Template questions to consider in cases of poor performance

Is there a difficulty with clinical knowledge and skills?	Formal assessment might be needed.	
Is there physical illness?	Is there a new or previously unknown condition? Has previous chronic illness worsened or relapsed? Could behaviour be medication-related?	
Is the practitioner depressed or suffering other mental illness?	This might explain problems with decision-making, memory, loss of confidence or irritability	
Might alcohol or substance misuse be involved?	Is there a history or is it a new problem?	
Could there be a cognitive problem?	Cognitive problems can result from substance misuse, certain chronic physical illness, head injury etc, as well as from - more commonly - advancing age	
Are there pressures at home? Has there been a recent life event?	Birth, death, separation, family illness or financial worries can all have an effect on psychological and physical health.	
Has the practitioner had good enough educational and supervisory support?	Some critical update training might have been missed or poor role models might have encouraged inappropriate practices	
Are there new responsibilities?	The practitioner might be struggling with different work, without enough leadership experience. There might be overload and sleep loss	
Are there team difficulties?	Is there new leadership, or a new team member who may be challenging the practitioner's role in the team?	
Have there been major changes in the way work is organised and supported?	There may have been a clash of values between practitioner and managers, within the practice or more widely with local NHS managers.	
Could the practitioner be experiencing some form of discrimination? Is there bullying?	Think outside as well as inside the legal framework about discrimination – discrimination and bullying can take many forms.	
Is this new behaviour or a recurrence of a long-standing problem?	Have we tried to take action on this before? What happened?	