Bedford

Foundation Training Scheme for General Dental Practice

Scheme Handbook
2014 – 2015

Bedford Medical Institute
Welcome to the Bedford Dental Foundation Training Scheme. This Handbook is to provide you with information about the Scheme and how Foundation Training functions. It is meant to be used in conjunction with the programmes which will be issued for each of the three terms, Autumn, Spring and Summer.

In the handbook there is a section about Health Education Eat of England and the people who make up the Foundation Training organisation. There is a section about our base at Bedford Medical Institute and also information about the ‘nuts and bolts’ of Foundation Training.

This year of Foundation Training is a very valuable one during which you have the chance to gain wonderful experience in the provision of excellent dental care within a general dental practice setting. You will learn many things, and you will find yourself in many challenging situations. However, it is also meant to be fun.

Those who have undertaken Foundation Training before you have found it to be a tremendous experience and they are always sad when they realise that their year is ending. You are at the start of your year and all is ahead of you. Let us work together to make it an excellent year for you.
Health Education East of England
CB21 5XB
☎ 01223 597768 ☎ 01223 597767

Director of Dental Education

Mr. Alex Baxter  BDS, MMedSci, FDS RCPS (Glasg),
FDS (Rest Dent), RCPS
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Regional Advisor in General Dental Practice

Dr. Peter Cranfield  PhD, BDS, DIC, DGDP(UK)

Regional Foundation Training Administrator

Miss Elisabeth Graddage
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Other Foundation Training Schemes and Programme Directors in

Basildon
Mr. Graham Bishop
Barming Dental Healthcare Ctre, 372 Tonbridge Road Maidstone, Kent.
ME16 8TR ☎ 01622 728159

Essex Coast
Ms Hannah Woolnough
Parkview Dental Centre 49 Fonnereau Road Ipswich IP1 3LN ☎ 01473 254873

Ipswich
Mr. Jason Stokes
10-12 Cathedral Street, Norwich NR1 1LX ☎ 01603 628 963

Norfolk
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57 Southlands, Swaffham, Norfolk PE37 7RF ☎ 01760 721385

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10 Market Square, Sandy, Beds. SG19 1HU ☎ 01767 681100

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Bedford Medical Institute

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☎ 01234 792267  ❯ 01234 792127

Postgraduate Dental Tutor  Dr. Anthony Hewitt  PhD, FDS, DOrth
Learning & Education Manager  Mrs. Rosa Lombardi
Dental Administrator  TBC

Bedford Foundation Training Scheme
Training Programme Director

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☎ Practice: 01462 434323
☎ Home: 01462 435332
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✉ pcranfield@nhs.net

Mrs. Elinor Japp
22 London Street, Godmanchester, Huntingdon, Cambs. PE29 2HU
☎ 07730 532739

Health Education East of England
Bedford Medical Institute is situated just inside the grounds of Bedford Hospital in Ampthill Road, Bedford. It is within walking distance of Bedford Midland Road railway station, and is served by local buses.

Car parking is available at the hospital, the car park being in Britannia Road on the eastern side of the hospital. The map below shows how to find the hospital and Bedford and the Medical Institute.

Bedford Medical Institute has available several rooms for our use. The largest room is the Main Lecture Theatre, where most of the sessions for the Day Release Course are held, but there is also the smaller Christopher Reeves lecture room – which we use some Fridays. Other rooms include a Seminar Room, and Administrative Offices.

We have available for our use many audio visual aids, and also enjoy the luxury of air conditioning.
The Bevan Resource Centre

The Library and Information Centre is accommodated in a separate building behind the Medical Institute and is open to use by all FDs on the Bedford Scheme. Beside books and journals, there is a Computer Aided Learning facility. The content of the library is constantly being updated and suggestions for the possible purchase of new publications to improve the facilities would welcomed. These requests should be forwarded to your Foundation Training Programme Director.  We hope these facilities will be investigated and used by Trainers and FDs throughout the coming year and beyond.

Any articles or publications from Dental magazines and journals which you consider to be of special interest to the Foundation Training scheme should be noted and opportunities to present summaries of these articles will arise during the year.

Personnel

The Institute office is staffed by several administrators, responsible for the overall running of the Institute.

The Institute is home for the Bedford Medical Foundation Training Scheme, and also is the home to many Basic and Advanced Life Support courses.
Aims of Foundation Training

The aims of Foundation Training for the General Dental Services (GDS) are to meet the needs of unsupervised general dental practice by developing the clinical skills learned as an undergraduate and teaching administrative and practice management skills to promote high ethical standards and quality care for patients.

The aims are achieved by:

- introducing the Foundation Dentist to general dental practice;
- identifying personal strengths and weaknesses and balancing them through a planned programme of training;
- enabling the FD to practise and improve skills free from undue financial pressure;
- promoting the implementation of peer and self-review;
- establishing the need for professional education, training and audit as a continuing process throughout the dentist's professional life.
The objective of Foundation Training is that the FD should be eligible to practise unsupervised as a principal within the GDS.

By the end of the training period the FD should be able to:

- demonstrate the clinical skills, knowledge and values relevant to the work of a GDS principal;
- demonstrate the necessary knowledge and some of the skills for the organisation and management of successful practice;
- manage the psychological aspects of patient care;
- work successfully as a member of the practice team;
- make competent and confident professional decisions with an awareness of personal strengths and weaknesses, including the need to refer when appropriate;
- demonstrate that he or she is working within the relevant guidelines regarding ethics and confidentiality of general dental practice;
- implement regulations and guidelines for the delivery of safe practice;
- know how to draw on the wide range of advice and support available to general dental practitioners and health care workers;
- demonstrate that he or she understands that continuing professional development should be a lifelong commitment.
- Demonstrate the necessary knowledge and some of the skills for the organisation and management of successful practice.
Dental Foundation Training became mandatory on 1st October 1993, making it compulsory for all graduates of British dental schools to complete an approved course before they can become a Provider on an NHS contract, or to work abroad in an equivalent scheme. Non EU graduates of the UK dental schools may enter vocational training if specific regulations are met.

You can still practice without this certification in private practice or as an assistant within the NHS. Had you qualified at a dental school from elsewhere in the EU there would be no compulsion to comply with this regulation. EU nationals are eligible to enter the UK vocational training scheme. Overseas nationals who are not EU graduates may undertake Foundation Training under specific regulations.

Completion of Foundation Training is dependant upon working in your Training Practice for 12 months; maintaining and keeping up-to-date your Professional Development Portfolio; attending the Day Release Course for 30 days; and completing the case-study and project work during the year. On full completion of the Foundation Training year a Certificate of Completion will be awarded.

After Foundation Training an ethical practitioner will keep up-to-date by attending meetings and trade shows; undertaking specialised ‘hands-on’ courses; and reading a range of journals. The General Dental Council has now launched its ‘Lifelong Learning’ programme and this means that dental practitioners need to undertake 250 hours of professional development every five years:- this is expected to be 15 hours of verifiable and 35 hours of non verifiable education each year.

To help practitioners achieve this, dental courses are arranged by Postgraduate Dental Tutors, and for these, general dental practitioners may claim appropriate travel expenses through their PCT. Practitioners can also attend private courses which may involve paying an attendance fee, expenses cannot be reimbursed.

The funding of Dental Foundation Training used to be arranged centrally, but now money is part of the overall budget for Health Education East of England. Funding for the practice based component of Foundation Training comes via the NHS Business Services Authority.
Make certain that all the parts of the contract are agreed and completed. Any alterations, which should only be minor, must be initialled by both parties and submitted to the Director for approval. Remember, both Trainer and FD are **qualified** and **registered** dental surgeons but the FD is employed as a full-time **assistant**, as defined in the NHS regulations. ‘Full-time’ in the context of the Foundation Training Scheme is taken to mean 35 hours per week. This includes chair-side clinical time, tutorials and Day Release Course. If there is no Day Release Course, the time should be spent in the practice.

The Contract lasts a minimum of **one year** and, during this time, the FD will receive a salary at the current rate. In exceptional cases it may be extended to allow for certification. The salary is superannuable under the NHS Superannuation Scheme, with contributions at 9% deducted by the NHS Business Services Authority (BSA) at source. The Trainer is responsible for the employer's National Insurance contributions and for deducting the FD’s NI contributions and PAYE tax. All practitioners must indemnify themselves against professional risks with one of the three recognised defence organisations.

The Trainer must offer proper educational support including allowing and requiring the FD to attend the Day Release Course. The Trainer must not insist on the FD working at the practice at this time. The FD must obey the Trainer’s reasonable instructions. This is central to the professional relationship.

As it is the NHS’s Foundation Training Scheme, it is expected that the FD will carry out a full range of NHS treatment. **If** any **private** work is undertaken, the fees will accrue to the Trainer, who, as employer, is responsible for the FD’s acts and omissions. The patient should be given a clear explanation of the nature of contract under which they are being treated. The FD shall comply with the NHS Terms of Service, although as the FD is not on a dental list he/she cannot answer NHS disciplinary hearings; it is the Trainer who would appear under such circumstances.

As an assistant, the FD signs FP17s ‘pp’ the Trainer. However, the FD’s performer number will allow identification of the FD’s work for statistical purposes.

The FD is entitled to 5.6 weeks (28 working days) leave including public holidays; leave may not, under any circumstances, be taken during term time. There is also entitlement to fifty two weeks maternity/adoption leave, and 39 weeks’ maternity/adoption pay or two weeks’ paternity leave/pay as the case may be.

If the FD moves to another practice, he/she is not allowed to accept for treatment a patient treated whilst acting as an assistant, thus protecting the goodwill and existing patients of the Training practice.
Your Day Release Course is for 30 days during the Foundation Training year and is planned to help you in many areas, including the intricacies of the National Health Service and the more advanced clinical and treatment planning skills required for successful practice.

Most of the courses are based at the Bedford Medical Institute but there are several opportunities for visits to dental practices, local laboratories, dental companies and conferences. Most study days will include a ‘problem solving’ session where problems of a clinical or interpersonal nature can be discussed with your peers. It is amazing how many people have the same difficulties.

The structure of the course is not rigid and will be influenced by the FDs, so speak to the Training Programme Director and he will see what can be done to accommodate your wishes. Study days are not generally lectures but discussions, so your full participation and preparation for them is a must. Attendance at these Day Release Courses is compulsory. Your completion certificate will depend on it.

Enjoy your year - it will be like most things: the more you put into it, the more you will get out! Problems can and will be sorted out quickly if they are identified, so speak to your Trainer or your Training Programme Director - they are there to help.

Important points to remember

1. If you are ill, please telephone the Training Programme Director - this can be the only reason for not attending. Please organise holidays, interviews and other personal arrangements outside term times.

2. Preparation for each Day Release Course is vital for your full participation - it may make a good topic for the preceding week’s ‘in practice’ tutorial with your Trainer.

3. The start time for each day is indicated in the programme. It is worth remembering that this is the time at which the first session will begin and that you will be expected to be present before the start time. Late arrival at a session may well mean that you are recorded as being ‘not present’ for the session.

4. Foundation Training is training for membership of a profession. Accordingly, professional standards of dress are expected at the Day Release Course.

5. A record of attendance will be kept. Non-attendance could prevent certification of completion of the Course.
Problem solving

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the ‘crowns that never fit’ to the ‘DSA who never seems to do what is needed’. During your Foundation Training year, you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Trainer. During normal working hours you can approach your Trainer for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Sometimes the speaker at the Day Release Course will be the expert able to answer the difficult question. You are recommended to bring along to the study days clinical problems that may need to be shared.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Day Release Course meeting; a telephone call to his Practice or home may allow early resolution of a problem and help prevent a great deal of worry.

The Foundation Training Group is also a powerful force for resolution of problems. Opportunities for group discussion occur in nearly every session of the Day Release Course. Sharing difficulties, problems or concerns with the other members of the group often brings to light examples of the same problem that have been experienced by others, and answers can often be found and discussed. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

If you have a problem that you do not wish to discuss with the group, please always feel free to bring it to your Training Programme Director and a mutually convenient time for discussion can be arranged.

During the week your Training Programme Director can be contacted at the following numbers:

Dr. Peter J. Cranfield
The Mews, 22 Bancroft, Hitchin, Herts. SG5 1JW
☎ Practice: 01462 434323
☎ Home: 01462 435332
☎ Fax: 01462 436407
Session evaluation

The Day Release Course strives to meet your needs and requirements and we thus need to know your opinions on the course content and presentation in order that improvements can be made and standards maintained. It is therefore important for you to complete an evaluation form (copy opposite) for each session. In this way we have a measure of the value and standard of each presentation, and where necessary, adjustments and refinements can be made.

Please ensure that at the end of the day you have completed all the questionnaires for the day’s sessions. We ask you to think carefully about your answers as it is important that they reflect your true opinion of that session. Free comments are particularly valuable as they may bring forward points that have not been addressed.

Remember, you are benefiting from the feedback given by previous Foundation Dental Practitioners.
Session Assessment

Name: ____________________________ Date: ____________________________

Subject: ____________________________ Speaker: ____________________________

Please comment freely for each of the categories.

1. What did you find helpful in this session?

________________________________________________________________________

2. How could this session have addressed your needs better?

________________________________________________________________________

3. How effective was the mode of presentation?

________________________________________________________________________

4. How do you rate this session overall

________________________________________________________________________

5. Do you have any additional comments?

________________________________________________________________________
Professional Development Portfolio

Progress in all areas of professional life is increasingly dependant on records of the extent and nature of previous experience. This is difficult and inaccurate to do in retrospect; thus the habit of regular record keeping is best developed at the outset so that no opportunity is missed for the registration of higher professional recognition. Your internet based Electronic Professional Development Portfolio (E-PDP) is there for you to record your experiences and your reflections on a regular basis. Completion of Foundation Training is dependent upon your maintaining and keeping your E-PDP up-to-date. You will need to discuss your E-PDP with your Trainer at tutorials and at other times within the practice; and your Training Programme Director also will see your E-PDP and will discuss this with you when relevant. It is essential that the E-PDP is kept up to date and that all assessments are recorded fully.

Assessment

Throughout the Foundation Training year, monthly assessments are carried out in practice. These are mainly of two types, a Dental Evaluation of Performance (D-EP) and a Case based Discussion (CbD). However, during the first month assessment is by use of a weekly Early-stage Peer Review (ESPR) and after month 6 there is a patient questionnaire. All of the assessments are recorded in the E-PDP and an overall monitoring section is present which provides guidance to learning needs and educational planning.

Case presentations / Project work

Your Training Programme Director will explain the requirements to be fulfilled during the Foundation Training year. Some of the project work will be based on the Foundation Skills Portfolio; other work will be for presentation to the group. Much of it is planned to equip you with many of the requirements of the MJDF examination, which you may wish to sit after your Foundation Training year. It is important that projects are completed satisfactorily otherwise full value will not be gained from the Foundation Training year.

The presentation mode of clinical cases is of great importance, and this will be discussed at an early stage in the year. Please remember that at all clinical presentations confidential material is being discussed, and ethical considerations are paramount. You will therefore have to make sure that all items used in a case presentation are suitably anonymised before they are brought to the Day Release Course.
Mid year visit by the Training Programme Director

Mandatory vocational training with final certification places great responsibilities upon all parties, but especially the Trainer/FD partnership, and problems must be identified early. The Training Programme Director has an important rôle to facilitate the implementation of the requirements of the training agreement. This can best be done by a personal visit to the practice during working hours to see at first hand the trainee's working environment. This usually takes place in the period immediately after the Christmas and New Year break.

You will be advised beforehand that the Training Programme Director will be spending some time in the surgery whilst patients are treated. Hopefully an ‘open door’ approach to training will already have been cultivated in the practice and so this will not be such an intimidating proposition. The focus of attention during the visit should be more on communication skills than clinical factors. During the visit, the Training Programme Director will carry out one of your routine D-EP assessments and will use the visit to appraise your progress and learning in an informal and non-threatening manner.
It is a requirement of Foundation Training that you have a tutorial of at least an hour once a week, during normal working hours. The timing needs to be agreed between Trainer and FD as time must be set aside which is free from patient appointments and interruptions. The content of the tutorial will depend upon the learning needs of the FD, but some structure is essential.

This is a suggested starting plan for a tutorial, but can be freely altered:

1. Review of Professional Development Portfolio. This will include:-
   a. Looking at the reflective record in Section 3 for the past week/month
      - Self assessment: ‘What went well? What were the challenges? What didn’t go well?’
      - Analysis: ‘Describing WHY, e.g. identifying cause & effect for unexpected case outcomes, or identifying reasons why progress slow in one competency are and fast in another etc’
      - Formulating change: ‘Describe the learning outcomes from this exercise. Identify what you will do to address any slow progress or problems.’
   b. Reviewing the Assessment Log in Section 2 and using this to extend your Personal Development Plan.
2. Discussing areas of concern, or problems to be solved. These will need to be entered in the Personal Development Plan in Section 2
3. Discussion of Day Release Course topics, both last and next study days.
4. Tutorial topic for the week plus plans for next tutorials.
5. Recording the tutorial in the CPD and Education Log Section 2.

If there is an assessment to be undertaken, (either a D-EP or a Clinical based Discussion) this, together with the feedback and discussion, will form the major part of the tutorial. It too will need to be recorded fully in the Portfolio.

Remember, for a tutorial to be successful planning is usually required, both by FD and Trainer. FDs will benefit much more from tutorials if there is regular discussion as to which subjects you are going to cover.

Tutorials do not need to be about clinical topics. Much of general dental practice is about management, communications and values. These are subjects which may not have been explored greatly in a dental school environment, and yet which need to be taught and learned.

Following is a list of suggested tutorial subjects, which may help to provide inspiration. It is not an exhaustive list.
Tutorial suggestions

Terms and conditions of service
NHS Regulations
Business Services Authority
Health and Safety Rules
Ionising Radiation Regulations
Radiology Protection
Sterilisation and Cross Infection
Employment Legislation
Role of Health and Professional Bodies
Clinical Governance

Diagnosis
Patient Management
Caries Detection
Perio Assessment
Consultation Skills
Pain Relief
X-Rays and Special Tests
Referral and Assistance

Treatment planning
Assessing Patient Needs
Co-ordinating Dental Disciplines
Patient Explanation and Motivation
Socio - Economic Factors
Written Treatment Plan
Consent
Confidentiality

Oral surgery and oral medicine
Routine Extraction Technique
Local Anaesthesia
Minor Oral Surgery
Resuscitation Routine
Biopsy
Early Diagnosis of Oral Carcinoma
Referral in Oral Medicine
Pharmacology and use of Drugs/Medicines
Referral Criteria for Specialist Opinions

Restorative dentistry
Moisture Control
Materials Handling in Conservative Dentistry
Crown and Bridgework
Endodontics
Periodontal Assessment and Follow-up Reassessment
Periodontal Surgery
Oclusion

Paediatric dentistry
Preventative Dentistry: Philosophy and Management
Modern Restorative Techniques for Children
Management of Children
Orthodontic Assessment and Diagnosis

Gerodontics
Implications of an Ageing Population
Treatment Planning for Partial Dentures
Patient Complaints in F/F Dentures
Copy Techniques
Domiciliary Visits
Dealing with Elderly Patients
Hypnosis and Relaxation Techniques for Impressions

Behavioural sciences
Communication and Counselling Skills
Patient Management and Motivation
Delivering Prevention
Management of Anxiety
Psychology of Pain
Stress Control and Relaxation Techniques

Staff management and training
Staff Management
Chair a Practice Meeting
4 Handed Dentistry
Liaising with the Hygienist
Liaising with the Technician
Employment Law
Staff Recruitment and Staff Training
Resuscitation

Business management
Organise, Plan and Manage a Practice
Effective use of Resources, Money, Time, Skills,
Formulation of Budget Forecasts
Business Plans - Accounts
Delegation
Ability to Assume Responsibilities of Team Leader
Computers
Epidemiology
Superannuation
Taxation

Professional development and continuing education
Projects During Foundation Training Year
Audit as an Educational Tool
Faculty of General Dental Practice
MJDF
Planning Your Career
Peer Review
Continuing Education
Case Presentations

Here are some hints which will help you when preparing a Case Presentation.

1. Present the patient’s details before you describe the clinical situation. You must anonymise the patient; make sure that the patient's name does not appear on radiographs, models etc..

2. Detail the circumstances of your treating the patient: i.e. is the patient a regular attender at the practice? Is it the first time you have seen the patient?

3. Describe the clinical picture fully where relevant, but avoid unnecessary detail. Those to whom you are presenting the case need all the relevant information so that they can make a reasoned assessment themselves. It may be necessary to have ‘extra’ information with you to provide answers to further questioning.

4. Have radiographs available, identified, and mounted if possible. Digital radiographs may need to be prepared for presentation.

5. Have study models available if possible.

6. Even if it is solely on oral presentation still write out your treatment plan or your problem beforehand, it can be very difficult to remember all the details when presenting the case.

7. Take care with your method of presenting the information. It is easy to photocopy on to acetate sheets for an overhead slide, but can other people read your handwriting? If you are presenting formally make sure that your mode of presentation shows the case to its best advantage.

8. Listen to what others say and ask. It may be helpful to write down comments from others in the group.

9. Don't be afraid to ask for comments from others in the group. It is an excellent way of learning.
Finance Facts 2013

From 1st April 2013

**FD’s Salary** is £2,511.00 per month (£30,132.00 per annum)

**Trainer’s Grant** is £753.00 per month (£9036.00 per annum)

**Service Cost** is £5347.00 per month (£64,164.00 per annum)

**FD’s Salary (per month)** Figures in blue are estimated - please check schedule and NI tables

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gross pay</td>
<td>£2,511.00</td>
</tr>
<tr>
<td>Superannuation at 9%</td>
<td>£225.99</td>
</tr>
<tr>
<td>Net Pay (for income tax)</td>
<td>£2,285.01</td>
</tr>
<tr>
<td>National Insurance: Contracted out Table D.</td>
<td>£195.27</td>
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<tr>
<td><em>(calculated on gross pay)</em></td>
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</tbody>
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**Trainer’s payment from NHSBSA (per month)**

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Training Grant</td>
<td>£753.00</td>
</tr>
<tr>
<td>FD’s Salary</td>
<td>£2511.00</td>
</tr>
<tr>
<td>Less Employee’s Superannuation Contribution</td>
<td>-£225.99</td>
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<tr>
<td>Employer’s NI Contribution</td>
<td>£188.77</td>
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<tr>
<td>Service Costs (less patient charges)</td>
<td>£5,347.00</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>£ 8573.7893</strong></td>
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Code number for “Contracted-Out Health Service Workers” (ECON) is: **E3900000M**

NHS SCHEME Contracted-Out Number (SCON) is: **S2730000B**
Expenses claims

To make a claim for refund of travel and subsistence expenses, you must use FP84T&S Forms which are available from your Training Programme Director. They should be sent to your Practitioner Support Unit and a photocopy should be retained by you, the dentist.

For each travel/subsistence claim Sections 1 and 3 should always be completed.

The rates payable are set by the Department of Health and changes are notified to dentists as they occur. There is a copy of the current rates in this handbook. You may claim:

Travelling Expenses
Mileage Allowance
Night Subsistence
Day Subsistence -

Lunch Allowance for absences of over 5 to 10 hours including the lunch period of 12.00 to 14.00 hrs

Evening Meal Allowance for absences of over 10 hours including an evening meal and returning after 19.00 hrs.

When your claim form is complete it must be signed by your Training Programme Director as a mark of validation.

You must then copy the form, and keeping the copy, send the original, together with any validating receipts and tickets to your Practitioner Support Unit.
Night Subsistence Allowances

Actual expenses incurred, subject to a maximum of:

- £55.00 (receipts required)
- £25.00 (non-commercial)

Meal allowance for 24hrs:

- £20.00

Day Subsistence Allowances

For absence of 5 - 10 hours (including the lunch time 12.00-14.00):

- £5.00

For absence of over 10 hours (including supper, return after 19.00):

- £15.00

Mileage Allowances

For each mile:

- 24.0 pence per mile

Passenger allowance (per passenger attending same course):

- 2.0 pence per mile

Public Transport

- 2nd Class Fare (ticket / receipt required)
Trainers and Trainees

<table>
<thead>
<tr>
<th>Trainers</th>
<th>Trainees</th>
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<tbody>
<tr>
<td>Mr. Victor Gehani</td>
<td>Mr Paras Malde</td>
</tr>
<tr>
<td>Miss Sabina Wadhwani</td>
<td>King’s College London</td>
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<tr>
<td>Mr. Victor Gehani</td>
<td>Miss Arti Patel</td>
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<td>Miss Sabina Wadhwani</td>
<td>Queen Mary, St. Bart’s &amp; The London Dental School</td>
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<tr>
<td>Mrs. Helen Kefford</td>
<td>Mr Sabpreet Hundal</td>
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<td>Miss Elaine Parsons</td>
<td>University of Birmingham</td>
</tr>
<tr>
<td>St Kildas Dental Practice, 93 High Street, Tring, Hertfordshire, HP23 4AB</td>
<td>01442 826565</td>
</tr>
<tr>
<td>Mr. Simon Oldham</td>
<td>Mr Konstantinos Adraktas</td>
</tr>
<tr>
<td></td>
<td>University of Glasgow</td>
</tr>
<tr>
<td>6 Star Street, Ware, Hertfordshire, SG12 7AA</td>
<td>01920 465908</td>
</tr>
<tr>
<td>Mr. Dipak Patel</td>
<td>Mr Khushil Shah</td>
</tr>
<tr>
<td></td>
<td>Bristol Dental Hospital</td>
</tr>
<tr>
<td>7 Birchwood Avenue, Hatfield, Herts, AL10 OPL</td>
<td>01707 263270</td>
</tr>
</tbody>
</table>
### Trainers and Trainees

<table>
<thead>
<tr>
<th>Trainers</th>
<th>Trainees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mrs. Kalpana Patel</td>
<td>Miss Sejal Sangani</td>
</tr>
<tr>
<td>Chrysalis Dental Practice, 161-163 Leavesden Road, North Watford, WD24 SEP</td>
<td>King’s College London</td>
</tr>
<tr>
<td>Mr. Manish Patel</td>
<td>Mr. Julian Leiner</td>
</tr>
<tr>
<td>Mr. Abhay Shah</td>
<td>University of Birmingham</td>
</tr>
<tr>
<td>Dunstable Dental Practice, 85 High Street North, Dunstable, Beds, LU6 1J</td>
<td>01582 664315</td>
</tr>
<tr>
<td>Mr. Manish Patel</td>
<td>Mr. Saul Konviser</td>
</tr>
<tr>
<td>Mr. Abhay Shah</td>
<td>King’s College London</td>
</tr>
<tr>
<td>205 St Albans Road, Watford, Herts, WD24 SBH</td>
<td>01923 225437</td>
</tr>
<tr>
<td>Mr. Nilesh Sakerchand</td>
<td>Miss Sita Madaan</td>
</tr>
<tr>
<td>Mrs Preeya Sakerchand</td>
<td>Queen Mary, St. Bart’s &amp; The London Dental School</td>
</tr>
<tr>
<td>West Street Dental Practice, Europa House, West Street, Leighton Buzzard, Beds, LU7 1DD</td>
<td>01525 373205</td>
</tr>
<tr>
<td>Mr. Nilesh Sakerchand</td>
<td>Mr. Kiran Shah</td>
</tr>
<tr>
<td>Mrs Preeya Sakerchand</td>
<td>University of Bristol</td>
</tr>
<tr>
<td>West Street Dental Practice, Europa House, West Street, Leighton Buzzard, Beds, LU7 1DD</td>
<td>01525 373205</td>
</tr>
<tr>
<td>Mr. Samir Shah</td>
<td>Miss Shreya Shah</td>
</tr>
<tr>
<td>Poynters Road Dental Practice, 263 Poynters Road, Dunstable, Beds. LU5 4Sj</td>
<td>King’s College London</td>
</tr>
<tr>
<td></td>
<td>01582 663822</td>
</tr>
</tbody>
</table>
Useful addresses

**COPDenD**  
COPDEND Secretariat  
The Triangle, Roosevelt Drive,  
Headington, Oxford.  
OX3 7XP  
📞 01865 740623 Web-site: [www.copdend.org.uk](http://www.copdend.org.uk)

**British Dental Association**  
64 Wimpole Street,  
London.  
W1M 8AL  
📞 020 7935 0875 Web-site: [www.bda-dentistry.org.uk](http://www.bda-dentistry.org.uk)

**General Dental Council**  
37 Wimpole Street,  
London.  
W1M 8DQ  
📞 020 7887 3800 Web-site: [www.gdc-uk.org](http://www.gdc-uk.org)

**NHS Dental Services**  
1 St Anne’s Road,  
Eastbourne, East Sussex.  
BN21 3UN  
📞 0300 330 1348  
✉ [nhsbsa.dentalservices@nhs.net](mailto:nhsbsa.dentalservices@nhs.net) Web-site: [www.nhsbsa.nhs.uk/dental](http://www.nhsbsa.nhs.uk/dental)

**Dental Protection Limited**  
Granary Wharf House,  
Leeds.  
LS11 5PY  
📞 0171 3236555 Web-site: [www.dentalprotection.org](http://www.dentalprotection.org)

**Dental Defence Union**  
3 Devonshire Place,  
London.  
WIN 2EA  
Medical and Dental Defence Union of Scotland
Mackintosh House,
120 Blythswood Street,
Glasgow,
G2 4EH
☎ 0141 2215858 Web-site: www.mddus.com

Dentists Provident Society
9 Gayfere Street,
London.
SW1P 3HN
☎ 020 7222 2511 Web-site: www.dps-ltd.co.uk

Dentists and General Mutual Benefit Society
St James Court,
20 Calthorpe Road,
Edgbaston, Birmingham. B15 1RP
☎ 0121 452 1066 ☎ 0121 452 1077 Email: mail@dengen.co.uk Web-site: www.dengen.co.uk

Faculty of General Dental Practice
Royal College of Surgeons of England,
35-43 Lincoln’s Inn Fields,
London.
WC2A 3PN
☎ 020 7312 6671 Web-site: www.rcseng.ac.uk/dental/fgdp/

Faculty of Dental Surgery
Royal College of Surgeons of England,
35-43 Lincoln’s Inn Fields,
London.
WC2A 3PN
☎ 020 7405 3474 Web-site: www.rcseng.ac.uk/dental/fds/

Practitioner Services Unit for Hertfordshire and Bedfordshire
Charter House, Parkway,
Welwyn Garden City. AL8 6JL
☎ 0113 824 8686 Web-site: http://www.england.nhs.uk/mids-east/hsm-at/
## Calendar 2014 – 2015

### 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Friday 5th September</strong></td>
<td>First Day of Autumn Term Day Release Course at Bedford Medical Institute.</td>
</tr>
<tr>
<td><strong>Tuesday 9th September</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Thursday 11th September</strong></td>
<td>(6.00pm) to</td>
</tr>
<tr>
<td><strong>Saturday 13th September</strong></td>
<td>(2.00pm)</td>
</tr>
<tr>
<td><strong>First Day of Autumn Term</strong></td>
<td>Residential Course for Trainees at Stevenage Novotel. Trainers to be present from 9.30am on Friday 13th September until evening.</td>
</tr>
<tr>
<td><strong>Friday 3rd October</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Fridays 24th and 31st October</strong></td>
<td>No Day Release Course - FDs work in practice.</td>
</tr>
<tr>
<td><strong>Monday 3rd to Friday 7th November</strong></td>
<td>Day Release Course at British School of Racing, Newmarket. Some members of Foundation Training group present each day.</td>
</tr>
<tr>
<td><strong>Friday 12th December</strong></td>
<td>Last Day of Autumn Term Trainers present at Bedford Medical Institute from 1.30pm.</td>
</tr>
</tbody>
</table>

### 2015

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>5th to 27th January</strong></td>
<td>Practice Mid Year Visits - dates and time to be arranged.</td>
</tr>
<tr>
<td><strong>Friday 28th January</strong></td>
<td>First Day of Spring Term Trainers at Bedford Medical Institute. from 1.30pm.</td>
</tr>
<tr>
<td><strong>Friday 13th March</strong></td>
<td>Last day of Spring Term</td>
</tr>
<tr>
<td><strong>First Day of Summer Term</strong></td>
<td>Friday 1st May</td>
</tr>
<tr>
<td><strong>Thursday 7th to Saturday 9th May</strong></td>
<td>British Dental Association Conference, Manchester</td>
</tr>
<tr>
<td><strong>Friday 11th July</strong></td>
<td>Last Day of Summer Term Trainers present all day from 10.00am.</td>
</tr>
</tbody>
</table>