



CNWL – CSRH 2018 Training Post

This training post offers an exciting opportunity to join a friendly, motivated team providing high quality sexual and reproductive health care as part of one of the largest sexual health and HIV services in the country. CNWL (Central North West London) is a large and stable NHS Foundation Trust which also provides services in Mental Health, Palliative Care and prison health care. The CNWL open access integrated sexual health services are provided across a network of clinical centres in Camden, Islington, Barnet, Haringey Triborough and Surrey. Whilst there are pockets of affluence in these boroughs, there are large areas of deprivation and high levels of sexual ill health, with higher than average rates of unplanned pregnancy and STI. A high proportion of local residents, permanent or of temporary status (eg refugees), do not have English as their first or spoken language. The Service is one the major providers of sexual and reproductive healthcare training for GPs and GP trainees in London providing DFSRH, LoC training, and STIF training. The department also has strong involvement both in research and public health, has a psychosexual service, and is well linked with both the Whittington and UCLH.

CNWL is one of six centres currently providing CSRH training across London, with strong and well established links between these training programmes, and with other teams across the region such as Obs and Gynae, Sexual Assault and Public Health. Having other trainees nearby able to offer advice and support is a huge benefit in a small specialty, alongside easy access to training within these other centres. We also have access to excellent local regional training in sexual health and Obs and Gynae.

The trainee will be based in one of the CNWL specialist services, either Archway Centre or Mortimer Market Centre (which includes the Margaret Pyke Centre). They will follow on from our recent trainee who completed training last month and is about to take up a consultant post within London.

Archway Centre is the hub of the Islington Service with purpose-converted premises opposite Archway Underground Station, offering STI care and contraceptive services on one site with over 40,000 attendances per year. The clinic serves the very mixed local population and a wide range of sexually transmitted infections and associated problems are seen, with specialist clinics for sex workers, and for those with complicated contraceptive issues and chronic GUM problems.

A fully integrated service, to include specialist clinics for complex issues, is also provided in our Camden hub at the Mortimer Market Centre (MMC) situated just off the Tottenham Court Road, adjacent to University College London Hospital (UCLH). This includes the Margaret Pyke Centre, with a combined annual attendance of around 60,000. Outreach services are provided for MSM, sex workers and injecting drug users. MMC also has one of the largest cohorts of HIV-infected patients in the UK, with over 4,500 attending for care to include hepatitis co-infection, and in-patient care when needed.

There is close collaboration with the Academic Centre for Sexual Health and HIV Research at University College London and with the UCL Institute for Women's Health. Together, the Centre



and the IfWH have an extensive programme of laboratory, clinical and translational research in reproductive and sexual health. Current projects include evaluation of an online contraceptive choices website, and pharmacy offer of the progestogen-only pill following emergency contraception supply. They collaborate widely with other departments at UCL and external research institutions

In the initial 18 months training will concentrate on Obs and Gynae skills and experience, working in UCLH, a busy central London Foundation Trust, or The Whittington NHS Trust. The Women's Health Division at UCLH serves both the local population and acts as a tertiary referral centre for complex obstetric care, gynaecological oncology, urogynaecology, endometriosis and pelvic pain conditions requiring minimal access surgery and reproductive medicine. There is a busy colposcopy service and a dedicated Gynaecology Diagnostic and Treatment Unit which incorporates acute and fast-track gynaecology referrals together with an early pregnancy referral unit. The maternity unit delivers over 6000 babies each year, with a fully integrated antenatal care programme, 24 hour maternity assessment unit and specialised clinics for all areas of fetal and maternal health. UCLH provides a regular programme of teaching activities for junior doctors in the department.

The educational supervisors and training programme director are supportive, approachable and experienced in delivering the CSRH curriculum, offering an individual approach, to support interests and sub-specialism. The programme is also welcoming of less than full time training and flexible hours where possible.