



Cambridgeshire and Peterborough Dental Foundation Training Scheme

Autumn Term Programme 2024-2025





Cambridgeshire and Peterborough Dental Foundation Training Scheme

PG Centre Name

PG Centre Address

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East of England Region

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Associate Postgraduate Dental Dean, Early Years

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Cambridgeshire and Peterborough Dental Foundation Training Scheme

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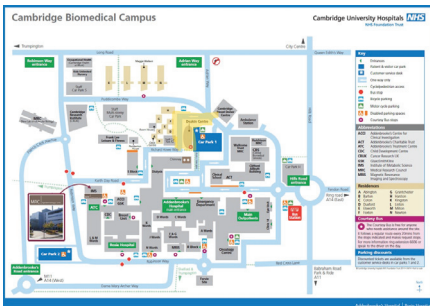
Cambridgeshire and Peterborough Dental Foundation Training Scheme

PG Centre Name

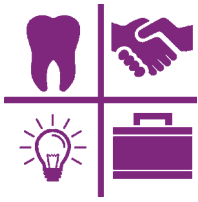


Addenbrookes is a very large campus and the two main venues we use are the Deakin Centre (Postgraduate Learning Centre) and the Cambridge Medical School- both are a stones throw away from each other. The campus itself is well reknowned internationally and we are extremely lucky to be able to use the facilities along with Addenbrookes and Cambridge University. Our Scheme Adminstrator, Janice Phillips is always there to help you with your study days and to make sure it runs well. The year has been put together with 30 study days on key topics, all by experts in the field and often also within this location. This is your chance to gain further knowledge and ask the questions you need to get the most of this year. This learning is all focused on you and what you wish to get out of it for your personal development so use the opportunity well. Your attendance and CPD is counted towards satisfactory completion of the DFT programme.

Location and Parking



Addenbrookes is a very large campus and the closest parking to the lecture venue is Car Park 1. This can be costly so you may find it easier to take the train and the very regular shuttle buses to the campus. Alternatively there are very close park and rides to get into Addenbrookes. A detailed map will be sent to you with each study day so you can check the location.



Autumn Term

Venues and Subjects

Tuesday 3rd September	Scheme Welcome and Induction to DFT Relationships in the training practice	<i>Addenbrookes</i>
Thursday 5th September	Regional Induction - Welcome and Introduction The Role of the Lead Employer in DFT The Role of the GDC Using the Dental ePortfolio	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Tuesday 10th September	Clinical Skills Refresher Nuts and Bolts DFT	<i>Dental Care Centre, Bedford</i>
Tuesday 17th September	Treatment Planning	<i>Addenbrookes</i>
Tuesday 24th September	Rules and Regulations Medicolegal	<i>Addenbrookes</i>
Wednesday 25th September	Enhance - Introduction and Welcome Introduction to Enhance Domains - Part 1 Introduction to Enhance Domains - Part 2 Enhance Domain-based Multi-professional Discussions	<i>Hybrid - Red Lion, Whittlesford - and - Online</i>
Tuesday 1st October	Radiography Organisation	<i>Addenbrookes</i>
Tuesday 8th October	Clinical Photography Clinical Audit and Coursework	<i>Addenbrookes</i>

Tuesday 15th October	Online study day	<i>Virtual practice</i>
Tuesday 22nd October	Early Stage Review	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Tuesday 29th October	CASCADE Communication Skills	<i>Addenbrookes</i>
Tuesday 5th November	Dementia in the Dental Setting Mindfulness and Wellbeing	<i>Addenbrookes</i>
Tuesday 12th November	Dental emergencies	<i>Addenbrookes</i>
Tuesday 19th November	Paediatric Dentistry Anxiety and Pain Management	<i>Addenbrookes</i>
Tuesday 26th November	Oral Surgery	<i>Addenbrookes</i>
Friday 29th November	Regional Oral Cancer Study day	<i>Hilton Cambridge City Centre</i>
Tuesday 3rd December	Endodontics 1	<i>EndoMishra, Baldock</i>
Tuesday 10th December	Milestone 1	<i>Addenbrookes</i>
Tuesday 17th December	Periodontics Orthodontics	<i>Addenbrookes</i>

Important Dates and Deadlines

Start of Autumn Term	Monday 2nd September 2024
Scheme Induction	Tuesday 3rd September 2024

Regional Induction	Thursday 5th September 2024
Clinical Skills Refresher	Tuesday 10th September 2024
ENHANCE Hub Day	Wednesday 25th Sep 2024
Early Stage Review	Tuesday 22nd October 2024
Milestone 1 Oral Presentation	Tuesday 10th December 2024
End of Term	Tuesday 17th December 2024
Milestone 2 APLAN Submission closes	Friday 10th January 2025
Milestone 2 Presentation	Tuesday 28th January 2025
IRCP	Friday 21st February 2025



Tuesday 3rd September

Addenbrookes

Day Session

09.30

Scheme Welcome and Induction to DFT

CPD Hrs = 3

Eva King

Cambridge and Peterborough TPD

A welcome to the members of the Scheme and an introduction to the programme for the year. This is our first meeting together and is the time to get to know each other.



Welcome

Glad you're here!

12.30

Lunch

13.30

Relationships in the training practice

CPD Hrs = 3

Eva King and ESs

Cambridge and Peterborough TPD



Educational Supervisors are very important to FDs and vice versa. What are our responsibilities to each other? What are our expectations and what can we achieve together? How can we make our relationship one that is beneficial to both parties? What do we do when things do not run smoothly? Who can provide help and advice within the practice? Today we shall have a chance to develop and practise team communication skills in practical ways.

Objectives

- *To introduce and orientate delegates to the Dental Foundation Training programme.*
- *To give delegates tools to develop their role as a Foundation Dentist throughout the year.*
- *Inform delegates of the requirements of Foundation Training and to develop teamwork skills*

Learning Content

- *Be able to demonstrate an understanding of learning styles and reflection.*
- *Define the timeline of the Dental Foundation Training year.*
- *Have a knowledge of their peer group and East of England personnel together with an enhanced ability to work with others as a team*

GDC Outcomes: A B C D

16.30

End



Thursday 5th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

13.30

Regional Induction - Welcome and Introduction

CPD Hrs = 3

Malcolm Brady --- Jason Stokes

Postgraduate Dental Dean - Associate Postgraduate Dean

This session aims to introduce and orientate delegates to the Dental Foundation Training year.

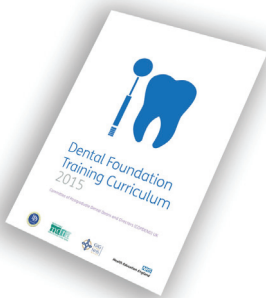
Objectives

- Describe the dental foundation training year, the induction process, the support services available and the commitment needed to complete the year.
- Explain how to access and navigate the DFT e-portfolio, Intrepid Course Manager and the NHSE WT&E website.
- Discuss the RCP processes involved in the satisfactory completion of DFT.

Learning Content

- Describe the dental foundation training year, the induction process, the support services available and the commitment needed to complete the year.
- Recognise how to access and navigate the DFT e-portfolio, Intrepid Course Manager and the NHSE WT&E website.
- Explain the RCP processes involved in the satisfactory completion of DFT.

GDC Outcomes: A B C D





Thursday 5th September

Virtual Remote Learning Platform - Links to be confirmed.

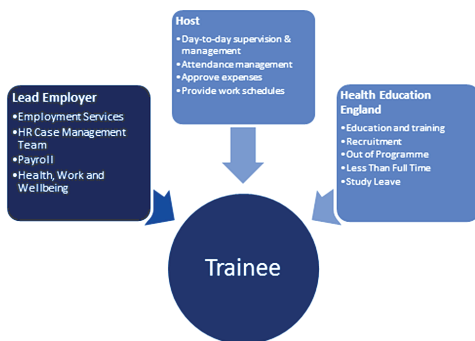
14.00

The Role of the Lead Employer in DFT

Anne Potter and Rebecca Jones

Lead Employer, St Helens and Knowsley Trust

The Lead Employer in Dental Foundation Training covers many roles and functions. This presentation will provide information and guidance for everyone



14.20

The Role of the GDC

Anika Daclan

Engagement Officer · General Dental Council

The General Dental Council re an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.

Objectives

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

Learning Content

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

GDC Outcomes: A B C D

15.20

Break





Thursday 5th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

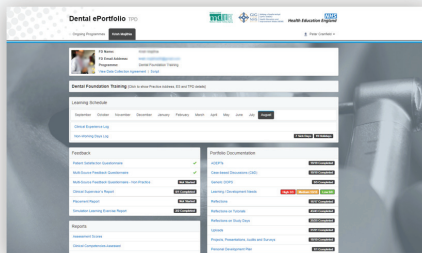
15.35

Using the Dental ePortfolio

CPD Hrs = 1

Peter Cranfield

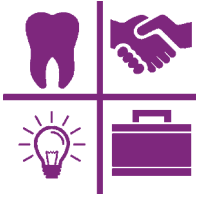
Associate Dean, Trainign Programme Director



The Dental ePortfolio is an online record of your progress and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

16.35

End



Tuesday 10th September

Dental Care Centre, Bedford

Day Session

09.30

Clinical Skills Refresher

CPD Hrs = 6

Eva King, Dipali Chokshi

TPD, ES



Starting in practice is exciting and the fruit of many years of study and learning. However, for many of the group it may be several months since the opportunity to carry out practical clinical skills was present. This clinical hiatus can lead to a process of 'de-skilling' and possibly to a loss of confidence. This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques and processes and to refresh the skills learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors.

Objectives

- *Be able to evidence the systematic and accurate removal of simulated dental caries.*
- *Have an opportunity to refresh dental preparation skills on a simulator prior to starting work in general dental practice.*
- *To have practised cutting a full crown preparation*

Learning Content

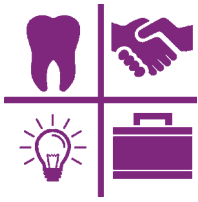
- *Appreciation of the importance of accurate caries removal and the preservation of sound dentine and supported enamel*
- *Knowledge of any requirements for targeted support by the ES*

GDC Outcomes: C D

12.30

Lunch

This session will take place at an external venue. You will be required to bring some items as directed to complete the clinical tasks and will be provided with this list at the start of term.



Tuesday 10th September

Dental Care Centre, Bedford

Afternoon Session

13.30 Nuts and Bolts DFT

Eva King

TPD

In this session we shall look at how Dental Foundation Training runs on a day to day basis. This is an opportunity to set out the ground rules for the year and to understand how we can make our group work well. The programme for the term and for the year can be discussed.



16.30 End



Tuesday 17th September

Addenbrookes

Day Session

09.30

Treatment Planning

CPD Hrs = 6

Jignesh Panchal

GDP

To be able to provide a comprehensive treatment plan the patient understands and meets the patients' needs

Objectives

- Objectives
Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.
Review the methods of assessing a patient's needs, wishes, requirements and the treatment options available for each patient in relation to the NHS regulations.
Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options and content of a treatment plan including patient's responsibilities and preventive regimes, or any need for referral.

Learning Content

- Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectation
Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for any referral
Recognise the level of communication required to discuss with a patient an effective treatment plan in a manner which manages their expectations, wishes and requirements in an ethical and professional manner.

GDC Outcomes: A B C D

16.30

End



Tuesday 24th September

Addenbrookes

Day Session

09.30

Rules and Regulations

CPD Hrs = 3

Uday Patel

ES

Provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services

Objectives

- *Explain how and when to claim for NHS treatment that has been provided to patients.*
- *Define the rules regarding provision of NHS dental care.*
- *Have the ability to talk confidently about what can be provided through NHS dental services*

Learning Content

- *List the structures and content of NHS treatment bands and associated NHS banding charges*
- *Apply the rules regarding provision of NHS dental care*
- *Be able to perform within the structure of NHS GDS contracts*

GDC Outcomes: A B D



12.30

Lunch



Tuesday 24th September

Addenbrookes

Afternoon Session

13.30

Medicolegal

CPD Hrs = 3

Uday Patel

ES

To provide a comprehensive knowledge base on the medicolegal issues that present themselves in general dental practice and management of complaints, record keeping and consent, that may arise alongside ethical dilemmas

Objectives

- *List the regulations and requirements regarding record keeping and dealing with complaints.*
- *Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.*
- *To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice*
- *Describe the processes of the GDCs regulation of the profession*

Learning Content

- *Produce effective patient records within dental practice*
- *Implement appropriate complaint handling in general dental practice.*
- *Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team*

GDC Outcomes: A B C D

16.30

End





Wednesday 25th September

Hybrid - Red Lion, Whittlesford - and - Online

Morning Session

10 00

Enhance - Introduction and Welcome

CPD Hrs = 6

enhance

Developing our integrated healthcare teams
Delivering modern healthcare

The Enhance introductory module hub event is part of the NHS England Enhancing Generalist Skills programme. This is a professional development offer for all healthcare professionals with a syllabus covering six health and care domains and four key cross-cutting themes.

The aim of Enhance is to equip all healthcare professionals with the additional generalist skills required to deliver excellent person-centred care across the evolving complexities of the health and care system.

The importance of this was emphasised in the 2023 NHS Long Term Workforce Plan (LTWP), mandating that the Enhance programme be expanded to embed the benefits of a more generalist approach across healthcare education and training

11.15

Break

11.30

Introduction to Enhance Domains - Part 1



11:30 – Domain 1: Person centred practice

Speaker: TBC

• 11:55 – Domain 2: Complex multimorbidity

Speaker: TBC

• 12:20 – Domain 3: System working

Speaker: TBC

13.00

Lunch



Wednesday 25th September

Hybrid - Red Lion, Whittlesford - and - Online

Afternoon Session

13.30 Introduction to Enhance Domains - Part 2

enhance

Developing our integrated healthcare teams
Delivering modern healthcare

- 13:45 – Domain 4: Population health
Speaker: TBC
- 14:10 – Domain 5: Social justice and health equity
Speaker: TBC
- 14:35 – Domain 6: Environmental sustainability
Speaker: TBC

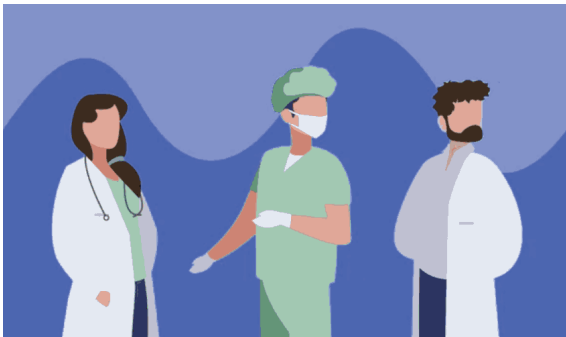
15.00 Break

15.20 Enhance Domain-based Multi-professional Discussions

CPD Hrs = 6

Speaker name

Speaker role



This part of the day is to allow full discussion and problem solving across multi-professional groups with the aim of understanding better the scope of practice of many different healthcare teams

Objectives

- Support future healthcare professional to feel confident in meeting the complex demands of the healthcare landscape, while promoting self-care at individual, team, and organisational levels across all healthcare professions
- Understand better and have knowledge of methods of addressing population health and care needs in the communities they serve by harnessing data, technology, and contemporary research methodologies.

Learning Content

- Feel confident in co-delivering 'whole person' care for patients with multiple conditions
- Become authentic, collaborative leaders and colleagues with a thorough grounding in human factors and team science.

GDC Outcomes: A B C D

16.45 End



Tuesday 1st October

Addenbrookes

Day Session

09.30

Radiography

CPD Hrs = 3

Jeremy Norris

ES

This session is to provide a refresher on how to justify, report and grade dental radiographs. We shall refresh theory in relation to everyday practice for dental radiography. We shall also try to understand the range of holders and views and shall share solutions for dealing with common issues

Objectives

- *To be able to justify, report and grade your radiographs*
- *To gain hints and tips for overcoming common issues*
- *To be able to justify, assess and report on dental radiographs*



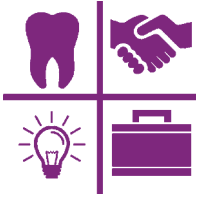
Learning Content

- *To be able to justify, assess and report on dental radiographs*
- *To have processes to overcome common issues in Radiography*
- *To understand and choose the appropriate views for dental radiographs and their uses.*

GDC Outcomes: A B D

12.30

Lunch



Tuesday 1st October

Addenbrookes

Afternoon Session

13.30

Organisation

CPD Hrs = 3

Eva King

TPD

This session aims to provide a range of skills to enhance professional and personal organisation.

Objectives

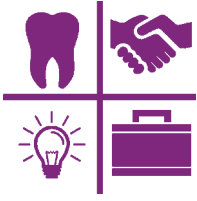
- Describe the importance of effective organisation.
- Explain hints and tips for overcoming common barriers to professional and personal organisation.
- Demonstrate strategies to maximise efficiency.

Learning Content

- Describe the importance of effective organisation.
- Employ tools for overcoming common barriers to professional and personal organisation.
- Apply strategies to maximise professional efficiency.

GDC Outcomes: A B C D





Tuesday 8th October

Addenbrookes

Day Session

09.30

Clinical Photography

CPD Hrs = 6

Peter Cranfield

TPD, Associate Dean

To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images

Objectives

- *Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images.*
- *Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images.*
- *Recognise the use of the wider team to aid image production of a high standard and how to use software to prepare images for use in projects and presentations*



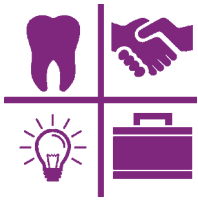
Learning Content

- *Demonstrate consistent, high quality clinical images to be used for patient education, building their own clinical portfolio and for coursework submissions throughout the training year*
- *Evaluate their own clinical images to troubleshoot how to improve them where issues arise.*
- *Construct a systematic approach to make clinical photography routine in the Foundation Dentist's daily workflow*

GDC Outcomes: A C

12.30

Lunch



Tuesday 8th October

Addenbrookes

Morning Session

13.30

Clinical Audit and Coursework

CPD Hrs = 6

Peter Cranfield

TPD, Associate Dean

To reinforce coursework details and expectations from earlier Regional and local induction processes

Objectives

- *Define the process of conducting a clinical audit and the preparation required to complete this element of the coursework schedule.*
- *Ability to complete the three Milestone cases Foundation Dentists are required to undertake to the standard set.*
-

Learning Content

- *Design and produce a clinical audit to a satisfactory standard of work to meet expectations*
- *Foundation Dentists will be able to recognise the workload involved regarding coursework elements*
- *identify the requirements to produce a satisfactory standard of work to meet expectations.*

GDC Outcomes: A B C D

16.30

End





Tuesday 15th October

Virtual practice

Day Session

09.30

Online study day

CPD Hrs = 6



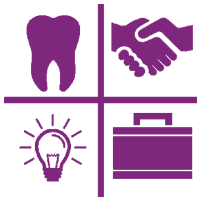
Allocated day for you to work on your e-Learning modules at home or in practice.

As part of your Dental Foundation Training year within East of England you will undertake a number of online e-Learning modules. Most of the e-Learning can be accessed from the eLFH (eLearning for Health) website (link on Online Learning Page), but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

Please prepare for Early Stage Review the following week.

16.30

End



Tuesday 22nd October

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.00

Early Stage Review

CPD Hrs = 0.5

Speaker name

Speaker role

An individual confidential one to one meeting to assess each FD's progress into the program and the practice. It is an early session to identify any issues that may need to be addressed to ensure a successful completion to the training year. A timetable will be issued closer to the event

16.00

End



Tuesday 29th October

Addenbrookes

Day Session

10.00

CASCADE Communication Skills

CPD Hrs = 6

CASCADE Theatre

Educational Theatre Group

To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues

Objectives

- *Raise awareness of the importance of communication skills.*
- *Evaluate and assess clinician and patient interactions*
- *Identify successful strategies to improve communication."*

Learning Content

- *Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others.*
- *Differentiate the importance of non-verbal communication and active listening*
- *Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues*

GDC Outcomes: A B D



17.00

End



Tuesday 5th November

Addenbrookes

Morning Session

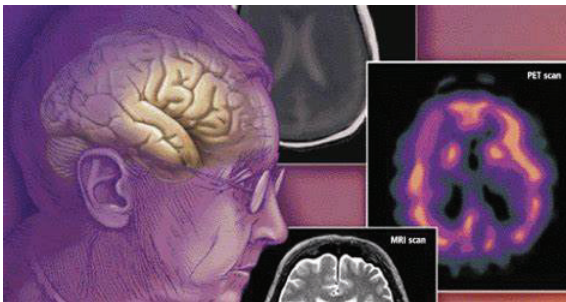
09.30

Dementia in the Dental Setting

CPD Hrs = 3

Eva King

TPD



A session to aid members of the dental team in the recognition of patients with dementia as they may present themselves in a dental setting. There will be examples of the types of presentation and the special adaptations required for these patients both in our behaviour and treatment planning.

Objectives

- *Have an increased understanding of the cause of dementia.*
- *Have an awareness of the different types of dementia.*
- *Have an understanding of the common signs and symptoms of dementia as it may present in patients attending a dental setting.*

Learning Content

- *Be able to identify the with signs and symptoms displayed by a patient with dementia and understand the effects this may have on provision of their treatment*
- *Be able to communicate with patient with dementia and their carers or family with greater confidence*
- *Be better able to provide the appropriate care for patients with dementia.*

GDC Outcomes: A B C D

12.30

Lunch



Tuesday 5th November

Addenbrookes

Afternoon Session

13.30

Mindfulness and Wellbeing

CPD Hrs = 3

Nicola Bretherton

Mindcoach

This session will introduce mindfulness, mindful practices, and other techniques that attendees can use and integrate into their daily life to support wellbeing and personal resilience.

Objectives

- *Introduce Mindfulness, mindful practices, and other techniques that attendees can use to support wellbeing and personal resilience*
- *Facilitate interactive activities; allowing attendees to personally experience techniques that can be used to support wellbeing and personal resilience*
- *Support attendees to explore ways they could integrate chosen techniques and learning into daily life for themselves and their team*

Learning Content

- *Describe Mindfulness, mindful practices, and other techniques that support wellbeing and personal resilience*
- *Use mindful practices, and other techniques to support their own wellbeing and personal resilience.*
- *Integrate chosen techniques and learning into their daily life for themselves and their team.*
-

GDC Outcomes: A B D





Tuesday 12th November

Addenbrookes

Day Session

09.30

Dental emergencies

CPD Hrs = 6

Kemal Kemal

CDS Dentist

This session aims to help Foundation Dentists to be more competent in the diagnosis and management of dental emergencies and be aware the role the entire team play in this respect.

Objectives

- Identify the importance of thorough history taking, special tests, diagnosis and treatment planning for dental emergencies, including informed consent.
- Evaluate appropriate management strategies for patients that present with dental pain of various causes and tooth fracture.
- Describe the clinical assessment, special investigations and immediate management of acute dental trauma

Learning Content

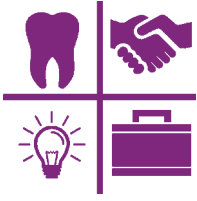
- Demonstrate appropriate history taking, special tests, diagnosis, and treatment planning for dental emergencies.
- Organise and manage their own diaries to be able to cope with dental emergencies in a consistent, stress-free environment.
- Empty Describe how to competently manage commonly occurring dental emergencies, including trauma.

GDC Outcomes: AC



16.30

End



Tuesday 19th November

Addenbrookes

Morning Session

09.30

Paediatric Dentistry

CPD Hrs = 3

Julia Hallam- Seagrave

Specialist in Special Care

The aim of this session is to review current best practice in the dental management of paediatric patients

Objectives

- *Assess and list our responsibilities in relation to paediatric management within in general dental practice.*
- *Describe current treatment protocols in managing symptomatic/asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios.*
- *Demonstrate the use of stainless-steel crowns to help develop the skills to use the Hall technique in a reliable manner*

Learning Content

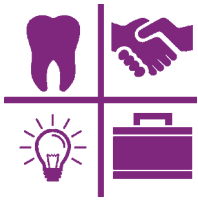
- *Describe our responsibilities in providing safeguarding for children within a general dental environmen*
- *List current treatment protocols in managing symptomatic/asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios*
- *Recognise when a stainless-steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality.*

GDC Outcomes: A C



12.30

Lunch



Tuesday 19th November

Addenbrookes

Afternoon Session

13.30

Anxiety and Pain Management

CPD Hrs = 3

Thomas O Connor

CDS dentist

To give knowledge, understanding and practical ability to be able to successfully manage an anxious patient with particular focus to IV sedation with midazolam



Objectives

- Define the current standards in conscious sedation in relation to primary dental care
- Compare and discuss the mechanisms of action, roles and limitations of premedication, inhalation sedation, oral sedation, intravenous sedation and general anaesthesia
- Describe when to refer.

Learning Content

- List the current standards/guidance in conscious sedation in primary dental care
- Differentiate between different treatment options for anxious patients, define 'conscious sedation' and its indications/contraindications, alongside recognising physiological norms as part of the patient assessment and monitoring.
- Compare the presentation and pharmacology of Midazolam and Flumazenil for use in Intravenous Sedation and recognise medical emergencies that may arise during use of these drugs and how to act.

GDC Outcomes: A B C

16.30

End



Tuesday 26th November

Addenbrookes

Day Session

09.30

Oral Surgery

CPD Hrs = 6

Prem Nair, Vijay Santhanam

Consultant Oral Surgery, Consultant Maxillofacial Surgery

Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate

Objectives

- *Explain the importance of patient medical history for oral surgery procedures as part of the overall pre-operative assessment processes and the relevance of National guidelines in this context, and when to refer to secondary care.*
- *Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.*
- *Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.*
- *Identify appropriate post-operative care and pain management for oral surgery patients*

Learning Content

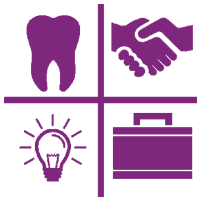
- *Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.*
- *Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this*
- *List the relevant guidance relating to oral surgery care in general dental practice.*

GDC Outcomes: A C



16.30

End



Friday 29th November

Hilton Cambridge City Centre

Day Session

09.30

Regional Oral Cancer Study day

CPD Hrs = 6

Regional Speakers

HealthEducation England Dental

The aim of this day is to bring together the whole dental team from primary, secondary and tertiary care to update our knowledge on the current management of oral cancer, post cancer rehabilitation as well as hearing personal stories from those living with oral and other cancers.

Objectives

- Provide an overview of Oral Cancer, how to recognise it, refer it and how it is treated in secondary care.
- Demonstrate the importance of support of the patient in primary care.
- Share insights of the life of a cancer patient, how to deliver bad news and how dental teams can support the patient
- Discuss the management of a cancer patient on polypharmacy, chemotherapy and bisphosphonates.

Learning Content

- Explain the mechanism of oral cancer, it's management and the role dental teams can play in identifying and referring appropriately.
- Describe the surgical and medical management of oral cancer patients
- Define the challenges of all patients living with cancer in order to address their dental needs

GDC Outcomes: A B C D



16.30

End



Tuesday 3rd December

EndoMishra, Baldock

Day Session

09.30

Endodontics 1

CPD Hrs = 6

Shashi Mishra

Specialist Endontist

To give Foundation Dentists greater confidence, knowledge and technical ability in diagnosis and treatment of apical and pulpal pathology, and understand modern concepts in its prevention. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth

Objectives

- Review current concepts in the prevention of apical and pulpal pathology
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth

Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

GDC Outcomes: A C



16.30

End

Lunch provided by Colgate. Please advise of any dietary requirements



Tuesday 10th December

Addenbrookes

Day Session

09.30

Milestone 1

CPD Hrs = 6

Scheme Peers, Eva King, ESs

Oral Presentation

This session enables Foundation Dentists to present their Milestone 1 Case. The Foundation Dentists will receive constructive feedback from fellow professionals.

Objectives

- *Effectively present the case of a patient with dental trauma or a dental emergency to fellow dental professionals.*
- *Demonstrate how to use the case of a patient with dental trauma or a dental emergency to reflect on clinical skills of analysis and care provision.*
- *Demonstrate how to constructively offer feedback related to a case of a patient with dental trauma or a dental emergency.*

Learning Content

- *Direct reflection and feedback into professional development.*
- *Demonstrate the provision of patient care through use of reflection, analysis and planning.*
- *Demonstrate how to deliver constructive feedback to fellow professionals.*

GDC Outcomes: A C D



16.30

End



Tuesday 17th December

Addenbrookes

Morning Session

09.30

Periodontics

CPD Hrs = 3

Raj Wadwani

ES

Review the current Classification of Periodontal Diseases 2017 and its implementation in General Dental Practice

Objectives

- Explain how to formulate individualised, written care or treatment plans for patients according to their individual circumstances.
- Describe how to monitor therapeutic outcomes and ensure that appropriate follow-up care is arranged.

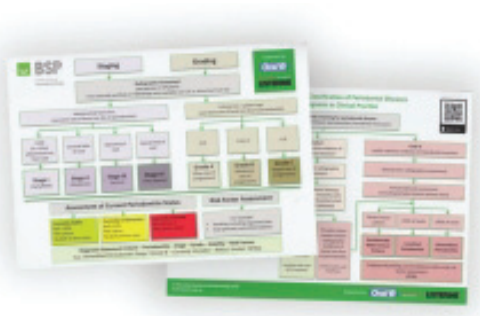
Learning Content

- Evaluate the periodontal tissues and provide a differential diagnosis of the patient's periodontal condition.
- Demonstrate understanding of the aetiology, diagnosis and classification of periodontal disease and able to explain this to patients
- Demonstrate understanding of the aetiology, diagnosis and classification of periodontal disease and able to explain this to patients

GDC Outcomes: A C

12.30

Lunch





Tuesday 17th December

Addenbrookes

Afternoon Session

13.30

Orthodontics

CPD Hrs =

Raj Wadwani

ES

This session aims to provide the foundation dentist with an understanding of the role a general dental practitioner plays diagnosing, referring, and monitoring the orthodontic care of their patients.

Objectives

- Describe methods of assessing and diagnosing skeletal, dental and occlusal relationships in the primary, mixed and permanent dentition accurately, and identifying conditions which may require treatment or referral
- Explain the methods of communication with orthodontic patients that provides ethical and caring support
- Evaluate the role of the general dental practitioner in the provision of orthodontic care for patients and their families

Learning Content

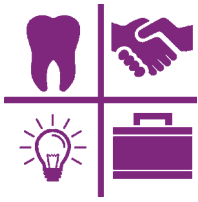
- Assess and diagnose malocclusion or disturbances of the developing dentition with the aim of providing the optimal treatment pathways for patients.
- Communicate with orthodontic patients in a way that provides ethical and caring support.
- Assist in the management of orthodontic diagnosis, treatment, and referral of patients

GDC Outcomes: A C



16.30

End



Educational Supervisors and Foundation Dentists

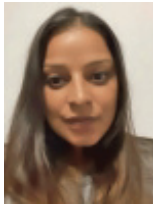


Marlise de Vos
Christopher Pepper

The Gables Dental Practice, 332 Cherry Hinton Road, Cambridge. CB1 8AZ



Max Lister
University of Leeds

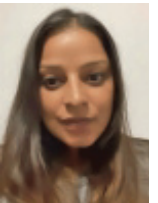


Raj Wadwani
Preeti Bose

Antwerp House Dental Practice, 36 Brookfields, Cambridge, CB1 3NW



Karanpreet Sahni
University of Birmingham



Preeti Bose
Raj Wadwani

Antwerp House Dental Practice, 36 Brookfields, Cambridge, CB1 3NW



Ioannis Panayi
University of Manchester

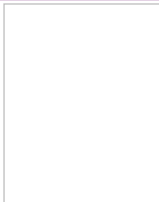


Amiras Chokshi
Mohnisha Jawaheer
Daniel Crocker

Littleport Dental Surgery, 11 Granby Street, Littleport, Ely. CB6 1NE



Ibrahim Sheikh
University of Birmingham

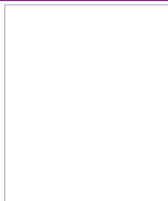


Mohnisha Jawaheer
Amiras Chokshi
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Littleport Dental Surgery, 11 Granby Street, Littleport, Ely. CB6 1NE



Kevyn Tan
Kings College



Amiras Chokshi
Winto Lau
Daniel Crocker

Midsummer Dental, 20 Newmarket Road, Cambridge. CB5 8DT



Beatrix Jonsson
Cardiff University



Dipali Chokshi
Marzena Setkowksa- Gross

March Dental, 24 Broad Street, March. PE15 8TG



Maria Kamel
Queen Mary University of London



Tom Norfolk
Suhen Selva

St Mary's Dental Practice, 26 St Mary's Street, Ely. CB7 4ES



Maria Fedorova
University of Manchester

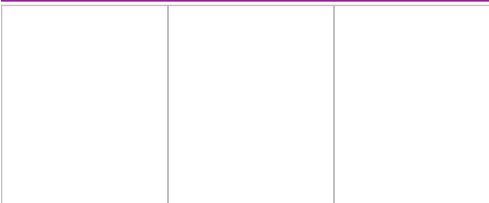


Natalie Grigg
Paul Sanders

Melbourn Dental Practice, 24A Orchard Road, Melbourn, Royston. SG8 6HH



Alice Shickell
Kings College London



Julia Hallam Seagrave
Lydia Forbes
Curt McKenzie

Peterborough Dental Access Centre, 5 Midgate, Peterborough. PE1 1TN



Catherine Gibbins
Kings College London



Uday Patel
Heidi Cheung
Helen Salman

Sandy Dental Care, 10 Market Square, Sandy. SG19 1HU



Tamara Kwartz
University of Birmingham

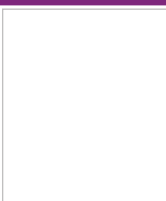


Uday Patel
Heidi Cheung
Helen Salman

Sandy Dental Care, 10 Market Square, Sandy. SG19 1HU



Lucy Torbe
Kings College London

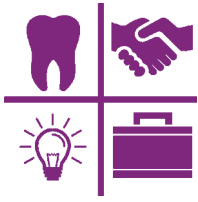


Hari Ramachandran
Subanghi Ratneswaran

Alba Dental Care, Fern House, 70-72 Coggeshall Road, Braintree. CM7 9BY



Kiran Janjua
University of Sheffield



Cambridgeshire and Peterborough Scheme Buddy ES Pairings 2024-2025

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Ibrahim Sheikh	Amiras Chokshi Daniel Crocker Mohnisha Jawaheer	Tom Norfolk Suhen Selva
Beatrix Jonson	Amiras Chokshi Daniel Crocker Winto Lau	Hari Ramachandran Subanghi Ratneswaran
Maria Fedorova	Tom Norfolk Suhen Selva	Amiras Chokshi (Littleport) Daniel Crocker Mohnisha Jawaheer
Alice Shickell	Paul Sanders Natalie Grigg	Uday Patel Helen Salman Heidi Cheung
Ioannis Panayi	Preeti Bose Raj Wadwani	Marlise de Vos
Kevyn Tan	Amiras Chokshi Daniel Crocker Mohnisha Jawaheer	Uday Patel Heidi Cheung Helen Salman
Lucy Torbe	Uday Patel Heidi Cheung Helen Salman	Amiras Chokshi (Littleport) Daniel Crocker Mohnisha Jawaheer
Karanpreet Sahni	Raj Wadwani Preeti Bose	Marlise de Vos Christopher Pepper
Catherine Gibbins	Julia Hallam- Seagrave Lydia Forbes Curt McKenzie	Amiras Chokshi (Midsummer) Winto Lau Daniel Crocker
Tamara Kwartz	Uday Patel Heidi Cheung Helen Salman	Paul Sanders Natalie Grigg
Kiran Janjua	Hari Ramachandran Subangi Ratneswaran	Uday Patel Helen Salman Heidi Cheung
Maria Kamel	Dipali Chokshi Marzena Setkowksa- Gross	Julia Hallam- Seagrave Curt Mackenzie Lydia Forbes
Max Lister	Marlise de Vos Christopher Pepper	Dipali Chokshi Marzena Setkowska- Gross



List of Mandatory E-Learning

As part of your Foundation Training year within the East of England Region you will undertake a number of online e_Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

Once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://e-lfh.org.uk)

This takes you to a portal which leads to the **East of England - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules Course Sections

Statutory and Mandatory Training (SMT) Completion by Early Stage Review

- Conflict Resolution Level 1 40 mins
- Data Security Awareness Level 1 70 mins
- Equality and Diversity and Human Rights Level 1 20 mins
- Fire Safety Level 1 30 mins
- Moving and Handling Level 1 40 mins
- Preventing Radicalisation - Basic Prevent Awareness 35 mins
- Safeguarding Adults Level 1 40 mins
- Safeguarding Adults Level 2 40 mins
- Safeguarding Children Level 1 30 mins
- Safeguarding Children Level 2 35 mins

Mental Capacity Act (MCA) Completion by IRCP

- Mental Capacity Act as Part of Human Rights 20 mins
- Assessing Mental Capacity 20 mins
- Planning Ahead Using the MCA 20 mins
- Best Interests 20 mins
- Restraint 20 mins

Deprivation of Liberty 20 mins
Relationship Between the MCA and the MHA 20 mins
Mental Capacity Act and Young People aged 16 or 17 20 mins
Research Involving People Who Lack Capacity 20 mins
Mental Capacity Act and Adult Safeguarding 20 mins
Settling Disputes and Disagreements 20 mins

Alcohol and Tobacco Brief Interventions Completion by IRCP

Introduction to treating and preventing ill health 15 mins
Very Brief Advice on Smoking 15 mins
Alcohol Brief Advice 15 mins
Bringing It Together - Multiple Risk Factors 15 mins
Assessment 10 mins

Making Every Contact Count (MECC) Completion by IRCP

What is MECC and why is it important 30 mins
How to have a MECC conversation 30 mins
Signposting 15 mins
Five Ways to Wellbeing 30 mins
Assessment 10 mins

HEE Rubber Dam Placement video Completion by IRCP

Using your login details for e_Learning for Health you can access this module by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://EastofEnglandelfhHub(e-lfh.org.uk))

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module, this information will be passed to your e-Portfolio but you may wish to download completion certificates for your CPD records.

Modules Completion by FRCP

Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins
Special Patient Groups 60 mins
Utilising the BNF 60 mins
Medical Emergencies 60 mins
Periprocedural Prescribing 60 mins
Dental Infection 60 mins
Pain, Ulceration, and Inflammation 60 mins
Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins



Milestones and APLAN

2024-2025

Introduction

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. You will present your case at your scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and the East of England regions. Your cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are set at the beginning of the DFT year:

Milestone 2

Submissions open: 6th December 2024 - Submissions close: 10th January 2025

Milestone 3

Submissions open: 25th April 2025 - Submissions close: 30th May 2025

Please note the dates of the opening and closing of the submission periods; there is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48 hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the SharePoint for FDs that covers the Milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the East of England Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

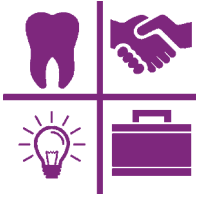
The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Lead Employer

2024-2025

Mersey and West Lancashire Teaching Hospitals NHS Trust

Phone 0151 478 7777

Generic email Lead.Employer@sthk.nhs.uk

Lead Employer website <https://leademployer.merseywestlancs.nhs.uk/>

Dental Foundation Hub <https://leademployer.merseywestlancs.nhs.uk/dental-foundation-colleagues>

ESR Enquiries: - 0151 676 5323 (login details, forgotten password etc)

ESR.LeadEmployer@sthk.nhs.uk

Electronic Submission of Expenses: - 0151 676 5323 (Expenses for Business miles and Home to work mileage submitted via e-expenses only)

e-expenses@sthk.nhs.uk

Health Work and Wellbeing: - 0151 430 1985 (copies of certificates/immunisations etc)

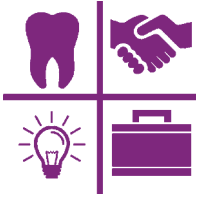
hwwb.recruitment@sthk.nhs.uk

Pay Enquiries: - 0151 290 4658 (tax only, other pay queries will be addressed by the helpdesk)

leademployerpayroll@sthk.nhs.uk

Pensions enquiries: 0151 430 1115

Leademployer.Pension@sthk.nhs.uk



Problem Solving and Support

Cambridgeshire and Peterborough 2024-2025

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. However, you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day; contact your TPD by email or phone early on if you have a problem or concern. Early resolution of an issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The training group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of study days. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

If there are problems relating to your work in the practice, you should also contact the Lead Employer for support. They will help not only with employment issues but also with wellbeing and health support pathways.

Additionally there is further support that can be obtained from the Regional Professional Support and Wellbeing unit. You can self-refer, but please ensure (if you feel able) that you share relevant information about your referral with your Educational Supervisor

Contacts for Support

Training Programme Director

Eva King
07894353178
eva.king1@nhs.net

Lead Employer Health Work and Wellbeing

0151 430 1985
hwwb.recruitment@sthk.nhs.uk

Professional Support and Wellbeing Unit

<https://heeoee.hee.nhs.uk/psw/psw-eeo>



Claiming Travel and Subsistence

2024-2025

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be made online via the EASY Expenses system via the Lead Employer.

You can access the EASY Expenses system here:

<https://leademployer.merseywestlancs.nhs.uk/expenses-1>

Before you make any claims you will need to set up an approving manager on the system. This will be your Educational Supervisor. They will need to complete a New Approver Form and return to:

e-expenses@sthk.nhs.uk .

The form can be accessed from:

<https://leademployer.merseywestlancs.nhs.uk/media/Documents/Expenses/New-Approver-Authorisation-Form-1.docx>

If you travel by car, you will need to upload copies of your Insurance and Driving Licence to the Easy Expenses system. You will need to ensure that your insurance covers business use (Class 1).

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Your usual mileage from your home to the dental practice will be deducted from the amount.

(Current mileage rate = £0.28 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

Car parking costs will be reimbursed and you will need a receipt for the car parking an image of which will be need to be uploaded.

FDs should travel only by second class if they travel by rail and should attach images of tickets or receipts to their claims.

Taxis should not be used and cannot be claimed.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

Within East of England overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

All claims must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense.



Practice Equipment List

2024-2025

Practice Specifications

Electronic records - Full computer based clinical records and appointment management system.

Digital radiography

Internet access

Infection control - Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmial account

Specification for FD Room

Size - Minimum floor area 9m².

Ventilation - Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FD Room

Dental chair - Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Stool for dentist

Stool for nurse

Handwash sink

X-ray set - Rectangular collimation. Isolation switch outside the controlled area.

Amalgam mixer

Light cure lamp

Telephone

Workstation - Clinical records and appointment management software. Internet access.

Turbines - Minimum of 3.

Contra-angle handpieces - Minimum of 3.

Straight handpiece - Minimum of 1.

Ultrasonic scaler - Magnetostrictive or piezo.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders - Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit - Latex free.

Conservation - Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics - Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions - Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Oral Surgery - Full range of surgical instruments including scalpel blades and handle, periosteal elevator, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

Prosthetics - Full range of prosthetic instruments including shade and mould guides.

Endodontics - Full range of stainless-steel hand files and NiTi rotary files.

Materials and Disposables for FD Room

Respirator - Fit tested FFP3 mask or powered hood for FD use.

Type II R Fluid Resistant Surgical Masks

Gloves - Latex free.

Bibs

Aprons

Gowns

Paper and cotton goods

Safe Sharps System - Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

Waste containers - For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

Disposable 3 in 1 syringe tips

Conservation - Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

Prosthetics - Full range of prosthetic materials including impression compound and greenstick.

Endodontics - Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera - SLR or equivalent with lens, ring flash, retractors, and mirrors.

Conservation - Face bow and semi-adjustable articulator.

Prosthetics - Surveyor.

Endodontics - Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.

Clinical Digital Thermometer

Digital Communication - Computer or tablet with MS Teams including webcam, speakers, and microphone.