



Royal Papworth Hospital
NHS Foundation Trust

Central Hubs Booklet East of England 2025 - 2026

Contents:

- What are Hubs
- Hub Guidelines
- Hubs Calendar
- Further opportunities
- Train the Trainer Dates

What are Hubs

Hubs are workshops organised and hosted by the local post-graduate medical education (PGME) departments of the various Trusts within the deanery. Every year, each Trust hosts several hubs for Foundation Doctors. These hubs can have clinical or non-clinical themes and be held face-to-face or virtually. For example, a virtual non-clinical hub on Human Factors delivered via Teams or a face-to-face clinical hub on basic surgical skills involving suture practice etc. Hence, these hubs offer a variety of valuable theoretical and practical knowledge. Hubs also give you good insight into the various medical and surgical specialties, which helps to inform your future career choices.

Attending hubs also give Foundation Doctors the opportunity to meet fellow doctors and healthcare staff from other Trusts. Professional networking can significantly aid your medical career. In addition, you get to visit another Trust or hospital, gaining some experience and insight along the way!

Central Hubs provide learning opportunities to every subregion and are hosted in various venues throughout the region to ensure availability to the entire region.

Hub Guidelines

You may book up to 3 Hubs.

- This is to allow the max number of people to access a hub place for their ARCP requirements

Book study leave as soon as possible.

- To help maximise the chance of you receiving study leave for the hub.

Contact Regionalhubs.papworth@nhs.net if you can no longer attend a Central or Papworth Hub.

- To allow for your hub place to be given to another person.

ARCP Requirements

- FY1 / FY2 – 2 Clinical Hubs, 1 Non-clinical Hub

Hubs Calendar

Hub name	Clinical/Non-Clinical	2025 - 2026 Date	Time	No. of Seats	No. of Available seats	Virtual or Face to Face?	Booking Link
Clinical Educator Forum - Initiating and managing change	Non Clinical	18th Dec 2025	10:00 - 16:00	70	52	Face to Face	Central - Face to Face, Clinical Educators Forum Initiating and managing change – Fill in form
Clinical Educator Forum - Medical Education Research	Non Clinical	19th Feb 2026	10:00 - 16:00	70	63	Face to Face	Central - Face to Face, Clinical Educators Forum - Medical Education Research – Fill in form
Clinical Educator Forum - Multi-professional Research Projects	Non Clinical	16th Apr 2026	10:00 - 16:00	70	65	Face to Face	Central - Face to Face, Clinical Educators Forum Multi-professional Research Projects – Fill in form
Clinical Educator Forum - Celebrations of the Educational Journey	Non Clinical	16th June 2026	10:00 - 16:00	70	70	Face to Face	Central - Face to Face, Clinical Educators Forum Celebrations of the Educational Journey – Fill in form
Clinical Innovation and Entrepreneurship	Clinical	19th March 2026	09:30 - 12:30	60	Fully booked	Virtual	Central - Virtual, Clinical Innovation and Entrepreneurship (Clinical Hub) – Fill in form
Enhance enable Hub AM (Papworth - EAFS West only)	Clinical/Non Clinical	30th Apr 2026	09:00 - 12:30	30	28	Face to Face	Central - F2F, Enhance enable Hub AM (Non-Clinical Hub/Clinical Hub) – Fill in form
Enhance enable Hub PM (Papworth - EAFS West only)	Clinical/Non Clinical	30th Apr 2026	13:00 - 16:30	40	40	Face to Face	Central - F2F, Enhance enable Hub PM (Non-Clinical Hub/Clinical Hub) – Fill in form
Enhance enable Hub AM (Harlow - EBH East only)	Clinical/Non Clinical	5th March 2026	09:00 - 12:30	30	29	Face to Face	Harlow - F2F, Enhance Enable HUB AM (Clinical/Non-Clinical Hub) – Fill in form
Enhance enable Hub PM (Harlow - EBH East only)	Clinical/Non Clinical	5th March 2026	13:00 - 16:30	40	40	Face to Face	Harlow - F2F, Enhance Enable HUB PM (Clinical/Non-Clinical Hub) – Fill in form
Enhance enable Hub AM (Luton - EBH West only)	Clinical/Non Clinical	6th May 2026	09:00 - 12:30	30	28	Face to Face	Luton - F2F, Enhance Enable Hub AM (Non-Clinical/Clinical Hub) – Fill in form
Enhance enable Hub PM (Luton - EBH West only)	Clinical/Non Clinical	6th May 2026	13:00 - 16:30	40	40	Face to Face	Luton - F2F, Enhance Enable Hub PM (Non-Clinical/Clinical Hub) – Fill in form
Enhance enable Hub AM (Colchester - EAFS East only)	Clinical/Non Clinical	5th Feb 2026	09:00 - 12:30	30	28	Face to Face	Colchester - F2F, Enhance Enable Hub AM (Non-Clinical Hub/Clinical Hub) – Fill in form
Enhance enable Hub PM (Colchester - EAFS East only)	Clinical/Non Clinical	5th Feb 2026	13:00 - 16:30	40	37	Face to Face	Colchester - F2F, Enhance Enable Hub PM (Non-Clinical Hub/Clinical Hub) – Fill in form
GP (Luton)	Clinical	15th Apr 2026	10:00 - 13:00	50	29	Face-To-Face	Central - Face to Face, GP HUB at Luton (Clinical Hub) – Fill in form
GP (Royal Papworth)	Clinical	5th May 2026	09:00 - 13:00	50	33	Face to Face	Central - Face to Face, GP HUB at Papworth (Clinical Hub) – Fill in form
Leadership	Non Clinical	16th Jan 2026	TBC	30	1	Virtual	Central - Virtual, Leadership (Non-Clinical Hub), – Fill in form
Leadership	Non Clinical	11th March 2026	TBC	30	11	Virtual	Central - Virtual, Leadership (2nd Session) (Non-Clinical Hub), – Fill in form

Hubs Calendar

Leadership	Non-Clinical	6th May 2026	TBC	30	18	Virtual	Central - Virtual, Leadership (3rd Session) (Non-Clinical Hub) – Fill in form
Medical Education	Non-Clinical	TBC	TBC	70	5	Virtual	Central - Virtual, Medical Education (Non-Clinical Hub) – Fill in form
Medical Education	Non-Clinical	TBC	TBC	70	47	Virtual	Central - Virtual, Medical Education (2nd Session) (Non-Clinical Hub) – Fill in form
Medical Education	Non-Clinical	TBC	TBC	70	50	Virtual	Central - Virtual, Medical Education (3rd Session) (Non-Clinical Hub) – Fill in form
Microbiology	Clinical	13th Nov 2025	09:30 - 12:30	70	Fully booked	Virtual	Booking Closed
Microbiology	Clinical	5th Feb 2026	09:30 - 12:30	70	Fully booked	Virtual	Central - Virtual, Microbiology (Clinical Hub) (2nd Session) – Fill in form
Psychiatry (NSFT)	Clinical	27th March 2026	13:00 - 17:00	35	28	Face to Face	Central - Face to Face, Psychiatry (Clinical Hub) – Fill in form
Psychiatry (NSFT) Training Room, Wedgwood House, West Suffolk Hospital	Clinical	5th June 2026	13:00 - 17:00	35	32	Face to Face	Central - Face to Face, Psychiatry (Clinical Hub) (NSFT) – Fill in form
Psychiatry (CPFT)	Clinical/Non Clinical	28th November 2025	09:00 - 13:00	40	Fully booked	Face to Face	Central - Face to Face, Psychiatry (CPFT) – Fill in form
Public Health	Clinical/Non-Clinical	12th Feb 2026	09:30 - 12:30	60	Fully booked	Virtual	Central - Virtual, Public Health (Clinical/Non-Clinical Hub) – Fill in form
Public Health	Clinical/Non-Clinical	11th June 2026	09:30 - 12:30	60	17	Virtual	Central - Virtual, Public Health (2nd Session) (Clinical/Non-Clinical Hub) – Fill in form
Radiology	Clinical	6th Nov 2025	09:30 - 12:00	60	Fully booked	Virtual	Booking Closed
Radiology	Clinical	20th Nov 2025	09:30 - 12:00	60	Fully booked	Virtual	Booking Closed
Foundation Surgical Skills (EAFS East Trainees only)	Clinical	14th Oct 2025	13:00 - 17:00	16		Face to Face	Booking Closed
Foundation Surgical Skills (EBH West Trainees only)	Clinical	8th Dec 2025	09:00 - 13:00	16	Fully booked	Face to Face	Central - Face to Face, Foundation Surgical Skills (EBH West Trainees only) – Fill in form
Foundation Surgical Skills (EBH East Trainees only)	Clinical	16th Feb 2026	12:30 - 16:30	16	3	Face to Face	Central - Face to Face, Foundation Surgical Skills (EBH East Trainees only) – Fill in form
Foundation Surgical Skills (EAFS West Trainees only)	Clinical	21st Apr 2026	09:00 - 13:00	16	2	Face to Face	Central - Face to Face, Foundation Surgical Skills (EAFS West only) – Fill in form
The Community Doctor	Clinical	15th Jan 2026 (TBC)	14:00 - 17:00 (TBC)	60	Fully booked	Virtual	Central - Virtual, The Community Doctor – Fill in form
Workplace and Me	Non clinical	6th Nov 2025	13:30 - 16:30	40	1	Virtual	Bookings with admin: papworth.regionalhubs@nhs.net
Workplace and Me	Non clinical	5th Feb 2026	13:30 - 16:30	40	2	Virtual	Central - Virtual, Workplace and Me (Non-Clinical HUB) – Fill in form
Research Skills Education Day	Non clinical	21st Oct 2025	08:45 - 12:00	60	1	Virtual	Booking Closed
An Introduction To Research - SFP Hub Event (F1 Only)		5th Dec 2025	13:00 - 17:00			Face to Face	Bookings with admin: papworth.regionalhubs@nhs.net

Further opportunities

Further opportunities include the **Train the Trainer** and **Workplace and Me** programmes.

Train the Trainer is an opportunity for you to assess your current teaching methods and identify ways to improve your training and learning. It involves a mixture of real-time sessions, asynchronous learning and coursework towards an UKFPO-accredited Medical Education Certification.

Workplace and Me is a safe place where you can explore your concerns around working as a FY, discuss the management of risk within medicine and be signposted to sources of support available.

Train the Trainer Dates

Section (1,2,4)	2025 - 2026 Date	Time	No. of Seats	Available Seats	Virtual or Face to Face	Booking Link
3	11th Dec 2025	12:00 - 17:00	30 FYS & 10 SAS LED		Virtual	Train the Trainer 11/12/25 (12:00 - 17:00) (Section 1,2,4) – Fill out form
4	8th Jan 2026	13:00 - 17:00	20 FYS & 10 SAS LED		Face to Face	Train the Trainer 08/01/26 (13:00 - 17:00) (Section 1,2,4) – Fill out form
5	13th March 2026	12:00 - 17:00	30 FYS & 10 SAS LED		Virtual	Train the Trainer 13/03/26 (12:00 - 17:00) (Section 1,2,4) – Fill out form
6	23rd April 2026	12:00 - 17:00	30 FYS & 10 SAS LED		Virtual	Train the Trainer 23/04/26 (12:00 - 17:00) (Section 1,2,4) – Fill out form
7	5th May 2026	12:00 - 17:00	30 FYS & 10 SAS LED		Virtual	Train the Trainer 05/05/26 (12:00 - 17:00) (Section 1,2,4) – Fill out form

Section (6)	2025 - 2026 Date	Time	No. of Seats			Booking Link
1	15th Dec 2025	12:00 - 17:00	40 FYS & 10 SAS LED		Virtual	Train the Trainer 15/12/25 (12:00 - 17:00) (Section 6) – Fill out form
2	20th Jan 2026	12:30 - 16:30	40 FYS & 10 SAS LED		Virtual	Train the Trainer 20/01/26 (12:30 - 16:30) (Section 6) – Fill out form
3	8th April 2026	12:00 - 17:00	20 FYS & 10 SAS LED		Face to Face	Train the Trainer 08/04/26 (12:00 - 17:00)(Section 6) – Fill out form
4	14th May 2026	12:00 - 17:00	40 FYS & 10 SAS LED		Virtual	Train the Trainer 14/05/26 (12:00 - 17:00)(Section 6) – Fill out form
5	23rd June 2026	12:00 - 17:00	40 FYS & 10 SAS LED		Virtual	Train the Trainer 23/06/26 (12:00 - 17:00) (Section 6) – Fill out form