

North East England CSRH trainee

THE AREA

The NHS in the North East is one of the highest performing NHS regions in the country. With a population of around 2.6 million, the North East has:

- almost 77,000 NHS staff
- eight hospital trusts
- 400 GP surgeries
- 331 NHS dentists
- 551 pharmacies
- one ambulance trust
- two specialist trusts providing mental health and learning disabilities services.

The North East is a region of contrasts with vast areas considered rural and concentrations of population in the industrial heartlands of Tyneside, Wearside and Teesside. Across the North East, there are many excellent examples of integrated services provided and, in many cases, jointly funded by the NHS and local authority partners and involving the third sector. There are CSRH trainees in both Sunderland and Newcastle based services.

1.1 Names of Senior and Consultant Members of the Department

- ❖ **Dr s Gatiss** Consultant Obstetrician and Gynaecologist, Lead consultant in Contraception services and termination services.
- ❖ **Dr Jane Hussey** Consultant in GUM
- ❖ **Dr Stephen Bushby** Consultant in GUM/HIV
- ❖ **Dr Medhat Basta** Consultant in GUM/HIV
- ❖ **Sr Alison King** Lead CASH specialist nurse
- ❖ **Sr Michelle Chalk** Lead GUM specialist nurse

1.2 Other relevant Staff (e.g. Scientific, Technical, Nursing)

- ❖ 2 part time SAS doctors
- ❖ 1 part time subspecialty trainee
- ❖ 11 nurses
- ❖ 2 auxiliary nurses
- ❖ 2 secretaries
- ❖ 4 clerical support

2. Work of the Department

The Directorate of Sexual & Reproductive Health provides an integrated sexual health service across Sunderland and South Tyneside . The HUB of the department is based at Sunderland Royal Hospital

and has close working relationships with hospital specialities eg. Gynaecology, colposcopy, radiology etc. The service encourages the development of extended roles within the service and has many specialist nurses running clinics and triage services. Within the service nurses are independent practitioners who enjoy training and managing clients with uncomplicated sexual health needs. Medical staff also provides STI and contraceptive services.

The department provides tertiary level care for patients self-referring or referred by their GP.

The Obstetric and Gynaecology department for the first 18 months of CSRH training provides a broad spectrum of O& G with each consultant having a special interest – Menstrual disorders, Office gynaecology , Urogynaecology, infertility, Oncology, fetal medicine, maternal medicine, early pregnancy care etc . The Labour Ward delivers 3600 deliveries per year.

2.1 Integrated sexual health service

Our newly integrated service was recently (July 2020) rated ‘outstanding’ awarded by CQC .

We have 37 Clinics per week (14 central NURSE LED, 9 TRIAGE PHONE CLINICS and 8 Doctor LED CLINICS)

There are 4 nurse led and 2 doctor led satellite clinics.

2.2 Unplanned Pregnancy Service

The service sees approximately 1000 women per annum with unplanned pregnancies. There is a GP, other health professional and self-referral service. Women have a choice of MVA/ medical in-patient/home TOP. The service offers termination up to 17+6 weeks gestation.

The service offers telephone triage and one stop clinic appointments for all methods of procedure. All specialist nurses can perform USS, consent and assess patients fully.

There are 3 MVA lists per week in Sunderland and 1 MVA list in the RVI

Dr Gatiss is one of the 3 surgeons in RVI specialist placement TOP service operating once a week. This is one of 2 services in the UK providing Late surgical procedures for NHS patients

2.3 Menopause/ Gynaecology Clinics

There is one clinic per week devoted to general gynaecology although there is a considerable overlap between the complex contraception clinics and gynaecological needs of patients.

Menopause patients are seen within the general gynaecology clinics

2.5 Psychosexual Service

Within the region there is a psychosexual provision in Newcastle and access to counselling services. In SRH there is a dedicated clinic to pelvic pain and vulval disorders which also manages patient with some psychosexual issues.

3.Ultrasound scanning

As part of the abortion care service early pregnancy scanning is carried out within the department every day. There is also the opportunity for TVS training at the Centre for life as a block of sessions to achieve relevant scanning skills.

4.Public Health

There are close links with the CCG to engage in a local public health project in the latter years of training with opportunities to attend sexual health strategy meetings and other regional public health events.

Lorraine Hughes is keen to support trainees to gain training in public health aspects of the speciality

5.Teaching & Research

Undergraduate Education

Sunderland and South Tyneside trust attracts medical students from Newcastle, Durham, and Sunderland universities for clinical attachments.

Postgraduate Education

The trust is very active in facilitating the development of junior medical staff to ensure that the medical service of the future is trained to a high level and is effective at delivering excellent clinical care.

All consultants are clinical supervisors and most are educational supervisors and have time built into their job plan to ensure excellent supervision. They participate in multi-disciplinary education events across the trust.

Educational facilities

There is a large education Centre on site at SRH as well as a simulation centre at the newly formed Sunderland university medical school. The Education centre provided a comprehensive range of facilities including seminar rooms , lecture theatre , online access, TEAMs etc.

There is a full CSRH and GUM regional training programme set up between the trainees in Newcastle and Sunderland.

Research

Continuous improvement through research and innovation is a core value for South Tyneside and Sunderland NHS Foundation Trust. Our Research and Innovation Strategy asserts our vision to 'Improve patient health and experience through high quality research and innovation' through the delivery of four strategic aims

- Put our patients and the public at the heart of research and innovation
- Deliver accessible, high quality, practice changing research and innovation
- Develop research and innovation by building local, national and international partnerships
- Develop a workforce where research and innovation are embedded in everything we do