

School of Dentistry East of England

Course Details

Dentistry is a 3 year run-through course, with placements across the East of England region, with every placement having a partnership with a London Teaching Hospital.

Research

- ◆ As part of your training you will undertake a higher degree This is a mandatory part of the ST1-ST3 training.
- ◆ Depending on which London Teaching Hospital your post rotates to, by the end of your studies you will have completed one of the following
 - ◆ MClintDent
 - ◆ MSc
 - ◆ DClinDen



Did you know?

Further information on Dental training across the country can be found at:

The British Orthodontic Society Website

<https://www.bos.org.uk>

&

The Committee of Postgraduate Dental Deans and Directors website

<https://www.copdend.org/>

Exams

All exams have a combination of formal preparation in the form of revision courses, and informal prep through mock exams helmed by consultants



Meet The Team



Maria Ross-Russell

(Head of School)

During ST1-ST3 you will undertake a 2 week introductory course at the London Teaching Hospitals you will visit in your rotation

Good training units in modern departments with high consultant trainer to trainee ratio

Opportunities to undertake publishable research during study for the higher degree

Relatively small number of trainees means that supervisors and TPD know who you are.

Contact us

If a career in ophthalmology interests you we would love to hear from you!

<https://heeoee.hee.nhs.uk/dental>

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Dental Training

Frequently asked questions

Teaching & Study Leave

How is the regional teaching program structured?

ST1-ST3: Weekly half-day lecture programme based at Royal London Hospital year 1. Alternate week lecture programme at Guy's hospital year 2&3. Seminars, and clinical teaching at the London teaching hospitals and the hospitals in east of England, details vary depending upon the post.

ST4-ST5 post CCST: Attendance at regional and national courses to acquire the additional competencies above ST3 level.

How many days of study leave do I get?

ST1-ST3: Lecture programme as above. 1 day of dedicated study time to complete higher degree. Additional study leave for key approved conferences and courses

ST4-ST5 post CCST: Standard amount in STR contract

Opportunities

What research opportunities are there in the region?

Doing a higher degree with research component is a mandatory part of the ST1-ST3 training in this specialty and is undertaken concurrently with STR training.

Training Programme

How many years is the training program? 3 years

Which units in the East of England can I be trained in? 16 Trusts, including 1 Major Trauma Centre (Addenbrookes)

How is recruitment organized? Via national Recruitment, currently run by HEE North East. Deadlines and full details on the COPDEND website

What induction program is there into training in the region?

ST1-ST3 About 2 weeks introductory course at the London teaching hospitals part of the rotations. Local hospital inductions.
ST4-ST5 post-CCST local hospital inductions
<https://www.copdend.org/postgraduate-training/national-recruitment-for-s...>

Please see the [Orthodontic Specialist training pages](#) on the HEE East of England website for full details.

What are the top 3 reasons for training in the East of England:

1. Good training units in modern departments with high consultant trainer to trainee ratio
2. Good rotation links to London teaching hospitals give experience in a different setting, interaction with a larger group of peers and opportunities to undertake publishable research during study for the higher degree
3. Relatively small number of trainees means that supervisors and TPD know who you are and are very approachable to help with problems.

Where can I go for more information?

Please see the Orthodontic Specialist training pages on the HEE East of England website for full details.

<https://heeo.ee.nhs.uk/dental>

British orthodontic Society website

<https://www.bos.org.uk>

COPDEND website

<https://www.copdend.org>

Exams

What exams will I have to sit during my training?

MOrth of one of the Royal Colleges for ST1-ST3 posts
MCLinDent/MSc/DClinDen for ST1-ST3 posts. Which degree is taken depends upon the London teaching hospital that the post rotates to.
Intercollegiate FDS(Ortho) for the ST4-ST5 post-CCST posts

Is there any exam preparation organised in the region?

Lots of preparation for all exams formally in revision courses and informally with consultants who do mock exam preparation in each unit.

If Medicine was a car industry, which car would represent Dental and why?

Not one of the flashy show-off ones which I bet many of the other specialties picked! Pick any car that you think is assured and quietly self-confident and great to drive without showing off a mid-life crisis.