

East of England Diabetes & Endocrine SpR Study Day

21/09/2018

Large Group Room, Level 2, Wolfson Diabetes and Endocrine Centre (WDEC)

Institute of Metabolic Science (IMS), Addenbrooke's Hospital, Cambridge, CB2 0QQ

Programme:

09:30 – 09:45:	Registration & Coffee
09:45 – 10:45	Strategic aspects of inpatient diabetes service Vishakha Bansiya
10:45 – 11:00	Coffee Break
11:00 – 12:00	Guest Lecture by Prof Sir Steve O’Rahilly ‘Causes and Consequences of Obesity’
12:00 -13:00	Diabetic Foot disease Tony Coll
13:00 – 14:00	Lunch Break
14:00 - 15:00	Transitional diabetes care Ellie Gurnell
15:00 - 15:15	Coffee Break
15:15 - 16:00	Type 3C diabetes Latika Sibal
16:00 - 17:00	Technology in diabetes: Pumps and beyond! Mark Evans
17:00	Finish & Feedback

- Reduced parking fee has been arranged for pre-registered delegates only.
- Please contact: syed.kazmi@addenbrookes.nhs.uk for any queries.

Meeting kindly sponsored by  AstraZeneca

East of England Diabetes & Endocrine SpR Study Day

19/10/2018

Large Group Room, Level 2, Wolfson Diabetes and Endocrine Centre (WDEC)

Institute of Metabolic Science (IMS), Addenbrooke's Hospital, Cambridge, CB2 0QQ

Programme:

09:30 – 09:45:	Registration & Coffee
09:45 – 10:45	The highs and lows of calcium metabolism Dr Sagen Sac Varghese
10:45 – 11:00	Coffee Break
11:00 – 12:00	Testosterone Uses and Abuses Dr Andrew Solomon
12:00 -13:00	TBC- PAH
13:00 – 14:00	Lunch Break
14:00 - 1500	Managing DM and CKD - a complex multi morbid disease Dr Peter Winocour
15:00 - 15:15	Coffee Break
15:15 - 16:00	(45 mins long) TBC- PAH
1600 - 1700	TBC- PAH
17:00	Finish & Feedback

- Reduced parking fee has been arranged for pre-registered delegates only.
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0945 Sagen Sac Varghese- Parathyroid disease

1100 Andrew Solomon- Testosterone

Endocrinology and Diabetes Regional Training day

Norfolk and Norwich University Hospitals 
NHS Foundation Trust

29 November 2018

Venue : Elsie Bertram Diabetes Centre (Level 3 East Outpatients)

Registration /Coffee 9:15 -9:30

1) Dr Gaurav Kapur Consultant Oncologist 9:30 -10:20
Topic : **Neuroendocrine Tumours .**

2) Dr Janak Saada Consultant Radiologist 10:30 – 11:20
Topic : **A Radiological review of Pituitary and Adrenal pathologies.**

Coffee break 11:20 -11:30

3) Prof Jeremy Turner Consultant Endocrinologist 11:30- 12:20
Topic : **Bone Metabolism and Calcium Disorders.**

Lunch break 12:20- 12:50

4) Prof Krishna Sethia Consultant Urologist 12:50 -13:40
Topic : **Male Hypogonadism, Erectile dysfunction from a urologists' perspective.**

5) Dr Sankalpa Neupane Consultant Endocrinologist 13:40 -14:30
Topic : **TBC**

End of session/feedback

Organiser . Dr Shoib Ur Rehman

Sponsor :



East of England Diabetes & Endocrinology Update

Friday, 15th March 2019

The British Racing School, Snailwell Road, Newmarket, Suffolk CB8 7NU.

Approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 6 category 1 (external) CPD credits.

9.00-9.30	Arrival & Registration - Coffee
9.30-9.40	Welcome Dr Latika Sibal <i>Consultant Diabetologist, Addenbrooke's Hospital</i>
9.40-10.40	Meet the expert session Session A: Evaluation and management of hypoglycaemia in individuals without diabetes Professor David Savage <i>Consultant Endocrinologist, Addenbrooke's Hospital</i> Session B: Insulinoma Dr Ben Challis <i>Consultant Endocrinologist, Addenbrooke's Hospital</i>
10.40-11.35	Management of thyroid disease in pregnancy Dr Diana Wood <i>Consultant Endocrinologist, Addenbrooke's Hospital.</i>
11.35-11.45	Coffee
11.45-12.00	Quiz Dr Waiel Bashari & Dr Russell Senanayake <i>Clinical Research Fellows, Addenbrooke's Hospital</i>
12.00-13.00	Lipids Dr Paul Flynn <i>Consultant Physician, Addenbrooke's Hospital.</i>
13.00-14.00	Lunch
14.00-15.00	Using the new understanding of type 2 diabetes in clinical practice Professor Roy Taylor <i>Professor of Medicine and Metabolism Director, Magnetic Resonance Centre, Newcastle upon Tyne.</i>
15.00-15.15	Coffee

15.15-16.15	Hypoglycaemia in Diabetes Dr Mark Evans <i>University Lecturer/ Honorary Consultant Physician, University of Cambridge</i>
16.15-16.30	Close of Meeting

East of England Diabetes & Endocrine SpR Study Day

30/04/2019

Large Group Room, Level 2, Wolfson Diabetes and Endocrine Centre (WDEC)

Institute of Metabolic Science (IMS), Addenbrooke's Hospital, Cambridge, CB2 0QQ

Programme:

09:30 – 09:45:	Registration & Coffee
09:45 – 11:15	SpRs case presentations each case will be for 30 minutes <ol style="list-style-type: none">1) James MacFarlane2) Fleur Talbot3) Rajna Golubic
11:15 – 11:30	Coffee Break
11:30 – 13:00	Diabetes insipidus & surprise topic Dr Andrew Powlson
13:00 – 14:00	Lunch Break
14:00 - 15:00	Hyperprolactinemia Dr Johann Graggaber
15:00 - 15:15	Coffee Break
15:15 - 16:00	Dr Carla Moran Thyroid Cancer
16:00 – 17:00	Peri-operative and postoperative management of primary hyperaldosteronism and adrenal Cushing's Mr Vasilis Kosmoliaptsis
17:00	Finish & Feedback

- Reduced parking fee has been arranged for pre-registered delegates only.
- Please contact: syed.kazmi@addenbrookes.nhs.uk for any queries.

- Sponsors  and 

Endocrinology and Diabetes Regional Training day

Norfolk and Norwich University Hospitals 
NHS Foundation Trust

21st June 2019

Venue : Bob Champion Research and Education Building (Colney lane, Level 1, Room 7)

Registration /Coffee 9:15 -9:30

1. Prof.Helen Murphy Consultant Endocrinologist 9:30 -10:20

Topic : **Preconception care in Diabetes**

2. Dr. Khin Swe Myint Consultant Endocrinologist 10.25- 11:15

Topic : **Diagnostic challenges in Cushing's syndrome and medical management**

Coffee break 11:15 -11:25

3. Dr Aseema Misra Consultant Ophthalmologist 11:25 – 12:15

Topic : **Diabetic retinopathy-An update**

Lunch break 12:15 - 12:45

4. Prof Krishna Sethia Consultant Urologist 12:45 -13:35

Topic : **Male Hypogonadism, Erectile dysfunction from a urologists' perspective.**

5. Dr.Vidya Srinivas Consultant Endocrinologist 1400-15:30

Topic : **Simulation based training - Some challenging cases in Endocrinology**

Organiser . Dr.Shoib Rehman and Dr .Smriti Gaur



Sponsor :

Sanofi will be sponsoring the event in the form of stand space. That sponsorship money will be going towards cover the subsistence for the meeting. Sanofi has had no input into the meeting or agenda.

East of England Diabetes & Endocrinology Update

Friday, 5th July 2019

Room 3, Deakin Centre, Addenbrooke's Hospital, CB2 0QQ

Approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 6 category 1 (external) CPD credits.

8.45-9.15	Arrival & Registration - Coffee
9.15-9.25	Welcome Dr Latika Sibal <i>Consultant Diabetologist, Addenbrooke's Hospital, Cambridge</i>
9.25-11.25	Meet the expert session Session A: CGM Dr Charlotte Boughton <i>Clinical Research Fellow, Addenbrooke's Hospital, Cambridge</i> Session B: From 640 to 670 G Mrs Sara Hartnell <i>Principal Diabetes Dietitian and Advanced Pump educator, Addenbrooke's Hospital, Cambridge</i>
11:25-11.40	Closed loop Dr Charlotte Boughton Close of the meet the expert session – Questions to Sara & Charlotte
11.40-12.00	<i>Coffee</i>
12.00-13.00	Why does obesity make us sick? Professor Sir Stephen O'Rahilly <i>Director, MRC Metabolic Diseases Unit, University of Cambridge; Co-Director, Wellcome Trust-MRC Institute of Metabolic Science; Head of Department of Clinical Biochemistry, Hon. Consultant Physician, Addenbrooke's Hospital, Cambridge</i>
13.00-14.00	<i>Lunch</i>
14.00-15.00	Assessment and management of peripheral arterial disease Mr Kevin Varty <i>Consultant Vascular Surgeon, Addenbrooke's Hospital, Cambridge</i>
15.00-15.15	<i>Coffee</i>
15.15-16.15	Salt and water

	Dr Andrew Powlson <i>Locum Consultant Endocrinologist, Addenbrooke's Hospital, Cambridge</i>
16.15-16.30	Close of Meeting

East of England Diabetes & Endocrinology Update

Tuesday 1st October 2019

Room 3, Deakin Centre, Addenbrooke's Hospital, CB2 0QQ

Royal Colleges of Physicians Credits applied for

9.00-9.30	Arrival & Registration - Coffee
9.30-9.40	Welcome Dr Latika Sibal <i>Consultant Diabetologist, Addenbrooke's Hospital, Cambridge</i>
9.40-10.40	GH & IGF-1 Dr Andrew Powlson <i>Locum Consultant Endocrinologist, Addenbrooke's Hospital, Cambridge</i>
10.40-11.35	E portfolio update for Trainees and Trainers (how to get an outcome 1 every time) Dr Tara Wallace <i>Consultant in Diabetes & Endocrinology, Norfolk & Norwich Hospital.</i> Dr Craig Parkinson <i>Consultant in Diabetes & Endocrinology, The Ipswich Hospital</i>
11.35-12.00	<i>Coffee</i>
12.00-13.00	Infections in people with diabetes Dr Fiona Cooke <i>Consultant Microbiologist, Addenbrooke's Hospital, Cambridge</i>
13.00-14.00	<i>Lunch</i>
14.00-15.00	Endocrine hypertension Dr Russell Senanayake <i>Clinical Research Fellow, Addenbrooke's Hospital, Cambridge</i>
15.00-15.15	<i>Coffee</i>
15.15-16.15	Imaging in endocrinology (adrenal and NET imaging) Dr Ashley Shaw <i>Consultant Radiologist & Medical Director, Addenbrooke's Hospital, Cambridge</i>
16.15-16.30	Close of Meeting