

## Career Transitions



The days of a career spent doing the same job in the same location for a lifetime are long gone. In the 21<sup>st</sup> Century workplace flexibility, mobility, lifelong learning and skills development are the currency of success. Many will choose a portfolio career, a patchwork of roles or several career changes to maintain motivation, keep themselves in employment or fit around a demanding lifestyle. But how do you make those decisions? What things should you think about if you are planning your next move? How can you make good quality, considered decisions to progress, expand your experience, move location or build skills for the future?

This workshop will help you think about what you have to offer in your next role, what's important to you in that search, where you are going longer term and what resources you have to get you there. It's for anyone in the middle rather than beginning of their career needing space to consider what comes next or wanting to review their skills, interests and career goals for the future.

By the end of the one-day workshop, delegates will be able to:

- Identify values, interests and other drivers for their future career satisfaction
- Define and describe their value proposition for future roles
- Assess personal resources, skills, competencies, qualities and traits to match to future opportunities
- Use techniques such as horizon scanning, futures thinking, networking, sponsorship to identify and explore opportunities
- Prioritise and balance the demands of life and work to design an appropriate Vision to Action Career transition plan for future success

Outline Programme:

What's important?

- Knowdell's career values
- Life/Career Rescue Fund
- Boxes of life
- Transactional Analysis drivers

What do I have?

- Resources
- Skills and competencies
- Career lifetime value
- Qualities and traits

Future opportunities

- Horizon scanning
- Futures toolkit
- Broadening networks
- Relaunch

Goals and prioritisation

- Bubble, grid and scoring prioritisation methods
- Vision to Action

### Zoom test

Please make sure you are set up to run Zoom and to participate (via both camera and audio). Please [follow this link](#) to test your settings in advance.

**Participation is a requirement in order to receive a certificate of attendance.**



**6 guided learning hours  
6 CPD Points**