

# Dental Foundation Training A Guide for Trainers 2015-16

“Education either functions as an instrument which is used to facilitate integration of the younger generation into the logic of the present system and bring about conformity or it becomes the practice of freedom, the means by which men and women deal critically and creatively with reality and discover how to participate in the transformation of their world.”

*Paulo Freire 1921-1997*

#### Check List for Trainer Application—

1. Download Information Booklet and Application Forms from web site
2. Discuss application fully with local Area Team
3. Complete forms using Adobe Reader
4. Print one copy of forms and then email AND post to HEEoE to arrive by 10th December 2014
5. Course for new applicants 15th, 19th or 20th January 2015
6. Interviews 19th to 25th February 2015
7. Local Trainee Selection Events 19th March 2015
8. Trainer Induction Course 11th, 17th and 18th June 2015

## Becoming a Trainer

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“Education is not the filling of a pail,  
but the lighting of a fire.”  
— William Butler Yeats

## Introduction

This book is a source of information to help you decide to apply to be a Trainer for Dental Foundation Training for Health Education East of England. Although it has been prepared to contain as much information as possible, it also gives names and contact numbers for people who will be able to provide more information or help. The information contained in this book is correct, or as correct as possible, at the publication date of October 2013.

## Foundation Training and the NHS

Dental Foundation Training (DFT) is a process which dentists wishing to work within primary dental care within the NHS need to undertake before being accepted on to the NHS Dental Performers List in England. Any UK citizen with a UK dental qualification must be able to show possession of a VT/DFT certificate or experience equivalent to one year of DFT to gain full acceptance to the Performers List. UK citizens who have a European Economic Area (EEA) degree are permitted to undertake DFT, and funding will be available for this.

The National Health Service (Performers Lists) Amendment Regulations 2013 came into effect on 1st April 2013, and redefined the concepts of what until then had been Vocational Training. The term Vocational Training has been dropped and replaced with Dental Foundation Training and this applies to a period of one year in primary dental care. The Committee of Postgraduate Dental Deans and Directors has since confirmed that what was previously regarded as a second Foundation year has been redefined as Dental Core Training and all SHO posts are now termed as Dental Core Training (DCT) Posts.

In England, NHS primary care dental services are currently the responsibility of NHS England and not only do they have a responsibility to ensure that dental services are available for all, they also have to ensure that local needs are addressed, not only now, but in the future. Workforce planning is an important part of the role of the NHS England and together with the Health Education England (HEE), and our Local Education and Training Board (LETB), Health Education East of England (HEEoE), a co-ordinated approach to the appointment of Dental Foundation Training practices must take place. This means that before applying to become a Trainer, you will need to have spoken with and gained the support of your local Area Team. Although the funding of Dental Foundation Training does not come directly from the local NHS England base allocations, many other DFT issues will affect the provision of dental care in the area. Questions such as; “Will the Trainee be able to remain at the practice at the end of the year?”, and “Who will take over care of the patients seen by the Trainee at the end of the training year?”, need to have been thought through at an early stage. HEEoE, in its appointment process, will seek information from the local Area Team about their support for your application, and the appointment process must examine these issues.

Nevertheless, the role of Trainer has not diminished in its appeal and you are encouraged to read further and find the way in which you can become a Trainer for Health Education East of England.

## The Trainer's Job

A Trainer is an experienced general dental practitioner with high clinical standards, good ethical values, is currently included in the dental Performers List and who employs a dentist as a Trainee in the practice. As well as this, the Trainer needs to have the skills to create a learning environment for the Trainee, and to assess the learning that takes place.

The trainee dentist is called a Foundation Dentist (FD) or a Trainee and works in the practice for a maximum of 35 hours per week. For 30 weeks of the year the Trainee has to attend a Day Release Course (DRC) at one of the seven Dental Foundation Training Schemes around the Region, and this usually takes place on a Friday. On those weeks when the Day Release Course is being attended, the Trainee works in the practice for only 28 hours. The Trainee's working week must not be more than five days in any week, including the DRC, and the Trainee must not work for more than eight hours in any one day.

The Trainer must be available in the practice to provide help and advice, be it chairside or otherwise, and must be present for at least three days a week whilst the Trainee is working. There must also be available in the practice another experienced dentist who is able and available to provide supervision for the Trainee at times when the Trainer is not present.

Joint Trainers may split the three days attendance with the Trainee between themselves, but if there are two Trainees in the practice then each Trainer will need to fulfil the three day requirement individually.

As well as the normal help and advice, the Trainer also has to provide a weekly tutorial lasting one hour, during normal working hours. The Trainer is also required to take part in not less than fourteen sessions (seven days) of postgraduate activity associated with DFT, but most of these sessions are taken up with attendance at events and meetings organised by the Scheme or HEEoE.

Each Trainee has a web based Electronic Professional Development Portfolio (E-PDP), which is used as an educational aid throughout the year. On a regular basis the Trainee records achievements and concerns and describes and analyses events that have occurred recently. The Trainer works with the Trainee and the E-PDP to carry out regular monthly assessments of development, with the aid of learning and action plans. The Trainer has a responsibility to complete their parts of the E-PDP in a timely fashion and also to ensure that the Trainee maintains their sections of the E-PDP fully and promptly.

At the end of the year, the Trainee may wish to remain in general dental practice or alternatively may wish to leave to enter a hospital post. In the past, many Trainees have remained at their training practices and gained much precious experience, but now for this to happen the local Area Team may need to agree to any additional funding of the contract that it holds with the training practice. Thus there is no guarantee that continuation within the same practice will be possible for a Trainee.

During the period of training, the Trainer is paid a Training Fee of £9132.00 per annum (£761.00 per month) and the Trainee's salary of £30,433.32 per annum (£2,536.11 per month) is also reimbursed to the Trainer. A sum representing the service cost of employing the Trainee of £5,347.02 per month is also paid, less any patient charges based on your Trainee's work (*Figures correct at April 2014*). Units of Dental Activity (UDAs) produced by the Trainee are specific to the Trainee and should not be used not contribute to the practice contract total. Dental Foundation Training for Health Education East of England complies with the national guidelines and regulations.

## What Does the Trainer Have to Provide?

To be selected as a Trainer, you must: be a performer on the NHS Dental Performer List; have significant experience in general dental practice (typically equivalent to four years full time experience); and have been in your present practice for not less than one year. It is expected that you would be the practice owner and/or provider, but in certain circumstances, (corporate bodies, longstanding associateships, salaried services) this is not necessary. You must normally have a personal contracted commitment to working within the NHS, covering all Mandatory Services, of not less than £25,000 per annum. This NHS commitment must be demonstrable during the year of application and appointment and throughout the whole period of training. You have to provide an approved surgery for the Trainee to work in, together with a trained and experienced dental nurse at all times. As stated in the earlier section, you must be present, working in the practice, for at least three days a week whilst the Trainee is working, and you are expected to be able to make yourself available for help, clinical and non clinical, throughout the day. There also needs to be satisfactory approved arrangements for supervision of the Trainee in your absence. HEEoE also requires you to have had training in Equality and Diversity skills within the previous three years.

## The Appointment Process and Timetable

The Trainee's Dental Foundation Training Year begins on the 1st September, the National starting date. Thus present Trainer applications will be for Trainees to start in September 2015. The process of application and appointment is straightforward, but has a fixed timetable. It involves completion of a series of forms, which in themselves help to ensure that you and your practice are prepared for Dental Foundation Training.

If you have not been a Dental Foundation Trainer before, we require you to attend an Introduction to DFT course which will prepare you for the interview process. This course is being run three times in January 2014, Thursday 15th, Monday 19th and Tuesday 20th; details will be available on the HEEoE website.

If you are a very experienced and successful Trainer, then it may be possible for you to be appointed for a period of two or even three years. However, long term Trainers will be required to undergo a satisfactory performance review at the year end to continue in their training role. The appointment process has been adapted to allow very detailed scrutiny of Trainer performance, and the specifications are set out.

If you feel that you could and would like to become a Trainer, then you must apply using the application forms which you can download from the HEEoE website. One signed copy has to be sent to the Dental Education Office at HEEoE. In addition to this, a copy of each of the forms must be emailed to [HEEE.DFTrecruitment@nhs.net](mailto:HEEE.DFTrecruitment@nhs.net). Both must arrive **before midday on Wednesday 10th December 2014** in order to be considered.

The forms are in .pdf format and must be opened and completed **using Adobe Reader**, which can be downloaded from the Adobe website ( <http://www.adobe.com/products/reader.html> ). The forms must be completed using a computer, and then saved before emailing and printing the copy to be signed and submitted to HEEoE. There are further instructions in the 'Notes for Completion'.

There are four parts of the application form but not all are completed by all applicants. Part 1 is to gather information about you and your past experience. As the process is based upon selecting

those applicants with the best qualities, the more information provided at this point the better. Part 2 of the form is to provide information about your practice in general and in terms of its educational and training facilities and will be of great importance to the Selection Committee. Training practices must comply with certain minimum standards, and these are set out in the Practice Specification. Thus if there are areas where your practice does not meet the requirements, you have the chance to alter things before submitting your application.

Part 3 of the form is to be completed by current Health Education East of England Trainers only and is a report on current training within HEEoE. It asks for specific information about the current first three months of the current training year and is a very important part of the selection process.

Part 4 of the application is the standard HEEoE Human Resources QA and criminal checks process and is completed by all applicants.

All applications must reach HEEoE by midday on Wednesday 10th December 2014. Please email your completed forms and also post your signed application and practice documents in good time as late applications will not be accepted. You may wish to use Recorded Delivery as HEEoE will not be in a position to notify you automatically of its receipt. Alternatively you may wish to contact the office to confirm that your application has been received. All applications will be validated and only those which are complete and correct will be accepted to take part in the Trainer selection process. **We regret that applications which are incomplete will NOT be accepted.** Please ensure that the forms are collated and stapled into individual parts.

Interview date letters should be sent out by Friday 19th December 2014. Not all applicants will require an interview. Those who are new applicants; non HEEoE Trainers; Trainers returning after one or more years break; or Trainers in their first year of training will require an interview. All other applicants will be assessed by the Selection Committee based on their training record and reports.

Interviews are to be held in the period 19th to 25th February 2015. You are asked on the application forms to indicate whether any dates within this period are unsuitable for you. **All candidates will be required to bring to the interview their passport, or other official photo identification, and their current General Dental Council registration certificate, plus two photocopies of each of these documents.**

One copy of your application will be sent to the Training Programme Director (TPD) for your local Scheme. Application is to HEEoE as a whole and only twelve Trainers are to be appointed to each Scheme.

If you are a current Trainer within Health Education East of England, the TPD will be asked to complete a report about your previous performance. This is Part 5 of the application and a copy can be downloaded from the HEEoE website. Another form, Part 6 of the application, will be sent to your local Area Team with a request for information about you and your practice, together with an indication of their support for your application.

For all other applicants, the selection process involves a practice visit from an TPD, sometimes with a second person, and an interview by the Selection Committee at HEEoE. The purpose of the visit is to verify the information you have set out in the application and to assess the facilities available within your practice. The practice visit will be undertaken before the interview. This usually lasts about an hour and gives the TPD a chance to confirm the information supplied on the



application form and to sort out any queries that may have arisen from the form. It also provides a chance for the TPD to meet and get to know the potential Trainer. Current HEEoE Trainers will have their application forms verified at the mid-year visits.

At the practice visit, or the mid-year visit, the TPD will need to see your NHS end of year (2013-14) practice contract report, and if you were a Trainer last year, your FD report for the year 2013-14. You must download these from the NHS Dental Portal, together with current NHS schedules.

## Appointment as a Trainer

Selection is a competitive process as each DFT Scheme will take only twelve Trainees. Thus, once the Committee has selected those who meet the standards required to be a Trainer, the best of these will be appointed as Trainers to the seven HEEoE Schemes. If you are offered the position of Dental Foundation Trainer you will be informed that you meet the standards and you will be offered a place on a Dental Foundation Training Scheme. If you do not wish to take up this place you need to inform HEEoE immediately as another suitable candidate can then be offered a place as a Trainer. Often several who meet the selection standard will be appointed as 'reserve' Trainers, as even after appointment one or two Trainers may step down for varying reasons. Appointment is made mid March 2015.

## National Recruitment of Trainees

This year recruitment of Trainees is again being carried out through a National process. Interviews are being held during November 2014 at which all those wishing to undertake Dental Foundation Training starting in 2015 will be interviewed at one of five national centres. Each candidate has ranked their choices of Scheme, and subject to their scoring and ranking they will be allocated to a Scheme of their choice. If their first choice Scheme is already full, then their subsequent choices will be allocated to them.

On **Thursday 19th March 2015**, each HEEoE Scheme will be holding a Local Appointment Event at which all twelve Trainers appointed to the Scheme will be present and the twelve Trainees allocated to the Scheme will also be present. There will be a series of structured conversations during the day in which all Trainers will be able to speak with all of the applicants. At the end of the day Trainers and Trainees will be asked to rank their choices of Trainer or Trainee and a computerised best match will be made. The matching process gives equal weight to both trainer and trainee choices. Full details of the process will be circulated to the Trainer applicants nearer the day.

## Preparations for the Foundation Training Year

A Trainers' training course is held for all Trainers in the Region, during June. New or non-current Trainers are required to attend on Thursday 11th June 2015, Wednesday 17th June and Thursday 18th June 2015. Current Trainers are required to attend on Thursday 18th June only. Many of the skills required for the job of a Trainer are introduced and discussed, often in an informal way. Each of the Schemes will hold a further short Induction Course in mid July, usually during an evening, and the new Trainees start in practice at the beginning of September. Preparation within the practice is essential, and this can be discussed fully with experienced Trainers.

## The Dental Foundation Training Year

The Trainee starts in practice on the 1st September. **The Trainer is not expected to take holiday during the first six weeks of the Trainee's job.**

The Day Release Course (DRC) for each Scheme begins at the start of September. All of the Schemes hold a residential course lasting a couple of days, usually in the second week of term, and the Trainers are obliged to attend part of this. During the term time the Trainee will usually attend the DRC on Fridays, and the Trainer will need to ensure that the tutorials match the input of the DRC when perceived relevant. If difficulties arise the Trainer always has access to the Scheme TPD for advice, support or help. The Advisor in turn has access to the Regional team for help.

During the Winter holiday period, the Scheme TPD will make a Mid-Year visit to the practice to see the Trainee at work. Usually this will occupy only an hour or two, but the TPD will wish to see the Trainee working with patients and will need to speak to both Trainee and Trainer about the training process.

The Trainees will have project work to undertake, Foundation Skills Portfolios, Audits and Case Presentations. Input from the Trainer is essential so that the Trainee can develop skills in these areas.

At the end of the Training year the Trainer and the Trainee make a Joint Assessment of the year in the E-PDP. The TPD then has to confirm that the Trainee has completed: thirty study days; a full training year; the Key Skills portfolio; the required number of assessments; a case report; a clinical audit; and has completed the E-PDP. Only then can the TPD provide a final summary and make a recommendation that a Certificate of Completion is awarded to the Trainee.

## The Trainer - A Specification

When the Selection Committee looks at your application, they will be considering you as an individual and will be matching you against the Person Specification for Health Education East of England Dental Foundation Trainers 2015-16. This was drawn up to identify the key roles of a Trainer. Obviously the more points at which you meet the specification the better. A person who is able to demonstrate a regular commitment to continuing postgraduate education over a period of time will be better able to fulfil the post than someone who has attended only a minimum of courses. Likewise, experience enables a Trainer to be able to deal with the problems of a Trainee, but not all experiences are of equal value. Some non-dental experiences may be invaluable in the educational role of a Trainer.

Many of the necessary skills or qualities may be difficult to demonstrate. You need to be able to think of examples of situations where you believe you have demonstrated these qualities. Making time within the practice day is an important point, and may mean planning your practice day differently from its present arrangement. Will this cause difficulties? Being a Dental Foundation Trainer does, without doubt, alter your practice and you need to be able to accept this alteration. You need to be special to be a Trainer and to be able to provide for the needs of someone starting their career in dentistry. The responsibility placed upon the Trainer for forming the lifetime professional values and habits of the Trainee is not a light one, and yet many of our colleagues have found this responsibility to be one of the most rewarding challenges of their practising life.

As mentioned in other parts of this guide, you need to be present in the practice whilst the Trainee works for a minimum of three days per week and maintain a demonstrable personal commitment to the NHS represented by NHS earnings from practice of no less than £25,000 per annum

## The Practice - A Specification

If you wish your practice to be a training practice it will need to comply with the Practice Specification for Health Education East of England Training Practices 2015-16. You will need to have a surgery available for the Trainee to use from August 2015. It must be of at least nine square metres in floor area and must be fully equipped for low seated dentistry, and preferably for four handed dentistry. The application forms set out all of the requirements in terms of equipment and facilities, but a well maintained normal practice should comply with these requirements. Infection control arrangements need to be well established and comply with the 'Essential Quality Requirements' of Health Technical Memorandum 01-05 (HTM 01-05). There need to be sufficient instruments and equipment available. The Selection Committee will need to have evidence that there are sufficient patients available for the Trainee to see, and also that there are sufficient numbers of experienced support staff available.

There also needs to be sufficient supervisory support for the Trainee so there is a requirement for another dentist, able and prepared to provide supervision of the Trainee, to be available in the practice at times when the Trainer is not present.

If you are not sure about any items, the TPD will be very willing to discuss this with you or other members of your dental team before you complete your application form.

The educational aspects of the practice are equally important, and good access between the Trainee and Trainer is vital. Availability of educational resources is paramount and this will be checked at the practice visit, as will the availability of Wi-Fi and internet access. The involvement of the practice team in the learning process is something that must not be underestimated and the forms ask for details of the involvement of individual team members.

The Practice also has to be providing a full range of treatments within the NHS, and this will also apply to the Trainee.

Some practices with sufficient space, experience, supervisory support, team involvement, educational resource and personnel may be suitable for more than one Trainee. This will depend upon the assessment by the Selection Committee, but if you believe that this may apply to you, there is space on the form to set out the details of a second Trainee's surgery.

## Funding and Financial Arrangements

Trainers are paid a Trainer's grant of £9,132.00 per annum. This is paid monthly as part of the practice contract payments, together with reimbursement of the Trainee's wages. The Trainees receive a salary of £30,433.32 per annum, which means that you as a Trainer will receive a reimbursement of £2,536.11 per month for the salary minus a sum for the Trainee's superannuation, plus reimbursement of the employer's National Insurance contribution. In

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addition, there is a payment to you of £5,347.02 per month to cover the costs of providing practice facilities for the Trainee. (Figures correct as at April 2014) Although Dental Foundation Training is based within the National Health Service, there may be a very small amount of work which the Trainee will carry out privately. Any such private fees will accrue to the practice, and **must not be paid to the Trainee as additional salary**. Travel and Subsistence claims submitted by the Trainee to the local Area Team may be refunded to the Trainer monthly, and these amounts must be passed on to the Trainee. These payments are not part of the salary and are not subject to tax or NI and it is advisable to keep these payments separate from salary payments.

# Timetable of Events

## **October – December 2014**

Read information books and start completing application forms. Ensure that all practice paperwork is up to date. Contact a Training Programme Director for information and/or help. Forms for new applicants and returning Trainers can be submitted after 1st October.

Existing HEEoE Trainers can complete and submit Parts 1, 2 and 4, but Part 3 requires information that is not available until the end of November.

## **1st December 2014**

Part 3 of application forms can now be completed and submitted by existing HEEoE Trainers.

## **10th December 2014**

All application forms must have reached the Dental Education Office at HEEoE by midday on this date by post and by email.

## **January – February 2015**

Practices are visited by the TPD.

## **15th, 19th and 20th January 2015**

Introduction to Dental Foundation Training course for all new applicants who have not undertaken Foundation Training before.

## **19th to 25th February 2015**

Trainer selection interviews take place at The British School of Racing, Newmarket.

## **16th March 2015**

Successful applicants are informed, practices are announced on the HEEoE website and contracts are sent out by the Dental Education Office.

## **19th March 2015**

Local Appointment Events for ALL seven Schemes.

## **11th and 17th June 2015**

Induction course for new and returning Trainers.

## **18th June 2015**

Induction course for **all** Trainers.

## **July 2015**

Graduation for Trainees. Contracts between Trainees and Trainers signed; forms for Area Teams completed and sent off.

## **1st September 2015**

All Trainees (2015-16 Schemes) start in practice.

## **September 2015**

Day Release Course starts at Scheme centre. Residential introductory course.

## **January – February 2016**

TPDs' mid-year visits to Training practices.

## **August 2016**

Dental Foundation Training Certificates awarded to Trainees of 2015-16 Scheme.

## **31st August 2016**

End of Training year 2015-16.

# Health Education East of England Schemes

## BASILDON

Robert Brown Postgraduate Centre  
Basildon Hospital  
Nether Mayne  
Basildon SS16 5NL

TPD **Graham BISHOP**  
☎ 01622 728159  
💻 [graham.bishop@nhs.net](mailto:graham.bishop@nhs.net)

## BEDFORD

Bedford Medical Institute  
Bedford General Hospital  
Amphill Road  
Bedford MK42 9DJ

TPD **Peter CRANFIELD**  
☎ 01462 434323  
💻 [pcranfield@nhs.net](mailto:pcranfield@nhs.net)

## ESSEX COAST

Robert Brown Postgraduate Centre  
Basildon Hospital  
Nether Mayne  
Basildon SS16 5NL

TPD **Hannah WOOLNOUGH**  
☎ 01473 254873  
💻 [hannah.woolnough@nhs.net](mailto:hannah.woolnough@nhs.net)

## IPSWICH

Postgraduate Centre  
Ipswich Hospital  
Heath Road  
Ipswich IP4 5PD

TPD **Jason STOKES**  
☎ 01603 628963  
💻 [jasonstokes@nhs.net](mailto:jasonstokes@nhs.net)

## NORWICH

Norfolk & Norwich Institute for Medical Education  
Norfolk & Norwich University Hospital NHS Trust  
Education Centre, Colney Lane  
Norwich NR4 7UY

TPD **Andrew FURNISS**  
☎ 01760 721385  
💻 [andy.furniss@nhs.net](mailto:andy.furniss@nhs.net)

## PETERBOROUGH

John Fawcett Postgraduate Medical Centre,  
Peterborough Hospitals NHS Trust,  
Thorpe Road,  
Peterborough PE3 6DA

TPD **Uday PATEL**  
☎ 01767 681100  
💻 [uday.patel1@nhs.net](mailto:uday.patel1@nhs.net)

## WELWYN GARDEN CITY

Education Centre  
Lister Hospital  
Stevenage  
Herts SG1 4AB

TPD **Elinor JAPP**  
☎ 07730 532739  
💻 [elinor.japp@nhs.net](mailto:elinor.japp@nhs.net)

# Health Education East of England

## HEALTH EDUCATION EAST OF ENGLAND

HEEoE is in Cambridge at:

Health Education East of England  
2 - 4 Victoria House,  
Capital Park,  
Fulbourn,  
Cambridge  
CB21 5XB



01223 596943



01223 596967



[elizabeth.hope@nhs.net](mailto:elizabeth.hope@nhs.net)





# A Brief History of Dental Foundation Training

## Background

The first pilot Scheme of Vocational Training for general dental practice was established in the South East Thames Region at Guildford in 1977. Since January 1988 voluntary Schemes were organised on a national basis with the aim that Vocational Training would soon be available for every graduate entering general dental practice. A central Committee for Vocational Training (CVT) took responsibility for setting the guidelines and organisation of Vocational Training. From October 1993 Vocational Training became mandatory for dentists wishing to be included on a Health Authority dental list.

A joint East Anglian/North East Thames Scheme, centred on Ipswich, started in 1982. In 1988 an independent East Anglian Scheme was set up in Ipswich. It rapidly established itself as one of the most highly regarded Schemes in the country and the CVT commented very favourably when they visited in March 1990. The Ipswich Scheme traditionally ran as a calendar year Scheme, but as a consequence of the change to a five year undergraduate course it became a “mid-year” Scheme in 1995.

Since the demise of the CVT in April 2003 and Dental Vocational Training Authority (DVTA) in April 2006, responsibility for overseeing Vocational Training has passed to the Conference of Postgraduate Dental Deans (COPDEND). They provide advice to the Chief Dental Officer who sets the regulatory framework for Dental Foundation Training. It is important that the standard of training should not vary significantly between the Regions. Accordingly national criteria have been established which nevertheless allow and encourage development by individual Regions.

## Regional Changes

In 1994 the Anglia and Oxford Regional Health Authority was formed and Bedfordshire became part of the new “Anglia”. As a result there were then two VT Schemes in the region, as the Bedford Scheme, which had been running since 1993 as a North West Thames Scheme, joined the Anglia fold. The Bedford Scheme originally ran as a calendar year Scheme, but from 1996 it too made the change to a “mid-year” basis. A further CVT visitation was made to Anglia in the Winter of 1995 – 96 and the report commented very favourably again upon the Anglia Schemes.

In Summer 1996 a third Anglia Scheme based at King’s Lynn commenced and in Summer 2000 a fourth Scheme based at Peterborough was started.

April 2001 was the date for reorganisation of Deanery boundaries throughout the United Kingdom, so that Deaneries became coterminous with the NHS Regions. Hertfordshire and Essex now fell within the new Eastern Deanery. The VT Scheme at Basildon, which had been running successfully for many years, became part of the Eastern Deanery.

In 2006 the Deanery became part of the East of England Strategic Health Authority and was renamed East of England Multi-Professional Deanery. To meet the need for an increase in VT places to be available for UK dental graduates two new Schemes were started August 2010, one at Welwyn Garden City, and the other situated on the Essex Coast. A two year Foundation Curriculum was introduced nationally and assessment within VT was commenced in England.

## The Present

April 2013 saw the creation of Health Education England (HEE) and the work of the Deanery became part of Health Education East of England, one of thirteen Local Education and Training Boards working under the umbrella of HEE. Within the NHS Performers List Regulations (England) Dental Vocational Training was renamed as Dental Foundation Training, and the second Foundation year has become Dental Core Training.



# Definition of Dental Foundation Training

## Dental Foundation Training

Foundation Training means a relevant period of employment during which a dentist is employed under a contract of service by an approved Trainer to provide a wide range of dental care and treatment and to attend such study days as that contract provides, with the aims and objectives of enhancing clinical and administrative competence and promoting high standards through relevant postgraduate training and in particular to

- a. enable the dentist to practise and improve his skills;
- b. introduce the dentist to all aspects of dental practice in primary care;
- c. identify the dentist's personal strengths and weaknesses and balance them through a planned programme of training;
- d. promote oral health of, and quality dental care for, patients;
- e. develop further and implement peer and self review, and promote awareness of the need for professional education, training and audit as a continuing process; and
- f. enable the dentist to—
  - i. make competent and confident professional decisions including decisions for referrals to other services,
  - ii. demonstrate that he is working within the guidelines regarding the ethics and confidentiality of dental practice,
  - iii. implement regulations and guidelines for the delivery of safe practice,
  - iv. know how to obtain appropriate advice on, and practical experience of, legal and financial aspects of practice, and
  - v. demonstrate that he has acquired skill and knowledge in the psychology of care of patients and can work successfully as a member of a practice team.

*The National Health Service (Performers Lists) Amendment Regulations 2013*

[http://www.legislation.gov.uk/uksi/2013/335/pdfs/uksi\\_20130335\\_en.pdf](http://www.legislation.gov.uk/uksi/2013/335/pdfs/uksi_20130335_en.pdf)

# Website Practice Description

## Outline

When you are appointed as a Trainer a description of your practice is placed on the HEEoE website so that the Trainees can learn about you and your practice. We publish basic details such as name, practice address, telephone contacts and e-mail addresses plus a description of your practice and its facilities. Trainers who have given attractive individual descriptions with a few photographs will appear more interesting to the new Trainees. To help users of the website we ask that you supply the information for your page using a template which will be available by e-mail from the HEEoE Office once your application has been accepted and an interview date arranged.

## Technical Issues

Please insert the details of your practice in the template using a word processing package. Pictures to be incorporated into the webpage need to be supplied as **separate picture files, not embedded in text or a Word document**, and we ask that you supply these as .jpg files or similar. If you need assistance please contact your TPD or HEEoE. We will respect your work, but will make necessary changes for technical or legal reasons.

If you have your own website we can also create a link to it so that there is further information. Please remember that all of the information is in the public domain and that web information about your practice relevant to patients is often not the same info sought by potential trainees in your practice

## Dental Core Training

Nationally, Dental Core Training (DCT) Posts are posts in Hospital Trusts, Dental Schools, the Community Dental Services and General Dental Practice approved by Postgraduate Dental Deans or Directors for a maximum of one year. The majority of these posts (DCT Year 1) are designed to follow on directly from completion of Dental Foundation Training and a smaller number of more senior posts (DCT2 and DCT3) will allow dentists to acquire additional skills in particular specialty areas; often as preparation for applying to join specialty training programmes.

In HEEoE a number Dental Core Training posts are available each year based at NHS Trusts across the region. From 2015 Core Training posts will begin at the start of September and can thus follow on directly from a Dental Foundation Training year.

Dental Core Training posts are identified by each of the main hospitals in the region and are advertised to the Trainees in late Autumn. Appointments will be made in early Spring.

Full details of the Dental Core Training recruitment process are available on the HEEoE website: <http://tiny.cc/heeoedct>