This information can be provided in a different language or format (e.g. large print or audio cassette) on request.

This is a smokefree Trust. Smoking is not allowed in any of our hospital buildings or grounds.

The Trust will not tolerate aggression, intimidation or violence directed towards its staff.

Our hospitals are a Zero Tolerance zone. Zero Tolerance means ridding the NHS of intimidation and violence directed towards its staff.

Basildon University Hospital Nethermayne Basildon Essex SS16 5NL 20845 155 3111

Minicom 201268 593190

Patient Advice and Liaison Service (PALS) 20845 155 3111 ext 8536 E pals@btuh.nhs.uk

W www.basildonandthurrock.nhs.uk

Basildon and Thurrock University Hospitals **NHS** NHS Foundation Trust



Patient Information Map and Directions

Basildon University Hospital

Nethermayne **Basildon** Essex **SS16 5NL**



By Bus:

From Basildon - Take bus 21 or 100 from Basildon Town Centre bus station to Basildon University Hospital.

From Southend - take the train from Southend Central to Basildon station. Take bus 21 or 100 from Basildon Town Centre bus station (across the road from the rail station), to Basildon University Hospital.

From Chelmsford - Take bus 100 from outside Chelmsford Cathedral, or Chelmsford station to Basildon University Hospital.

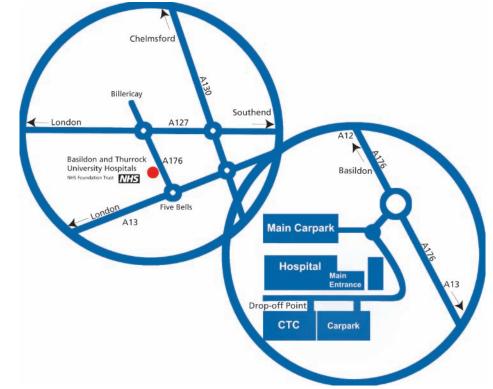
From Colchester - take the train to Chelmsford, then bus 100 from outside Chelmsford station to Basildon University Hospital.

From Harlow - take the train from Harlow to London Liverpool Street, then another train from London Liverpool Street to Billericay station. From outside station, take bus 100 to Basildon University Hospital.



London Fenchurch Street to Southend Central (operator C2C) Go to Basildon station. The hospital is a 15 minute walk from the station (uphill). Buses 21 and 100, stop at Basildon Town Centre bus station, (across the road from the rail station). Both buses stop within the grounds of Basildon University Hospital.

London Liverpool Street to Southend Victoria (operator National Express East Anglia) Go to Billericay station. From outside Billericay station, take bus 100 to Basildon University Hospital.



By Car:

From A13: Take the A176 turn off (Five Bells roundabout). Take the Basildon exit (follow the hospital A&E sign). Continue on this road. Basildon University Hospital is on your left hand side.

From A127: Take the Basildon (A176) turn off towards Basildon Town Centre. The route to the hospital is clearly marked with red hospital A&E signs.

From A12: Take the A130 turn off towards Basildon. Continue on the A130 until you reach Sadlers Farm roundabout. Take the second exit onto the A13. Take the A176 turn off (Five Bells roundabout). Take the Basildon exit (follow the hospital A&E sign). Continue on this road. Basildon University Hospital is on your left hand side.

Car parking is free for the first 45 minutes. After 45 minutes there is a charge of £3 for the first 8 hours. This will increase to £6 if you are parked for more than 8 hours. Disabled badge holder parking is free.

For more information please visit our website www.basildonandthurrock.nhs.uk.

