



Cambridgeshire and Peterborough Dental Foundation Training Scheme

Autumn Term Programme 2025-2026





Cambridgeshire and Peterborough Dental Foundation Training Scheme

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Cambridgeshire and Peterborough Dental Foundation Training Scheme

Index to Autumn Term Programme

East of England Region	2
Index	3
Cambridgeshire and Peterborough Scheme Postgraduate Centre	4
List of Study Days for Autumn Term	5
Details of Study Days	9
ESs and FDs of Cambridgeshire and Peterborough Scheme	37
Buddy ES pairs for Cambridgeshire and Peterborough Scheme	40
Online Learning 2025-2026	41
Milestones and APLAN 2025-2026	43
Audit 2025-2026	44
Lead Employer 2025-2026	45
Problem Solving and Support Cambridgeshire and Peterborough Scheme	46
Claiming Travel and Subsistence 2025-2026	47
Practice Equipment List 2025-2026	48



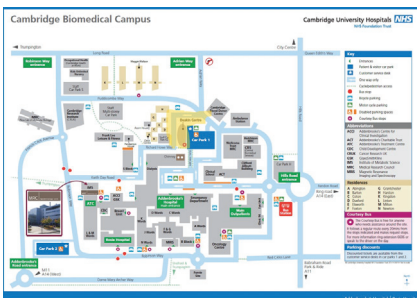
Cambridgeshire and Peterborough Dental Foundation Training Scheme

PG Centre Name



Addenbrookes is a very large campus and the two main venues we use are the Deakin Centre (Postgraduate Learning Centre) and the Cambridge Medical School- both are a stones throw away from each other. The campus itself is well reknowned internationally and we are extremely lucky to be able to use the facilities along with Addenbrookes and Cambridge University. Our Scheme Adminstrator, Janice Phillips is always there to help you with your study days and to make sure it runs well. The year has been put together with 30 study days on key topics, all by experts in the field and often also within this location. This is your chance to gain further knowledge and ask the questions you need to get the most of this year. This learning is all focused on you and what you wish to get out of it for your personal development so use the opportunity well. Your attendance and CPD is counted towards satisfactory completion of the DFT programme.

Location and Parking



Addenbrookes is a very large campus and the closest parking to the lecture venue is Car Park 1. This can be costly so you may find it easier to take the train and the very regular shuttle buses to the campus. Alternatively there are very close park and rides to get into Addenbrookes. A detailed map will be sent to you with each study day so you can check the location.



Autumn Term

Venues and Subjects

Tuesday 2nd September	Scheme Welcome and Induction to DFT Relationships in the training practice	<i>Addenbrookes</i>
Thursday 4th September	Regional Induction - Welcome and Introduction The Role of the Lead Employer in DFT The Role of the GDC Using the Dental ePortfolio	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Tuesday 9th September	Clinical Skills Refresher Radiography	<i>Dental Care Centre, Bedford</i>
Tuesday 16th September	Rules and Regulations Medicolegal	<i>Addenbrookes</i>
Tuesday 23rd September	Clinical Photography Clinical Audit and Coursework	<i>Addenbrookes</i>
Tuesday 30th September	Human Factors Nuts and Bolts DFT	<i>Addenbrookes</i>
Tuesday 7th October	Oral Surgery	<i>Addenbrookes</i>
Tuesday 14th October	Urgent Care Treatment Planning 1	<i>Addenbrookes</i>
Tuesday 21st October	Early Stage Reviews	<i>Virtual</i>

Tuesday 28th October	Communication	<i>Addenbrookes</i>
Tuesday 4th November	Self Study Day	<i>Addenbrookes</i>
Tuesday 11th November	Oral Medicine and Oral Cancer Oral Surgery Practical	<i>DentalCareCentre, Bedford</i>
Tuesday 18th November	Oral Cancer Symposium	<i>Addenbrookes</i>
Tuesday 25th November	Endodontics 1	<i>EndomishraBaldock</i>
Tuesday 2nd December	Paediatrics Dementia	<i>Addenbrookes</i>
Tuesday 9th December	Milestone 1 Presentations	<i>Addenbrookes</i>
Tuesday 16th December	Pain and Anxiety Management Treatment Planning 2	<i>Addenbrookes</i>
Tuesday 23rd December	Self Study Day	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>

Important Dates and Deadlines

Start of Autumn Term	Monday, 1 September 2025
Scheme Induction	Tuesday, 2 September 2025
Regional Induction	Thursday, 4 September 2025
Clinical Skills Refresher	Tuesday, 9 September 2025

ENHANCE Hub Day	Wednesday 25th Sep 2024
Early Stage Review	Tuesday, 21 October 2025
Milestone 1 Presentation	Tuesday, 9 December 2025
End of Term	Tuesday, 23 December 2025
Milestone 2 APLAN Submission closes	Friday, 9 January 2026
Milestone 2 Presentation	Tuesday, 3 February 2026
IRCP	Friday, 27 February 2026
Audit Presentation	Tuesday, 26 May 2026
Milestone 3 submission closes	Friday, 12 June 2026
Milestone 3 Presentation	Tuesday, 23 June 2026
Quality Improvement Symposium	Friday, 10 July 2026
FRCP	Friday, 24 July 2026



Tuesday 2nd September

Addenbrookes

Morning Session

09.30

Scheme Welcome and Induction to DFT

CPD Hrs = 3

Eva King

Cambridge and Peterborough TPD

A welcome to the members of the Scheme and an introduction to the programme for the year. This is our first meeting together and is the time to get to know each other.



Welcome

Glad you're here!

12.30

Lunch



Tuesday 2nd September

Addenbrookes

Afternoon Session

13.30

Relationships in the training practice

CPD Hrs = 3

Eva King and ESs

Cambridge and Peterborough TPD



Educational Supervisors are very important to FDs and vice versa. What are our responsibilities to each other? What are our expectations and what can we achieve together? How can we make our relationship one that is beneficial to both parties? What do we do when things do not run smoothly? Who can provide help and advice within the practice? Today we shall have a chance to develop and practise team communication skills in practical ways.

Objectives

- To introduce and orientate delegates to the Dental Foundation Training programme.
- To give delegates tools to develop their role as a Foundation Dentist throughout the year.
- Inform delegates of the requirements of Foundation Training and to develop teamwork skills

Learning Content

- Be able to demonstrate an understanding of learning styles and reflection.
- Define the timeline of the Dental Foundation Training year.
- Have a knowledge of their peer group and East of England personnel together with an enhanced ability to work with others as a team

GDC Outcomes: A B C D

16.30

End



Thursday 4th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

13.30

Regional Induction - Welcome and Introduction

CPD Hrs = 3

Malcolm Brady --- Jason Stokes

Postgraduate Dental Dean - Associate Postgraduate Dean

This session aims to introduce and orientate delegates to the Dental Foundation Training year.



Objectives

- Describe the dental foundation training year, the induction process, the support services available and the commitment needed to complete the year.
- Explain how to access and navigate the DFT e-portfolio, Intrepid Course Manager and the NHSE WT&E website.
- Discuss the RCP processes involved in the satisfactory completion of DFT.

Learning Content

- Describe the dental foundation training year, the induction process, the support services available and the commitment needed to complete the year.
- Recognise how to access and navigate the DFT e-portfolio, Intrepid Course Manager and the NHSE WT&E website.
- Explain the RCP processes involved in the satisfactory completion of DFT.

GDC Outcomes: A B C D





Thursday 4th September

Virtual Remote Learning Platform - Links to be confirmed.

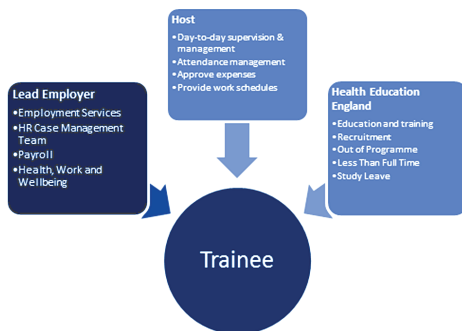
14.00

The Role of the Lead Employer in DFT

Anne Potter and Rebecca Jones

Lead Employer, St Helens and Knowsley Trust

The Lead Employer in Dental Foundation Training covers many roles and functions. This presentation will provide information and guidance for everyone



14.20

The Role of the GDC

Anika Daclan

Engagement Officer · General Dental Council

The General Dental Council re an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.



Objectives

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

Learning Content

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

GDC Outcomes: A B C D

15.20

Break



Thursday 4th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

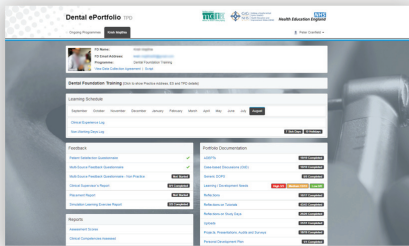
15.35

Using the Dental ePortfolio

CPD Hrs = 1

Peter Cranfield

Associate Dean, Trainign Programme Director



The Dental ePortfolio is an online record of your progress and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

16.35

End



Tuesday 9th September

Dental Care Centre, Bedford

Morning Session

09.30

Clinical Skills Refresher

CPD Hrs = 3

Eva King,

TPD, ES



Starting in practice is exciting and the fruit of many years of study and learning. However, for many of the group it may be several months since the opportunity to carry out practical clinical skills was present. This clinical hiatus can lead to a process of 'de-skilling' and possibly to a loss of confidence. This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques and processes and to refresh the skills learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors.

Objectives

- *Be able to evidence the systematic and accurate removal of simulated dental caries.*
- *Have an opportunity to refresh dental preparation skills on a simulator prior to starting work in general dental practice.*
- *To have practised cutting a full crown preparation*

Learning Content

- *Appreciation of the importance of accurate caries removal and the preservation of sound dentine and supported enamel*
- *Knowledge of any requirements for targeted support by the ES*

GDC Outcomes: C D

12.30

Lunch

This session will take place at an external venue. You will be required to bring some items as directed to complete the clinical tasks and will be provided with this list at the start of term.



Tuesday 9th September

Dental Care Centre, Bedford

Afternoon Session

13.30

Radiography



Jeremy Norris

ES

This session aims to provide a refresher on how to justify, report and grade dental radiographs. The session will refresh theory in relation to everyday practice for dental radiography. It will also try to explain the appropriate use of the range of holders and views available

Objectives

- Describe how to justify, report and grade your radiographs
- Explain hints and tips for overcoming common issues with dental radiography.
- Discuss how to choose appropriate radiographic views for a range of clinical scenarios

Learning Content

- Justify, assess and report on dental radiographs
- Employ processes to overcome common issues in dental radiography
- Choose the appropriate views for dental radiographs

GDC Outcomes: A B D

16.30

End

Please bring your film holder from practice



Tuesday 16th September

Addenbrookes

Morning Session

09.30

Rules and Regulations

CPD Hrs = 3

Uday Patel

GDP

To be able to provide a comprehensive treatment plan the patient understands and meets the patients' needs

Objectives

- **Objectives**
Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.
- *Review the methods of assessing a patient's needs, wishes, requirements and the treatment options available for each patient in relation to the NHS regulations.*
- *Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options and content of a treatment plan including patient's responsibilities and preventive regimes, or any need for referral.*

Learning Content

- *Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectation*
- *Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for any referral*
- *Recognise the level of communication required to discuss with a patient an effective treatment plan in a manner which manages their expectations, wishes and requirements in an ethical and professional manner.*

GDC Outcomes: A B D

Personal Dental Treatment Plan

Provider's details Telephone No. <input type="text"/> Performer number <input type="text"/>		Patient's details Surname <input type="text"/> Forename <input type="text"/> Date <input type="text"/>	
Oral Health Assessment Date of examination <input type="text"/>		Treatment on referral only <input type="checkbox"/>	
The dentist named on this form is providing you with a course of treatment. Information regarding your NHS dental treatment is detailed marked.			
No Treatment required at this time <input type="checkbox"/> I recommend a check-up in about <input type="text"/> months.			
The NHS provides all the treatment necessary to secure and maintain your oral health. There are some treatments (usually cosmetic) that are not normally available under the NHS, and you may choose to have these provided privately. You may also choose to have some treatment provided privately as an alternative to NHS treatment. The dentist will discuss these options with you so that you can make an informed choice.			
Proposed NHS Treatment Diagnosis and Maintenance Examination and advice Radiographs, study casts & photos Prevention Scaling, polishing, regular removal of plaque Advice Appliances Oral surgical procedures treatment Surgical procedures treatment Endodontic (filling & root canal treatment) Extractions & other oral surgery Treatment which involves the use of sedation, general anaesthesia and/or other special arrangements	Upper 	Proposed Private Treatment Diagnosis and Maintenance Filling teeth, study casts & photos Crowns Bridges Root canal procedures treatment Surgical procedures treatment Endodontic Extractions & other oral surgery Appliances Sedation, general anaesthesia, sedation, conscious sedation, general anaesthesia Other appliances Other	Lower
Additional observations <input type="text"/>			
Charge paid for NHS treatment <input type="text"/>			
Charge for NHS treatment £ <input type="text"/>			
Charge for Private treatment £ <input type="text"/>			
Should it become necessary to alter this treatment plan, you will be advised of the changes and any amendment to the cost.			

12.30

End



Tuesday 16th September

Addenbrookes

Afternoon Session

13.30

Medicolegal

CPD Hrs = 3

Uday Patel

GDP, Educational Supervisor

To provide a comprehensive knowledge base on the medicolegal issues that present themselves in general dental practice and management of complaints that may arise alongside ethical dilemmas

Objectives

- *List the regulations and requirements regarding record keeping and dealing with complaints*
- *Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.*
- *To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice*
- *Describe the processes of the GDCs regulation of the profession.*

Learning Content

- *Produce effective patient records within dental practice.*
- *Implement appropriate complaints handling in general dental practice*
- *Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team*

GDC Outcomes: A B D





Tuesday 23rd September

Addenbrookes

Day Session

09.30

Clinical Photography

CPD Hrs = 3

Peter Cranfield

Associate Dean, TPD

To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images.

Objectives

- *Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images*
- *Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images*
- *Recognise the use of the wider team to aid image production of a high standard and how to use software to prepare images for use in presentations and projects.*



Learning Content

- *Demonstrate consistent, high quality clinical images to be used for patient education, building their own clinical portfolio and for coursework submissions throughout the training year*
- *Evaluate their own clinical images to troubleshoot how to improve them where issues arise*
- *Construct a systematic approach to make clinical photography routine in the Foundation Dentist's daily workflow*

GDC Outcomes: A C

12.30

Lunch

Please bring your camera and retractors



Tuesday 23rd September

Addenbrookes

Afternoon Session

13.30

Clinical Audit and Coursework

CPD Hrs = 3

Peter Cranfield

TPD, Associate Dean

To understand the purpose and the process for the upcoming projects that form part of your DFT year. This will include APLAN and Audit projects. There will practical examples to illustrate these subjects.

Objectives

- *An overview of techniques and principles for complete and engaging presentations to aid the FD presentations in the coming year*
- *There will be practical exercises to complete in small groups.*

Learning Content

- *To understand fully the process and requirements of the DFT projects*
- *To be better acquainted with Presentation skills and have a more confident approach to PowerPoint presentations.*
- *To be better prepared for the submission of DFT projects*

GDC Outcomes: A B C D



16.30

End



Tuesday 30th September

Addenbrookes

Morning Session

09 30

Human Factors

CPD Hrs = 3

Eva King

TPD



A competency framework to key underlying contributory behavioural human factors in common / significant dental errors, in conjunction with practitioner experience.

Objectives

- To explore contributory behavioural human factors in dental scenarios.
- To understand the importance of lessons learned and shared learning from events.
- To understand the importance of Professionalism, Communication, Leadership & Teamwork, Clinical Knowledge, Procedural Conduct, Analysis & Decision Making, Situational Analysis and Workload Management

Learning Content

- To identify fundamental behaviours that whilst seemingly obvious, commonly lie at the cause of many incidents and accidents across all safety critical industries/professions.
- Video scenarios setting out key behaviors applicable to all professional dental practice.
- To create a no blame, fair learning culture.

GDC Outcomes: A B C D

12.30

Lunch



Tuesday 30th September

Addenbrookes

Afternoon Session

13.30

Nuts and Bolts DFT

Eva King

TPD



In this session we shall look at how Dental Foundation Training runs on a day to day basis. This is an opportunity to set out the ground rules for the year and to understand how we can make our group work well. The programme for the term and for the year can be discussed.

16.30

End



Tuesday 7th October

Addenbrookes

Day Session

09.30

Oral Surgery

CPD Hrs = 6

Vishaal Rangitsingh

GDP

Allow participants to gain knowledge in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate

Objectives

•

Explain the importance of patient medical history for oral surgery procedures as part of the overall pre-operative assessment processes and the relevance of National guidelines in this context, and when to refer to secondary care.

- *Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.*

Learning Content

- *Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.*

GDC Outcomes: A B D



16.30

End



Tuesday 14th October

Addenbrookes

Day Session

09.30

Urgent Care

CPD Hrs = 3

Shaun Dolby

GDP, Fellow

To help Foundation Dentists to be more competent in the diagnosis and management of dental emergencies, causes and types of pain and be aware the role the entire team play in this respect

Objectives

- *Identify the importance of thorough history taking, special tests, diagnosis and treatment planning for dental emergencies, including informed consent.*
- *Evaluate appropriate management strategies for patients that present with dental trauma and pain*
- *Discuss the need to be confident in liaising with the wider team to help schedule emergency appointments so there is sufficient time to manage them appropriately*

Learning Content

- *Foundation Dentists will be able to describe how to competently manage commonly occurring dental emergencies, including trauma*
- *Organise and manage their own diaries to be able to cope with dental emergencies in a consistent, stress-free environment.*

GDC Outcomes: A C



12.30

Lunch



Tuesday 14th October

Addenbrookes

Afternoon Session

13.30

Treatment Planning 1

CPD Hrs = 6

Shaun Dolby

ES, GDP

To be able to provide a comprehensive treatment plan the patient understands and meets the patients' needs.

Objectives

- *Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.*
- *Review the methods of assessing a patient's needs, wishes, requirements and the treatment options available for each patient in relation to the NHS regulations*
- *Review the methods of assessing a patient's needs, wishes, requirements and the treatment options available for each patient in relation to the NHS regulations*

Learning Content

- *Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectations*
- *Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for any referral.*
- *Recognise the level of communication required to discuss with a patient an effective treatment plan in a manner which manages their expectations, wishes and requirements in an ethical and professional manner.*

GDC Outcomes: A B C D

16.30

End





Tuesday 21st October

Virtual

Day Session

09.30

Early Stage Reviews

CPD Hrs = 0.5

Eva King



An individual confidential one to one meeting to assess the FD progress into the program and the practice.

It is an early session to identify any issues that may need to be addressed to ensure a successful completion to the training year.

16.30

End



Tuesday 28th October

Addenbrookes

Day Session

09.00

Communication

CPD Hrs = 6

Cascade Theatre Company

External Specialists



To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues.

Objectives

- *Raise awareness of the importance of communication skills*
- *Evaluate and assess clinician and patient interactions*
- *Identify successful strategies to improve communication*

Learning Content

- *Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others*
- *Differentiate the importance of non-verbal communication and active listening*
- *Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues.*

GDC Outcomes: A B D

16.00

End

09.30

Treatment Planning 2

CPD Hrs = 6

Speaker name

Speaker role

Description



Tuesday 4th November

Addenbrookes

Day Session

09.30

Self Study Day

CPD Hrs = 0

Self Study

At Home

To reinforce coursework details and expectations from earlier Regional and local induction processes

Objectives

- *Explain in more detail the work required to complete the e-Lift projects*
- *Define the process of conducting a clinical audit and the preparation required to complete this element of the coursework schedule*
- *Ability to complete the three Milestone cases Foundation Dentists are required to undertake to the standard set*

Learning Content

- *Design and produce a clinical audit to a satisfactory standard of work to meet expectations*
- *Foundation Dentists will be able to recognise the workload involved regarding coursework elements*
- *Identify the requirements to produce a satisfactory standard of work to meet expectations, including those for e-LIFT and Milestones*

GDC Outcomes: A B C D



16.30

End



Tuesday 11th November

DentalCareCentre, Bedford

Morning Session

09.30

Oral Medicine and Oral Cancer

CPD Hrs = 3

Steph Agar

ES



This session aims to identify the common presentations of oral pre-malignant and malignant disease and to understand the referral pathways and timings to best manage the patient. There will be discussions about the management and impact of diagnosis on the patients both during the initial referral point and the necessary aftercare and support required

Objectives

- Describe how to educate patients in general dental practice on possible risk factors for oral cancer, including having confidence in delivering 'very brief advice'.
- Demonstrate how to identify oral premalignant and malignant conditions.
- Describe how to identify when specialist advice is necessary and the appropriate referral pathways

Learning Content

- Demonstrate how to identify oral premalignant and malignant conditions.
- Recognise local and national support services and resources in the care of mouth cancer
- Demonstrate the ability to communicate effectively and sensitively with patients about the prevention, diagnosis and treatment of oral lesions.

GDC Outcomes: A B C D

12.30

Lunch



Tuesday 11th November

DentalCareCentre, Bedford

Afternoon Session

13.30

Oral Surgery Practical

CPD Hrs = 3

Adrian Thorp

Oral Surgeon



Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate

Objectives

- *Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.*
- *Identify appropriate post-operative care and pain management for oral surgery patients*

Learning Content

- *Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this*
- *List the relevant guidance relating to oral surgery care in general dental practice*
-
-

GDC Outcomes: A C

16.30

End



Tuesday 18th November

Addenbrookes

Day Session

09.30

Oral Cancer Symposium

CPD Hrs = 6

Various Speakers

CDS Dentst

The aim of this day is to bring together the whole dental team from primary, secondary and tertiary care to update our knowledge on the current management of oral cancer, post cancer rehabilitation as well as hearing personal stories from those living with oral and other cancers.



Objectives

- Provide an overview of Oral Cancer, how to recognise it, refer it and how it is treated in secondary care.
- Demonstrate the importance of support of the patient in primary care..
- Share insights of the life of a cancer patient, how to deliver bad news and how dental teams can support the patient.
- Discuss the management of a cancer patient on polypharmacy, chemotherapy and bisphosphonates

Learning Content

- Explain the mechanism of oral cancer, it's management and the role dental teams can play in identifying and referring appropriately
- Describe the surgical and medical management of oral cancer patients.
- Define the challenges of all patients living with cancer in order to address their dental needs

GDC Outcomes: A B C D

16.30

End



Tuesday 25th November

EndomishraBaldock

Day Session

09.30

Endodontics 1

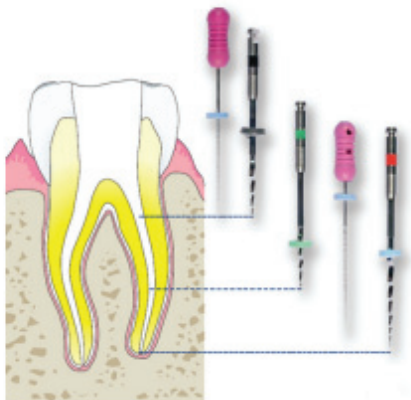
CPD Hrs = 6

Shashi Mishra

To give Foundation Dentists greater confidence, knowledge and technical ability in diagnosis and treatment of apical and pulpal pathology, and understand modern concepts in its prevention. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.

Objectives

- Review current concepts in the prevention of apical and pulpal pathology
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth



Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth
- Evaluate how to restore the endodontically treated tooth.

GDC Outcomes: A C

16.30

End



Tuesday 2nd December

Addenbrookes

Day Session

09.30

Paediatrics

CPD Hrs = 3

Julia Hallam- Seagrave

Consultant Oral Surgery, Consultant Maxillofacial Surgery

The aim of this session is to review current best practice in the dental management of paediatric patients.

Objectives

- *Assess and list our responsibilities in relation to paediatric management within in general dental practice.*
- *Describe current treatment protocols in managing symptomatic/asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios*
- *Demonstrate the use of stainless-steel crowns to help develop the skills to use the Hall technique in a reliable manner*



Learning Content

- *Describe our responsibilities in providing safeguarding for children within a general dental environment.*
- *List current treatment protocols in managing symptomatic/asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios*
- *Recognise when a stainless-steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality*

GDC Outcomes: A C

16.30

Lunch



Tuesday 2nd December

Addenbrookes

Afternoon Session

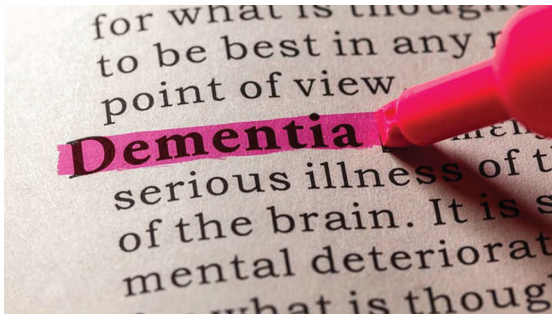
13.30

Dementia

CPD Hrs = 6

Eva King

TPD



A session to aid members of the dental team in the recognition of patients with dementia as they may present themselves in a dental setting. There will be examples of the types of presentation and the special adaptations required for these patients both in our behaviour and treatment planning.

Objectives

- Have an increased understanding of the cause of dementia.
- Have an awareness of the different types of dementia.
- Have an understanding of the common signs and symptoms of dementia as it may present in patients attending a dental setting.

Learning Content

- Be able to identify the signs and symptoms displayed by a patient with dementia and understand the effects this may have on provision of their treatment.
- Be able to communicate with patient with dementia and their carers or family with greater confidence.
- Be better able to provide the appropriate care for patients with dementia.

GDC Outcomes: A B C D

16.30

End



Tuesday 9th December

Addenbrookes

Day Session

09.30

Milestone 1 Presentations

CPD Hrs = 6

Peers, ES, TPD

Scheme

. This session enables Foundation Dentists to present their Milestone 1 Case. The Foundation Dentists will receive constructive feedback from fellow professionals

Objectives

- *Effectively present the case of a patient with dental trauma or a dental emergency to fellow dental professionals.*
- *.Demonstrate how to use the case of a patient with dental trauma or a dental emergency to reflect on clinical skills of analysis and care provision.*
- *Demonstrate how to constructively offer feedback related to a case of a patient with dental trauma or a dental emergency.*

Learning Content

- *Direct reflection and feedback into professional development.*
- *Demonstrate the provision of patient care through use of reflection, analysis and planning.*
- *Demonstrate how to deliver constructive feedback to fellow professionals*

GDC Outcomes: A C D



16.30

End



Tuesday 16th December

Addenbrookes

Morning Session

09.30

Pain and Anxiety Management

CPD Hrs = 3

Thomas O Connor

ES

To give knowledge, understanding and practical ability to be able to successfully manage an anxious patient with particular focus to IV sedation with midazolam

Objectives

- Define the current standards in conscious sedation in relation to primary dental care.
- Compare and discuss the mechanisms of action, roles and limitations of premedication, inhalation sedation, oral sedation, intravenous sedation and general anaesthesia.
- Describe when to refer.

Learning Content

- List the current standards/guidance in conscious sedation in primary dental care.
- Differentiate between different treatment options for anxious patients, define 'conscious sedation' and its indications/contraindications, alongside recognising physiological norms as part of the patient assessment and monitoring
- Compare the presentation and pharmacology of Midazolam and Flumazenil for use in Intravenous Sedation and recognise medical emergencies that may arise during use of these drugs and how to act

GDC Outcomes: A B C



12.30

Lunch



Tuesday 16th December

Addenbrookes

Afternoon Session

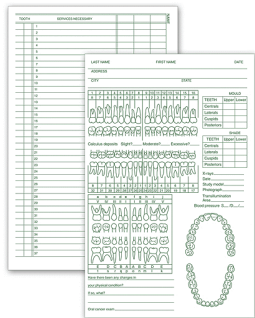
13.30

Treatment Planning 2

CPD Hrs = 6

Thomas O Connor

ES



To be able to provide a comprehensive treatment plan the patient understands and meets the patients' needs.

Objectives

- *Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options and content of a treatment plan including patient's responsibilities and preventive regimes, or any need for referral*

Learning Content

- *Recognise the level of communication required to discuss with a patient an effective treatment plan in a manner which manages their expectations, wishes and requirements in an ethical and professional manner.*

GDC Outcomes: A B C D

16.30

End



Tuesday 23rd December

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

Self Study Day

CPD Hrs = 0

Individual self study

Home

Allocated day for you to work on your e-Learning modules at home or in practice.

As part of your Dental Foundation Training year within East of England you will undertake a number of online e-Learning modules. Most of the e-Learning can be accessed from the eLFH (eLearning for Health) website (link on Online Learning Page), but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page



16.30

End



Educational Supervisors and Foundation Dentists



Marlise de Vos
Christopher Pepper



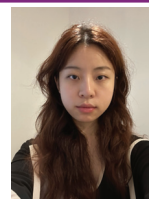
Seyedeh Sormeh
Miromhammad Sadeghi

University of Birmingham

The Gables Dental Practice, 332 Cherry Hinton Road, Cambridge. CB1 8AZ



Thomas O Connor
Kuljeet Singh



Xunran Ji

Queen Mary, University of London



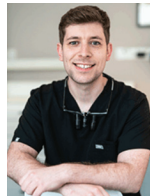
Amrit Kaur



Jessica Li

Queen Mary, University of London

The Thatch Dental Practice, 1 King Street, Bury St Edmunds, IP28 7ES



Amiras Chokshi
Mohnisha Jawaheer
Daniel Crocker



Zahra Sharif

Kings College

Littleport Dental Surgery, 11 Granby Street, Littleport, Ely. CB6 1NE



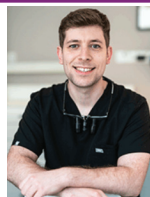
Bindi Shah
Radhika Shah



Elizabeth Crosbie-Jones

Kings College

Ashwell Bindi/ Radhika



Amiras Chokshi
Winto Lau
Daniel Crocker



Anna Ashcroft

University of Bristol

Midsummer Dental, 20 Newmarket Road, Cambridge. CB5 8DT



Dipali Chokshi
Marzena Setkowksa- Gross



Niknaz Rostam Yazdi

Queen Mary University of London

March Dental, 24 Broad Street, March. PE15 8TG



Tom Norfolk
Suhen Selva



Abdul Moez Zaki

Kings College

St Mary's Dental Practice, 26 St Mary's Street, Ely. CB7 4ES



Natalie Grigg
Paul Sanders



Nima Emami

University of Birmingham

Melbourn Dental Practice, 24A Orchard Road, Melbourn, Royston. SG8 6HH



Julia Hallam Seagrave
Lydia Forbes



Kate Murphy

University of Birmingham

Peterborough Dental Access Centre, 5 Midgate, Peterborough. PE1 1TN



Uday Patel
Heidi Cheung
Helen Salman



Nazanin Heidari

Queen Mary University of London

Sandy Dental Care, 10 Market Square, Sandy. SG19 1HU



Uday Patel
Heidi Cheung
Helen Salman



Serena Patel

Kings College London

Sandy Dental Care, 10 Market Square, Sandy. SG19 1HU



Vasiliki Ka



Noor Yasin

Queen Mary, University of London

My Dentist, Tebutts Road, St Neots, PE19 1RJ



Fredrick Fernando
Mital Patel
Carys Halsall



Talisa-Mae Marsh

University of Bristol

The Walden Dental Clinic, 6 London Road, Saffron Walden, CB11 4ED



Cambridgeshire and Peterborough Scheme Buddy ES Pairings 2025-2026

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Zahra Sharif	Amiras Chokshi Daniel Crocker Mohnisha Jawaheer	Tom Norfolk Suhen Selva
Anna Ashcroft	Amiras Chokshi Daniel Crocker Winto Lau	Vasiliki Kaoura
Abdul Moez Zaki	Tom Norfolk Suhen Selva	Amiras Chokshi Daniel Crocker Mohnisha Jawaheer
Nima Emami	Paul Sanders Natalie Grigg	Uday Patel Helen Salman Heidi Cheung
Talisa- Mae Marsh	Fredrick Fernando Mital Patel Carys Halsall	Marlise de Vos Chris Pepper
Xunran Ji	Thomas O Connor Kuljeet Singh	Uday Patel Heidi Cheung Helen Salman
Serena Patel	Uday Patel Heidi Cheung Helen Salman	Amrit Kaur
Jessica Li	Amrit Kaur	Bindi Shah Radhika Shah
Kate Murphy	Julia Hallam- Seagrave Lydia Forbes	Amiras Chokshi Winto Lau Daniel Crocker
Nazanin Heidari	Uday Patel Heidi Cheung Helen Salman	Paul Sanders Natalie Grigg
Noor Yasin	Vasiliki Kaoura	Thomas O Connor Kuljeet Singh
Niknaz Rostam Yazdi	Dipali Chokshi Marzena Setkowksa- Gross	Julia Hallam- Seagrave Lydia Forbes
Seyedeh Sormeh Miromhammad Sadeghi	Marlise de Vos Christopher Pepper	Dipali Chokshi Marzena Setkowska- Gross
Elizabeth Crosbie- Jones	Bindi Shah Radhika Shah	Fredrick Fernando Mital Patel Carys Halsall



Online Learning

2025-2026

List of Mandatory E-Learning

As part of your Foundation Training year within the East of England Region you will undertake a number of online e_Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

Once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://e-lfh.org.uk)

This takes you to a portal which leads to the **East of England - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules Course Sections

Statutory and Mandatory Training (SMT) Completion by Early Stage Review

- Conflict Resolution Level 1 40 mins
- Data Security Awareness Level 1 70 mins
- Equality and Diversity and Human Rights Level 1 20 mins
- Fire Safety Level 1 30 mins
- Moving and Handling Level 1 40 mins
- Preventing Radicalisation - Basic Prevent Awareness 35 mins
- Safeguarding Adults Level 1 40 mins
- Safeguarding Adults Level 2 40 mins
- Safeguarding Children Level 1 30 mins
- Safeguarding Children Level 2 35 mins

Mental Capacity Act (MCA) Completion by IRCP

- Mental Capacity Act as Part of Human Rights 20 mins
- Assessing Mental Capacity 20 mins
- Planning Ahead Using the MCA 20 mins
- Best Interests 20 mins
- Restraint 20 mins

Deprivation of Liberty 20 mins
Relationship Between the MCA and the MHA 20 mins
Mental Capacity Act and Young People aged 16 or 17 20 mins
Research Involving People Who Lack Capacity 20 mins
Mental Capacity Act and Adult Safeguarding 20 mins
Settling Disputes and Disagreements 20 mins

Alcohol and Tobacco Brief Interventions Completion by IRCP

Introduction to treating and preventing ill health 15 mins
Very Brief Advice on Smoking 15 mins
Alcohol Brief Advice 15 mins
Bringing It Together - Multiple Risk Factors 15 mins
Assessment 10 mins

Making Every Contact Count (MECC) Completion by IRCP

What is MECC and why is it important 30 mins
How to have a MECC conversation 30 mins
Signposting 15 mins
Five Ways to Wellbeing 30 mins
Assessment 10 mins

HEE Rubber Dam Placement video Completion by IRCP

Using your login details for e_Learning for Health you can access this module by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://East of England elfh Hub(e-lfh.org.uk))

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module , this information will be passed to your e_Portfolio but you may wish to download completion certificates for your CPD records.

Modules Completion by FRCP

Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins
Special Patient Groups 60 mins
Utilising the BNF 60 mins
Medical Emergencies 60 mins
Periprocedural Prescribing 60 mins
Dental Infection 60 mins
Pain, Ulceration, and Inflammation 60 mins
Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins



Milestones and APLAN

2025-2026

Introduction

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. You will present your case at your scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and the East of England regions. Your cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are set at the beginning of the DFT year:

Milestone 2

Submissions open: 5th December 2025 - Submissions close: 9th January 2025

Milestone 3

Submissions open: 24th April 2026 - Submissions close: 29th May 2026

Please note the dates of the opening and closing of the submission periods; there is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48 hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the SharePoint for FDs that covers the Milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Audit

2025-2026

Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the East of England Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Lead Employer

2025-2026

Mersey and West Lancashire Teaching Hospitals NHS Trust

Phone 0151 478 7777
Generic email Lead.Employer@sthk.nhs.uk
Lead Employer website <https://leademployer.merseywestlancs.nhs.uk/>
Dental Foundation Hub <https://leademployer.merseywestlancs.nhs.uk/dental-foundation-colleagues>

ESR Enquiries: - 0151 676 5323 (login details, forgotten password etc)
ESR.LeadEmployer@sthk.nhs.uk

Electronic Submission of Expenses: - 0151 676 5323 (Expenses for Business miles and Home to work mileage submitted via e-expenses only)
e-expenses@sthk.nhs.uk

Health Work and Wellbeing: - 0151 430 1985 (copies of certificates/immunisations etc)
hwwb.recruitment@sthk.nhs.uk

Pay Enquiries: - 0151 290 4658 (tax only, other pay queries will be addressed by the helpdesk)
leademployerpayroll@sthk.nhs.uk

Pensions enquiries: 0151 430 1115
Leademployer.Pension@sthk.nhs.uk



Problem Solving and Support

Cambridgeshire and Peterborough 2025-2026

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. However, you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day; contact your TPD by email or phone early on if you have a problem or concern. Early resolution of an issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The training group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of study days. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

If there are problems relating to your work in the practice, you should also contact the Lead Employer for support. They will help not only with employment issues but also with wellbeing and health support pathways.

Additionally there is further support that can be obtained from the Regional Professional Support and Wellbeing unit. You can self-refer, but please ensure (if you feel able) that you share relevant information about your referral with your Educational Supervisor

Contacts for Support

Training Programme Director

Eva King
07894353178
eva.king1@nhs.net

Lead Employer Health Work and Wellbeing

0151 430 1985
hwwb.recruitment@sthk.nhs.uk

Professional Support and Wellbeing Unit

<https://heeoee.hee.nhs.uk/psw/psw-eeo>



Claiming Travel and Subsistence

2025-2026

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be made online via the EASY Expenses system via the Lead Employer.

You can access the EASY Expenses system here:

<https://leademployer.merseywestlancs.nhs.uk/expenses-1>

Before you make any claims you will need to set up an approving manager on the system. This will be your Educational Supervisor. They will need to complete a New Approver Form and return to:

e-expenses@sthk.nhs.uk.

The form can be accessed from:

<https://leademployer.merseywestlancs.nhs.uk/media/Documents/Expenses/New-Approver-Authorisation-Form-1.docx>

If you travel by car, you will need to upload copies of your Insurance and Driving Licence to the Easy Expenses system. You will need to ensure that your insurance covers business use (Class 1).

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Your usual mileage from your home to the dental practice will be deducted from the amount.

(Current mileage rate = £0.28 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

Car parking costs will be reimbursed and you will need a receipt for the car parking an image of which will be need to be uploaded.

FDs should travel only by second class if they travel by rail and should attach images of tickets or receipts to their claims.

Taxis should not be used and cannot be claimed.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

Within East of England overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

All claims must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense.



Practice Equipment List

2025-2026

Practice Specifications

Electronic records - Full computer based clinical records and appointment management system.

Digital radiography

Internet access

Infection control - Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmial account

Specification for FD Room

Size - Minimum floor area 9m².

Ventilation - Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FD Room

Dental chair - Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Stool for dentist

Stool for nurse

Handwash sink

X-ray set - Rectangular collimation. Isolation switch outside the controlled area.

Amalgam mixer

Light cure lamp

Telephone

Workstation - Clinical records and appointment management software. Internet access.

Turbines - Minimum of 3.

Contra-angle handpieces - Minimum of 3.

Straight handpiece - Minimum of 1.

Ultrasonic scaler - Magnetostrictive or piezo.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders - Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit - Latex free.

Conservation - Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics - Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions - Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Oral Surgery - Full range of surgical instruments including scalpel blades and handle, periosteal elevator, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

Prosthetics - Full range of prosthetic instruments including shade and mould guides.

Endodontics - Full range of stainless-steel hand files and NiTi rotary files.

Materials and Disposables for FD Room

Respirator - Fit tested FFP3 mask or powered hood for FD use.

Type II R Fluid Resistant Surgical Masks

Gloves - Latex free.

Bibs

Aprons

Gowns

Paper and cotton goods

Safe Sharps System - Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

Waste containers - For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

Disposable 3 in 1 syringe tips

Conservation - Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

Prosthetics - Full range of prosthetic materials including impression compound and greenstick.

Endodontics - Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera - SLR or equivalent with lens, ring flash, retractors, and mirrors.

Conservation - Face bow and semi-adjustable articulator.

Prosthetics - Surveyor.

Endodontics - Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.

Clinical Digital Thermometer

Digital Communication - Computer or tablet with MS Teams including webcam, speakers, and microphone.