



Dental Therapists Dental Foundation Training Scheme

Spring and Summer Terms Programme 2025-2026





Dental Therapists Dental Foundation Training Scheme

Addenbrookes Postgraduate Medical Centre (PGMC)

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Dental Therapists Dental Foundation Training Scheme

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Spring and Summer Terms

Venues and Subjects

Friday 30th January

Mandatory e-lfh study day - Exemptions

Online learning platform

Friday 6th February

Providing Phased Courses of Treatment through the principles of Minimally Interventive Oral Care (MIOC)

Deakin Centre, Addenbrookes Hospital

Friday 13th February

Tooth Surface Loss and Occlusion
Orthodontics

Deakin Centre, Addenbrookes Hospital

Friday 27th February

Paediatrics
Pain Management

Deakin Centre, Addenbrookes Hospital

Friday 13th March

Reports from Practice Exchanges
Interesting cases from Educational Supervisors

Deakin Centre, Addenbrookes Hospital

Friday 27th March

Health and Safety
Human Factors

Virtual session - Links TBC

Friday 10th April

Restorative care with Composites

Dental Care Centre, Kimbolton Road, Bedford

Friday 8th May

Special Care Dentistry
Dementia

Deakin Centre, Addenbrookes Hospital

Friday 22nd May

Beyond Foundation

Caudwell Centre Ampthill Rd, Bedford MK42 9AZ

Friday 12th June

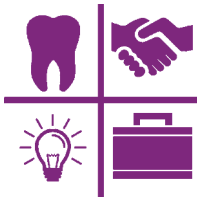
Workplace Dynamics

Deakin Centre, Addenbrookes Hospital

Friday 19th June	Leadership Audit Presentations	<i>DK3 Deakin Centre, Addenbrookes Hospital</i>
Friday 26th June	Final case Presentations	<i>Deakin Centre, Addenbrookes Hospital</i>
Friday 10th July	Regional Quality Improvement Symposium	<i>Addenbrookes Hospital</i>

Important Dates and Deadlines

Interim Review of Competence Progression	Friday, 27 February 2026
Final Review of Competence Progression	Friday, 24 July 2026
Completion of DTFT year	Monday, 31 August 2026



Friday 30th January

Online learning platform

Morning Session

09:30

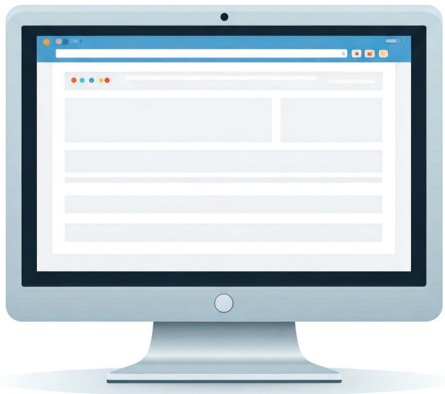
Mandatory e-lfh study day - Exemptions

CPD Hrs = 3

Allocated day for FDs to work on their e-Learning modules at home or in practice.

As part of your Dental Foundation Training year within East of England you will undertake a number of online e-Learning modules.

Most of the e-Learning can be accessed from the e-LFH (eLearning for Health) website (link on Online Learning Page).



12.30

Lunch

DTFT only



Friday 6th February

Deakin Centre, Addenbrookes Hospital

Day Session

09.30

Providing Phased Courses of Treatment through the principles of Minimally Interventive Oral Care (MIOC)

CPD Hrs = 6

Nick Barker

Deputy Chief Dental Officer for England

The course an interactive platform to describe and discuss the use of phased courses of treatment to diagnose, treatment plan and provide care for dental patients who present with high levels of risk and presence of dental disease.

Objectives

- To explain and describe the rationale of phased courses of treatment.
- To provide Dental Foundation Trainees with the tools to implement phased courses of treatment in clinical practice.

Learning Content

- Describe the evidence behind the diagnosis and treatment planning for patients with high levels of dental need.
- Enable attendees to analyse the evidence base for phased course of treatment.
- Enable attendees to critically appraise how they can implement phased courses of treatment.

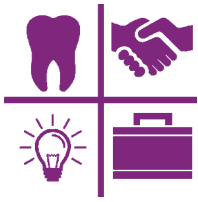
GDC Outcomes: A B C



16.30

End

Joint with JDFCT 2



Friday 13th February

Deakin Centre, Addenbrookes Hospital

Morning Session

09.30

Tooth Surface Loss and Occlusion

CPD Hrs = 3

Glen Taylor

Chief Operating Officer CDS-CIC



To build on the undergraduate knowledge and understanding of toothwear and occlusion.

Objectives

- *To be able to recognise and diagnose tooth surface loss and its causes.*
- *Define the ideal of the static and dynamic dentition.*
- *To understand the principles of conformation and reorganisation.*

Learning Content

- *A better knowledge of tooth surface loss, its diagnosis, aetiology and treatment.*
- *Define the vocabulary used in the study of occlusion and recognise the concepts of occlusion and its importance in dental care.*

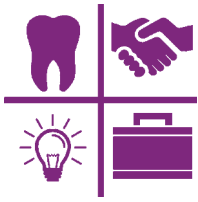
GDC Outcomes: A B C D



12.30

Lunch

Joint with JDFCT 2



Friday 13th February

Deakin Centre, Addenbrookes Hospital

Afternoon Session

13.30

Orthodontics

CPD Hrs = 3

Thomas O'Connor

Senior Dental Officer, Special Care Dental Services

The aim of the session is for Dental Therapist Foundation trainees to have an insight in to orthodontics.

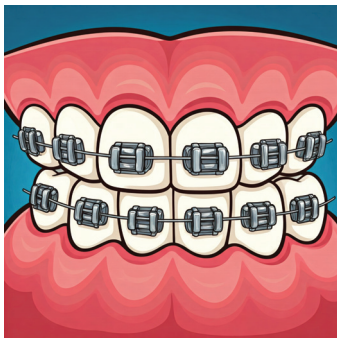
Objectives

- Describe methods of assessing and diagnosing skeletal, dental and occlusal relationships in the primary, mixed and permanent dentition accurately, and identifying conditions which may require treatment or referral.
- Explain the methods of communication with orthodontic patients that provides ethical and caring support.
- Evaluate the role of the Dental Therapists in the provision of orthodontic care for patients and their families.

Learning Content

- Assess and diagnose malocclusion or disturbances of the developing dentition with the aim of providing the optimal treatment pathways for patients.
- Communicate with orthodontic patients in a way that provides ethical and caring support.
- Assist in the management of orthodontic diagnosis, treatment, and referral of patient.

GDC Outcomes: A C



16.30

End

Joint with JDFCT 2



Friday 27th February

Deakin Centre, Addenbrookes Hospital

Morning Session

09.30

Paediatrics

CPD Hrs = 3

Julia Hallam Seagrave

Associate Dean and TPD

The aim of this day is to review current best practice in the dental management of paediatric patients. This will be discussed using a series of case studies (plus the use of models to conduct and on exercises.

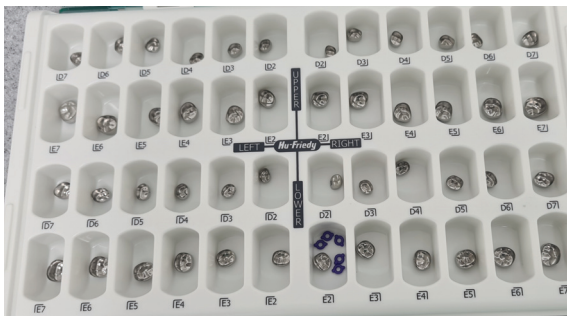
Objectives

- Review and explore methods and techniques for providing high quality dental care to children from a range of backgrounds.
- Assess and list our responsibilities in relation to paediatric management within in general dental practice.

Learning Content

- Perform a clinical assessment, special investigations and immediate management of acute dental trauma.
- Be able to evaluate our responsibilities to provide safeguarding for children within a general dental environment.
- List current treatment protocols in managing symptomatic/asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios.

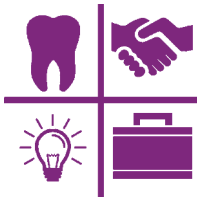
GDC Outcomes: A C



12.30

Lunch

Joint with JDFCT 2



Friday 27th February

Deakin Centre, Addenbrookes Hospital

Afternoon Session

13.30

Pain Management

CPD Hrs = 3

Thomas O'Connor

Senior Dental Officer, Special Care Dental Services

To help Foundation Dentists to be more competent in the diagnosis and management of dental emergencies, causes and types of pain and be aware the role the entire team play in this respect.

Objectives

- Identify the importance of thorough history taking, special tests, diagnosis and treatment planning for dental emergencies, including informed consent.
- Evaluate appropriate management strategies for patients that present with dental trauma and pain.
- Discuss the need to be confident in liaising with the wider team to help schedule emergency appointments so there is sufficient time to manage them appropriately.

Learning Content

- Foundation Dentists will be able to describe how to competently manage commonly occurring dental emergencies, including trauma.
- Organise and manage their own diaries to be able to cope with dental emergencies in a consistent, stress-free environment.

GDC Outcomes: A C



Joint with JDFCT 2



Friday 13th March

Deakin Centre, Addenbrookes Hospital

Morning Session

09.30

Reports from Practice Exchanges

CPD Hrs = 3

Dental Therapist Foundation Trainees

The Aim of the session is for FDs to share reports and knowledge gained from practice exchanges.

Objectives

- *To learn about dental care provision in a wide range of situations.*
- *Explore and evaluate different systems of healthcare delivery.*
- *Evaluate alternative methods of management and organisation.*

Learning Content

- *Describe different systems for dental care provision.*
- *Be able to identify systems of effective management.*
- *Understand how local demographic conditions can lead and inform practice management and organisation.*

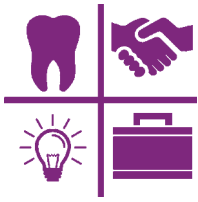
GDC Outcomes: A B C D



12.30

Lunch

DTFT only



Friday 13th March

Deakin Centre, Addenbrookes Hospital

Afternoon Session

13.30

Interesting cases from Educational Supervisors

CPD Hrs = 3

Educational Supervisors

The aim of the session is for DTFTs to see a wide range of cases to be challenged to come up with treatment plans for a very wide range of dental conditions.

Objectives

- To appreciate that different practitioners see clinical situations and solutions in different ways from each other.
- To learn different and new ways of providing dental care for patients.

Learning Content

- Consider and evaluate new and different modalities of dental treatment provision.
- Compare different methods and techniques of providing dental care.
- Display an increased level of understanding of many dental problems and conditions.

GDC Outcomes: A B C D



16.30

End

DTFT only



Friday 27th March

Virtual session - Links TBC

Morning Session

09.30

Health and Safety

CPD Hrs = 3

Stephanie Agar

Educational Supervisor

To enable the Foundation Dental Therapist to comply with Health & Safety legislation both as an employee and employer to manage risk.

Objectives

- Examine and discuss the legislation that is applicable to dental practice, together with the regulatory authorities and their roles.
- Explore the methodology involved in the management of dental practice with regard to risk assessment, significant event analysis and development of appropriate protocols.
- Review the methods of compliance with relevant health & safety legislation, including methods of recording and reporting.

Learning Content

- Understand the principles of occupational health and safety, and risk assessment, and apply this knowledge in the workplace with an understanding of the associated legal and moral responsibilities.
- Understand the principles of accident prevention and the need to report accidents including near misses.
- Be aware of the hazards and risks associated with the workplace, work equipment, work activities, fire, display screen equipment and hazardous substances.

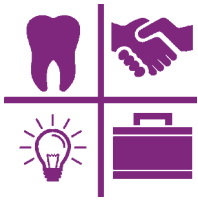
GDC Outcomes: A B C D



12.30

Lunch

DTFT Only



Friday 27th March

Virtual session - Links TBC

Morning Session

09.30

Human Factors

CPD Hrs = 6

Jyoti Sumel

Training Programme Lead DTFT

A competency framework to key underlying contributory behavioural human factors in common / significant dental errors, in conjunction with practitioner experience.

Objectives

- To explore contributory behavioural human factors in dental scenarios.
- To understand the importance of lessons learned and shared learning from events.
- To understand the importance of Professionalism, Communication, Leadership & Teamwork, Clinical Knowledge, Procedural Conduct, Analysis & Decision Making, Situational Analysis and Workload Management.

Learning Content

- To identify fundamental behaviours that whilst seemingly obvious, commonly lie at the cause of many incidents and accidents across all safety critical industries/professions.
- Video scenarios setting out key behaviors applicable to all professional dental practice.
- To create a no blame, fair learning culture.

GDC Outcomes: A B C D





Friday 10th April

Dental Care Centre, Kimbolton Road, Bedford

Day Session

09.30

Restorative care with Composites

CPD Hrs = 6

Akhila Kotta

Educational Supervisor



To assist Foundation Dental Therapists in choosing which equipment and techniques to employ when directly restoring anterior teeth.

Objectives

- *Evaluate the different composite systems available, the nature of their composition and how this may impact on material selection choice when restoring anterior teeth, alongside application of the knowledge of the anatomy of anterior teeth.*
- *Define current bonding techniques, matrixing systems, techniques for composite build-ups/placement, use of stents, alongside shaping and finishing protocols, to produce a lifelike final restoration.*
- *Undertake a series of practical exercises to reinforce protocols associated with direct anterior restorations.*

Learning Content

- *Critique from improved knowledge and ability, when to use which technique for direct anterior restorations.*
- *To have enhanced practical skills in restoring anterior teeth, using a variety of techniques and equipment, to an appropriate form, to provide a functional and aesthetic restoration.*

GDC Outcomes: A C



16.30

End

DTFT Only



Friday 8th May

Deakin Centre, Addenbrookes Hospital

Morning Session

09.30

Special Care Dentistry

CPD Hrs = 3

Eva King and Jyoti Sumel

Training Programme Leads

To provide an insight in to the role of the Special Care Dentistry Team and multi-disciplinary working.

Objectives

- *Raise awareness of the role and purpose of the Special Care Team.*
- *To understand the treatments provided by the Special Care Dentistry Team in primary care dentistry.*
- *Explain appropriate times to refer to the special care team through the appropriate pathways.*



Learning Content

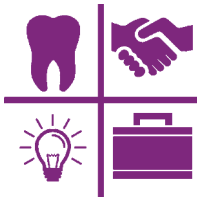
- *To be able to refer appropriately and include suitable evidence - Clear concise Medical histories, Radiographs and appropriate dental history.*
- *Demonstrate an understanding of the role of the special care team in the wider dental workforce.*
- *Identify suitable patients requiring treatment from the Special Care Dentistry Team.*

GDC Outcomes: A C D

12.30

Lunch

Joint with JDFCT 2



Friday 8th May

Deakin Centre, Addenbrookes Hospital

Afternoon Session

13.30

Dementia

CPD Hrs = 3

Eva King

Training Programme Director

A session to aid members of the dental team in the recognition of patients with dementia as they may present themselves in a dental setting. There will be examples of the types of presentation and the special adaptations required for these patients both in our behaviour and treatment planning.

Objectives

- *Have an increased understanding of the cause of dementia.*
- *Have an awareness of the different types of dementia.*
- *Have an understanding of the common signs and symptoms of dementia as it may present in patients attending a dental setting.*

Learning Content

- *Be able to identify the with signs and symptoms displayed by a patient with dementia and understand the effects this may have on provision of their treatment.*
- *Be able to communicate with patient with dementia and their carers or family with greater confidence.*
- *Be better able to provide the appropriate care for patients with dementia.*

GDC Outcomes: A B C D



16.30

End

Joint with JDFCT 2



Friday 22nd May

Caudwell Centre Ampthill Rd, Bedford MK42 9AZ

Day Session

09.30

Beyond Foundation

CPD Hrs = 6

Various Speakers

Provide Foundation Dental Therapists with the skills to better manage their own financial situations and also to understand the contractual arrangements when applying for positions in general dental practice.

Objectives

- *Inform Foundation Dental Therapists of the relevance of finance to their personal and professional lives, alongside the requirements for financial management and record keeping for personal and practice situations.*
- *Identify the benefits and differences to different types of professional contracts and the associated financial responsibilities.*
- *Evaluate the methods of remuneration for dental employees and self-employed associates including the associated taxation, superannuation and income protection processes applicable within the UK.*



Learning Content

- *Describe the requirements for financial record keeping and management at an individual and practice level.*
- *Define the HMRC requirements for general dental practitioners at both a personal and practice level.*
- *Recognise the importance of good personal financial management regarding income, employment, income protection and pension provision, both within and outside the NHS.*

GDC Outcomes: B

Joint with the Bedfordshire, Luton, Cambridgeshire, Peterborough, Hertfordshire and West Essex Schemes



Friday 12th June

Deakin Centre, Addenbrookes Hospital

Morning Session

09.30

Workplace Dynamics

CPD Hrs = 6

Eva King and Jyoti Sumel

Training Programme Leads

To learn more about different personality types, to understand better how others think and feel, and to be more aware as to how people make decisions.

Objectives

- To understand different personality including your own.
- To realise how your personality may influence your interactions with others.
- To recognize the importance and implications of managing different sorts of people.

Learning Content

- Greater self-awareness.
- Strategies to manage different types of patients more effectively.
- Improved communication with patients and the dental team.

GDC Outcomes: A B



Joint with JDFCT 1



Friday 19th June

DK3 Deakin Centre, Addenbrookes Hospital

Morning Session

09.30

Leadership

CPD Hrs = 6

Jyoti Sumel

Training Programme Lead

The aim of the session will be to highlight key leadership skills and the importance of these in everyday practice. To understand the leadership career opportunities available to Dental Therapists.

Objectives

- *To learn about the importance of Leadership in your everyday roles.*
- *To raise awareness of leadership career opportunities available.*

Learning Content

- *Exploring career pathways in to leadership.*
- *Utilise opportunities available on the NHS Leadership Academy.*
- *Understanding the leadership ladder.*

GDC Outcomes: A B



12.30

Lunch

DTFT Only



Friday 19th June

DK3 Deakin Centre, Addenbrookes Hospital

Afternoon Session

13.30

Audit Presentations

CPD Hrs = 3

Dental Therapist Foundation Trainees

The aim of the session is to review the outcomes of the audits of the members of the DTFT group and to reflect upon what has been gained from the process.

Objectives

- *Learn about different methods of approaching clinical audit and its effect upon clinical performance.*
- *Gain experience in offering constructive feedback to improve and enhance outcomes.*
- *Gain experience in presentation skills.*

Learning Content

- *Design and implementation of clinical audits.*
- *Meeting ethical and contractual guidelines for clinical governance (as it relates to the provision of clinical audits).*
- *Improvement of performance by reflecting in a structured manner using the tool of clinical audit.*

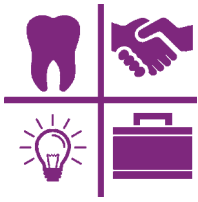
GDC Outcomes: A B C D



16.30

End

DTFT Only



Friday 26th June

Deakin Centre, Addenbrookes Hospital

Day Session

09.30

Final case Presentations

CPD Hrs = 6

Dental Therapist Foundation Trainees

This session will be used for Foundation Dental Therapist to present a clinical case.

Objectives

- Knowledge and experience of the power of self and peer reflection in personal development.
- Improvement in the provision of patient care through use of reflection, analysis and planning.

Learning Content

- Assess and treatment plan appropriately.
- Reflect regarding their own clinical work and if required use personal learning needs to improve outcomes for patients.

GDC Outcomes: A C D



16.30

End

DTFT Only



Friday 10th July

Addenbrookes Hospital

Day Session

09.30

Regional Quality Improvement Symposium

CPD Hrs = 6

Various - TBC

This is a whole day event celebrating educational achievements across the East of England Region during the year 2024-25. Full details of the programme and arrangements will follow in due course.



16.30

End

Joint with all the East of England schemes



Calendar 2025-2026

January 2026

Friday 30th January

Study day - e-lfh

February 2026

Friday 13th February

Study day Cambridge

Friday 27th February

Study day Cambridge

Friday 27th February

Interim review of Competence Progression

March 2026

Friday 13th March

Study day Cambridge

Friday 27th March

Study day Cambridge

April 2026

Friday 10th April

Study day - Dental Care Centre Bedford

May 2026

Friday 8th May

Study day Cambridge

Friday 22nd May

Study day - Bedford PGMC

June 2026

Friday 12th June

Study day Cambridge

Friday 19th June

Study day Cambridge

Friday 26th June

Study day Cambridge

July 2026

Friday 10th July

Study day Cambridge

Friday 24th July

Final review of Competence Progression

August 2026

Monday 31st August

Completion of DTFT year



Speakers

Spring and Summer Terms Term 2025-2026

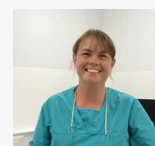
Akhila Kotta



Glen Taylor



Julia Hallam-Seagrave



Nick Barker



Steph Agar



Thomas O'Connor

