# NATIONAL EXAMINING BOARD FOR DENTAL NURSES



# CERTIFICATE IN SPECIAL CARE DENTAL NURSING

# PROSPECTUS

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# NATIONAL EXAMINING BOARD FOR DENTAL NURSES

## **OBJECTIVE**

## TO ADVANCE THE EDUCATION OF DENTAL NURSES FOR THE BENEFIT OF THE PUBLIC.

#### NEBDN undertakes this duty by:

- setting examinations for Dental Nurses which reflect the needs of patients and the profession;
- publishing syllabuses of study for the examinations set by the Organisation for the benefit of candidates and trainers;
- encouraging eligible candidates to sit for the examinations set by the Organisation;
- issuing Certificates and qualification badges to successful candidates;
- managing quality assurance systems to ensure that the standards of the qualifications are maintained;
- liaising with other bodies to promote the education and qualification of Dental Nurses.

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#### **AWARDING BODY PROFILE**

#### NEBDN

Since its inception in 1943 the National Examining Board for Dental Nurses (NEBDN), which is a registered charity managed by a board of trustees, has become the most widely recognised awarding body for dental nurses in the United Kingdom. The Head Office and administrative staff are based in Fleetwood, Lancashire.

#### Panel of Examiners

The Panel of Examiners is made up of registered dental nurses and dentists who have been qualified for more than four years and demonstrate an active involvement in and commitment to the training and qualification of dental nurses. On appointment examiners are required to undergo a residential induction and training programme before examining.

There are currently almost 400 members of the Panel of Examiners with the largest proportion coming from general dental practices. The policy and procedures of the Board, in relation to examinations, are determined by a Qualifications Council of elected members, with representation from the British Association of Dental Nurses, British Dental Association and the Association of Dental Hospitals. The Board also has an educational adviser to ensure the qualifications develop in line with current education and training principles.

Individual examinations are the responsibility of Qualifications Committees comprised of Panel members with appropriate knowledge and expertise to set examination papers and moderate and verify results.

> The National Examining Board for Dental Nurses aims to provide equality of opportunity for all without hindrance because of race, gender, sexual orientation, disability, age or socioeconomic background.

### **INFORMATION FOR CANDIDATES**

Scope of the qualification	The Certificate in Special Care Dental Nursing is a qualification suitable for dental nurses who assist during the treatment of people whose health and social care needs may require special oral health care provision.			
	The qualification is only available through accredited Training Centres. Candidates will be required to attend a programme of theoretical instruction and also compile evidence of practical competence through a Record of Experience.			
Entry requirements	<ul> <li>In order to undertake the qualification, a dental nurse must:</li> <li>a) be registered with the General Dental Council</li> <li>b) have the support of their employer who will be required to <ul> <li>allow time and access for training at an accredited Training Centre</li> <li>validate the workplace activities for the Record of Experience.</li> </ul> </li> </ul>			
Syllabus	The syllabus for the Certificate in Special Care Dental Nursing details areas of knowledge and understanding which a dental nurse working with special care patients needs to develop in order to practise competently. Therefore much of the assessment is based on the candidate being able to apply the knowledge and understanding in a practical setting. NEBDN continually monitors and reviews the structure of the qualification to ensure that it meets current educational requirements and the needs of the profession.			
	The syllabus includes words such as describe, explain, identify or demonstrate which indicate the depth of understanding required and will determine how the assessments for the qualification are carried out.			
	The application of knowledge in practical situations and the skills required are assessed through a Record of Experience.			
Training	<b>Practical training</b> should be undertaken in the dental environment under the supervision of a dentist and recorded on log sheets in a Record of Experience.			
	<b>Theoretical training</b> must be undertaken by attendance on an NEBDN accredited course. The syllabus may be covered using lectures, seminars and practical simulation.			

#### **INFORMATION FOR CANDIDATES**

Other teaching methods may also be used such as Computer Assisted Learning and Problem Based Learning.

It is suggested that a total of 50 hours (including practical experience and theoretical teaching) is normally sufficient to cover the course but this is not prescriptive as the delivery may vary from centre to centre.

Record of Experience The Record of Experience is in three parts and assesses the application of knowledge and the skills required in practical situations.

The Record of Experience consists of:

#### Part A: Log sheets

Candidates must complete the log sheets to provide evidence of their involvement in the care of **twenty** separate patients from Section 2 of the Syllabus. The choice of patients must cover at least **two** different types of patients from each of the four groups 2.1.1 to 2.1.4.

#### Part B: Expanded Case Studies

Candidates must choose **three** patients for the production of detailed case studies of between 1000 – 1500 words each. These patients may already have been included in the log sheets but the studies **must** meet the following criteria:

- each case study must be from a different group 2.1.1 to 2.1.4
- at least one study must include a patient treated using conscious sedation/general anaesthesia or a patient treated in a domiciliary setting.

#### Part C: Evidence of Competence

Candidates must include copies of current certificates relating to **Moving and** Handling and CPR.

Evidence of continuing professional development relating to special care dentistry e.g. background reading, meetings, courses etc. may also be included in the Record of Experience.

### INFORMATION FOR CANDIDATES

	The assessment and internal moderation of the Record of Experience is undertaken by			
	the Training Centre and is externally verified by NEBDN.			
Examination	Underpinning knowledge and understanding are assessed by a written examination			
dates and format	which candidates are able to undertake within their own Training Centre on the second			
	Friday of June and December each year.			
	The 90 minute examination consists of:			
	Part A – 30 multiple choice questions			
	Part B – 4 short answer questions:			
	<ul> <li>one describing a patient care plan (choice from two scenarios)</li> </ul>			
	choice of a further three from four questions.			
Closing dates	Application forms for entry to the examination are issued with the Record of Experience and all documentation and examination fees must be submitted to NEBDN at least 4 weeks before the date of the examination. Any late submissions will be returned.			
Results	Results are issued directly to Training Centres, in late July for the June examination and early February for the December examination. Training Centres are responsible for notifying candidates of their results.			
Certification	In order to be awarded the Certificate in Special Care Dental Nursing, a candidate must:			
	<ul> <li>complete the Record of Experience to meet the national standard and</li> </ul>			
	achieve a pass standard in the written papers.			
	Certificates are issued to successful candidates, who are also eligible to apply for a Special Care Dental Nursing qualification badge that complements the National Certificate qualification badge.			

### **INFORMATION FOR CANDIDATES**



### SYLLABUS

SECTION 1	DISAE	BILITY	AWARENESS
SECTION 2	1.1 1.2 1.3 1.4	1.1.1 1.1.2 1.1.3 Discus delive Discus	Instrate knowledge and an understanding of: definitions of disability prevalence of disability current legislation and guidelines as how social factors may affect the causes of dental disease and the ry of oral health care as the barriers to the provision of oral health care as ethical issues including obtaining valid consent
	<u>неа</u>		RE PROBLEMS OF SPECIAL CARE PATIENTS         In the impact of the following conditions on the provision of oral health         learning disabilities:         Down syndrome         autism         common developmental and inherited disorders         physical disabilities:         musculoskeletal disorders         cerebral palsy         muscular dystrophy         sensory impairment         wheelchair users         medically compromising conditions:         cardiovascular diseases         respiratory diseases         blood and bleeding disorders         diabetes mellitus         liver, kidney and gastrointestinal diseases         immunosuppressed states         cancer and terminal care

### **SYLLABUS**

2.1.3 medically compromising conditions cont'd: ٠ neurological diseases infective diseases ٠ 2.1.4 mental health disorders: ٠ drug and substance abuse phobia ٠ neuroses and psychoses ٠ schizophrenia 2.2 Discuss disability and impairment in children and the elderly 2.3 Discuss the prevention and immediate management of common medical emergencies SECTION 3 PROVISION OF ORAL HEALTH CARE 3.1 Explain the role of the dental nurse in: 3.1.1 scheduling the timing of treatment session 3.1.2 organising patient transport 3.1.3 arranging access to treatment facilities 3.1.4 moving and handling patients 3.1.5 liaising with other health care professionals 3.1.6 support of the patient 3.1.7 physical intervention for the patient 3.2 Discuss the different settings in which special care dentistry may be provided: 3.2.1 general dental service 3.2.2 community dental service/ Salaried Primary Dental Care Services 3.2.3 hospitals 3.2.4 domiciliary care 3.2.5 mobile dental units 3.3 Discuss why and how clinical techniques are modified when providing dental care in a non-clinical setting 3.4 Discuss the importance of oral health care screening and describe how to set up and manage such sessions

### SYLLABUS

SECTION 4	METHODS OF PAIN AND ANXIETY CONTROL FOR SPECIAL CARE PATIENTS			
	F	Describe the advantages and disadvantages associated with the provision of dental care using: 4.1.1 local anaesthesia		
		4.1.2 conscious sedation		
		4.1.3 general anaesthesia		
	4.2	Explain the role of non-pharmacological behavioural management techniques		
SECTION 5	<u>COMMI</u>	UNICATION		
	5.1	Explain the different methods of communicating with individuals		
	<b>5.2</b> I	Discuss how the choice of methods reflects the needs of the individual		
		Explain the importance of effective communication with carers, family, and others involved with the individuals care		
SECTION 6	ORAL A	AND GENERAL HEALTH PROMOTION		
		Discuss the role of the dental nurse in encouraging good oral health for individual patients requiring special care dentistry:		
	6	6.1.1 fluoride treatments		
	6	6.1.2 oral hygiene aids		
	6	6.1.3 diet advice		
	6	6.1.4 care of prostheses		
	6	6.1.5 management of the dry mouth		
	6	Discuss the role of the dental nurse in encouraging good general health: 6.2.1 smoking cessation		
	6	6.2.2 lifestyle modification		
		******		

### **OTHER NEBDN QUALIFICATIONS**

#### Post-Registration Qualifications

As well as the Certificate in Special Care Dental Nursing, NEBDN also offers other post-registration qualifications for dental nurses who have registered with the General Dental Council and who undertake specific roles requiring further skills and knowledge.

#### **Certificate in Oral Health Education**

This qualification tests the practical skills and theoretical knowledge necessary for the provision of oral health education in dental practice in a one to one situation or in small groups.

#### **Certificate in Dental Sedation Nursing**

This qualification tests the practical skills and theoretical knowledge necessary for the dental nurse assisting in the surgery during routine conscious sedation. The examination is only suitable for candidates engaged in this type of work on a regular basis.

#### **Certificate in Orthodontic Nursing**

This qualification is suitable for dental nurses who assist in orthodontic procedures.

#### **Certificate in Dental Radiography**

This qualification is suitable for dental nurses who are required to x-ray patients under the direction of a dentist and in accordance with the Ionising Radiation (Medical Exposure) Regulations 2000 (IR(ME)R) 2000.

Prospectuses and further details on the above qualifications are available from the Qualifications Administrators, NEBDN, 108-110 London Street, Fleetwood, Lancashire, FY7 6EU.

### **USEFUL CONTACTS**

British Association of Dental Nurses (BADN) Sedation and Special Care Group PO Box 4 Room 200 Hillhouse International Business Centre Thornton-Cleveleys Lancashire FY5 4QD

Tel: 0870 211 0114 Website: <u>www.badn.org.uk</u>

General Dental Council 37 Wimpole Street London W1M 8DQ

Tel: 0207 887 3800 Website: <u>www.gdc-uk.org</u> Email: <u>dcp@gdc-uk.org</u>

British Society for Disability and Oral Health (BSDH) Website: <u>www.bsdh.org.uk</u>