Dental Therapists
Dental Foundation Training Scheme

Spring and Summer Term Programme 2023-2024
The Postgraduate Medical Centre (PGMC)
Deakin Centre, Level 1, 111 Hills Road, Cambridge, CB2 0QQ
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East of England Region

Regional Postgraduate Dental Dean
Malcolm Brady

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Regional Dental Faculty Support Officer
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Training Programme Director
Jyoti Sumel
BSc Oral Health Science
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Spring and Summer Term

Venues and Subjects

Friday 26th January  
Dementia 
Dental Public Health, Health promotion and Disease Prevention 
*Virtual Remote Learning Platform - Links to be confirmed.*

Friday 2nd February  
Record Keeping 
Special Care Dentistry 
Deakin Centre, Addenbrookes Hospital

Friday 16th February  
Tooth Surface Loss and Occlusion 
Pain Management 
Deakin Centre, Addenbrookes Hospital

Friday 8th March  
Restorative Care with Composite Resins 
Deakin Centre, Addenbrookes Hospital

Friday 12th April  
Reports from Practice Exchanges 
Interesting Cases from our Educational Supervisors 
Deakin Centre, Addenbrookes Hospital

Friday 26th April  
Paediatric Dentistry 
Human Factors 
Deakin Centre, Addenbrookes Hospital

Thursday 23rd May  
Beyond Foundation - Day One 
Kings House, Bedford

Friday 24th May  
Beyond Foundation - Day Two 
Learning and Education Centre, Bedford Hospital

Friday 7th June  
Audit Presentations 
Leadership 
Deakin Centre, Addenbrookes Hospital

Friday 28th June  
Personality Profiling & Behaviour Change 
*Virtual Remote Learning Platform - Links to be confirmed.*
Friday 5th July  
Final Case Presentations  
*Deakin Centre, Addenbrookes Hospital*

Friday 12th July  
Regional Showcase  
*Hilton Cambridge City Centre*

### Important Dates and Deadlines

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<tr>
<td>Start of Spring Term</td>
<td>Monday, 1 January 2024</td>
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<td>Informal IRCP</td>
<td>Friday, 1 March 2024</td>
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<td>Case Presentations</td>
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<td>FRCP</td>
<td>Friday, 26 July 2024</td>
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<td>End of Year</td>
<td>Saturday, 31 August 2024</td>
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Friday 26th January
Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.30 Dementia

Zahra Nasir

A session to aid members of the dental team in the recognition of patients with dementia as they may present themselves in a dental setting. There will be examples of the types of presentation and the special adaptations required for these patients both in our behaviour and treatment planning.

Objectives

- Have an increased understanding of the cause of dementia.
- Have an awareness of the different types of dementia.
- Have an understanding of the common signs and symptoms of dementia as it may present in patients attending a dental setting.

Learning Content

- Be able to identify the with signs and symptoms displayed by a patient with dementia and understand the effects this may have on provision of their treatment.
- Be able to communicate with patient with dementia and their carers or family with greater confidence.
- Be better able to provide the appropriate care for patients with dementia.

GDC Outcomes: A B C D

12.30 Lunch

Joint with JDFCT Scheme
Dental Public Health, Health promotion and Disease Prevention

Feema Francis & Sally Weston-Price
Consultants in Dental Public Health

To provide Foundation Dental Therapists with a better understanding of Dental Public Health, Health promotion and Disease Prevention and how to apply this knowledge to improve the patient's oral health journey. Discussing prevention programmes, epidemiological studies and the importance of prevention.

Objectives

- Understand the relationship between socioeconomic factors and inequalities in populations, risk factors for dental disease and general and oral health.
- Have an increased knowledge and understanding of prevention of dental disease in practice populations and the wider community, including preventive programmes and water fluoridation.
- Recognise opportunities to provide patients / parents / carers with comprehensive, accurate and evidence-based preventive education and instruction in self-care methods tailored to the individual needs of the patient, to support behaviour change and improvements.

Learning Content

- Be able to provide preventive education, within the contexts of diverse social and educational norms, for patients and carers in a manner they can understand, and which encourages self-care and motivation and check their understanding of their individual care plan.
- Identify habits that are detrimental to oral health and provide patients with an effective strategy for their control.
- Describe in appropriate detail the health risks of substances detrimental to oral and general health, and provide the patient with appropriate advice to adopt a healthy lifestyle.

GDC Outcomes: A C D
Morning Session

09.30 Record Keeping

Christopher Roome
ES & GDC Clinical Dental Advisor

To provide a comprehensive knowledge base on appropriate dental record keeping.

Objectives

• To understand the requirements of dental record keeping.
• To understand the benefits to keeping appropriate dental records.
• An introduction to problems which might flow from poor or incomplete records.
• To allow an understanding of the role of the GDC in clinical assessment.

Learning Content

• Opportunity for delegates to share their record keeping strategies.
• Opportunity for delegates to share their perception of vulnerabilities to patient complaints & the regulator.
• Lecture format assisted with a PowerPoint presentation to stimulate group discussion and sharing of experience/opinion.

GDC Outcomes:

12.30 Lunch

Joint with JDFCT
Friday 2nd February
Deakin Centre, Addenbrookes Hospital

Afternoon Session

13.30  Special Care Dentistry

**Eva King & Jyoti Sumel**
Training Programme Leads

*To provide an insight into the role of the Special Care Dentistry Team and multi-disciplinary working.*

**Objectives**
- Raise awareness of the role and purpose of the Special Care Team.
- To understand the treatments provided by the Special Care Dentistry Team in primary care dentistry.
- Explain appropriate times to refer to the special care team through the appropriate pathways.

**Learning Content**
- To be able to refer appropriately and include suitable evidence - Clear concise Medical histories, Radiographs and appropriate dental history.
- Demonstrate an understanding of the role of the special care team in the wider dental workforce.
- Identify suitable patients requiring treatment from the Special Care Dentistry Team.

**GDC Outcomes: A C D**

16.30  End

Joint with JDFCT
Morning Session

09.30  Tooth Surface Loss and Occlusion

Glen Taylor
Chief Operating Officer CDS-CIC

To build on the undergraduate knowledge and understanding of toothwear and occlusion.

Objectives
- To be able to recognise and diagnose tooth surface loss and its causes.
- Define the ideal of the static and dynamic dentition.
- To understand the principles of conformation and reorganisation.

Learning Content
- A better knowledge of tooth surface loss, its diagnosis, aetiology and treatment.
- Define the vocabulary used in the study of occlusion and recognise the concepts of occlusion and its importance in dental care.

GDC Outcomes: A B C D

12.30  Lunch

Joint with JDFCT
Friday 16th February
Deakin Centre, Addenbrookes Hospital

Afternoon Session

13.30 Pain Management

Thomas O’Connor
Senior Dental Officer, Special Care Dental Services

To help Foundation Dentists to be more competent in the diagnosis and management of dental emergencies, causes and types of pain and be aware the role the entire team play in this respect.

Objectives
- Identify the importance of thorough history taking, special tests, diagnosis and treatment planning for dental emergencies, including informed consent.
- Evaluate appropriate management strategies for patients that present with dental trauma and pain.
- Discuss the need to be confident in liaising with the wider team to help schedule emergency appointments so there is sufficient time to manage them appropriately.

Learning Content
- Foundation Dentists will be able to describe how to competently manage commonly occurring dental emergencies, including trauma.
- Organise and manage their own diaries to be able to cope with dental emergencies in a consistent, stress-free environment.

GDC Outcomes: A C
Friday 8th March
Deakin Centre, Addenbrookes Hospital

Day Session

09.30 Restorative Care with Composite Resins
Sabina Wadhwani

CPD Hrs = 6

To assist Foundation Dental Therapists in choosing which equipment and techniques to employ when directly restoring anterior teeth.

Objectives

· Evaluate the different composite systems available, the nature of their composition and how this may impact on material selection choice when restoring anterior teeth, alongside application of the knowledge of the anatomy of anterior teeth.

· Define current bonding techniques, matrixing systems, techniques for composite build-ups/placement, use of stents, alongside shaping and finishing protocols, to produce a lifelike final restoration.

· Undertake a series of practical exercises to reinforce protocols associated with direct anterior restorations.

Learning Content

· Critique from improved knowledge and ability, when to use which technique for direct anterior restorations.

· To have enhanced practical skills in restoring anterior teeth, using a variety of techniques and equipment, to an appropriate form, to provide a functional and aesthetic restoration.

GDC Outcomes: A C

16.30 End
Morning Session

09.30

Reports from Practice Exchanges

Dental Foundation Trainees

The Aim of the session is for FDs to share reports and knowledge gained from practice exchanges.

Objectives

- To learn about dental care provision in a wide range of situations.
- Explore and evaluate different systems of healthcare delivery.
- Evaluate alternative methods of management and organisation.

Learning Content

- Describe different systems for dental care provision.
- Be able to identify systems of effective management.
- Understand how local demographic conditions can lead and inform practice management and organisation.

GDC Outcomes: A  B  C  D

12.30

Lunch

Joint with JDFCT Scheme
Afternoon Session

13.30 Interesting Cases from our Educational Supervisors

**Educational Supervisors**
Dental Foundation Trainees & Educational Supervisors

*The aim of the session is for FDs to see a wide range of cases to be challenged to come up with treatment plans for a very wide range of dental conditions.*

**Objectives**
- To appreciate that different practitioners see clinical situations and solutions in different ways from each other.
- To learn different and new ways of providing dental care for patients.

**Learning Content**
- Consider and evaluate new and different modalities of dental treatment provision.
- Compare different methods and techniques of providing dental care.
- Display an increased level of understanding of many dental problems and conditions.

**GDC Outcomes:** A  B  C  D

16.30 End

Joint with JDFCT
Friday 26th April
Deakin Centre, Addenbrookes Hospital

Morning Session

09.30 Paediatric Dentistry

Julia Hallam Seagrave
Associate Dean and TPD

The aim of this day is to review current best practice in the dental management of paediatric patients. This will be discussed using a series of case studies (plus the use of models to conduct ands on exercises).

Objectives

• Review and explore methods and techniques for providing high quality dental care to children from a range of backgrounds.
• Assess and list our responsibilities in relation to paediatric management within in general dental practice.

Learning Content

• Perform a clinical assessment, special investigations and immediate management of acute dental trauma.
• Be able to evaluate our responsibilities to provide safeguarding for children within a general dental environment.
• List current treatment protocols in managing symptomatic/asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios.

GDC Outcomes: A C

12.30 Lunch
Joint with JDFCT
Friday 26th April
Deakin Centre, Addenbrookes Hospital

Afternoon Session

13.30 Human Factors

Jyoti Sumel
Training Programme Manager

A competency framework to key underlying contributory behavioural human factors in common / significant dental errors, in conjunction with practitioner experience.

Objectives
- To explore contributory behavioural human factors in dental scenarios.
- To understand the importance of lessons learned and shared learning from events.
- To understand the importance of Professionalism, Communication, Leadership & Teamwork, Clinical Knowledge, Procedural Conduct, Analysis & Decision Making, Situational Analysis and Workload Management.

Learning Content
- To identify fundamental behaviours that whilst seemingly obvious, commonly lie at the cause of many incidents and accidents across all safety critical industries/professions.
- Video scenarios setting out key behaviors applicable to all professional dental practice.
- To create a no blame, fair learning culture.

GDC Outcomes: A B C D

16.30 End

Joint with JDFCT Scheme
Day Session

09.30 Beyond Foundation - Day One

Humphrey & Co, Chase De Vere Wealth Management

Provide Foundation Dental Therapists with the skills to better manage their own financial situations and also to understand the contractual arrangements when applying for associate positions in general dental practice.

Objectives

- Inform Foundation Dental Therapists of the relevance of finance to their personal and professional lives, alongside the requirements for financial management and record keeping for personal and practice situations.
- Identify the benefits and differences to different types of professional contracts and the associated financial responsibilities.
- Evaluate the methods of remuneration for dental employees and self-employed associates including the associated taxation, superannuation and income protection processes applicable within the UK.

Learning Content

- Describe the requirements for financial record keeping and management at an individual and practice level.
- Define the HMRC requirements for general dental practitioners at both a personal and practice level.
- Recognise the importance of good personal financial management regarding income, employment, income protection and pension provision, both within and outside the NHS.

GDC Outcomes: B

16.30 End

Joint with Bedfordshire and Luton and Hertfordshire and West Essex Schemes
Friday 24th May
Learning and Education Centre, Bedford Hospital

Day Session

09.30  Beyond Foundation - Day Two
Hempsons Solicitors

Provide Foundation Dentists with the skills to better manage their own financial situations and also to understand the contractual arrangements when applying for associate positions in general dental practice.

Objectives

- Inform Foundation Dentists of the relevance of finance to their personal and professional lives, alongside the requirements for financial management and record keeping for personal and practice situations.
- Identify the benefits and differences to different types of professional contracts and the associated financial responsibilities.
- Evaluate the methods of remuneration for dental employees and self-employed associates including the associated taxation, superannuation and income protection processes applicable within the UK.

Learning Content

- Describe the requirements for financial record keeping and management at an individual and practice level.
- Define the HMRC requirements for general dental practitioners at both a personal and practice level.
- Recognise the importance of good personal financial management regarding income, employment, income protection and pension provision, both within and outside the NHS.

GDC Outcomes: B

16.30  End

Joint with Bedfordshire and Luton and Hertfordshire and West Essex Schemes
Morning Session

09.30 Audit Presentations

Foundation Dental Therapists

The aim of the session is to review the outcomes of the audits of the members of the DTFT group and to reflect upon what has been gained from the process.

Objectives

- Learn about different methods of approaching clinical audit and its effect upon clinical performance.
- Gain experience in offering constructive feedback to improve and enhance outcomes.
- Gain experience in presentation skills.

Learning Content

- Design and implementation of clinical audits.
- Meeting ethical and contractual guidelines for clinical governance (as it relates to the provision of clinical audits).
- Improvement of performance by reflecting in a structured manner using the tool of clinical audit.

GDC Outcomes: A B C D

12.30 Lunch

Joint with JDFCT Scheme
Friday 7th June
Deakin Centre, Addenbrookes Hospital

Afternoon Session

13.30  Leadership

Jyoti Sumel
Training Programme Manager

The aim of the session will be to highlight key leadership skills and the importance of these in everyday practice. To understand the leadership career opportunities available to Dental Therapists.

Objectives
• To learn about the importance of Leadership in your everyday roles.
• To raise awareness of leadership career opportunities available.

Learning Content
• Exploring career pathways in to leadership.
• Utilise opportunities available on the NHS Leadership Academy.
• Understanding the leadership ladder.

GDC Outcomes: A  B

16.30  End
Friday 28th June

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30 Personality Profiling & Behaviour Change

Carol Brooking and Kit Maher
Carol Brooking and Kit Maher Cascade

The aims of the day are: to communicate more efficiently, to understand better how others think and feel, and to be more aware as to how people make decisions.

Objectives

- To understand different personality including your own.
- To realise how your personality may influence your interactions with others.
- To recognize the importance and implications of managing different sorts of people.
- To explore your communication skills.

Learning Content

- Greater self-awareness.
- Improved communication with patients and the dental team
- Strategies to manage different types of patients more effectively.

GDC Outcomes: A B

Joint with JDFCT Scheme
Day Session

9.30 Final Case Presentations

Dental Therapist Foundation Trainees

This session will be for Foundation Dental Therapist to present a clinical case.

Objectives

- Knowledge and experience of the power of self and peer reflection in personal development.
- Improvement in the provision of patient care through use of reflection, analysis and planning.

Learning Content

- Assess and treatment plan appropriately.
- Reflect regarding their own clinical work and if required use personal learning needs to improve outcomes for patients.

GDC Outcomes: A C D

16.30 End
Day Session

09.30  Regional Showcase

Various - TBC

This is a whole day event celebrating educational achievements across the East of England Region during the year 2023-24. Full details of the programme and arrangements will follow in due course.

16.30  End

Joint with all Schemes in the Region
Calendar 2023-2024

January 2024
Tuesday 2nd January
Start of Spring Term
Friday 26th January
Study day - Virtual

February 2024
Friday 2nd February
Study day Cambridge
Friday 16th February
Study day Cambridge

March 2024
Friday 8th March
Study day Cambridge

April 2024
Friday 12th April
Study day Cambridge
Friday 26th April
Study day Cambridge

May 2024
Thursday 23rd May
Study day - Kings house, Bedford
Friday 24th May
Study day - Bedford Hospital

June 2024
Friday 7th June
Study day - Cambridge
Friday 28th June
Study day - Virtual

July 2024
Friday 5th July
Regional Study Day - Cambridge
Friday 12th July
FRCP
Friday 26th July
End of DTFT Year

31st August 2024