



Dental Therapists Dental Foundation Training Scheme

Autumn Term Programme 2025-2026





Dental Therapists Dental Foundation Training Scheme

Addenbrookes Postgraduate Medical Centre (PGMC)

Deakin Centre, Level 1, 111 Hills Road, Cambridge, CB2 0Q

Tel: 01223 256562

East of England Region

Regional Postgraduate Dental Dean

Malcolm Brady

Associate Postgraduate Dental Dean, Early Years

Jason Stokes

Regional Dental Account Manager

Patti Bradshaw

Regional Dental Faculty Support Officer

Charlene Wright

Postgraduate Centre Manager

Jonathon Wardrop

Scheme Administrator

Scheme Administrator's Name

Training Programme Director (Foundation)

Jyoti Sumel

BSc Oral Health Science

07460 993144

jyoti.sumel1@nhs.net



Dental Therapists Dental Foundation Training Scheme

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Dental Therapists Dental Foundation Training Scheme

Addenbrookes Postgraduate Medical Centre (PGMC)

The Deakin Learning Centre is a friendly and inclusive learning environment designed to provide a range of high quality community services combined with excellent education and training provision.

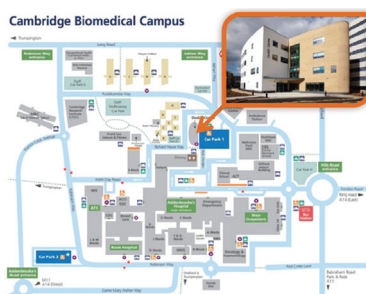
We are situated to the south of the historic city of Cambridge, at the heart of Addenbrookes Hospital Biomedical Campus.

We offer a range of programmes and services in our innovative, world-class facility.

The Postgraduate Medical Centre is situated on the first floor of the Deakin Centre and provides the infrastructure and support to facilitate education, training and continuing development of health professionals.



Location



The biomedical Campus is well served by the following public transport methods: Bus/ Train and Guided Busway from the Trumpington Park and Ride Facility

It also houses 2 multi-story car parks, one adjacent to the Deakin Centre.



Autumn Term

Venues and Subjects

Thursday 4th September

Regional Induction - Welcome and Introduction

The Role of the Lead Employer in DFT

The Role of the GDC

Using the Dental ePortfolio

Virtual Remote Learning Platform - Links to be confirmed.

Friday 5th September

Introduction and Welcome to the Scheme

Nuts and Bolts of DTFT

Relationships in the Training Practice

Deakin Centre, Addenbrookes Hospital

Friday 12th September

Clinical Skills Refresher

Dental Care Centre, Bedford

Friday 19th September

NHS Rules and Regulations and Medico-Legal Issues

Record Keeping

Deakin Centre, Addenbrookes Hospital

Friday 26th September

Clinical Photography

Presentation Skills and Audit

Room 14 Deakin centre, Addenbrookes Hospital

Friday 10th October

Radiography

Oral Medicine and Cancer

DK3 Deakin Centre, Addenbrookes Hospital

Friday 17th October

Consent, Records and Complaints

Learning and Education Centre, Bedford Hospital

Friday 31st October

Periodontology

Mindfulness and Wellbeing

Deakin Centre, Addenbrookes Hospital

Monday 3rd November	Communication Skills	<i>DK3 Deakin Centre, Addenbrookes Hospital</i>
Friday 7th November	Treatment planning	<i>DK3 Deakin Centre, Addenbrookes Hospital</i>
Tuesday 18th November	Oral Cancer Symposium	<i>Venue TBC</i>
Thursday 4th December	Career's day	<i>St. Martins House Conference Centre Leicester</i>
Friday 12th December	Oral Surgery	<i>Clinical Lab, Deakin Centre, Addenbrookes Hospital</i>
Friday 19th December	Case Presentations	<i>DK3 Deakin Centre, Addenbrookes Hospital</i>

Important Dates and Deadlines

Early Stage Reviews	Monday 20th-Friday 24th October
Case Presentations	Friday, 19 December 2025



Thursday 4th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

13.30

Regional Induction - Welcome and Introduction

CPD Hrs = 3

Malcolm Brady --- Jason Stokes

Postgraduate Dental Dean - Associate Postgraduate Dean

This session aims to introduce and orientate delegates to the Dental Foundation Training year.



Objectives

- Describe the dental foundation training year, the induction process, the support services available and the commitment needed to complete the year.
- Explain how to access and navigate the DFT e-portfolio, Intrepid Course Manager and the NHSE WT&E website.
- Discuss the RCP processes involved in the satisfactory completion of DFT.

Learning Content

- Describe the dental foundation training year, the induction process, the support services available and the commitment needed to complete the year.
- Recognise how to access and navigate the DFT e-portfolio, Intrepid Course Manager and the NHSE WT&E website.
- Explain the RCP processes involved in the satisfactory completion of DFT.

GDC Outcomes: A B C D





Thursday 4th September

Virtual Remote Learning Platform - Links to be confirmed.

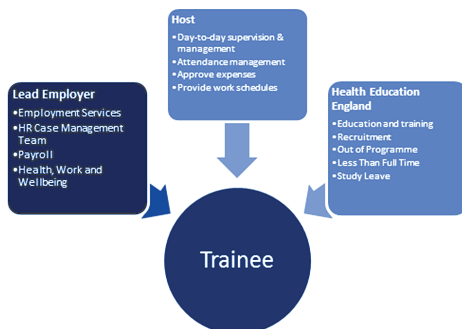
14.00

The Role of the Lead Employer in DFT

Anne Potter and Rebecca Jones

Lead Employer, St Helens and Knowsley Trust

The Lead Employer in Dental Foundation Training covers many roles and functions. This presentation will provide information and guidance for everyone



14.20

The Role of the GDC

Anika Daclan

Engagement Officer · General Dental Council

The General Dental Council re an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.



Objectives

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

Learning Content

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

GDC Outcomes: A B C D

15.20

Break



Thursday 4th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

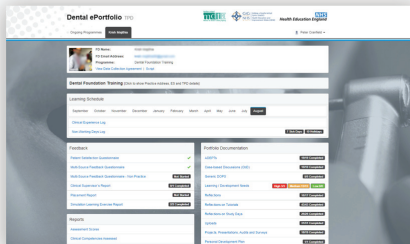
15.35

Using the Dental ePortfolio

CPD Hrs = 6

Peter Cranfield

Associate Dean, Trainign Programme Director



The Dental ePortfolio is an online record of your progress and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

16.35

End



Friday 5th September

Deakin Centre, Addenbrookes Hospital

Morning Session

09.30

Introduction and Welcome to the Scheme

CPD Hrs = 1.5

Jyoti Sumel

Training Programme Lead

A welcome to the members of the Scheme and an introduction to the programme for the year. This is our first meeting together and is the time to get to know each other.

10.45

Break

11.00

Nuts and Bolts of DTFT

CPD Hrs = 1.5

Jyoti Sumel

Training Programme Lead

In this session we shall look at how Dental Therapist Foundation Training runs on a day to day basis. This is an opportunity to set out the ground rules for the year and to understand how we can make our group work well. The programme for the term and for the year can be discussed.



12.30

Lunch



Friday 5th September

Deakin Centre, Addenbrookes Hospital

Afternoon Session

13.30

Relationships in the Training Practice

CPD Hrs = 3

Jyoti Sumel

Training Programme Lead

Educational Supervisors are very important to FDTs and viceversa.

What are our responsibilities to each other? What are our expectations and what can we achieve together? How can we make our relationship one that is beneficial to both parties? What do we do when things do not run smoothly? Who can provide help and advice within the practice?

Today we shall have a chance to develop and practise team communication skills in practical ways. We shall spend some time considering monitoring within general practice. This is always a difficult area and sharing experiences can be very helpful.



16.30

End



Friday 12th September

Dental Care Centre, Bedford

Day Session

09.30

Clinical Skills Refresher

CPD Hrs = 6

DTFTs

Starting in practice is exciting and the fruit of many years of study and learning. However, for many of the group it may be several months since the opportunity to carry out practical clinical skills was present. This clinical hiatus can lead to a process of 'de-skilling' and possibly to a loss of confidence. This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques and processes and to refresh the skills learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors.

Objectives

- Be able to evidence the systematic and accurate removal of simulated dental caries.
- Have an opportunity to refresh dental preparation skills on a simulator prior to starting work in general dental practice.

Learning Content

- Appreciation of the importance of accurate caries removal and the preservation of sound dentine and supported enamel.
- Knowledge of any requirements for targeted support by the ES.

GDC Outcomes: C D



16.30

End



Friday 19th September

Deakin Centre, Addenbrookes Hospital

Morning Session

09.30

NHS Rules and Regulations and Medico-Legal Issues

CPD Hrs = 3

Uday Patel

Educational Supervisor

Provide Foundation Dental Therapists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services.

Objectives

- Explain how and when to claim for NHS treatment that has been provided to patients.
- Define the rules regarding provision of NHS dental care.
- Have the ability to talk confidently about what can be provided through NHS dental services.

Learning Content

- List the structures and content of NHS treatment bands and associated NHS banding charges.
- Apply the rules regarding provision of NHS dental care.
- Be able to perform within the structure of NHS GDS contracts.

GDC Outcomes: A B D



12.30

Lunch

Joint with JDFCT Scheme



Friday 19th September

Deakin Centre, Addenbrookes Hospital

Morning Session

13.30

Record Keeping

CPD Hrs = 3

Christopher Roome

ES & GDC Clinical Dental Advisor

To provide a comprehensive knowledge base on appropriate dental record keeping.

Objectives

- *To understand the requirements of dental record keeping.*
- *To understand the benefits to keeping appropriate dental records.*
- *An introduction to problems which might flow from poor or incomplete records.*
- *To allow an understanding of the role of the GDC in clinical assessment.*

Learning Content

- *Opportunity for delegates to share their record keeping strategies.*
- *Opportunity for delegates to share their perception of vulnerabilities to patient complaints & the regulator.*
- *Lecture format assisted with a PowerPoint presentation to stimulate group discussion and sharing of experience/opinion.*

GDC Outcomes: A D



16.30

End

Joint with JDFCT Scheme



Friday 26th September

Room 14 Deakin centre, Addenbrookes Hospital

Morning Session

09.30

Clinical Photography

CPD Hrs = 3

Peter Cranfield

Associate Dean and TPD



To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images.

Objectives

- *Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images*
- *Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images.*
- *Recognise the use of the wider team to aid image production of a high standard and how to use software to prepare images for use in presentations and projects.*

Learning Content

- *Demonstrate consistent, high quality clinical images to be used for patient education, building their own clinical portfolio and for coursework submissions throughout the training year*
- *Evaluate their own clinical images to troubleshoot how to improve them where issues arise.*
- *Construct a systematic approach to make clinical photography routine in the Foundation Dental Therapist's daily workflow.*

GDC Outcomes: A C



12.30

Lunch

Joint with JDFCT Scheme



Friday 26th September

Room 14 Deakin centre, Addenbrookes Hospital

Afternoon Session

13.30

Presentation Skills and Audit

CPD Hrs = 3

Peter Cranfield

Associate Dean and TPD

To reinforce coursework details and expectations from earlier Regional and local induction processes.

Objectives

- Define the process of conducting a clinical audit and the preparation required to complete this element of the coursework schedule.
- Ability to complete the case presentations Foundation Dental Therapists are required to undertake to the standard set.

Learning Content

- Design and produce a clinical audit to a satisfactory standard of work to meet expectations.
- Be able to recognise the workload involved regarding coursework elements.
- Identify the requirements to produce a satisfactory standard of work to meet expectations for audits and case presentations.

GDC Outcomes: A B C D



16.30

End

Joint with JDFCT Scheme



Friday 10th October

DK3 Deakin Centre, Addenbrookes Hospital

Morning Session

09.30

Radiography

CPD Hrs = 3

Jeremy Norris

Educational Supervisor

This session is to provide a refresher on how to justify, report and grade dental radiographs. We shall refresh theory in relation to everyday practice for dental radiography. We shall also try to understand the range of holders and views and shall share solutions for dealing with common issues.

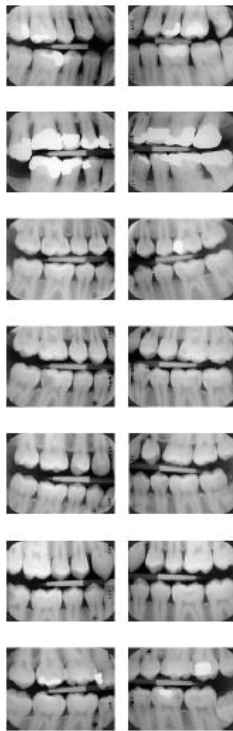
Objectives

- To be able to justify, report and grade your radiographs.
- To gain hints and tips for overcoming common issues.
- To be able to justify, assess and report on dental radiographs.

Learning Content

- To be able to justify, assess and report on dental radiographs.
- To have processes to overcome common issues in Radiography.
- To understand and choose the appropriate views for dental radiographs and their uses.

GDC Outcomes: A B D



12.30

Lunch

Joint with JDFCT Scheme



Friday 10th October

DK3 Deakin Centre, Addenbrookes Hospital

Afternoon Session

09.30

Oral Medicine and Cancer

CPD Hrs = 3

Stephanie Agar

Educational Supervisor

Discuss the extent of the problem of oral cancer: current prevalence, detection and diagnosis. Recognise the different clinical forms in which oral malignancy may present and how to recognise this. To stress the role of the dental team in early detection and referral. To understand the treatment involved with oral cancer and the patient journey, including postoperative issues related to living with oral cancer. To understand the restorative dental needs of a head and neck cancer patient and the role the GDP may have in this.



Objectives

- Describe how to educate patients in general dental practice on possible risk factors for oral cancer, including having confidence in delivering 'very brief advice'
- Identify oral premalignant conditions and identify the appropriate referral pathways, and when specialist advice is necessary.
- Describe the extent of surgery involved in some cases and the implications to both patient and their families, alongside how to support patients postoperatively, following radiotherapy, chemotherapy and surgery, and the implications this has on providing dental treatment.

Learning Content

- Explain the incidence, diagnosis and prevention of oral lesions and mouth cancer.
- "Recognise local and national support services and resources in the care of mouth cancer."
- Demonstrate the ability to communicate effectively and sensitively with patients about the prevention, diagnosis and treatment of oral lesions, with an improved knowledge of the disciplines involved in the patient journey through diagnosis to treatment of head and neck cancer patients, alongside the role the general dental practitioner may need to play.

GDC Outcomes: A B C D

16.30

End

Joint with JDFCT Scheme



Friday 17th October

Learning and Education Centre, Bedford Hospital

Day Session

09.30

Consent, Records and Complaints

CPD Hrs = 6

Shaam Shamsi

TPD Midlands Region

To provide a comprehensive knowledge base on the medicolegal issues that present themselves in general dental practice and management of complaints, record keeping and consent, that may arise alongside ethical dilemmas.

Objectives

- List the regulations and requirements regarding record keeping and dealing with complaints.
- Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.
- To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice.
- Describe the processes of the GDCs regulation of the profession.



Learning Content

- Produce effective patient records within dental practice.
- Implement appropriate complaint handling in general dental practice.
- Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team

GDC Outcomes: A B C D

16.30

End

Joint with Bedfordshire and Luton and Hertfordshire and West Essex Schemes



Friday 31st October

Deakin Centre, Addenbrookes Hospital

Morning Session

09.30

Periodontology

CPD Hrs = 3

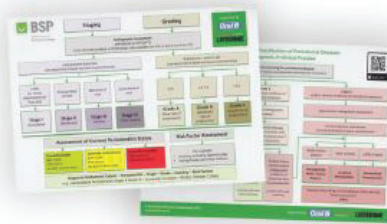
Sabina Wadhvani

Education Supervisor

Review the current Classification of Periodontal Diseases 2017 and its implementation in General Dental Practice.

Objectives

- Explain how to formulate individualised, written care or treatment plans for patients according to their individual circumstances.
- Describe how to monitor therapeutic outcomes and ensure that appropriate follow-up care is arranged.



Learning Content

- Evaluate the periodontal tissues and provide a differential diagnosis of the patient's periodontal condition.
- Demonstrate understanding of the aetiology, diagnosis and classification of periodontal disease and able to explain this to patients.
- "Be able to integrate and deliver optimal periodontal care under the existing General Dental Service contract and assess when to refer a patient for more specialised periodontal care or to secondary care services."

GDC Outcomes: A C

Joint with JDFCT Scheme



Friday 31st October

Deakin Centre, Addenbrookes Hospital

Afternoon Session

16.30

Mindfulness and Wellbeing

CPD Hrs = 3

Dipika Deviram

Senior Dentist, Clinical Hypnotherapist (BSCAH) & Certified yoga practitioner

This will be an interactive session to increase awareness of the factors that contribute to stress and burnout, and explore proactive strategies to reduce the risk of it, manage it with various tools and learn practical ways to integrate a positive culture of wellbeing within personal and work life.

Objectives

- Identify at least three key stressors commonly faced by newly qualified dental professionals and describe how these can impact personal and professional wellbeing.
- Recognise early warning signs of stress, anxiety, and burnout in themselves and colleagues, and articulate the importance of early intervention.
- Practice and evaluate at least two evidence-based self-regulation techniques (e.g. mindful breathing, grounding, or reframing) to manage stress at work and personally.

Learning Content

- Discuss the role of professional support (e.g. mentoring, peer support, occupational health, therapy) and demonstrate how to access these resources confidently when needed.
- Create a personalised wellbeing plan that includes strategies for maintaining work-life integration, accessing support systems, and setting boundaries within the dental practice.
- Apply a simple wellbeing framework (e.g. the PERMA model, Five Ways to Wellbeing, or self-care wheel) to their daily or weekly routine to support mental health.

GDC Outcomes: A B C



16.30

End

Joint with JDFCT Scheme



Monday 3rd November

DK3 Deakin Centre, Addenbrookes Hospital

Day Session

10.00

Communication Skills

CPD Hrs = 6

Cascade

Educational Theatre Company

To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues.

Objectives

- *Raise awareness of the importance of communication skills.*
- *Evaluate and assess clinician and patient interactions.*

Learning Content

- *Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others.*
- *Differentiate the importance of non-verbal communication and active listening.*
- *Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues.*

GDC Outcomes: A B C D



17.00

Lunch

Joint with JDFCT Scheme



Friday 7th November

DK3 Deakin Centre, Addenbrookes Hospital

Day Session

09.30

Treatment planning

CPD Hrs = 6

Stephanie Agar

Educational Supervisor

To be able to provide a comprehensive treatment plan the patient understands and meets the patients' needs. Understand the scope of treatment provide by a Dental Therapist and how integration of treatment with the full dental team is managed.

Objectives

- *Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.*
- *Review the methods of assessing a patient's needs, wishes, requirements and the treatment options available for each patient in relation to the NHS regulations.*
- *Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options and content of a treatment plan including patient's responsibilities and preventive regimes, or any need for referral.*

Learning Content

- *Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectations.*
- *Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for any referral.*
- *Recognise the level of communication required to discuss with a patient an effective treatment plan in a manner which manages their expectations, wishes and requirements in an ethical and professional manner.*

GDC Outcomes: A B C D



16.30

End



Tuesday 18th November

Venue TBC

Day Session

09.30

Oral Cancer Symposium

CPD Hrs = 6

Various

The aim of this day is to bring together the whole dental team from primary, secondary and tertiary care to update our knowledge on the current management of oral cancer, post cancer rehabilitation as well as hearing personal stories from those living with oral and other cancers.

Objectives

- Provide an overview of Oral Cancer, how to recognise it, refer it and how it is treated in secondary care.
- Demonstrate the importance of support of the patient in primary care.
- Share insights of the life of a cancer patient, how to deliver bad news and how dental teams can support the patient.
- Discuss the management of a cancer patient on polypharmacy, chemotherapy and bisphosphonates.

Learning Content

- Explain the mechanism of oral cancer, its management and the role dental teams can play in identifying and referring appropriately.
- Describe the surgical and medical management of oral cancer patients.
- Define the challenges of all patients living with cancer in order to address their dental needs.

GDC Outcomes: A B C D



16.30

End



Thursday 4th December

St. Martins House Conference Centre Leicester

Day Session

09.30

Career's day

CPD Hrs = 6

Various Speakers - TBC

This is an opportunity for Foundation Dental Therapists to explore the range of career opportunities available to them. To learn about useful CV writing techniques and insight in to emotional interlligence.



16.30

End



Friday 12th December

Clinical Lab, Deakin Centre, Addenbrookes Hospital

Day Session

09.30

Oral Surgery

CPD Hrs = 6

Vahé Cooper

Training Programme Director, Consultant Oral Surgeon & Specialist Doctor OM

To enhance Dental Therapists foundation trainees knowledge of deciduous tooth extractions. Whilst providing hands-on support to learn techniques and correct use of instruments.

Objectives

- Enable Dental Therapists to be aware of the different extraction instruments available and their purpose.
- Recognise suitable instruments in each extraction scenario.
- Practice various extraction and local anaesthetic techniques.
- To understand the importance of assessing radiographs for tooth extractions.

Learning Content

- Providing hands-on training to practise use of dental extraction instruments.
- Insight in to how to deal with difficult extractions and retained/fractured roots.
- Information on different local anaesthetics and applying them to real life scenarios.
- Emphasise the importance of teamworking during extractions.

GDC Outcomes: A B C



16.30

End



Friday 19th December

DK3 Deakin Centre, Addenbrookes Hospital

Day Session

09.30

Case Presentations

CPD Hrs = 6

DTFTs

This session will be used for Foundation Dental Therapist to present a simple case.

Objectives

- *Knowledge and experience of the power of self and peer reflection in personal development.*
- *Improvement in the provision of patient care through use of reflection, analysis and planning.*

Learning Content

- *Assess and treatment plan appropriately.*
- *Reflect regarding their own clinical work and if required use personal learning needs to improve outcomes for patients.*

GDC Outcomes: A C D



16.30

End



Calendar 2025-2026

September 2025

Thursday 4th September

Study day - Cambridge

Friday 5th September

Study day - Cambridge

Friday 12th September

Study day - Bedford

Friday 19th September

Study day - Cambridge

Friday 26th September

Study day - Cambridge

October 2025

Friday 10th October

Study day - Cambridge

Friday 17th October

Study day - Bedford

Friday 31st October

Monday 20th - Friday 24th October

Early Stage Review - Remote interviews

November 2025

Monday 3rd November

Study day - Cambridge

Friday 7th November

Study day - Cambridge

Tuesday 18th November

Venue TBC

December 2025

Thursday 4th December

St. Martins House Conference Centre Leicester

Friday 12th December

Study day - Cambridge

Friday 19th December

Study day - Cambridge

Last day of Autumn Term

January 2026

Jan/Feb 2026

Practice Visits - Virtual or in Person - Dates TBC

Spring/Summer Term

TBC

31st August 2026

End of DTFT year



Educational Supervisors and Foundation Dentists



Adrian Yellon

Bedwell Dental Surgery, 62 Bedwell Crescent, Stevenage, Hertfordshire. SG1 1LX



Rosie Boddy

University of Liverpool Dental Hospital

01438 354827



Adrian Yellon

Bedwell Dental Surgery, 62 Bedwell Crescent, Stevenage, Hertfordshire. SG1 1LX



Tara Vithanage

University of Sheffield

01438 354827



Akhila Kotta

Siskin Dental Centre , Bowthorpe Road , Norwich, Norfolk. NR2 3TU



Ewa Gawthrop

Queen Mary University of London

01603 558557



**Abida Hirji
Niles Limani**

Hemel Smile Studio, 69 Marlowes, Hemel Hempstead, Hertfordshire. HP11LE



Bruna Vitorino

Eastman Dental Hospital

01442 251619



**Abida Hirji
Niles Limani**

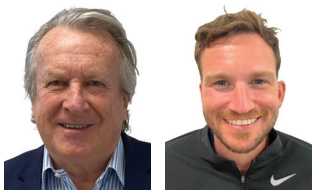
Hemel Smile Studio, 69 Marlowes, Hemel Hempstead, Hertfordshire. HP11LE



Maria Ali Butt

Kings College London

01442 251619



**Tony Clough
Anthony Barrett**

Sharrow Dental Surgery, Moulsham Street, Chelmsford, Essex. CM2 0JG



Aaran Chahil

University of Portsmouth

01245 354046



Thomas O'Connor
Kuljeet Singh



Merina Gurung

University of Plymouth

Dental Healthcare Cambridgeshire, Brookfields, Seymour Street, Cambridge, Cambridgeshire. CB1 3DQ

01223 723093



Thomas O'Connor
Kuljeet Singh



Rebecca Uys

Queen Mary University of
London

Dental Healthcare Cambridgeshire, Brookfields, Seymour Street, Cambridge, Cambridgeshire. CB1 3DQ

01223 723093



Dental Therapists Scheme Buddy ES Pairings 2025-2026

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Aaran Chahil	Anthony Barrett and Anthony Clough	Adrian Yellon
Bruna Vitorino	Abida Hirji and Nilesh Limani	Anthony Barrett and Anthony Clough
Maria Ali Butt	Abida Hirji and Nilesh Limani	Anthony Barrett and Anthony Clough
Ewa Gawthrop	Akhila Kotta	Kuljeet Singh and Thomas O'Connor
Merina Gurung	Kuljeet Singh and Thomas O'Connor	Akhila Kotta
Rebecca Uys	Kuljeet Singh and Thomas O'Connor	Akhila Kotta
Rosie Boddy	Adrian Yellon	Abida Hirji and Nilesh Limani
Tara Vithanage	Adrian Yellon	Abida Hirji and Nilesh Limani



Online Learning

2025-2026

List of Mandatory E-Learning

As part of your Foundation Training year within the East of England Region you will undertake a number of online e_Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

Once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://East of England elfh Hub(e-lfh.org.uk))

This takes you to a portal which leads to the **East of England - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules Course Sections

Statutory and Mandatory Training (SMT) Completion by Early Stage Review

- Conflict Resolution Level 1 40 mins
- Data Security Awareness Level 1 70 mins
- Equality and Diversity and Human Rights Level 1 20 mins
- Fire Safety Level 1 30 mins
- Moving and Handling Level 1 40 mins
- Preventing Radicalisation - Basic Prevent Awareness 35 mins
- Safeguarding Adults Level 1 40 mins
- Safeguarding Adults Level 2 40 mins
- Safeguarding Children Level 1 30 mins
- Safeguarding Children Level 2 35 mins

Mental Capacity Act (MCA) Completion by IRCP

- Mental Capacity Act as Part of Human Rights 20 mins
- Assessing Mental Capacity 20 mins
- Planning Ahead Using the MCA 20 mins
- Best Interests 20 mins
- Restraint 20 mins

Deprivation of Liberty 20 mins
Relationship Between the MCA and the MHA 20 mins
Mental Capacity Act and Young People aged 16 or 17 20 mins
Research Involving People Who Lack Capacity 20 mins
Mental Capacity Act and Adult Safeguarding 20 mins
Settling Disputes and Disagreements 20 mins

Alcohol and Tobacco Brief Interventions Completion by IRCP

Introduction to treating and preventing ill health 15 mins
Very Brief Advice on Smoking 15 mins
Alcohol Brief Advice 15 mins
Bringing It Together - Multiple Risk Factors 15 mins
Assessment 10 mins

Making Every Contact Count (MECC) Completion by IRCP

What is MECC and why is it important 30 mins
How to have a MECC conversation 30 mins
Signposting 15 mins
Five Ways to Wellbeing 30 mins
Assessment 10 mins

HEE Rubber Dam Placement video Completion by IRCP

Using your login details for e_Learning for Health you can access this module by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://e-lfh.org.uk)

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module , this information will be passed to your e_Portfolio but you may wish to download completion certificates for your CPD records.

Modules Completion by FRCP

Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins
Special Patient Groups 60 mins
Utilising the BNF 60 mins
Medical Emergencies 60 mins
Periprocedural Prescribing 60 mins
Dental Infection 60 mins
Pain, Ulceration, and Inflammation 60 mins
Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins



Audit

2025-2026

Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the East of England Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Problem Solving and Support

Dental Therapists 2025-2026

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. However, you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day; contact your TPD by email or phone early on if you have a problem or concern. Early resolution of an issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The training group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of study days. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

If there are problems relating to your work in the practice, you should also contact the Lead Employer for support. They will help not only with employment issues but also with wellbeing and health support pathways.

Additionally there is further support that can be obtained from the Regional Professional Support and Wellbeing unit. You can self-refer, but please ensure (if you feel able) that you share relevant information about your referral with your Educational Supervisor

Contacts for Support

Training Programme Director

Jyoti Sumel
07460993144
jyoti.sumel1@nhs.net

Professional Support and Wellbeing Unit

<https://heeeoe.hee.nhs.uk/psw/psw-eeoe>



Claiming Travel and Subsistence

2025-2026

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Your usual mileage from your home to the dental practice will be deducted from the amount.

The current mileage rate is £0.28 per mile. If you are taking one or more other eligible dental therapists to the same course, you may claim an additional £0.05 per mile)

Car parking costs will be reimbursed and you will need a receipt for the car parking an image of which will be need to be uploaded.

FDTs should travel only by second class if they travel by rail and should attach images of tickets or receipts to their claims.

Taxis should not be used and cannot be claimed.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

Within East of England overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

All claims must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense.

A claim form is obtainable from the Training Programme Lead and must be used for all claims.

- Therapists should complete the forms as they go and at the end of three months they sign it, and send it to the Training Programme Lead with copies of their receipts as evidence. The form is partially locked - all the personal information is locked but the claims information is still unlocked so it can be amended if not approved.
- The Training Programme Lead signs the form as approved, when she has checked it, and then returns the signed and now completely locked form to the Therapist.
- The Therapist sends the locked signed form to the ES (without the receipts) and the ES then sends the DFT mailbox an invoice for the total indicated on the form, along with a copy of the form.
- Late claims may not be accepted.



Practice Equipment List

2025-2026

Practice Specifications

Electronic records - Full computer based clinical records and appointment management system.

Digital radiography

Internet access

Infection control - Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmial account

Specification for FDT Room

Size - Minimum floor area 9m².

Ventilation - Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FDT Room

Dental chair - Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Stool for dentist

Stool for nurse

Handwash sink

X-ray set - Rectangular collimation. Isolation switch outside the controlled area.

Amalgam mixer

Light cure lamp

Telephone

Workstation - Clinical records and appointment management software. Internet access.

Turbines - Minimum of 3.

Contra-angle handpieces - Minimum of 3.

Straight handpiece - Minimum of 1.

Ultrasonic scaler - Magnetostrictive or piezo.

Instrumentation for FDT Room

Autoclavable tray system

X-ray film holders - Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit - Latex free.

Conservation - Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics - Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions - Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Materials and Disposables for FDT Room

Respirator - Fit tested FFP3 mask or powered hood for FDT use.

Type II R Fluid Resistant Surgical Masks

Gloves - Latex free.

Bibs

Aprons

Gowns

Paper and cotton goods

Safe Sharps System - Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

Waste containers - For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

Disposable 3 in 1 syringe tips

Conservation - Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

Available in the Practice for Use by the FDT if Required

Dedicated Digital Camera - SLR or equivalent with lens, ring flash, retractors, and mirrors.

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Clinical Digital Thermometer

Digital Communication - Computer or tablet with MS Teams including webcam, speakers, and microphone.



Speakers

Autumn Term Term 2025-2026

Carol Brooking and Kit Maher

Cascade Theatre Company



Chris Roome



Dipika Deviram



Jeremy Norris



Peter Cranfield



Sabina Wadhwani



Shaam Shamsi



Stephanie Agar



Uday patel



Vahé Cooper

