

Bedfordshire and Luton Dental Foundation Training Scheme

Autumn Term Programme 2023-2024





Bedfordshire and Luton Dental Foundation Training Scheme

Bedford Learning and Education Centre

Bedford Hospital NHS Trust, Kempston Road, Bedford, MK42 9DJ

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Bedfordshire and Luton Dental Foundation Training Scheme

Index to Autumn Term Programme

East of England Region	2
Index	3
Bedfordshire and Luton Scheme Postgraduate Centre	4
List of Study Days for Autumn Term	5
Details of Study Days	9
Calendar for 2023-2024	35
ESs and FDs of Bedfordshire and Luton Scheme	37
Buddy ES pairs for Bedfordshire and Luton Scheme	39
Online Learning 2023-2024	40
Milestones and APLAN 2023-2024	44
Problem Solving and Support Bedfordshire and Luton Scheme	45
Claiming Travel and Subsistence 2023-2024	46
Audit Project 2023-2024	47
Practice Equipment List 2023-2024	48
Speakers for Autumn Term	51



Bedfordshire and Luton Dental Foundation Training Scheme

Bedford Learning and Education Centre

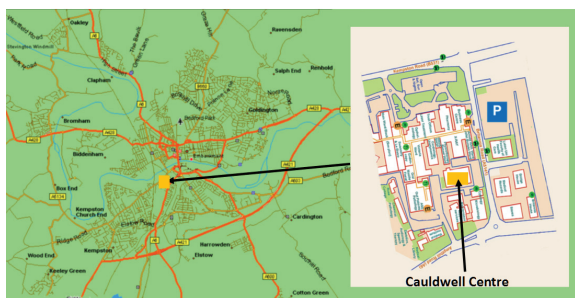


This year of Dental Foundation Training is a very valuable one during which you have the chance to gain wonderful experience in the provision of excellent dental care within a general dental practice setting. You will learn many things, and you will find yourself in many challenging situations. However, it is also meant to be fun. Those who have undertaken Dental Foundation Training before you have found it to be a tremendous experience and they are always sad when they realise that their year is ending. You are at the start of your year and all is ahead of you. Let us work together to make it an excellent year for you.

The Learning and Education Centre has several rooms for our use, the largest being the Lecture Theatre, where many of the sessions for the Study Days will be held, but there are also smaller Classrooms and a Clinical Skills Lab. Other rooms are also available in the Raleigh Centre, which is on the opposite side of Ampthill Road. We shall be based here on for some Study Days.

The Medical Education Manager, Rosa Lombardi, is responsible for running the Centre, and our Scheme Administrator is Chandima Johnson.

Location and Parking



Bedford Hospital Learning and Education Centre is situated in the lower floor of the Cauldwell Centre within the grounds of Bedford Hospital. Bedford Hospital is within walking distance of Bedford Midland Road railway station, and is served by local buses. If you are coming by car, parking is available in Britannia Road on the eastern side of the hospital. The map shows how to find the hospital and the centre, and car parking.

<https://goo.gl/maps/pHjx7M3QtZm1fqBX6>



Autumn Term

Venues and Subjects

Friday 1st September

Regional Induction - Welcome and Introduction
The Role of the Lead Employer in DFT
The Role of the GDC
Using the Dental ePortfolio

Virtual Remote Learning Platform - Links to be confirmed.

Friday 8th September

Introduction and Welcome to the
Bedfordshire and Luton Scheme
Nuts and Bolts of DFT
Relationships in the Training Practice

Learning and Education Centre, Bedford Hospital

Wednesday 13th September

Clinical Skills Refresher

NSK United Kingdom Ltd, Stevenage

Friday 15th September

Enhance - Introduction and Welcome
Introduction to Enhance Domains - Part 1
Introduction to Enhance Domains - Part 2
Enhance Domain-based Multi-professional Discussions

Bedford Lodge, Newmarket

Friday 22nd September

NHS Rules and Regulations
Clinical Skills Refresher - Radiography

Learning and Education Centre, Bedford Hospital

Friday 29th September

Clinical Photography
Oral Medicine and Cancer

Learning and Education Centre, Bedford Hospital

Friday 6th October

Endodontics Part 1

EndoMishra, Baldock

Friday 13th October

Periodontology
Emergencies and Pain Management

Learning and Education Centre, Bedford Hospital

Friday 20th October	Consent, Records and Complaints	<i>Learning and Education Centre, Bedford Hospital</i>
Friday 27th October	Coursework for FDs	<i>Learning and Education Centre, Bedford Hospital</i>
Friday 3rd November	Communications	<i>Learning and Education Centre, Bedford Hospital</i>
Friday 10th November	Dementia Awareness in the Dental Setting Treatment Planning	<i>Learning and Education Centre, Bedford Hospital</i>
Friday 17th November	Paediatric Dentistry Paediatric Dentistry Part 2	<i>King's House, Bedford</i>
Friday 24th November	Oral Surgery Mindfulness and Wellbeing	<i>Learning and Education Centre, Bedford Hospital</i>
Friday 1st December	Indirect Restorations in Practice - Part 1	<i>Learning and Education Centre, Bedford Hospital</i>
Friday 8th December	Health and Safety in General Dental Practice	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 15th December	Milestone 1	<i>Learning and Education Centre, Bedford Hospital</i>
Before 31st January 2024	Indirect Restorations in Practice - Part 2 - Practical	<i>Training Practices</i>

Important Dates and Deadlines

Start of Autumn Term	Friday, 1 September 2023
Early Stage Review	Thursday, 19 October 2023
Milestone 1 Presentation and End of Term	Friday, 15 December 2023



Friday 1st September

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.30

Regional Induction - Welcome and Introduction

CPD Hrs = 0.5

Malcolm Brady --- Jason Stokes

Postgraduate Dental Dean - Associate Postgraduate Dean



This session is a welcome to all the new Foundation Dentists and Dental Therapists in the East of England and to introduce and orientate them to their Dental Foundation Training year. It will help everyone develop their role as a Foundation Dentist or Dental Therapist throughout the year by providing information about the content and timelines that have to be maintained. Completion of Dental Foundation Training has specific requirements and these will be outlined and discussed.

Objectives

- Explain what the Dental Foundation Training year involves, the induction process, the support services available and the commitment needed to complete the year.
- Provide experience, access to and navigation of the Dental Foundation Training e-portfolio, Intrepid Course Manager and APlan.
- Define the RCP process involved in the satisfactory completion of Dental Foundation Training.

Learning Content

- Be able to demonstrate an understanding of learning styles and reflection.
- Have a recognition of your peer group and Regional HEE personnel together with an enhanced ability to work with others as a team.
- Recognise the need for professional and ethical behaviour and have knowledge of the NHS rules and regulations. CP process involved in the satisfactory completion of Dental Foundation Training.



GDC Outcomes: A B C D



Friday 1st September

Virtual Remote Learning Platform - Links to be confirmed.

10.00

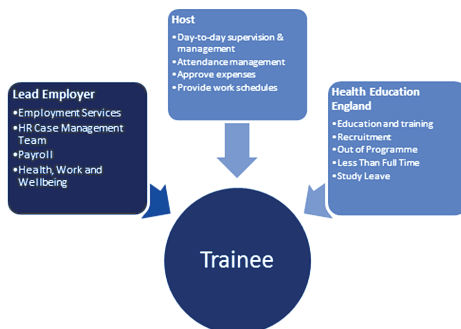
The Role of the Lead Employer in DFT

CPD Hrs = 1

Gemma Lasikiewicz and Olivia Butler

Lead Employer:- St Helens and Knowsley Trust

The Lead Employer in Dental Foundation Training covers many roles and functions. This presentation will provide information and guidance for everyone



11.00

Break

11.15

The Role of the GDC

CPD Hrs = 1.25

Anika Daclan

Engagement Officer · General Dental Council

The General Dental Council re an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.

Objectives

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

Learning Content

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

GDC Outcomes: A B C D





Friday 1st September

Virtual Remote Learning Platform - Links to be confirmed.

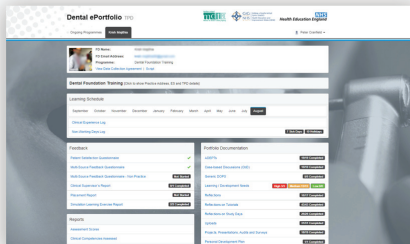
12.00

Using the Dental ePortfolio

CPD Hrs = 1

Peter Cranfield

Associate Postgraduate Dean and TPD



The Dental ePortfolio is an online record of your progress and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

13.00

End



Friday 8th September

Learning and Education Centre, Bedford Hospital

Morning Session

09.30

Introduction and Welcome to the Bedfordshire and Luton Scheme

CPD Hrs = 3

Peter Cranfield

TPD & Associate Dean

A welcome to the members of the Scheme and an introduction to the programme for the year. This is our first meeting together and is the time to get to know each other.

11.00

Break

11.15

Nuts and Bolts of DFT

Peter Cranfield

TPD & Associate Dean



In this session we shall look at how Dental Foundation Training runs on a day to day basis. This is an opportunity to set out the ground rules for the year and to understand how we can make our group work well. The programme for the term and for the year can be discussed. We shall also look at the mechanisms for making claims for expenses

12.30

Lunch



Friday 8th September

Learning and Education Centre, Bedford Hospital

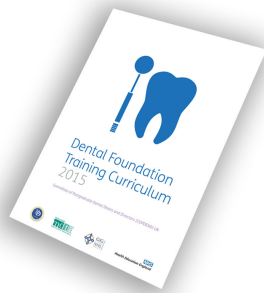
Afternoon Session

13.30

Relationships in the Training Practice

CPD Hrs = 3

FDs and ESs



Educational Supervisors are very important to FDs and vice-versa. What are our responsibilities to each other? What are our expectations and what can we achieve together? How can we make our relationship one that is beneficial to both parties? What do we do when things do not run smoothly? Who can provide help and advice within the practice?

Today we shall have a chance to develop and practise team communication skills in practical ways. We shall spend some time considering monitoring within general practice. This is always a difficult area and sharing experiences can be very helpful.

Objectives

- To introduce and orientate delegates to the Dental Foundation Training programme.
- To give delegates tools to develop their role as a Foundation Dentist throughout the year.
- Inform delegates of the requirements of Foundation Training and to develop teamwork skills.

Learning Content

- Be able to demonstrate an understanding of learning styles and reflection.
- Define the timeline of the Dental Foundation Training year.
- Have a knowledge of their peer group and East of England personnel together with an enhanced ability to work with others as a team.

GDC Outcomes: A B C D



16.30

End



Wednesday 13th September

NSK United Kingdom Ltd, Stevenage

Day Session

09.30

Clinical Skills Refresher

CPD Hrs = 6

FDs

Starting in practice is exciting and the fruit of many years of study and learning. However, for many of the group it may be several months since the opportunity to carry out practical clinical skills was present. This clinical hiatus can lead to a process of 'de-skilling' and possibly to a loss of confidence. This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques and processes and to refresh the skills learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors.

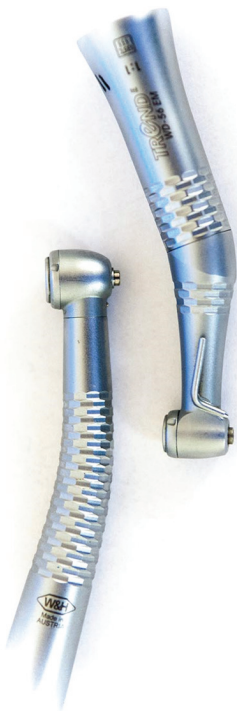
Objectives

- Be able to evidence the systematic and accurate removal of simulated dental caries.
- Have an opportunity to refresh dental preparation skills on a simulator prior to starting work in general dental practice.
- To have practised cutting a full crown preparation.

Learning Content

- Appreciation of the importance of accurate caries removal and the preservation of sound dentine and supported enamel
- Knowledge of any requirements for targeted support by the ES.

GDC Outcomes: C D



16.30

End

You will need to bring instruments and materials to this session from your practice. A list of the required items will be provided at the start of the term,



Friday 15th September

Bedford Lodge, Newmarket

Morning Session

10.15

Enhance - Introduction and Welcome

CPD Hrs = 1

enhance

Developing our integrated healthcare teams
Delivering modern healthcare

The Enhance introductory module hub event is part of the NHS England Enhancing Generalist Skills programme. This is a professional development offer for all healthcare professionals with a syllabus covering six health and care domains and four key cross-cutting themes.

The aim of Enhance is to equip all healthcare professionals with the additional generalist skills required to deliver excellent person-centred care across the evolving complexities of the health and care system.

The importance of this was emphasised in the 2023 NHS Long Term Workforce Plan (LTWP), mandating that the enhance programme be expanded to embed the benefits of a more generalist approach across healthcare education and training.

11.10

Break

11.30

Introduction to Enhance Domains - Part 1

CPD Hrs = 1.5



- 11:30 – Domain 1: Person centred practice
Deborah Whittaker, Discharge and Quality Lead, NHSE
- 11:55 – Domain 2: Complex multimorbidity
Joanna Hampton, Consultant Geriatrician, CUH
- 12:20 – Domain 3: System working
Paul Duell, Head of Pharmacy, NHSE EoE

13.00

Lunch



Friday 15th September

Bedford Lodge, Newmarket

Afternoon Session

13.45

Introduction to Enhance Domains - Part 2

CPD Hrs = 3



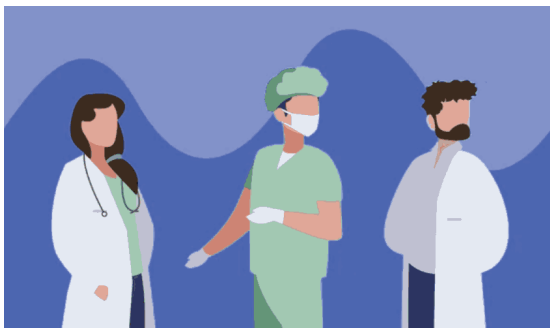
- 13:45 – Domain 4: Population health
Speaker TBC
- 14:10 – Domain 5: Social justice and health equity
Speaker TBC
- 14:35 – Domain 6: Environmental sustainability
Georgia Galloway, IMT3, NWAFT

15.00

Break

15.20

Enhance Domain-based Multi-professional Discussions



This part of the day is to allow full discussion and problem solving across multi-professional groups with the aim of understanding better the scope of practice of many different healthcare teams.

Objectives

- Support future healthcare professional to feel confident in meeting the complex demands of the healthcare landscape, while promoting self-care at individual, team, and organisational levels across all healthcare professions.
- Understand better and have knowledge of methods of addressing population health and care needs in the communities they serve by harnessing data, technology, and contemporary research methodologies.

Learning Content

- Feel confident in co-delivering 'whole person' care for patients with multiple conditions.
- Become authentic, collaborative leaders and colleagues with a thorough grounding in human factors and team science.

GDC Outcomes: A B C D

16.45

End



Friday 22nd September

Learning and Education Centre, Bedford Hospital

Morning Session

09.30

NHS Rules and Regulations

CPD Hrs = 3

Peter Russell

TPD

Provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services.

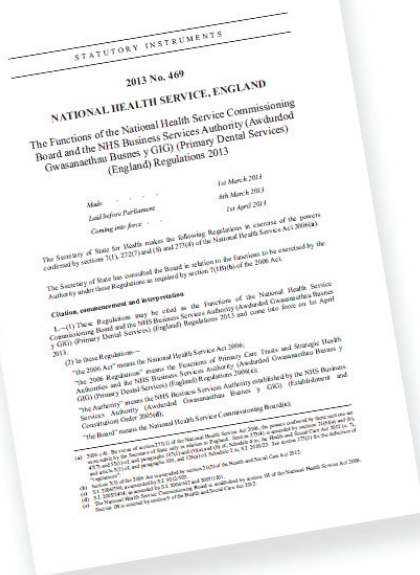
Objectives

- Explain how and when to claim for NHS treatment that has been provided to patients.
- Define the rules regarding provision of NHS dental care.
- Have the ability to talk confidently about what can be provided through NHS dental services.

Learning Content

- List the structures and content of NHS treatment bands and associated NHS banding charges.
- Apply the rules regarding provision of NHS dental care.
- Be able to perform within the structure of NHS GDS contracts.

GDC Outcomes: A B D



12.30

Lunch



Friday 22nd September

Learning and Education Centre, Bedford Hospital

Afternoon Session

13.30

Clinical Skills Refresher - Radiography

CPD Hrs = 3

Jeremy Norris

Educational Supervisor

This session is to provide a refresher on how to justify, report and grade dental radiographs. We shall refresh theory in relation to everyday practice for dental radiography. We shall also try to understand the range of holders and views and shall share solutions for dealing with common issues.

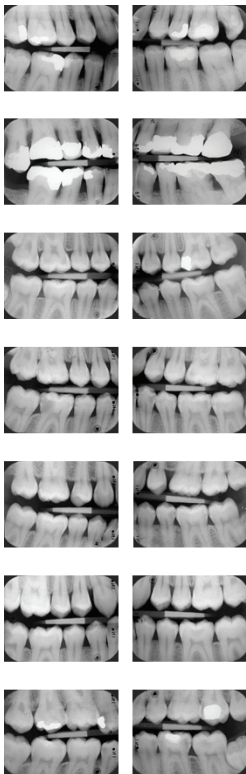
Objectives

- To be able to justify, report and grade your radiographs.
- To gain hints and tips for overcoming common issues
- To be able to justify, assess and report on dental

Learning Content

- To be able to justify, assess and report on dental radiographs
- To have processes to overcome common issues in Radiography
- To understand and choose the appropriate views for dental radiographs and their uses.

GDC Outcomes: A B D



16.30

End



Friday 29th September

Learning and Education Centre, Bedford Hospital

Morning Session

09.30

Clinical Photography

CPD Hrs = 3

Peter Cranfield

TPD and Regional Advisor



To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images.

Objectives

- *Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images.*
- *Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images.*
- *Recognise the use of the wider team to aid image production of a high standard and how to use software to prepare images for use in presentations and projects.*

Learning Content

- *Demonstrate consistent, high quality clinical images to be used for patient education, building their own clinical portfolio and for coursework submissions throughout the training year.*
- *Evaluate their own clinical images to troubleshoot how to improve them where issues arise.*
- *Construct a systematic approach to make clinical photography routine in the Foundation Dentist's daily workflow.*



GDC Outcomes: A C

12.30

Lunch

You will need to bring your practice camera and accessories to this session.



Friday 29th September

Learning and Education Centre, Bedford Hospital

Afternoon Session

13.30

Oral Medicine and Cancer

CPD Hrs = 3

Stephanie Agar

Educational Supervisor

Discuss the extent of the problem of oral cancer: current prevalence, detection and diagnosis. Recognise the different clinical forms in which oral malignancy may present and how to recognise this. To stress the role of the dental team in early detection and referral. To understand the treatment involved with oral cancer and the patient journey, including post-operative issues related to living with oral cancer. To understand the restorative dental needs of a head and neck cancer patient and the role the GDP may have in this.



Objectives

- Describe how to educate patients in general dental practice on possible risk factors for oral cancer, including having confidence in delivering 'very brief advice'
- Identify oral premalignant conditions and identify the appropriate referral pathways, and when specialist advice is necessary.
- Describe the extent of surgery involved in some cases and the implications to both patient and their families, alongside how to support patients postoperatively, following radiotherapy, chemotherapy and surgery, and the implications this has on providing dental treatment.

Learning Content

- Explain the incidence, diagnosis and prevention of oral lesions and mouth cancer.
- "Recognise local and national support services and resources in the care of mouth cancer."
- Demonstrate the ability to communicate effectively and sensitively with patients about the prevention, diagnosis and treatment of oral lesions, with an improved knowledge of the disciplines involved in the patient journey through diagnosis to treatment of head and neck cancer patients, alongside the role the general dental practitioner may need to play.

GDC Outcomes: A B C D

16.30

End



Friday 6th October

EndoMishra, Baldock

Day Session

09.30

Endodontics Part 1

CPD Hrs = 6

Shashi Mishra

Specialist Endodontist



To give Foundation Dentists greater confidence, knowledge and technical ability in diagnosis and treatment of apical and pulpal pathology, and understand modern concepts in its prevention. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.

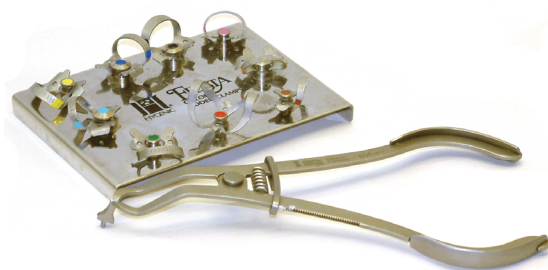
Objectives

- Review current concepts in the prevention of apical and pulpal pathology.
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

GDC Outcomes: A C



16.30

End

Pizza lunch will be provided



Friday 13th October

Learning and Education Centre, Bedford Hospital

Afternoon Session

09.30

Periodontology

CPD Hrs = 3

Sabina Wadhvani

Educational Supervisor

Review the current Classification of Periodontal Diseases 2017 and its implementation in General Dental Practice.

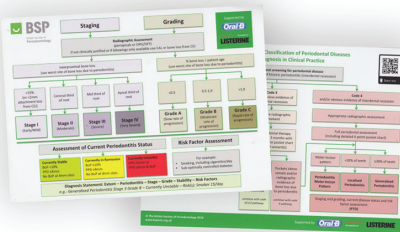
Objectives

- Explain how to formulate individualised, written care or treatment plans for patients according to their individual circumstances.
- Describe how to monitor therapeutic outcomes and ensure that appropriate follow-up care is arranged.

Learning Content

- Evaluate the periodontal tissues and provide a differential diagnosis of the patient's periodontal condition.
- Demonstrate understanding of the aetiology, diagnosis and classification of periodontal disease and able to explain this to patients
- "Be able to integrate and deliver optimal periodontal care under the existing General Dental Service contract and assess when to refer a patient for more specialised periodontal care or to secondary care services."

GDC Outcomes: A C





Friday 13th October

Learning and Education Centre, Bedford Hospital

Afternoon Session

13.30

Emergencies and Pain Management

CPD Hrs = 3

Victor Gehani

Educational Supervisor

Provide Foundation Dentists with the skills to better manage their own financial situations and also to understand the contractual arrangements when applying for associate positions in general dental practice.



Objectives

- Inform Foundation Dentists of the relevance of finance to their personal and professional lives, alongside the requirements for financial management and record keeping for personal and practice situations.
- Identify the benefits and differences to different types of professional contracts and the associated financial responsibilities.
- Evaluate the methods of remuneration for dental employees and self-employed associates including the associated taxation, superannuation and income protection processes applicable within the UK.

Learning Content

- Describe the requirements for financial record keeping and management at an individual and practice level.
- Define the HMRC requirements for general dental practitioners at both a personal and practice level.
- Recognise the importance of good personal financial management regarding income, employment, income protection and pension provision, both within and outside the NHS.

GDC Outcomes: B



16.30

End



Friday 20th October

Learning and Education Centre, Bedford Hospital

Day Session

09.30

Consent, Records and Complaints

CPD Hrs = 6

Shaam Shamsi

TPD Midlands Region

To provide a comprehensive knowledge base on the medicolegal issues that present themselves in general dental practice and management of complaints, record keeping and consent, that may arise alongside ethical dilemmas.

Objectives

- List the regulations and requirements regarding record keeping and dealing with complaints.
- Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.
- To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice
- Describe the processes of the GDCs regulation of the profession.

Learning Content

- Produce effective patient records within dental practice
- Implement appropriate complaint handling in general dental practice.
- Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team

GDC Outcomes: A B C D



16.30

End

Joint with the Hertfordshire and
West Essex Scheme



Friday 27th October

Learning and Education Centre, Bedford Hospital

Morning Session

09.30

Coursework for FDs

CPD Hrs = 6

Peter Cranfield

TPD

To reinforce coursework details and expectations from earlier Regional and local induction processes.

Objectives

- *Explain in more detail the work required to complete the e-Lift projects.*
- *Define the process of conducting a clinical audit and the preparation required to complete this element of the coursework schedule.*
- *Ability to complete the three Milestone cases Foundation Dentists are required to undertake to the standard set.*

Learning Content

- *Design and produce a clinical audit to a satisfactory standard of work to meet expectations.*
- *Foundation Dentists will be able to recognise the workload involved regarding coursework elements.*
- *Identify the requirements to produce a satisfactory standard of work to meet expectations, including those for e-LIFT and Milestones.*

GDC Outcomes: A B C D



16.30

End



Friday 3rd November

Learning and Education Centre, Bedford Hospital

Day Session

10.00

Communications

CPD Hrs = 6

Cascade

Educational Theatre Company

To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues.

Objectives

- *Raise awareness of the importance of communication skills.*
- *Evaluate and assess clinician and patient interactions.*
- *Identify successful strategies to improve communication.*

Learning Content

- *Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others.*
- *Differentiate the importance of non-verbal communication and active listening.*
- *Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues.*

GDC Outcomes: A B D



16.45

End



Friday 10th November

Learning and Education Centre, Bedford Hospital

Morning Session

09.30

Dementia Awareness in the Dental Setting

CPD Hrs = 3

Zahra Nasir

A session to aid members of the dental team in the recognition of patients with dementia as they may present themselves in a dental setting. There will be examples of the types of presentation and the special adaptations required for these patients both in our behaviour and treatment planning.

Objectives

- Have an increased understanding of the cause of dementia.
- Have an awareness of the different types of dementia.
- Have an understanding of the common signs and symptoms of dementia as it may present in patients attending a dental setting.

Learning Content

- Be able to identify the with signs and symptoms displayed by a patient with dementia and understand the effects this may have on provision of their treatment.
- Be able to communicate with patient with dementia and their carers or family with greater confidence
- Be better able to provide the appropriate care for patients with dementia.

GDC Outcomes: A B C D



12.30

Lunch



Friday 10th November

Learning and Education Centre, Bedford Hospital

Afternoon Session

13.30

Treatment Planning

CPD Hrs = 3

Kalpana Patel

Educational Supervisors

To be able to provide a comprehensive treatment plan the patient understands and meets the patients' needs.

Objectives

- *Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.*
- *Review the methods of assessing a patient's needs, wishes, requirements and the treatment options available for each patient in relation to the NHS regulations.*
- *Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options and content of a treatment plan including patient's responsibilities and preventive regimes, or any need for referral.*

Learning Content

- *Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectations.*
- *Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for any referral.*
- *Recognise the level of communication required to discuss with a patient an effective treatment plan in a manner which manages their expectations, wishes and requirements in an ethical and professional manner.*

GDC Outcomes: A B C D



16.30

End



Friday 17th November

King's House, Bedford

Afternoon Session

09.30

Paediatric Dentistry

CPD Hrs = 3

Michael Cranfield

Specialist Paediatric Dentist

The aim of this day is to review current best practice in the dental management of paediatric patients. This will be discussed using a series of case studies (plus the use of models to conduct hands on exercises).

Objectives

- Review and explore methods and techniques for providing high quality dental care to children from a range of backgrounds.
- Assess and list our responsibilities in relation to paediatric management within in general dental practice.
- Demonstrate the use of stainless steel crowns on models to help develop the skills to use the Hall technique in a reliable manner.

Learning Content

- Perform a clinical assessment, special investigations and immediate management of acute dental trauma. Be able to evaluate our responsibilities to provide safeguarding for children within a general dental environment.
- "List current treatment protocols in managing symptomatic/ asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios."
- Recognise when a stainless steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality.

GDC Outcomes: A C



12.30

Lunch



Friday 17th November

King's House, Bedford

Morning Session

13.30

Paediatric Dentistry Part 2

CPD Hrs = 3

Michael Cranfield

Specialist Paediatric Dentist

This session will use case-based studies to discuss current concepts around orthodontic assessment and treatments.

Objectives

- Identify how to conduct a thorough orthodontic assessment in general dental practice.
- Explain appropriate times to refer to secondary care or specialist practice.
- Explore current guidance documents relating to orthodontics.

Learning Content

- "Improved knowledge of how to carry out an orthodontic assessment in general dental practice."
- Recognise when to follow appropriate referral pathways.

GDC Outcomes: A C



16.30

End



Friday 24th November

Learning and Education Centre, Bedford Hospital

Morning Session

09.30

Oral Surgery

CPD Hrs = 3

Nilesh and Preeya Sakerchand

Educational Supervisors

Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.

Objectives

- Explain the importance of patient medical history for oral surgery procedures as part of the overall pre-operative assessment processes and the relevance of National guidelines in this context, and when to refer to secondary care.
- Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.
- Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.
- Identify appropriate post-operative care and pain management for oral surgery patients

Learning Content

- Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.
- Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.
- List the relevant guidance relating to oral surgery care in general dental practice.

GDC Outcomes: A C



12.30

Lunch



Friday 24th November

Learning and Education Centre, Bedford Hospital

Afternoon Session

13.30

Mindfulness and Wellbeing

CPD Hrs = 3

Nicola Bretherton

Coach and Mind Mentor

This session will introduce mindfulness, mindful practices, and other techniques that attendees can use and integrate into their daily life to support wellbeing and personal resilience.

Objectives

- *Introduce Mindfulness, mindful practices, and other techniques that attendees can use to support wellbeing and personal resilience.*
- *Facilitate interactive activities; allowing attendees to personally experience techniques that can be used to support wellbeing and personal resilience.*
- *Support attendees to explore ways they could integrate chosen techniques and learning into daily life for themselves and their team.*

Learning Content

- *Describe Mindfulness, mindful practices, and other techniques that support wellbeing and personal resilience.*
- *Use mindful practices, and other techniques to support their own wellbeing and personal resilience.*
- *Integrate chosen techniques and learning into their daily life for themselves and their team.*

GDC Outcomes: A B D



16.30

End



Friday 1st December

Learning and Education Centre, Bedford Hospital

Day Session

09.30

Indirect Restorations in Practice - Part 1

CPD Hrs = 6

Victor Gehani

Educational Supervisor



To provide Foundation Dentists with an update on contemporary materials, equipment, posture, clinical techniques for the fabrication of final restorations for the following, including temporisation: of Anterior veneers, Onlays, Adhesive bridgework, Full coverage crowns – adhesive/bonded and conventional

Objectives

- *Describe the principles involved in the ideal preparations and how to modify techniques when the ideal cannot be achieved.*
- *Identify appropriate use of material choice for each type of preparation.*
- *Undertake a series of practical exercises to reinforce protocols associated with indirect anterior and posterior preparations and provision of temporaries.*

Learning Content

- *Evaluate and critique their own preparations when they return to their training practices.*
- *To have enhanced practical skills in indirect preparations of anterior/posterior teeth, using a variety of techniques and equipment.*
- *Assess material selection for different types of indirect preparations*

GDC Outcomes: A C



16.30

End

Joint with the Hertfordshire and
West Essex Scheme



Friday 8th December

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.30

Health and Safety in General Dental Practice

CPD Hrs = 3

Sukhvinder Singh Atthi

Clinical Lecturer

For participants to increase their understanding and knowledge relating to health and safety in their workplace.

Objectives

- Explain the principles of occupational health and safety and how to apply this knowledge in the workplace including use of risk assessments and the practical actions to improve health and safety, and therefore prevent accidents.
- State and identify the scope of legal and moral responsibilities whilst at work and determine reasonable methods to control risks associated with all aspects of the working environment.
- "Describe principles of accident prevention and the need to report accidents and dangerous occurrences whilst being aware of the hazards and risks associated with the workplace, work equipment, work activities, display screen equipment and hazardous substances."

Learning Content

- Define the key principles and legal requirements that relate to health and safety in the workplace.
- Foundation Dentists will be able to explain their own roles with respect to health and safety in their training practice environments.
- "Evaluate how well their training practice complies with current health and safety requirements and the changes that could be made."

GDC Outcomes: A B D



12.30

End



Friday 15th December

Learning and Education Centre, Bedford Hospital

Day Session

09.30

Milestone 1

CPD Hrs = 6

Foundation Dentists

This session will be used for Foundation Dentists to present their Milestone 1 case.

Objectives

- *Learn to use the case of a patient with dental trauma or a dental emergency to reflect on clinical skills of analysis and care provision together with improved presentation skills.*

Learning Content

- *Knowledge and experience of the power of self and peer reflection in personal development.*
- *Improvement in the provision of patient care through use of reflection, analysis and planning.*

GDC Outcomes: A C D



16.30

End



Before 31st January 2024

Training Practices

Day Session

09.30

Indirect Restorations in Practice - Part 2 - Practical

CPD Hrs = 6

Victor Gehani

Educational Supervisor



This session is for completion of the practical assignments of clinical simulations given during Part 1. In your own practice, working with your dental nurse, you will undertake the specified preparations and then photograph the results before sending them for assessment and feedback. Please involve your ES in your work. You may wish to complete one or more Simulation Reports in your ePortfolio to cover this exercise. You may wish to schedule this work over several short sessions, ensuring all is completed and submitted before the completion date.

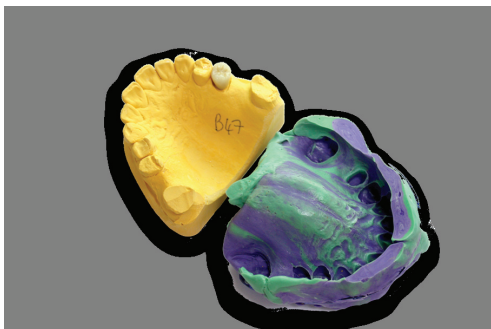
Objectives

- Describe the principles involved in the ideal preparations and how to modify techniques when the ideal cannot be achieved.
- Identify appropriate use of material choice for each type of preparation.
- Undertake a series of practical exercises to reinforce protocols associated with indirect anterior and posterior preparations and provision of temporaries.

Learning Content

- Evaluate and critique their own preparations when they return to their training practices.
- To have enhanced practical skills in indirect preparations of anterior/posterior teeth, using a variety of techniques and equipment.
- Assess material selection for different types of indirect preparations

GDC Outcomes: A C



16.30

End



Calendar 2023-2024

September 2023

Friday 1st September

Start of Autumn Term
Regional Induction Day – virtual learning 9.00am

Friday 8th September

Study day at Bedford Hospital. am. - FDs only present. - pm. - FDs and ESs present

Wednesday 13th September

Clinical Skills Refresher at NSK Stevenage

Friday 15th September

Enhance Induction Module - Newmarket.

Friday 22nd September

Study Day - Bedford

Friday 29th September

Study Day - Bedford

October

Friday 6th October

Clinical Study Day - Baldock

Friday 13th October

Study Day at Bedford

Thursday 19th October

Early Stage Review – Interviews remotely with Peter Cranfield - TPD

Friday 20th October

Study Day - Bedford

Friday 27th October

Study Day - Bedford

November

Friday 3rd November

Study Day - Bedford

Friday 10th November

Study Day - Bedford

Friday 17th November

Study Day - Bedford

Friday 24th November

Study Day - Bedford

December

Thursday 1st December

Milestone 2 – APLAN submission opens

Friday 2nd December

Study Day - Bedford

Friday 9th December

Study Day - Bedford

Friday 16th December

Study Day – Milestone 1 - Bedford - Last Day of Autumn Term

January 2024

Jan - Feb 2024

Practice Visits – virtual or in person with ADEPT by TPD – Dates to be confirmed

Friday 5th January

Milestone 2 – APLAN submission closes

Friday 19th January

Milestone 2 - APLAN review submission closes

February

Friday 2nd February

Study Day – Milestone 2 – Bedford

12th – 23rd February

Friday 16th February

March

Friday 1st March

Friday 8th March

Friday 15th March

Tuesday 19th March

April

Friday 5th April

Friday 19th April

May

Friday 3rd May

Friday 10th May

Friday 17th May

Thursday 23rd May

Friday 24th May

June

Friday 7th June

Friday 14th June

Friday 21st June

Friday 28th June

July

Friday 5th July

Friday 12th July

Friday 26th July

August

31st August

Practice Exchanges

IRCP

Study Day - Bedford – ESs present in afternoon

Study Day – Virtual Learning

Study Day - Bedford

Study Day - Luton

Study day - Baldock

Milestone 3 – APLAN submission opens

Audit submission date

Study Day - Bedford

Online Learning

Study Day - Bedford

Study Day - Bedford

Milestone 3 – APLAN submission closes

Study Day - Bedford

Milestone 3 - APLAN review submission closes

Study Day - Bedford

Study Day - Bedford

Study Day - Bedford

Study Day – Milestone 3 – Bedford – ESs present all day

Regional Showcase

FRCP

End of DFT Year



Educational Supervisors and Foundation Dentists



**Stephanie Agar
Glen Taylor**

CDS - CIC, 25 Bassett Road, Leighton Buzzard, LU7 1AR & 3 Kimbolton Road, Bedford, MK40 2NT



Sumyya Jaigirdar

Barts and The London School of Medicine and Dentistry



Jashan Jethwa

Village Dental Practice, 17 Market Place, Stevenage. SG1 1DH



Chirag Gandhi

Guy's, Kings and St. Thomas Dental Institute



Gurpram Lidder

Queensbury Dental Practice, 66 Langdale Road, Dunstable, Bedfordshire. LU6 3BS



Vikaash Rasalingam

Guy's, Kings and St. Thomas Dental Institute



**Shaswati Mandal
Lydia Chao**

Dental Department, Liverpool Road Health Centre, 9 Mersey Place, Luton, Bedfordshire LU1 1HH



Rhea Janjua

Guy's, Kings and St. Thomas Dental Institute



Hardeep Matharu

Maple Dental Clinic, 29 Upper George Street, Luton, Bedfordshire LU1 2RD



Masuma Chowdhury

Barts and The London School of Medicine and Dentistry



**Rahendra Naidoo
Kiran Jutla
Saroshen Naidoo**

De-ientes, 28 Lurke Street, Bedford. MK40 3HU



Abida Islam

Guy's, Kings and St. Thomas Dental Institute



Saroshen Naidoo
Kiran Jutla
Rahendra Naidoo

De-ientes, 60 High Street, Clapham, Beds MK41 6DN



Emanuela Xhukellari

Bristol University School of Dentistry



Jeremy Norris
Elaine Parsons

St Kildas Dental Practice, 93 High Street, Tring, Herts. HP23 4AB



Hiba Siddiqui

Guy's, Kings and St. Thomas Dental Institute



Minesh Patel
Jayna Patel

Chrysalis Dental Practice, 344 Goldington Rd, Bedford, MK41 9NS & 61-163 Leavesden Rd, Watford, WD24



Tia Babbar

Guy's, Kings and St. Thomas Dental Institute



Sonal Patel

Broadwater Dental Practice, 302 Broadwater Crescent, Stevenage. SG2 8EU



Hinal Patel

Cardiff University School of Dentistry



Nilesh Sakerchand
Preeya Sakerchand
Steven Tran

West Street Dental Practice, Europa House, West Street, Leighton Buzzard, Beds. LU7 1DD



Kadirsha Vasanthan

Peninsula Dental School, University of Plymouth



Samir Shah
Fahima Hussain

Poynters Road Dental Practice, 263 Poynters Road, Dunstable, Beds. LU5 4SJ



Mohammad-Omar Tawofi

Guy's, Kings and St. Thomas Dental Institute



Karina Thakrar

Houghton Regis Dental Centre, 105-111 High Street, Houghton Regis. LU5 5BJ



Rachel Pine

Liverpool University School of Dentistry



Bedfordshire and Luton Scheme Buddy ES Pairings 2023-2024

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Sumyya Jaigirdar	Stephanie Agar and Glen Taylor	Nilesh Sakerchand, Preeya Sakerchand and Steven Tran
Chirag Gandhi	Jashan Jethwa	Sonal Patel
Vikaash Rasalingam	Gurpram Lidder	Jeremy Norris and Elaine Parsons
Rhea Janjua	Shaswati Mandal and Lydia Chao	Hardeep Matharu
Masuma Firdaus Chowdhury	Hardeep Matharu	Rahendra Naidoo and Kiran Jutla
Abida Islam	Rahendra Naidoo, Kiran Jutla and Saroshan Naidoo	Shaswati Mandal and Lydia Chao
Emanuela Xhukellari	Saroshan Naidoo, Kiran Jutla and Rahendra Naidoo	Minesh Patel and Jayna Patel
Hiba Siddiqui	Jeremy Norris and Elaine Parsons	Gurpram Lidder
Tia Babbar	Minesh Patel and Jayna Patel	Saroshan Naidoo
Hinal Patel	Sonal Patel	Jashan Jethwa
Kadirsha Vasanthan	Nilesh Sakerchand, Preeya Sakerchand and Steven Tran	Stephanie Agar and Glen Taylor
Mohammad-Omar Tawofi	Samir Shah and Fahima Hussain	Karina Thakrar
Rachel Pine	Karina Thakrar	Samir Shah and Fahima Hussain



Online Learning

2023-2024

List of Mandatory E-Learning

As part of your Foundation training year within the East of England Region you will undertake a number of online e_Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

Once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://East of England elfh Hub(e-lfh.org.uk))

This takes you to a portal which leads to the **East of England - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules Course Sections

Statutory and Mandatory Training (SMT) Completion by Early Stage Review

- Conflict Resolution Level 1 40 mins
- Data Security Awareness Level 1 70 mins
- Equality and Diversity and Human Rights Level 1 20 mins
- Fire Safety Level 1 30 mins
- Moving and Handling Level 1 40 mins
- Preventing Radicalisation - Basic Prevent Awareness 35 mins
- Safeguarding Adults Level 1 40 mins
- Safeguarding Adults Level 2 40 mins
- Safeguarding Children Level 1 30 mins
- Safeguarding Children Level 2 35 mins

Mental Capacity Act (MCA) Completion by IRCP

- Mental Capacity Act as Part of Human Rights 20 mins
- Assessing Mental Capacity 20 mins
- Planning Ahead Using the MCA 20 mins
- Best Interests 20 mins
- Restraint 20 mins

Deprivation of Liberty 20 mins
Relationship Between the MCA and the MHA 20 mins
Mental Capacity Act and Young People aged 16 or 17 20 mins
Research Involving People Who Lack Capacity 20 mins
Mental Capacity Act and Adult Safeguarding 20 mins
Settling Disputes and Disagreements 20 mins

Alcohol and Tobacco Brief Interventions Completion by IRCP

Introduction to treating and preventing ill health 15 mins
Very Brief Advice on Smoking 15 mins
Alcohol Brief Advice 15 mins
Bringing It Together - Multiple Risk Factors 15 mins
Assessment 10 mins

Making Every Contact Count (MECC) Completion by IRCP

What is MECC and why is it important 30 mins
How to have a MECC conversation 30 mins
Signposting 15 mins
Five Ways to Wellbeing 30 mins
Assessment 10 mins

HEE Rubber Dam Placement video Completion by IRCP

Using your login details for e_Learning for Health you can access this module by using this link:

[East of England elfh Hub\(e-lfh.org.uk\)](http://EastofEngland.elfh.Hub(e-lfh.org.uk))

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module , this information will be passed to your e_Portfolio but you may wish to download completion certificates for your CPD records.

Modules Completion by FRCP

Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins
Special Patient Groups 60 mins
Utilising the BNF 60 mins
Medical Emergencies 60 mins
Periprocedural Prescribing 60 mins
Dental Infection 60 mins
Pain, Ulceration, and Inflammation 60 mins
Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins

List of Supplementary E-Learning

Dentistry (e-Den) e-Learning for Health

<https://portal.e-lfh.org.uk>

This is a series of modules about dentistry known as e-Den. You will find these modules helpful when used in conjunction with your Study Days. References to particular modules may be included in the information for each Study Day. Accessing the relevant module before the Study Day will help you to gain more from the interactive learning session.

To locate the e-Den modules in the e-Learning for Health Website, click on '**My e-Learning**' at the top of the webpage and then enter the **Dentistry** name in the search box. When the search results appear, you will see the **Dentistry** module listed with an icon; click on '**Enrol**' and the Module will be added to your account. You will then be able to see each of the e-Den Modules and Course Sections in 'My e-Learning'.

e-Den Module

1 Patient Assessment

Profiling the Patient Assessment Methods and Techniques

Good Practice Health Promotion and Disease Prevention

Patient Assessment Profiling the Patient

2 Human Diseases and Medical and Dental Emergencies

Medical Topics and Dentistry Medical Emergencies In Dentistry

3 Anxiety and Pain Control in Dentistry

Principles of Dental Pain Mediators of Central Pain

Dental Local Anaesthesia Dental Local Anaesthetic Technique

Management of Dental Pain Non-Pharmacological Anxiety Management

Intravenous Sedation Inhalation Sedation

Dental General Anaesthesia

4 Periodontal Disease and Management

Aetiology of Periodontal Disease

Periodontal Diagnosis and Determination of Prognosis Periodontal Treatment Options

Patient Education and self-Performed Plaque Control Non-Surgical Periodontal Therapy

Surgical Periodontal Therapy

5 Hard and Soft Tissue Surgery

Pre- and Post-operative Assessment Exodontia

Surgical Dentistry Advanced Trauma Life Support (ATLS)

Management of Un-Erupted, Impacted, Ectopic Management of Benign Soft Tissue lesions and Supernumerary Teeth

6 Surgical and Non-Surgical Management of Head and Neck Disease

Accurate Drug History and Relevance of Allergies Odontogenic Infections

Management of Oral Mucosal Diseases Craniofacial Pain Disorders

Neoplastic and Non Neoplastic Disease of the Head and Neck

7 Management of the Developing Dentition

Orthodontic Indices Assessment for interceptive Treatment

Space Maintenance Simple Removable Appliances

Oral Habits and Occlusal Trauma in the Mixed Dentition

Emergency Care and Management of Orthodontal Problems

Contemporary Orthodontics Normal Facial Growth and Dental Development

Abnormalities of Facial Growth and Dental Development

8 Restoration of Teeth

Caries Restoration of Permanent Teeth
Crowns Restoration of Deciduous Teeth
Aesthetic Dentistry Dental Biomaterials
Tooth Surface Loss Endodontics
Dental Trauma

9 Replacement of Teeth

Bridgework Occlusion
Complete Dentures Partial Dentures
Implantology Miscellaneous

10 Communication

Patient and the Family Teamworking
Other Professionals

11 Professionalism

Ethics Self
The Clinical Team and Peers

12 Management and Leadership

The Need for Effective leadership and Management Quality in Healthcare
Risk Management Self-Management
Change Management Managing a Business
Healthcare Systems Professional Practice
Management and Leadership

13 Sustainable Dentistry

Introduction to Sustainable Dentistry Measuring carbon in Healthcare



Milestones and APLAN

2023-2024

Milestones and APLAN

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. You will present your case at your scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and the East of England regions. Your cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are set at the beginning of the DFT year:

Milestone 2

Submissions open: 1st December 2023 - Submissions close: 5th January 2024

Milestone 3

Submissions open: 19th April 2024 - Submissions close: 24th May 2024

Please note the dates of the opening and closing of the submission periods; there is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48 hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the SharePoint for FDs that covers the Milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Problem Solving and Support

Bedfordshire and Luton 2023-2024

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; so contact your TPD by phone or email early on if you have a problem or concern. Early resolution of that burning issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The DFT group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of the Day Release Course. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

Additionally there is further support that can be obtained from the Regional Trainee Support.

Contacts for Support

Training Programme Director

Peter Cranfield

Phone: 07956523148

Email: peter.cranfield@hee.nhs.uk

Trainee Support

Email: support.eoe@hee.nhs.uk



Claiming Travel and Subsistence

2023-2024

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be made online via the EASY Expenses system via the Lead Employer.

You can access the EASY Expenses system here:

<https://leademployer.merseywestlanecs.nhs.uk/expenses-1>

Before you make any claims you will need to set up an approving manager on the system. This will be your Educational Supervisor. They will need to complete a New Approver Form and return to:

e-expenses@sthk.nhs.uk.

The form can be accessed from:

<https://leademployer.merseywestlanecs.nhs.uk/media/Documents/Expenses/New-Approver-Authorisation-Form-1.docx>

If you travel by car, you will need to upload copies of your Insurance and Driving Licence to the Easy Expenses system. You will probably need to ensure that your insurance covers business use.

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Your usual mileage from your home to the dental practice will be deducted from the amount.

(Current mileage rate = £0.28 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

Car parking costs will be reimbursed and you will need a receipt for the car parking an image of which will be need to be uploaded.

FDs should travel only by second class if they travel by rail and should attach images of tickets or receipts to their claims.

Taxis should not be used and cannot be claimed.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

Within East of England overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

All claims must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense.



Audit Project

2023-2024

Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the Midlands and East Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Practice Equipment List

2023-2024

Practice Specifications

Electronic records - Full computer based clinical records and appointment management system.

Digital radiography

Internet access

Infection control - Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmal account

Specification for FD Room

Size - Minimum floor area 9m².

Ventilation - Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FD Room

Dental chair - Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Stool for dentist

Stool for nurse

Handwash sink

X-ray set - Rectangular collimation. Isolation switch outside the controlled area.

Amalgam mixer

Light cure lamp

Telephone

Workstation - Clinical records and appointment management software. Internet access.

Turbines - Minimum of 3.

Contra-angle handpieces - Minimum of 3.

Straight handpiece - Minimum of 1.

Ultrasonic scaler - Magnetostrictive or piezo.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders - Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit - Latex free.

Conservation - Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics - Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions - Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Oral Surgery - Full range of surgical instruments including scalpel blades and handle, periosteal elevator, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

Prosthetics - Full range of prosthetic instruments including shade and mould guides.

Endodontics - Full range of stainless-steel hand files and NiTi rotary files.

Materials and Disposables for FD Room

Respirator - Fit tested FFP3 mask or powered hood for FD use.

Type II R Fluid Resistant Surgical Masks

Gloves - Latex free.

Bibs

Aprons

Gowns

Paper and cotton goods

Safe Sharps System - Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

Waste containers - For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

Disposable 3 in 1 syringe tips

Conservation - Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

Prosthetics - Full range of prosthetic materials including impression compound and greenstick.

Endodontics - Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera - SLR or equivalent with lens, ring flash, retractors, and mirrors.

Conservation - Face bow and semi-adjustable articulator.

Prosthetics - Surveyor.

Endodontics - Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.

Clinical Digital Thermometer

Digital Communication - Computer or tablet with MS Teams including webcam, speakers, and microphone.



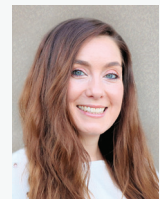
Speakers

Autumn Term 2023-2024

Stephanie Agar



Nicola Bretherton



Carol Brooking and Kit Maher

Cascade Theatre Company



Michael Cranfield



Victor Gehani



Jeremy Norris



Shashi Mishra



Peter Russell



Nilesh Sakerchand



Preeya Sakerchand



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