



Royal Papworth Hospital
NHS Foundation Trust

Central Hubs Booklet East of England 2025 - 2026

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What are Hubs

Hubs are workshops organised and hosted by the local post-graduate medical education (PGME) departments of the various Trusts within the deanery. Every year, each Trust hosts several hubs for Foundation Doctors. These hubs can have clinical or non-clinical themes and be held face-to-face or virtually. For example, a virtual non-clinical hub on Human Factors delivered via Teams or a face-to-face clinical hub on basic surgical skills involving suture practice etc. Hence, these hubs offer a variety of valuable theoretical and practical knowledge. Hubs also give you good insight into the various medical and surgical specialties, which helps to inform your future career choices.

Attending hubs also give Foundation Doctors the opportunity to meet fellow doctors and healthcare staff from other Trusts. Professional networking can significantly aid your medical career. In addition, you get to visit another Trust or hospital, gaining some experience and insight along the way!

Central Hubs provide learning opportunities to every subregion and are hosted in various venues throughout the region to ensure availability to the entire region.

Hub Guidelines

You may book up to 3 Hubs.

- This is to allow the max number of people to access a hub place for their ARCP requirements

Book study leave as soon as possible.

- To help maximise the chance of you receiving study leave for the hub.

Contact Regionalhubs.papworth@nhs.net if you can no longer attend a Central or Papworth Hub.

- To allow for your hub place to be given to another person.

ARCP Requirements

- FY1 / FY2 – 2 Clinical Hubs, 1 Non-clinical Hub

Hubs Calendar

Hub Name	Type	Date	Time	Capacity	Delivery	Booking Link
Clinical Educator Forum - How to become an Educator	Non-Clinical	28th Aug 2025	10:00 - 16:00	70	Face to Face	Clinical Educators Forum at Royal Papworth Hospital 2025 /2026
Clinical Educator Forum - Intro to Leadership	Non-Clinical	16th Oct 2025	10:00 - 16:00	70	Face to Face	https://www.smartsurvey.co.uk/s/CKEHYX/
Clinical Educator Forum - Initiating and managing change	Non-Clinical	18th Dec 2025	10:00 - 16:00	70	Face to Face	https://www.smartsurvey.co.uk/s/I18PYJ/
Clinical Educator Forum - Medical Education Research	Non-Clinical	19th Feb 2026	10:00 - 16:00	70	Face to Face	https://www.smartsurvey.co.uk/s/NOJ7CQ/
Clinical Educator Forum - Multi-professional Research Projects	Non-Clinical	16th Apr 2026	10:00 - 16:00	70	Face to Face	https://www.smartsurvey.co.uk/s/H41DR7/
Clinical Educator Forum - Celebrations of the Educational Journey	Non-Clinical	16th June 2026	10:00 - 16:00	70	Face to Face	https://www.smartsurvey.co.uk/s/OSV4YT/
Clinical Innovation and Entrepreneurship	Clinical	19th March 2026	09:30 - 12:30	60	Virtual	https://www.smartsurvey.co.uk/s/LBGAAV/
Enhance enable Hub AM (Papworth - EAFS West only)	Clinical/Non-Clinical	30th Apr 2026	09:00 - 12:30	30	Face to Face	https://www.smartsurvey.co.uk/s/61J1S1/
Enhance enable Hub PM (Papworth - EAFS West only)	Clinical/Non-Clinical	30th Apr 2026	13:00 - 16:30	40	Face to Face	https://www.smartsurvey.co.uk/s/AL8RP4/
Enhance enable Hub AM (Harlow - EBH East only)	Clinical/Non-Clinical	5th March 2026	09:00 - 12:30	30	Face to Face	https://www.smartsurvey.co.uk/s/TKOEEF/
Enhance enable Hub PM (Harlow - EBH East only)	Clinical/Non-Clinical	5th March 2026	13:00 - 16:30	40	Face to Face	https://www.smartsurvey.co.uk/s/Q5V6TQ/
Enhance enable Hub AM (Luton - EBH West only)	Clinical/Non-Clinical	6th May 2026	09:00 - 12:30	30	Face to Face	https://www.smartsurvey.co.uk/s/LZJQHC/
Enhance enable Hub PM (Luton - EBH West only)	Clinical/Non-Clinical	6th May 2026	13:00 - 16:30	40	Face to Face	https://www.smartsurvey.co.uk/s/8L6HDV/
Enhance enable Hub AM (Colchester - EAFS East only)	Clinical/Non-Clinical	5th Feb 2026	09:00 - 12:30	30	Face to Face	https://www.smartsurvey.co.uk/s/1FVMGR/
Enhance enable Hub PM (Colchester - EAFS East only)	Clinical/Non-Clinical	5th Feb 2026	13:00 - 16:30	40	Face to Face	https://www.smartsurvey.co.uk/s/CPSVJJ/

Hubs Calendar

GP (Luton)	Clinical	15th Apr 2026	10:00 - 13:00	50	Face-To-Face	https://www.smartsurvey.co.uk/s/65BPSL/
GP (Royal Papworth)	Clinical	TBC	TBC	50	Face to Face	https://www.smartsurvey.co.uk/s/N6W5BK/
Leadership	Non-Clinical	TBC	TBC	30	Virtual	https://www.smartsurvey.co.uk/s/CH7WIQ/
Leadership	Non-Clinical	TBC	TBC	30	Virtual	https://www.smartsurvey.co.uk/s/20J3EO/
Leadership	Non-Clinical	TBC	TBC	30	Virtual	https://www.smartsurvey.co.uk/s/AHSQB2/
Medical Education	Non-Clinical	TBC	TBC	70	Virtual	https://www.smartsurvey.co.uk/s/IHL0E8/
Medical Education	Non-Clinical	TBC	TBC	70	Virtual	https://www.smartsurvey.co.uk/s/T1LMQO/
Medical Education	Non-Clinical	TBC	TBC	70	Virtual	https://www.smartsurvey.co.uk/s/88C10L/
Microbiology	Clinical	13th Nov 2025	09:30 - 12:30	70	Virtual	https://www.smartsurvey.co.uk/s/5XH21W/
Microbiology	Clinical	5th Feb 2026	09:30 - 12:30	70	Virtual	https://www.smartsurvey.co.uk/s/KR7D25/
Psychiatry (NSFT)	Clinical	27th March 2026	13:00 - 17:00	35	Face to Face	https://www.smartsurvey.co.uk/s/YG8DFT/
Psychiatry (NSFT) West Suffolk Hospital	Clinical	5th June 2026	13:00 - 17:00	35	Face to Face	https://www.smartsurvey.co.uk/s/LGD4N7/
Psychiatry (CPFT)	Clinical /Non-Clinical	TBC	TBC	40	Face to Face	https://www.smartsurvey.co.uk/s/MSIZLJ/

Hubs Calendar

Public Health	Clinical/ Non-Clinical	TBC	TBC	Virtual	https://www.smartsurvey.co.uk/s/SPOQNF/
Public Health	Clinical/ Non-Clinical	TBC	TBC	Virtual	https://www.smartsurvey.co.uk/s/ZSEOP3/
Radiology	Clinical	6th Nov 2025	09:30 - 12:00	Virtual	https://www.smartsurvey.co.uk/s/0N753R/
Radiology	Clinical	20th Nov 2025	09:30 - 12:00	Virtual	https://www.smartsurvey.co.uk/s/WMJ0Z7/
Foundation Surgical Skills (EAFS East Trainees only)	Clinical	14th Oct 2025	12:30-16:30	Face to Face	https://www.smartsurvey.co.uk/s/VUDJXH/
Foundation Surgical Skills (EBH West Trainees only)	Clinical	19th Dec 2025	12:30 - 16:30	Face to Face	https://www.smartsurvey.co.uk/s/X4036Q/
Foundation Surgical Skills (EBH East Trainees only)	Clinical	24th Feb 2026	12:30 - 16:30	Face to Face	https://www.smartsurvey.co.uk/s/SMJ16W/
Foundation Surgical Skills (EAFS West Trainees only)	Clinical	21st Apr 2026	12:30 - 16:30	Face to Face	https://www.smartsurvey.co.uk/s/D73XVD/
The Community Doctor	Clinical	15th Jan 2026 (TBC)	14:00 - 17:00 (TBC)	Virtual	https://www.smartsurvey.co.uk/s/J64MFW/
Workplace and Me	Non-Clinical	6th Nov 2025	13:30 - 16:30	Virtual	https://www.smartsurvey.co.uk/s/N7SZ4T/
Workplace and Me	Non-Clinical	5th Feb 2026	13:30 - 16:30	Virtual	https://www.smartsurvey.co.uk/s/A8TJ87/
Research Skills Education Day	Non-Clinical	21st Oct 2025	08:45-12:00	Virtual	https://www.smartsurvey.co.uk/s/LZED1V/

Further opportunities

Further opportunities include the **Train the Trainer** and **Workplace and Me** programmes.

Train the Trainer is an opportunity for you to assess your current teaching methods and identify ways to improve your training and learning. It involves a mixture of real-time sessions, asynchronous learning and coursework towards an UKFPO-accredited Medical Education Certification.

Workplace and Me is a safe place where you can explore your concerns around working as a FY, discuss the management of risk within medicine and be signposted to sources of support available.

Train the Trainer Dates

Section 1,2,4	25-26 Date	Time	Booking Link
1	7th Oct 2025	13:00 - 17:00	https://www.smartsurvey.co.uk/s/L65H2F/
2	20th Nov 2025	13:00 - 17:00	https://www.smartsurvey.co.uk/s/FPC1S0/
3	11th Dec 2025	13:00 - 17:00	https://www.smartsurvey.co.uk/s/P3E0PR/
4	15th Jan 2026	13:00 - 17:00	https://www.smartsurvey.co.uk/s/5NJQPO/
5	13th Feb 2026	13:00 - 17:00	https://www.smartsurvey.co.uk/s/H0GERS/
6	13th March 2026	13:00 - 17:00	https://www.smartsurvey.co.uk/s/X5V15P/
7	16th Apr 2026	13:00 - 17:00	https://www.smartsurvey.co.uk/s/6XG7MO/
8	5th May 2026	13:00 - 17:00	https://www.smartsurvey.co.uk/s/OY75N2/
9	23rd June 2026	13:00 - 17:00	https://www.smartsurvey.co.uk/s/OVKGYS/
Section (6)	2025 - 2026 Date	Time	Booking Link
1	18th Dec 2025	13:00 - 17:00	https://www.smartsurvey.co.uk/s/85MMUX/
2	20th Jan 2026	13:00 - 17:00	https://www.smartsurvey.co.uk/s/UFSUIQ/
3	19th Feb 2026	13:00 - 17:00	https://www.smartsurvey.co.uk/s/U3ZY3A/
4	31st March 2026	13:00 - 17:00	https://www.smartsurvey.co.uk/s/ZOCEAM/
5	23rd April 2026	13:00 - 17:00	https://www.smartsurvey.co.uk/s/UDCTRC/
6	14th May 2026	13:00 - 17:00	https://www.smartsurvey.co.uk/s/AWINE0/
7	19th June 2026	13:00 - 17:00	https://www.smartsurvey.co.uk/s/LTU5WP/