CAPE is a flexible attachment programme providing support and guidance for international psychiatrists pursuing a career in the UK. Please note that the programme is not open to new graduates or doctors with no experience in psychiatry. The timing of the attachment can be negotiated but we cannot accept observers less than three months.

Flexibility is key for the CAPE. We encourage the observers to actively establish links with local trainees and a range of clinics and make the most of their observership period rather than a prescribed approach. In our experience, observers benefitted from staying in the allocated team for the first 3-4 weeks and visiting other clinics for the rest of the observership. We believe that leading the communication is an important part of learning within the NHS system. All observers will be guided by mentors, local coordinators and the CAPE coordinator throughout their stay.

**What we offer:**

* Three months observership with an optional extension to six months.
* Experience in the community, inpatient and specialist clinics.
* Access to the MRCPsych exams teaching, communication skills sessions, professional support for making the transition to the UK.

**Training Opportunities**

* MRCPsych teaching (within the local trust)
* Monthly Clinical Skills Training sessions (led by Training Programme Director Dr Albert Michael) <https://heeoe.hee.nhs.uk/psychiatry/regional-teaching>
* Communication Skills sessions (part of medical students teaching at Cambridge Clinical School)
* Case Conferences
* Academic Seminars (http://talks.cam.ac.uk/show/index/56022)
* Mock CASC (Hertfordshire)
* Roundtable Discussion with local IMGs

**Local coordinators:**

Cambridge – Dr Muzaffer Kaser muzaffer.kaser@cpft.nhs.uk

Bedfordshire – Dr Seanna Eisenhandler s.eisenhandler@nhs.net

Hertfordshire – Dr Ursula Dlugon / Dr Irma Beyers ursula.dlugon@nhs.net / i.beyers@nhs.net

Essex – Dr Abdul Raoof / Dr Abu Abraham a.raoof@nhs.net / a.abraham4@nhs.net