvement			✓	✓	✓	✓		✓
Role model					✓			
Teamwork					✓			



PML Evidence

Sessional Content for e-Portfolio

	Residential Day 2	Residential Day 1	Case based discussions	Audit
	✓		✓	✓
			✓	✓
			✓	
			✓	
			✓	
			✓	
	✓	✓	✓	
			✓	
	✓			
	✓			

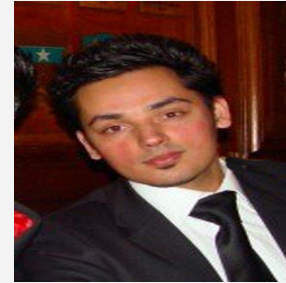
Speakers

Spring Term 2017 - 2018



Mr Mohammed Chohan

Cobbins Brook Dental Practice
28 Honey Lane
Waltham Abbey
Essex EN9 3BY
☎ 01992 711199



Mr Jinesh Vighela

Cobbins Brook Dental Practice
28 Honey Lane
Waltham Abbey
Essex EN9 3BY
☎ 01992 711199



Mr Saifudin Najefi

Homesteads Dental Care Centre
273 Southend Road
Stanford-le-Hope
Essex SS17 8HD
☎ 01375 675710



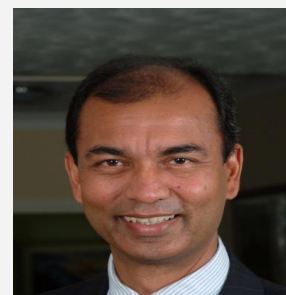
Miss Amy Schiller

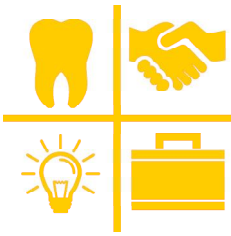
Operational Director for Community Dental Services in Suffolk
Blomfield Dental Practice
Looms Lane
Bury St Edmunds
Suffolk IP33



Dr Tushar Patel

Brickfields Dental Care
10 Brickfields Road
South Woodham Ferrers
Essex CM3 5XB
☎ 0844 576 9911





Speakers

Spring Term 2017 - 2018



Mr Anup Ladva

Braintree Dental Studio
Unit 4 The Square
Great Notley
Essex CM77 7WW
☎ 01376 569090



Mr Nick Lamb

Island House Dental Surgery
2 Station Road
Woodbridge
Surrey IP12 4AU
☎ 01394 388008



Mr Richard Birkin

British Dental Association
64 Wimpole Street
London W1M 8AL
☎ 020 7935 0875



Dr Payal Sharma

Smile Impressions
279 Rectory Road
Grays
Essex RM17 5SW
☎ 01375 373409

Speakers

Spring Term 2017- 2018



Dr Ganga Allen

Blomfield House Dental Practice

Looms Lane

Bury St Edmunds

Suffolk IP33 1HE

☎ 01284 775245



Mr Tom Norfolk

Bank Buildings Dental Surgery

5 Bank Buildings

Sudbury CO10 2SX

☎ 01787 881100



Mr George Bureau

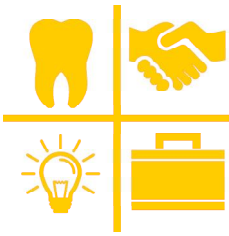
GB Dental

27 London Road

Ipswich IP1 2HF

☎ 01473 206987





Calendar 2017-2018

2018

Spring Term

Friday 9h February First Day of Spring Term

Prosthetics

Monday 26th February

IRCP

Friday 16th March

Audit Presentation/Case Based

Discussions

ES to attend all day from 9.30am

Thursday 22nd and Friday 23rd March

Last Day of Spring Term

Residential Course for Trainees at Stoke
by Nayland, Colchester.

Summer Term

Friday 20th April First Day of Summer Term

Oral Medicine/Endodontics 2

Friday 6th July Last Day of Summer Term

Case Presentation Day. ESs present all
day from 9.00am.