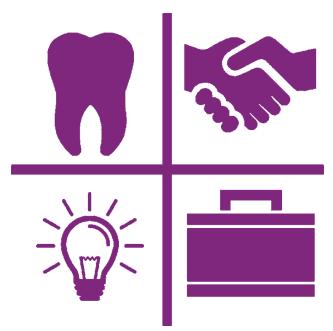


# Dental Therapists Dental Foundation Training Scheme

# Autumn Term Programme 2023-2024





## The Postgraduate Medical Centre (PGMC)

Deakin Centre, Level 1, 111 Hills Road, Cambridge, CB2 0QQ Tel: 01223 256562

# **East of England Region**

Regional Postgraduate Dental Dean	Malcolm Brady
Regional Deputy Postgraduate Dental Dean, Early Years	Jason Stokes
Associate Dental Dean for Multiporfessional Programmes and Innovation	Peter Cranfield
Regional Dental Account Manager	Patti Bradshaw
Regional Dental Faculty Support Officer	Peta Wright
Postgraduate Centre Manager	Jonathan Wardrop (Cambridge)
Scheme Administrator	Janice Phillips
Training Programme Director	<b>Jyoti Sumel</b> BSc Oral Health Science



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# The Postgraduate Medical Centre (PGMC)





The Deakin Learning Centre is a friendly and inclusive learning environment designed to provide a range of high quality community services combined with excellent education and training provision.

We are situated to the south of the historic city of Cambridge, at the heart of Addenbrookes Hospital Biomedical Campus.

We offer a range of programmes and services in our innovative, world-class facility. The Postgraduate Medical Centre is situated on the first floor of the Deakin Centre and provides the infrastructure and support to facilitate education, training and continuing development of health professionals.

# Location and Map



The biomedical Campus is well served by the following public transport methods: Bus/ Train and Guided Busway from the Trumpington Park and Ride Facility

It also houses 2 multi-story car parks, one adjacent to the Deakin Centre.





# Venues and Subjects

Friday 1st September	Regional Induction - Welcome and Introduction
	The Role of the Lead Employer in DFT
	The Role of the GDC
	Using the Dental ePortfolio
	Virtual Remote Learning Platform - Links to be confirmed.
Friday 8th September	Introduction and Welcome to the Scheme
	Nuts and Bolts of DTFT
	Relationships in the Training Practice
	Deakin Centre, Addenbrookes Hospital
Friday 15th September	Clinical Skills Refresher
	NSK, Stevenage
Friday 22nd September	Mandatory e-Learning Self-Study Day
•	
Friday 29th September	NHS Rules and Regulations and Medico-Legal Issues
•	Deakin Centre, Addenbrookes Hospital
Friday 6th October	Clinical Photography
	Presentation Skills and Audit
	Deakin Centre, Addenbrookes Hospital
Friday 20th October	Consent, Records and Complaints
•	Learning and Education Centre, Bedford Hospital
Friday 27th October	Radiography
	Oral Medicine and Cancer
•	Deakin Centre, Addenbrookes Hospital
Monday 6th November	Communication Skills
•	Deakin Centre, Addenbrookes Hospital
Friday 17th November	Mandatory e-Learning Self-Study Day
	Online self-study day

Friday 24th November	Treatment Planning	
		Deakin Centre, Addenbrookes Hospital
Friday 8th December	Periodontology	
	Mindfullness and Wellbeing	
•		Deakin Centre, Addenbrookes Hospital
Friday 15th December	Case Presentations	
•		Deakin Centre, Addenbrookes Hospital

Important Dates and Deadlines	
Start of Autumn Term	Friday, 1 September 2023
Early Stage Review	Thursday, 19 October 2023
Case Presentations	Friday, 15 December 2023
End of Term	Friday, 15 December 2023



Friday 1st September

Virtual Remote Learning Platform - Links to be confirmed.

# **Morning Session**

09.30

# Regional Induction - Welcome and Introduction

CPD Hrs = 0.5





## Malcolm Brady --- Jason Stokes

Postgraduate Dental Dean - Associate Postgraduate Dean

This session is a welcome to all the new Foundation Dentists in the East of England and Midlands Regions and to introduce and orientate them to their Dental Foundation Training year. It will help everyone develop their role as a Foundation Dentist throughout the year by providing information about the content and timelines that have to be maintained. ables. Completion of Dental Foundation Training has specific requirements and these will be outlined and discussed.

#### **Objectives**

- Explain what the Dental Foundation Training year involves, the induction process, the support services available and the commitment needed to complete the year.
- Provide experience, access to and navigation of the Dental Foundation Training e-portfolio, Intrepid Course Manager and APlan.
- Define the RCP process involved in the satisfactory completion of Dental Foundation Training.

#### **Learning Content**

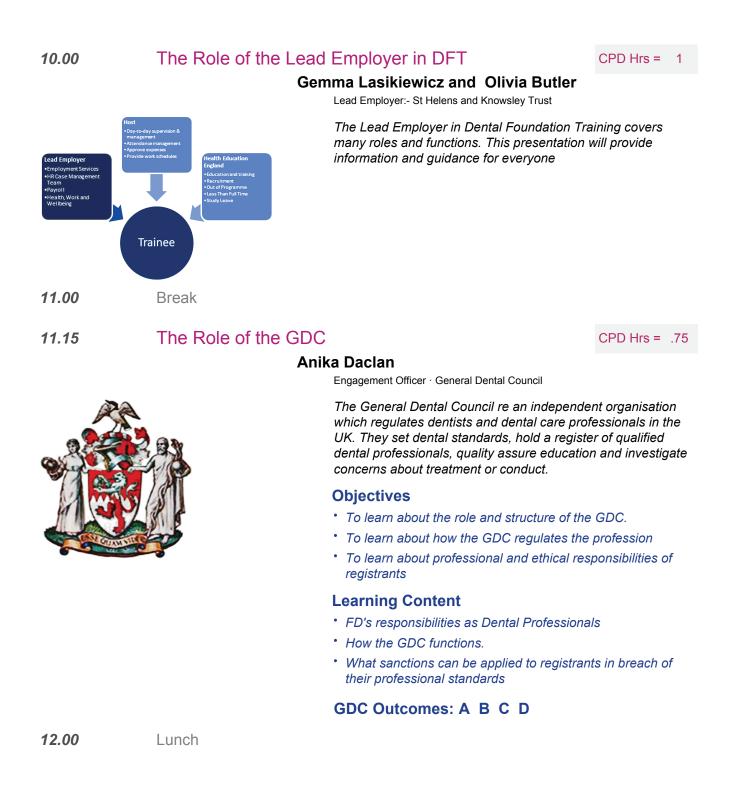
- Be able to demonstrate an understanding of learning styles and reflection.
- Have a recognition of your peer group and Regional HEE personnel together with an enhanced ability to work with others as a team.
- Recognise the need for professional and ethical behaviour and have knowledge of the NHS rules and regulations.CP process involved in the satisfactory completion of Dental Foundation Training.

#### GDC Outcomes: A B C D



# Friday 1st September

Virtual Remote Learning Platform - Links to be confirmed.





# Friday 1st September

# Virtual Remote Learning Platform - Links to be confirmed.

12.00

## Using the Dental ePortfolio

#### CPD Hrs = 1

# 

13.00 End

#### Associate Postgraduate Dean and TPD

**Peter Cranfield** 

The Dental ePortfolio is an online record of your progress and and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.



# Friday 8th September

Deakin Centre, Addenbrookes Hospital

# **Morning Session**

09.30	Introduction and Wel Jyo	come to the Scheme ti Sumel Training Programme Lead	CPD Hrs = 1.5
		A welcome to the members of the Scheme a to the programme for the year. This is our firs together and is the time to get to know each	st meeting
10.45	Break		
11.00	Nuts and Bolts of DT	FT	CPD Hrs = 1.5
	Јуо	ti Sumel Training Programme Lead	
		In this session we shall look at how Dental T Foundation Training runs on a day to day ba opportunity to set out the ground rules for the understand how we can make our group wor programme for the term and for the year can	sis. This is an e year and to rk well. The

**12.30** Lunch



# Friday 8th September

Deakin Centre, Addenbrookes Hospital

# **Afternoon Session**

13.30

## Relationships in the Training Practice

CPD Hrs = 3

## FDTs and ESs

Educational Supervisors are very important to FDTs and viceversa. What are our responsibilities to each other? What are our expectations and what can we achieve together? How can we make our relationship one that is beneficial to both parties? What do we do when things do not run smoothly? Who can provide help and advice within the practice? Today we shall have a chance to develop and practise team communication skills in practical ways. We shall spend some

communication skills in practical ways. We shall spend some time considering monitoring within general practice. This is always a difficult area and sharing experiences can be very helpful.

#### **Objectives**

- To introduce and orientate delegates to the Dental Therapists Foundation Training programme.
- To give delegates tools to develop their role as a Foundation Dental Therapist throughout the year.
- Inform delegates of the requirements of Foundation Training and to develop teamwork skills.

#### Learning Content

- Be able to demonstrate an understanding of learning styles and reflection.
- Define the timeline of the Dental Therapist Foundation Training year.
- Have a knowledge of their peer group and East of England personnel together with an enhanced ability to work with others as a team.

## GDC Outcomes: A B C D



16.30 End



# Friday 15th September

**NSK**, Stevenage

CPD Hrs =

3

# **Afternoon Session**

13.30

Clinical Skills Refresher FDTs

16.30

End

Starting in practice is exciting and the fruit of many years of study and learning. However, for many of the group it may be several months since the opportunity to carry out practical clinical skills was present. This clinical hiatus can lead to a process of 'de-skilling' and possibly to a loss of confidence. This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques and processes and to refresh the skills learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors.

#### **Objectives**

- Be able to evidence the systematic and accurate removal of simulated dental caries.
- Have an opportunity to refresh dental preparation skills on a simulator prior to starting work in general dental practice.

#### **Learning Content**

- Appreciation of the importance of accurate caries removal and the preservation of sound dentine and supported enamel
- Knowledge of any requirements for targeted support by the ES.

#### **GDC Outcomes: C D**



# Friday 22nd September

**Day Session** 

# 09.30 Mandatory e-Learning Self-Study Day





Allocated day for FDs to work on their e-Learning modules at home or in practice.

As part of your Dental Foundation Training year within East of England you will undertake a number of online e-Learning modules.

Most of the e-Learning can be accessed from the e-LFH (eLearning for Health) website (link on Online Learning Page).



# Friday 29th September

Deakin Centre, Addenbrookes Hospital

# **Day Session**

09.30

## NHS Rules and Regulations and Medico-Legal Issues

CPD Hrs = 6



## Uday Patel

Educational Supervisor

Provide Foundation Dental Therapists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services.

#### **Objectives**

- Explain how and when to claim for NHS treatment that has been provided to patients.
- Define the rules regarding provision of NHS dental care.
- Have the ability to talk confidently about what can be provided through NHS dental services.

#### **Learning Content**

- List the structures and content of NHS treatment bands and associated NHS banding charges.
- Apply the rules regarding provision of NHS dental care.
- Be able to perform within the structure of NHS GDS contracts.

#### GDC Outcomes: A B D



16.30

End

Joint with JDFCT Scheme



# Friday 6th October

# Deakin Centre, Addenbrookes Hospital

# **Morning Session**

#### 09.30

## **Clinical Photography**

#### CPD Hrs = 6



To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good guality clinical images.

## **Objectives**

- Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images.
- Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images.
- Recognise the use of the wider team to aid image production of a high standard and how to use software to prepare images for use in presentations and projects.

#### Learning Content

- Demonstrate consistent, high quality clinical images to be used for patient education, building their own clinical portfolio and for coursework submissions throughout the training year.
- Evaluate their own clinical images to troubleshoot how to improve them where issues arise.
- Construct a systematic approach to make clinical photography routine in the Foundation Dental Therapistst's daily workflow.

#### GDC Outcomes: A C

12.30 Lunch

You will need to bring your practice camera and accessories to this session.





# Friday 6th October

# Deakin Centre, Addenbrookes Hospital

# Afternoon Session

## 13.30 Presentation Skills and Audit

#### CPD Hrs = 6

#### Peter Cranfield

Associate Dean and TPD

To reinforce coursework details and expectations from earlier Regional and local induction processes.

#### **Objectives**

- Define the process of conducting a clinical audit and the preparation required to complete this element of the coursework schedule.
- Ability to complete the case presentations Foundation Dental Therapists are required to undertake to the standard set.
- •

#### Learning Content

- Design and produce a clinical audit to a satisfactory standard of work to meet expectations.
- be able to recognise the workload involved regarding coursework elements.
- identify the requirements to produce a satisfactory standard of work to meet expectations for audits and case presentations.

#### GDC Outcomes: A B C D

16.30

Joint with JDFCT Scheme

End



# Friday 20th October

# Learning and Education Centre, Bedford Hospital

# **Day Session**

09.30

## Consent, Records and Complaints

CPD Hrs = 6

#### Shaam Shamsi

TPD Midlands Region

To provide a comprehensive knowledge base on the medicolegal issues that present themselves in general dental practice and management of complaints, record keeping and consent, that may arise alongside ethical dilemmas.

#### **Objectives**

- List the regulations and requirements regarding record keeping and dealing with complaints.
- Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.
- To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice
- Describe the processes of the GDCs regulation of the profession.

#### Learning Content

- Produce effective patient records within dental practice
- Implement appropriate complaint handling in general dental practice.
- Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team

#### GDC Outcomes: A B C D

16.30

End

Joint with Bedfordshire and Luton and Hertfordshire and West Essex Schemes



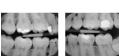


# Friday 27th October

# Deakin Centre, Addenbrookes Hospital

# **Morning Session**

09.30	Radiography	CPD Hrs = 3
		Jeremy Norris Educational Supervisor
		This session is to provide a refresher on how to justify, report and grade dental radiographs. We shall refresh theory in relation to everyday practice for dental radiography. We shall also try to understand the range of holders and views and shall share solutions for dealing with common issues.
		Objectives
		• To be able to justify, report and grade your radiogrpahs.
And AT	And the second se	<ul> <li>To gain hints and tips for overcoming common issues</li> </ul>
111 72	10	<ul> <li>To be able to justify, assess and report on dental</li> </ul>
		Learning Content
		<ul> <li>To be able to justify, assess and report on dental radiographs</li> </ul>
		<ul> <li>To have processes to overcome common issues in Radiography</li> </ul>
		<ul> <li>To understand and choose the appropriate views for dental radiographs and their uses.</li> </ul>
		GDC Outcomes: A B D



12.30

Lunch



# Friday 27th October

## Deakin Centre, Addenbrookes Hospital

# Afternoon Session

## 13.30 Oral Medicine and Cancer

#### CPD Hrs = 6

# Stephanie Agar



Educational Supervisor

Discuss the extent of the problem of oral cancer: current prevalence, detection and diagnosis. Recognise the different clinical forms in which oral malignancy may present and how to recognise this. To stress the role of the dental team in early detection and referral. To understand the treatment involved with oral cancer and the patient journey, including postoperative issues related to living with oral cancer. To understand the restorative dental needs of a head and neck cancer patient and the role the GDP may have in this.

#### **Objectives**

- Describe how to educate patients in general dental practice on possible risk factors for oral cancer, including having confidence in delivering 'very brief advice'
- Identify oral premalignant conditions and identify the appropriate referral pathways, and when specialist advice is necessary.
- Describe the extent of surgery involved in some cases and the implications to both patient and their families, alongside how to support patients postoperatively, following radiotherapy, chemotherapy and surgery, and the implications this has on providing dental treatment.

#### Learning Content

- Explain the incidence, diagnosis and prevention of oral lesions and mouth cancer.
- "Recognise local and national support services and resources in the care of mouth cancer."
- Demonstrate the ability to communicate effectively and sensitively with patients about the prevention, diagnosis and treatment of oral lesions, with an improved knowledge of the disciplines involved in the patient journey through diagnosis to treatment of head and neck cancer patients, alongside the role the general dental practitioner may need to play.

#### GDC Outcomes: A B C D

16.30

End

Joint with JDFCT Scheme



10.00

# Monday 6th November

Deakin Centre, Addenbrookes Hospital

# **Day Session**

# CPD Hrs = 6

#### Cascade

**Communication Skills** 

Educational Theatre Company

To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues.

#### **Objectives**

- Raise awareness of the importance of communication skills.
- Evaluate and assess clinician and patient interactions.
- Objective

#### **Learning Content**

- Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others.
- Differentiate the importance of non-verbal communication and active listening.
- Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues.

## GDC Outcomes: A B C D

**16.45** End

Joint with JDFCT Scheme





# Friday 17th November

Online self-study day

# **Day Session**

# *09.30* Mandatory e-Learning Self-Study Day



Allocated day for FDs to work on their e-Learning modules at home or in practice.

As part of your Dental Foundation Training year within East of England you will undertake a number of online e-Learning modules.

Most of the e-Learning can be accessed from the e-LFH (eLearning for Health) website (link on Online Learning Page)...





# Friday 24th November

Deakin Centre, Addenbrookes Hospital

**Day Session** 

# 9.30 Treatment Planning

## Stephanie Agar

CPD Hrs = 6



Educational Supervisor

To be able to provide a comprehensive treatment plan the patient understands and meets the patients' needs. Understand the scope of treatment provide by a Dental Therapist and how integration of treatment with the full dental team is managed.

#### **Objectives**

- Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.
- Review the methods of assessing a patient's needs, wishes, requirements and the treatment options available for each patient in relation to the NHS regulations.
- Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options and content of a treatment plan including patient's responsibilities and preventive regimes, or any need for referral.

#### Learning Content

- Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectations.
- Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for any referral.
- Recognise the level of communication required to discuss with a patient an effective treatment plan in a manner which manages their expectations, wishes and requirements in an ethical and professional manner.

#### GDC Outcomes: A B C D

16.30

End



# Friday 8th December

# Deakin Centre, Addenbrookes Hospital

# **Morning Session**

#### Periodontology 09.30 CPD Hrs = 6 Raj Wadhwani Specialist Practitioner and Education Supervisor Review the current Classification of Periodontal Diseases 2017 and its implementation in General Dental Practice. **Objectives** • Explain how to formulate individualised, written care or treatment plans for patients according to their individual circumstances. • Describe how to monitor therapeutic outcomes and ensure BSP that appropriate follow-up care is arranged. Learning Content • Evaluate the periodontal tissues and provide a differential diagnosis of the patient's periodontal condition. • Demonstrate understanding of the aetiology, diagnosis and classification of periodontal disease and able to explain this to patients

• "Be able to integrate and deliver optimal periodontal care under the existing General Dental Service contract and assess when to refer a patient for more specialised periodontal care or to secondary care services."

## GDC Outcomes: A C

12.30 Lunch



# Friday 8th December

# Deakin Centre, Addenbrookes Hospital

# Afternoon Session

#### Mindfullness and Wellbeing 13.30

#### CPD Hrs = 3

#### **Nicola Bretherton**

Coach and Mind Mentor

This session will introduce mindfulness, mindful practices, and other techniques that attendees can use and integrate into their daily life to support wellbeing and personal resilience.

#### **Objectives**

- Introduce Mindfulness, mindful practices, and other techniques that attendees can use to support wellbeing and personal resilience.
- Facilitate interactive activities; allowing attendees to personally experience techniques that can be used to support wellbeing and personal resilience.
- Support attendees to explore ways they could integrate chosen techniques and learning into daily life for themselves and their team.

#### Learning Content

- Describe Mindfulness, mindful practices, and other techniques that support wellbeing and personal resilience.
- Use mindful practices, and other techniques to support their own wellbeing and personal resilience.
- · Integrate chosen techniques and learning into their daily life for themselves and their team.

## GDC Outcomes: A B D

16.30 End

Joint with JDFCT Scheme





# Friday 15th December

# Deakin Centre, Addenbrookes Hospital

# **Day Session**

09.30

# Case Presentations

#### FDTs

#### CPD Hrs = 6

This session will used for Foundation Denal Therapist to present a simple case.

#### **Objectives**

- Knowledge and experience of the power of self and peer reflection in personal development.
- Improvement in the provision of patient care through use of reflection, analysis and planning.

#### Learning Content

- Assess and treatment plan appropriately.
- Reflect regarding their own clinical work and if required use personal learning needs to improve outcomes for patients.

## GDC Outcomes: A C D



16.30

End



## September 2023

Friday 1st September

Friday 8th September

Friday 15th September Friday 29th September

## October 2023

Friday 6th October Thursday 19th October Friday 20th October Friday 27th October

## November 2023

Monday 6th November Friday 24th November

## December 2023

Friday 8th December Friday 15th December

## January 2024

Jan - Feb 2024 Spring Term Summer Term 31st August 2024

# Calendar 2023-2024

Start of Autumn Term Regional Induction Day - Online Scheme Induction - Cambridge - (FDTs all day & ESs to join in the afternoon) Clinical Skills Refresher - NSK Stevenage Study day - Cambridge

Study day Cambridge Early Stage Review – Remote Interviews Study day - Bedford Study day - Cambridge

Study day - Cambridge Study day - Cambridge

Study day - Cambridge Study day - Cambridge Last Day of Autumn Term

Practice Visits – virtual or in person - Dates to be confirmed To Be Confirmed To Be Confirmed End of DTFT Year



# **Educational Supervisors and Foundation Dentists**



Anthony Barrett Anthony Clough

#### **Irmina Jonutiene**

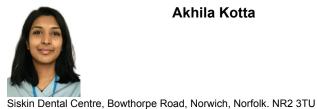
King's College, London



Abida Hirji Nilesh Limani

Laura Testa

University of Leeds



Hemel

Akhila Kotta

Smile Studio, 69 Marlowes, Hemel Hempstead, Hertfordshire. HP11LE



#### Molly de Carteret

Cardiff University School of Dentistry

Stuart McCance



**Nishath Islam** 

King's College, London

JG Plummer and Associates, 5 Upper Stafford Avenue, Costessey, Norfolk. NR5 0AB



**Adrian Yellon** 



## **Hayley Cokayne**

King's College, London

Bedwell Dental Surgery, 62 Bedwell Crescent, Stevenage, Hertfordshire. SG1 1LX



Adrian Yellon



**Chloe Kendrick** 

University of Portsmouth

Bedwell Dental Surgery, 62 Bedwell Crescent, Stevenage, Hertfordshire. SG1 1LX



# Dental Therapists Scheme Buddy ES Pairings 2023-2024

Foundation Dentist Irmina Jonutiene	Educational Supervisor(s) Anthony Barrett and Anthony Clough	<b>Buddy ES(s)</b> Abida Hirji and Nilesh Limani
Laura Testa	Abida Hirji and Nilesh Limani	Adrian Yellon
Molly de Carteret	Akhila Kotta	Stuart McCance
Nishath Islam	Stuart McCance	Akhila Kotta
Hayley Cokayne	Adrian Yellon	Anthony Barrett and Anthony Clough
Chloe Kendrick	Adrian Yellon	Anthony Barrett and Anthony Clough



# **Online Learning**

2023-2024

# List of Mandatory E-Learning

As part of your Foundation Training year within the East of England Region you will undertake a number of online e\_Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

# e-Learning for Health

Once you have received your login details from e\_Learning for Health you can access all the necessary modules by using this link:

#### East of England elfh Hub(e-lfh.org.uk)

This takes you to a portal which leads to the **East of England** - **Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

# Modules Course Sections

#### Statutory and Mandatory Training (SMT) Completion by Early Stage Review

, , ,		
	Conflict Resolution Level 1	40 mins
	Data Security Awareness Level 1	70 mins
	Equality and Diversity and Human Rights Level 1	20 mins
	Fire Safety Level 1	30 mins
	Moving and Handling Level 1	40 mins
	Preventing Radicalisation - Basic Prevent Awareness	35 mins
	Safeguarding Adults Level 1	40 mins
	Safeguarding Adults Level 2	40 mins
	Safeguarding Children Level 1	30 mins
	Safeguarding Children Level 2	35 mins
Mental Capacity Act (MCA) C	completion by IRCP	
	Mental Capacity Act as Part of Human Rights	20 mins
	Assessing Mental Capacity	20 mins

Assessing Mental Capacity	20 mins
Planning Ahead Using the MCA	20 mins
Best Interests	20 mins
Restraint	20 mins

	Deprivation of Liberty Relationship Between the MCA and the MHA Mental Capacity Act and Young People aged 16 or 17 Research Involving People Who Lack Capacity Mental Capacity Act and Adult Safeguarding Settling Disputes and Disagreements	20 mins 20 mins 20 mins 20 mins 20 mins 20 mins
Alcohol and Tobacco Brief Ir	nterventions Completion by IRCP	
	Introduction to treating and preventing ill health	15 mins
	Very Brief Advice on Smoking	15 mins
	Alcohol Brief Advice	15 mins
	Bringing It Together - Multiple Risk Factors	15 mins
	Assessment	10 mins
Making Every Contact Count	(MECC) Completion by IRCP	
	What is MECC and why is it important	30 mins
	How to have a MECC conversation	30 mins
	Signposting	15 mins
	Five Ways to Wellbeing	30 mins
	Assessment	10 mins

#### HEE Rubber Dam Placement video Completion by IRCP

Using your login details for e\_Learning for Health you can access this module by using this link:

East of England elfh Hub(e-lfh.org.uk)

# List of Supplementary E-Learning Dentistry (e-Den) e-Learning for Health

#### https://portal.e-lfh.org.uk

This is a series of modules about dentistry known as e-Den. You will find these modules helpful when used in conjunction with your Study Days. References to particular modules may be included in the information for each Study Day. Accessing the relevant module before the Study Day will help you to gain more form the interactive learning session.

To locate the e-Den modules in the e-Learning for Health Website, click on `**My e-Learning'** at the top of the webpage and then enter the **Dentistry** name in the search box. When the search results appear, you will see the **Dentistry** module listed with an icon; click on `**Enrol'** and the Module will be added to your account. You will then be able to see each of the e-Den Modules and Course Sections in `My e-Learning'.

# e-Den Module

1 Patient Assessment	
Profiling the Patient	Assessment Methods and Techniques
Good Practice	Health Promotion and Disease Prevention
Patient Assessment	Profiling the Patient
2 Human Diseases and Medical and Dental Emerge	encies
Medical Topics and Dentistry	Medical Emergencies In Dentistry

3 Anxiety and Pain Control in Dentistry	
Principles of Dental Pain	Mediators of Central Pain
Dental Local Anaesthesia	Dental Local Anaesthetic Technique
Management of Dental Pain	Non-Pharmacological Anxiety Management
Intravenous Sedation	Inhalation Sedation
Dental General Anaesthesia	
4 Periodontal Disease and Management	
Aetiology of Periodontal Disease	
Periodontal Diagnosis and Determination of Prognos	sis Periodontal Treatment Options
Patient Educat1on and self-Performed Plaque Contro	•
Surgical Periodontal Therapy	0 17
5 Hard and Soft Tissue Surgery	
Pre- and Post-operative Assessment	Exodontia
Surgical Dentistry	Advanced Trauma Life Support (ATLS)
Management of Un-Erupted, Impacted, Ectopic	Management of Benign Soft Tissue lesions
and Supernumerary Teeth	0
6 Surgical and Non-Surgical Management of Head and Neck Disease	
Accurate Drug History and Relevance of Allergies	Odontogenic Infections
Management of Oral Mucosal Diseases	Craniofacial Pain Disorders
Neoplastic and Non Neoplastic Disease of the Head	and Neck
7 Management of the Developing Dentition	
Orthodontic Indices	Assessment for interceptive Treatment
Space Maintenance	Simple Removable Appliances
Oral Habits and Occlusal Trauma in the Mixed Dentition	
Emergency Care and Management of Orthodontal Problems	
Contemporary Orthodontics Normal Facial Growth and Dental Development	
Abnormalities of Facial Growth and Dental Development	
8 Restoration of Teeth	
Caries	Restoration of Permanent Teeth
Crowns	Restoration of Deciduous Teeth
Aesthetic Dentistry	Dental Biomaterials
Tooth Surface Loss	Endodontics
Dental Trauma	
9 Replacement of Teeth	
Bridgework	Occlusion
Complete Dentures	Partial Dentures
Implantology	Miscellaneous
10 Communication	
Patient and the Family	Teamworking
Other Professionals	
11 Professionalism	
Ethics	Self
The Clinical Team and Peers	
12 Management and Leadership	
The Need for Effective leadership and Management	Quality in Healthcare
Risk Management	Self-Management
Change Management	Managing a Business
Healthcare Systems	Professional Practice
Management and Leadership	
13 Sustainable Dentistry	
Introduction to Sustainable Dentistry	Measuring carbon in Healthcare



# **Problem Solving and Support**

## Dental Therapists 2023-2024

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the `crowns that never fit' to problems communicating with the Dental Nurse. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; so contact your TPD by phone or email early on if you have a problem or concern. Early resolution of that burning issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The DFT group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of the Day Release Course. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

Additionally there is further support that can be obtained from the Regional Trainee Support.

# **Contacts for Support**

**Training Programme Director** 

Jyoti Sumel

Phone: Email:

Email: DentalTraineeSupport.EoE@hee.nhs.uk

Associate Dental Dean for Regional Trainee Support

Email:





## 2023-2024

# Introduction

It is a requirement of the your Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Therapist Foundation Training by each Foundation Dental Therapist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Completion of Foundation Training in the East of England Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

# **Process for marking**

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPM and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPM will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

# **E-Portfolio upload**

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPM for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FDT.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



# **Practice Equipment List**

2023-2024

# **Practice Specifications**

**Electronic records -** Full computer based clinical records and appointment management system.

## **Digital radiography**

#### Internet access

**Infection control -** Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

#### NHSmail account

# **Specification for FDT Room**

**Size -** Minimum floor area 9m<sup>2</sup>.

**Ventilation -** Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

# **Equipment for FDT Room**

**Dental chair -** Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Stool for dentist

Stool for nurse

Handwash sink

X-ray set - Rectangular collimation. Isolation switch outside the controlled area.

Amalgam mixer

Light cure lamp

Telephone

Workstation - Clinical records and appointment management software. Internet access.

Turbines - Minimum of 3.

Contra-angle handpieces - Minimum of 3.

Straight handpiece - Minimum of 1.

Ultrasonic scaler - Magnetostrictive or piezo.

# **Instrumentation for FDT Room**

## Autoclavable tray system

**X-ray film holders -** Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit - Latex free.

**Conservation -** Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

**Periodontics -** Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

**Extractions -** Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

# Materials and Disposables for FDT Room

**Respirator -** Fit tested FFP3 mask or powered hood for FDT use.

Type II R Fluid Resistant Surgical Masks

Gloves - Latex free.

Bibs

Aprons

Gowns

#### Paper and cotton goods

**Safe Sharps System -** Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

**Waste containers -** For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

#### **Disposable 3 in 1 syringe tips**

**Conservation -** Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

# Available in the Practice for Use by the FDT When Required

Dedicated Digital Camera - SLR or equivalent with lens, ring flash, retractors, and mirrors.

## **Clinical Digital Thermometer**

**Digital Communication -** Computer or tablet with MS Teams including webcam, speakers, and microphone.



# **Speakers**

# Autumn Term 2023-2024

# Stephanie Agar

# **Nicola Bretherton**

## **Carol Brooking and Kit Maher**

Cascade Theatre Company

# **Peter Cranfield**

**Jeremy Norris** 

# **Uday Patel**













# Shaam Shamsi

Raj Wadhwani





Dental Therapists Dental Foundation Training Scheme - Autumn Term 2023-2024