Basildon Dental Foundation Training Scheme

Autumn Term Programme 2017 - 2018
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Basildon. SS16 5NL
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☎ 01223 597768
## Autumn Term

### Venues and Subjects

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Autumn Term

Venues and Subjects

**Friday 24th November**  Minor Oral Surgery  
*Room 4, Simulation suite, Basildon*

**Friday 1st December**  Photography  
Cross Infection  
*Room 4, Simulation suite, Basildon*

**Friday 8th December**  DCT Presentation  
**TRAINERS MEETING 9am**  Foundation Skills Marking  
*B4, Education Centre, Basildon*

### Course Deadlines

- **First 12 Foundation Skills Topics**  
  Friday 8th December
- **Audit Presentation**  
  Friday 16th March
- **Second 12 Foundation Skills Topics - submission by email**  
  Friday 20th April
- **Case Presentation**  
  Friday 6th July

### Important Dates

- **Spring Term**  
  Friday 9th February - Friday 23rd March
- **Summer Term**  
  Friday 20th April - Friday 6th July
- **BDA Conference**  
  Thursday 10th May - Saturday 12th May
Welcome and Introductions

9.30am

Dr Andrea Ogden
Training Programme Director

What is ‘Foundation Training by Assessment?’ All will be revealed! A chance for introductions to your peers and the Basildon Educational Team. Establishing an outline as to what is expected of you and what you should expect from the Day Release Course. Giving you clear guidance as to how to make the most of the unique opportunity that is Foundation training.

We will also through the programme and handbook in detail and discuss the coursework elements required throughout the year as well as how to claim for travel expenses and who to contact and when.

Objectives

- To recognize that there is a change necessary to move from undergraduate to professional person.

Learning outcomes

- Have a clear understanding of what is expected of yourself throughout the year
- Have a clear understanding of how the Day Release Course is tailored to meet your requirements
Afternoon Session

2.00pm  The E-Portfolio

Dr Andrea Ogden  
Training Programme Director

Your electronic Portfolio will be key a learning tool throughout your Foundation Training. It will also be a valuable document to record your assessments, clinical activity and reflections. Providing an important piece of evidence to mark how you have progressed from a ‘safer beginner’ into an independent practitioner.

We will take time to work through the various sections of the portfolio and discuss the timeline for the year and how it all fits together for satisfactory completion.

Objectives

- Understand the Assessments involved throughout the year
- Understand each section of E-Portfolio and what it’s use is

Learning outcomes

- Identify the various assessments required and their deadlines
- Feel confident in accessing and using the E-Portfolio effectively.
Morning session

9.30am
Arrival and coffee

10.00am
First morning Session: Difficult areas of communication

Dr Payal Sharma
General Dental Practitioner

An interactive session covering a variety of difficult situations and outcomes Foundation dentists may face in the coming years and the discussion and practice of some effective communication strategies that can be utilized to overcome them

Aims & Objectives
- Role-Play several common Dentist-Patient scenarios to practice communication techniques with colleagues
- Gain insight into MJDF OSCE mark scheme

Learning outcomes
- Discuss the common difficulties faces in surgery and become familiar with effective communication methods to overcome them
- Describe how to gain and record valid informed consent
- Discuss how to avoid patient complaints and be able to explain how to manage them

12.00 noon
Complaints/Rules & Regulations/Record Keeping

Mr Mohammed Chohan & Mr Jinesh Vaghela
General Dental Practitioners

An introduction to the NHS GDS contract, rules and regulations and covering complaints and record keeping with the NHS.

Aims & Objectives
- Introduce the NHS GDS contract and the bands of treatment
- Introduce the basics of complaints handling and its fundamental principles
- Introduce the minimum standards expected for record keeping

Learning outcomes
- To be able to list the bands of treatment within the NHS
- To be able to recognize a complaint and how to manage it
- To be able to implement record keeping standards in practice
Afternoon session

2.30pm  Complaints/Rules & Regulations/Record Keeping continued..

5.30pm  Relaxation time

Please feel free to check into your room and use the hotel facilities

Meet in the bar for dinner between 7.30 and 8pm

8.00pm  Dinner
Morning Session

9.45am  Foundation Skills

Foundation dentist from 2016-17
1st year Associate

All Foundation Dentists within the East of England are required to complete various items of project work during their training year, one of which is the foundation skills project. From the start to the end of this training year you will be providing care and treatment to the patients allocated to you. The project is about writing a brief factual account of what you actually do in delivering the dental services to your patients. You are then encouraged to examine your account in the several areas of primary dental care and provide your detailed personal reflection on the matters concerned. Completion of this is an essential part of fulfilling very many of the competencies within the Professional, Management and Leadership Domains that are required for satisfactory completion of Dental Foundation Training. The project includes a checklist to cross reference the areas you cover in your work with the competencies from the DFT curriculum. This will be recorded in your E-Portfolio.

Objectives
- To gain an understanding in the role and what is required for Foundation Skills

Learning outcomes
- Have a clear understanding of the process of completing Foundation skills and the deadlines

Educational Supervisors meeting at 10am
One ES per FD is required to attend the whole day

12.30pm  Lunch

Afternoon session

1.30-5.30pm  Educational Supervisor and Foundation Dentists Group Work

CPD = 2.5 Hrs
Morning session

9.30am  Dental Materials

Mrs Anneke Whelan
General Dental Practitioner

Having taught part of the dental materials course for pre-graduate students at The University of Pretoria, Anneke has always had a keen interest in new material developments and their cost effectiveness in practice.

An overview of different material choices available, compile a comprehensive list of materials and consumable required to perform a dental procedure. Calculating the material costs of a dental procedure and the profitability of the procedure by evaluating the hourly break-even cost of a practice.

Objectives

- Participants demonstrate the ability to correctly use a dental supplier catalogue to critically evaluate the choice of dental materials available and compile a detailed list of materials and consumables required to perform a procedure
- Participants being able to navigate and use a dental supplier website to obtain accurate cost information in regards to a chosen dental product
- Participants demonstrate the ability to calculate the cost effectiveness of a procedure in relation to a surgery’s hourly breakeven rate

Learning outcomes

- Create a comprehensive list of dental materials and consumables required to perform a dental procedure
- Using a dental supplier catalogue compare and evaluate different materials to perform a dental procedure
- Using a dental supplier website calculate the cost of the materials and consumable needed to perform a dental procedure and assess the probability of the procedure considering a surgery’s hourly breakeven rate.

PLEASE BRING WITH YOU: A phone, laptop or tablet to enable you to complete practical exercises
Afternoon Session

2.00pm Pain Diagnosis and Management

Mr Mahendran Rajeeven
General Dental Practitioner

Raj has completed a Masters degree in Endodontics at Queens Mary University of London, and works across two practices providing an endodontic service as well as being a DFT trainer.

During his MSc, his research project focused on the management of patients with persistent dentoalveolar pain, and is currently working on publishing his research in scientific journals.

Today's talk is to provide an understanding of pain theories/mechanisms, to provide a differential diagnosis of dental and non-dental pain and to be aware of the pharmacological options available for dental pain. To discuss various types of local anaesthetic blocks.

Objectives

- To be able to diagnose and manage dental orofacial pain
- Discuss the various pharmacological options that are available for dental pain
- To provide a differential diagnosis of orofacial pain complaints

Learning outcomes

- To be able to provide a differential diagnosis for dental and non-dental pain
- To be aware of the various pharmacological options to treat pain and the various types of local anaesthetic blocks
- How to undertake a detailed examination of the orofacial structures which may be responsible for the patient's complaint
All Day Session

9.30am  Periodontal Overview

Mr Imran Sharif
Specialist Periodontist

Imran is a Specialist Periodontics at Norfolk Dental Specialists. His professional exposure to a number of different areas within dentistry has provided him the necessary skills in the following areas: periodontal treatment, dental implants, oral surgery and conscious sedation. This session with the specialist periodontist, will help highlight the most effective treatment planning and managements strategies for our patients with periodontal problems. Imran will seek to identify risk factors and signs that can assist with correct assessment of vulnerable patients and discuss the most up to date strategies of practical management. He will also explore some of the common pitfalls that unwary GDP’s can encounter when dealing with chronic periodontal disease in all its various forms.

Aims & Objectives

- Identifying the principle aetiology and risk factors of periodontal disease
- Recognize the limitations of our diagnostic tools
- Describe the indications for periodontal surgical techniques (gingivectomy, open flap debridement, modified Widman flap, apically repositioned flap)

PLEASE BRING WITH YOU:
Dental Loups (recommended, but not essential) and Personal Protective Equipment

Learning outcomes

- Review the aetiology and risk factors for periodontal disease
- Refresh skills in periodontal history taking and examination
- Review the screening, diagnosis and treatment of periodontal disease in general practice
- Appreciate the different periodontal surgical techniques, in managing periodontal disease.
Friday 20th October
Room 4, Simulation Suite, Basildon

All Day Session

9.30am  Endodontics

Mr Mahendran Rajeevan
General Dental Practitioner

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During his MSc, his research project focused on the management of patients with persistent dentoalveolar pain, and is currently working on publishing his research in scientific journals.

To understand the principles of endodontic treatment and to try some of the materials and techniques used in everyday practice i.e revision of manual root canal preparation techniques and introduction to rotary endodontics. Also discuss common pitfalls.

Objectives
· To understand the biological considerations in preparation
· To look at different techniques of preparation
· Discuss common pitfalls during endodontic treatment and how to overcome them.

Learning outcomes
· To understand the principles of an ideal access cavity and how they can influence the outcome of your preparation
· To understand the principles of canal preparation
· To explore the principles of obturation

PLEASE BRING WITH YOU:
Access cavity burs and a set of endodontic files use in practice, also extracted teeth preferably molars and premolars, some with access cavities already cut. Also endodontic probes (DG16)
Early Stage Review of Dental Foundation Training

This process was developed to get early identification of trainees with additional educational needs and or requiring additional pastoral support.

At week 6, Educational Supervisors (ES), Foundation Dentists (FDs) and Training Programme Directors (TPDs) are asked to complete a report in the E-Portfolio. These also include sections on areas of notable practice and areas of issues and concerns.

The ES will provide feedback on your performance in the DOPs completed in the first few weeks and of your progress and identified learning needs so far.

At the ERS, we will look at how you are settling into the practice, and review your report and that of your ES, and look at significant events and sick days.

Please bring with you your work on foundation Skills so far. You can also use this opportunity to give feedback on the programme so far this year.

The TPD completes their report independently. Again this reviews the same curriculum domains by reviewing the E-Portfolio and their own observation from study days. They highlight both areas of notable practice and areas of concern.

Following your interview, any action plans and outcomes will be shared with your ES.

PLEASE BRING WITH YOU:
Your work on Foundation skills so far
Radiography and Orthodontics

Mr Stephen Denny
General Dental Practitioner

An overview of radiography in practice and pathology we might encounter in general practice.
A recap into dental development. How, when and what to refer. Assessment of some cases. What orthodontics can be done by the GDP and what courses are available.

Radiology Objectives
- Radiological interpretation—Can You Do It?
- Understanding normal radiographic anatomy
- Overview of rules and regulations in practice governing ionizing radiation

Radiology Learning outcomes
- Have an insight into their own interpretative radiographic skills
- Be familiar with normal anatomy
- Able to identify and rectify radiographic faults

Orthodontic Objectives
- Tooth development and eruption dates
- Types of orthodontic treatment
- How, when and what to refer
- Simple orthodontics and courses aimed at the GDP

Orthodontic Learning outcomes
- Understand normal patterns of tooth eruption
- Identify malocclusions and understand the protocols and indications for orthodontic referrals
- Have an insight in how they can develop their own orthodontic skills
All Day Session

9.30am  Posterior Crowns

Mr Anup Ladva
General Dental Practitioner

Anup has an interest in aesthetic dentistry and occlusal rehabilitation. He has trained with some of the world leaders in these fields and has spent time in the USA advancing his clinical and material skills. He has completed the MJDF with the Royal College of Surgeons and is committed to lifelong learning. He obtained a Teaching qualification (GCAP) & M Clin Dent in Fixed Removable Prosthetics from Kings College London and is currently attending an implant training programme. He is a clinical director for iCAD Academy which provides hands on clinically driven postgraduate training for dentists.

A hands-on course designed to give delegates the skills and knowledge to proficiently cut and place highly functional indirect restorations in a predictable, efficient format.

Aims & Objectives
- Provide theory on modern day preparations
- Discuss the functional and aesthetic considerations when providing indirect posterior restorations, including material choice
- Supply a clinical protocol applicable to the material choice and design for the posterior dentition

Learning outcomes
- To relate theoretical aspects of modern day materials to preparation design
- To be able to assess a posterior tooth and define the preparation needed including a detailed protocol on how execute the preparation
- To be able to determine the needs of the preparation design so as to enable highly functional long term restorations

PLEASE BRING WITH YOU:
Prep burs from practice, impression trays (medium and large) and impression materials used in surgery

Friday 10th November
Room 4, Simulation Suite, Basildon

CPD = 5 Hrs

Friday 10th November
Room 4, Simulation Suite, Basildon

All Day Session

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PLEASE BRING WITH YOU:
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Friday 24th November
Room 4, Simulation Suite, Basildon

All Day Session

9.30am  Minor Oral Surgery

Mr Mark Singh
Consultant Oral Surgeon

A day aimed at taking newly qualified trainees through many aspects of Oral Surgery. This includes hands on as well as lectures.

FD's will be assessed so it is advisable that some prior reading is done beforehand. Topics include—anatomy, instrumentation and handling, assessment of teeth, consent and complications, flap design, sutures.

The hands on element will consist of suturing and bone removal.

As FDs will be assessed it is advisable that some prior reading is done beforehand. Topics include—anatomy, instrumentation and handling, assessment of teeth, consent and complications, flap design, sutures.

Aims & Objectives
- Assess cases to identify potential surgical procedure
- Understand the consent process
- Be aware of the complications of surgery

Learning outcomes
- Be able to appropriately refer patients
- Develop competency in basic suturing
- Be able to perform minor oral surgery in practice

CPD = 5 Hrs
Morning Session

9.30am  Photography

Mr Ali Chohan and Mr Jin Vaghela
General Dental Practitioners

This interactive session will cover all aspects of the use of digital photography in dental practice. This includes intra-oral, extra-oral and portraits. The trainees will be taken through photography, from basics of choosing correct equipment and setting it up, to optimum settings, techniques for consistent imaging and the safe storage of images. The practical component of this fun workshop will involve working in groups to take some extra oral and intra oral photographs. The session will also cover which photographs would be desirable for the end of year DFT Case Presentations.

Aims & Objectives
- Introduce dental photography
- To introduce the equipment required and the camera settings
- To practice photography on the camera

Learning outcomes
- To list the equipment required for dental photography
- To recognize which settings to use for which procedure
- To be able to perform dental photography

Please bring any digital SLR cameras and lenses that you may have.
2.00pm  Cross Infection - 12 Things that mildly irritate the Dental Team

Mrs Jillian Eastmond

Course Coordinator & CPD Training Manager

Kings College Dental Institute

Jillian is the CPD Training coordinator and Infection control Link Nurse Practitioner for King’s Dental Institute.

This session provides an overview of the most common risks to the dental team and how to prevent transmission

Aim

- To discuss the modes of transmission of harmful microorganisms in the dental surgery as well as steps the dental team can take to prevent risks to themselves and others

Learning outcomes

- Delegates will identify common infectious diseases that may be a risk in the dental surgery
- Delegates will discuss how pathogens are transmitted in the clinical and non-clinical environment
- Delegates will discuss how the transmission of harmful pathogens may be minimised
All Day Session

9.30am  Dental Core Training

One of last years FD’s will be coming in to talk to you about the process of application to Core Training and what to expect from the job. You will have time to ask questions about the experience to help you decide if this is the right path for your.

11.00am  Foundation Skills with Educational Supervisors

All 24 Foundation Skills Topics are required to be completed by the 20th April but 12 (minimum of one from every module) should be completed by this session. You will be paired with another FD and two Educational Supervisors, and assessment of you completed foundation skills will be a shared exercise. Your personal standard will be discussed and the additions/deletions discussed. These changes will need to be made prior to final submission of all 5 once finished at the latest in the time frame above.

Objectives
• To understand the standard required
• To assess two completed foundation skills

Learning outcomes
• To be able to produce 5 foundation skills in time frame as above to a satisfactory standard
## PML Evidence

### Sessional Content for e-Portfolio

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### Professionalism and Management

| Consent | ✓ |
| Equality & Diversity | ✓ |
| GDC Standards | ✓ |
| NHS complaints procedure | ✓ |
| Referring patients | ✓ |

### Management

| COSHH regulations | ✓ |
| Dental equipment selection, care and maintenance | ✓ |
| Data Protection | ✓ |
| Employment contracts/associate agreements for dentists | ✓ |
| Employment Law basics | ✓ |
| Finance | ✓ |
| Health & Safety requirements in dentistry | ✓ |
| Infection control procedures | ✓ |
| NHS prescribing | ✓ |
| NHS Rules & Regulations in Dentistry | ✓ |
| Prescribing, directing, taking, processing and interpreting radiographs | ✓ |
| Range and scope of NHS dental care | ✓ |
| Record keeping | ✓ |
| Use of emergency drugs | ✓ |
| Information Governance | ✓ |
| Safeguarding Children and Adults | ✓ |

### Leadership

| Facilitating learning in others | ✓ |
| Quality management and improvement | ✓ |
| Role model | ✓ |
| Teamwork | ✓ |

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Basildon Dental Foundation Training Scheme – Autumn Term 2017- 2018
## PML Evidence

**Sessional Content for e-Portfolio**

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Basildon Dental Foundation Training Scheme – Autumn Term 2017–2018
Speakers
Autumn Term 2017 - 2018

Mr Mohammed Chohan
Cobbins Brook Dental Practice
28 Honey Lane
Waltham Abbey
Essex EN9 3BY
📞 01992 711199

Mr Jinesh Vighela
Cobbins Brook Dental Practice
28 Honey Lane
Waltham Abbey
Essex EN9 3BY
📞 01992 711199

Dr Payal Sharma
Smile Impressions
279 Rectory Road
Grays
Essex RM17 5SW
📞 01375 373409

Mr Mahendran Rajeevan
Addison Dental Practice
Chadwick House
Hamstel Road
Harlow
Essex CM20 1DP
📞 01923 231803
Speakers
Autumn Term 2017 - 2018

Mrs. Anneke Whelan
Stanstead Abbotts Dental Practice
17 High Street
Stanstead Abbotts
SG12 8AA
📞 01920 877745

Mr Imran Sharif
Norfolk Dental Specialists
1 Victoria Street
Norwich
NR1 3QX
📞 -1603 632525

Mr Stephen Denny
The Benfleet Clinic
174 High Road
Benfleet
Essex SS7 5LD
📞 01268 755357

Mr Anup Ladva
Braintree Dental Studio
Unit 4
The Square
Great Notley
Essex CM77 7WW
📞 01376 569090
Speakers
Autumn Term 2017 - 2018

Mr Mark Singh
Consultant Oral Surgeon
Mid Essex NHS Trust
Broomfield Hospital
Court Road
Broomfield
Chelmsford
Essex CM1 7ET
☎ 01245 362000

Mrs Jillian Eastmond
Course Coordinator & CPD Training Manager
Kings College Dental Institute
Caldecor Road
London SE5 9RW
Tel: 020 3299 9000
Calendar 2017 - 2018

2017

Friday 8th September First Day of Autumn Term
Study Day at Basildon Hospital

Thursday 14th and Friday 15th September
Residential Course for Trainees at Orsett Hall. 
Educational Supervisors to be present from 10am on Friday 15th September

Friday 27th October
Early Stage Reviews (ESR) Interviews

Friday 8th December Last Day of Autumn Term
First 12 Topics of Foundation Skills to be marked.
ESs to attend all day from 9.00am

2018

5th January - 2nd February
Practice Mid Year Visits - dates and time to be arranged.

Friday 9th February First Day of Spring Term

Thursday-Friday 22nd/23rd March
Residential, Stoke-by-Nayland, Nr Colchester, Suffolk

Friday 23rd March Last Day of Spring Term
Audit Presentation Day.
ESs to attend all day from 9.00am

Friday 20th April First Day of Summer Term

Thursday 10th to Saturday 12th May
British Dental Association Conference, Manchester

Friday 7th July Last Day of Summer Term
Case presentation Day.
ESs to attend all day from 9.00am