Broomfield Hospital

Mid and South Essex NHS Foundation Trust

Who are we?

Broomfield Hospital is part of the Mid and South Essex NHS Foundation Trust, now one of the largest trusts in the country serving a population of 1.2 million people. This acute site has all major District General Hospital services and accommodates most surgical specialities. It is also home to the regional and internationally re-known St Andrews Burns and Plastics Centre.

The anaesthetics and critical care department at Broomfield have a large family of fun and friendly anaesthetists with a diverse skill set. Trainees are given a safe and supportive work environment to grow and learn.

There are 71 Consultants, 14 SAS doctors, junior doctors at different levels of training, and a helpful and friendly administrative team. Boasting a dynamic and cohesive team, we host regular departmental activities including breakfast clubs and teatime sessions organised, a dedicated wellbeing team, seasonal get-togethers and many more fun activities.

The Broomfield Hospital site provides anaesthetics services to 21 theatres; 3 specifically day care, Burns theatres on the Burns ICU, Maternity with 2 designated theatres and labour ward, radiology for MRI scans and interventions, cardioversions in cardiac suite and ECT in the Linden Centre. We also provide anaesthetic services to 2 theatres at Braintree Community Hospital which offer elective orthopaedic surgery and we support to a busy ED a 10 bedded ICU / HDU.

There is a strong history of excellence in anaesthetic education at Broomfield and we have links to the Postgraduate Medical Institute (PMI) at the nearby Anglia Ruskin University as well as the Anglia Ruskin Medical School.

What we do...

The wide range of surgical specialities on offer provide a good case mix to enhance progression towards being an accomplished anaesthetist.

Surgical specialities

* Supra-regional centre for Upper Gastro-intestinal surgery (approx. 100 oesophageal resections per year)
* Supra-regional centre for ENT and maxillo-facial surgeries as well as complex airway reconstruction surgery
* Supra-regional centre for Burns and Plastics
* St Andrew’s Centre for plastic surgery and burns is the largest burns centre in Europe with the best outcomes in the last few years.
* Trauma and Orthopaedics for paediatric and adult patents.
* Centre for complex non-neonatal, non-day case paediatric surgeries including cleft surgical repairs and hypospadias repair.

Other Specialities include:

* Colo-rectal (with a large volume of laparoscopic/robotic work)
* Urology including robotic surgery.
* Ophthalmology
* Obstetrics and Gynaecology with 4800 deliveries per year.
* Pain Services – acute and chronic
* Interventional Radiology Services

What we Offer....

Stage 3 Specialist Interest Area Training currently on offer at Broomfield Hospital are:

* Perioperative Medicine
* Complex airway management
* Obstetrics
* Anaesthesia for Burns & Plastics Surgery
* Regional Anaesthesia
* Acute Inpatient Pain

A tailored hybrid Stage 3 SIA year can be offered to obtain advanced skills in 2 areas including Perioperative anaesthesia, Airway skills, Regional Anaesthesia, burns and plastics or acute pain, subject to discussion with the relevant college tutors and training programme directors.

**Audit and Research, Teaching**

Educational Development time (EDT) is available to all trainees. For stage 3 trainees, 4 hrs per week can be allocated to EDT.

There are links with different organisations to aid both teaching and research opportunities.

* Anglia Ruskin University in Chelmsford for undergraduate and post graduate teaching opportunities, as well as research. The ARU hosts a high-fidelity Sim Suite which is used to run several simulation courses including Novice Sim training, Anaesthetics Critical Care, ObsAct, Trachetips, SCAMPS (paeds simulation), Cosbart (Consultant sim training).
* University College London
* The Barts and London School of Anaesthesia

Trainees of all stages are encouraged to become involved with and subsequently lead sessions and courses locally, and alongside affiliated educational institutions.

Professionalism and Non-Clinical Skills.

Stage 3 training at Broomfield Hospital includes support to help acquire leadership, managerial and teaching skills in preparation to becoming a holistic, skilled consultant able to effectively contribute towards safe and effective health care.

What about Chelmsford?

Frequently voted as ‘one of the best places to live’ in the last decade, Chelmsford has the perfect balance between urban living vs heritage and a rural lifestyle. A new and developing town and a popular destination with commuters, Chelmsford boasts of new developments, two high ranking grammar schools and being a safe area to live in. There is easy access to an assortment of parks, footpaths and greenery and a wide variety of leisure activities. Local highlights include Hylands (Hyland House, Go Ape, park, festivals), Chelmsford Cathedral, retail therapy at the high street (including Bond Street) and many eateries – the popular ones and Pubs!

How can I get to Broomfield Hospital?

The Hospital is within 30-40mins from London and Cambridge along the A12 and A120 and access to the M25 is only 15mins away. The greater Anglia service from London Liverpool Street or Stratford is the train link. Buses via routes C1, 370 and 70 provide access from the train station to the hospital in 20min and tickets are discounted for NHS staff. Eco friendly options are to cycle or use the ‘Spin’ e-scooters.

Where can I stay?

Short or long-term onsite accommodation can be booked via Swan Housing Association (https://www.swan.org.uk/finding-a-home/nhs-key-worker-living/broomfield-scheme/).