

# Health Education England East of England

# Bedfordshire and Luton Dental Foundation Training Scheme

**Autumn Term Programme 2022-2023** 





# Bedfordshire and Luton Dental Foundation Training Scheme

### **Bedford Learning and Education Centre**

Bedford Hospital NHS Trust, Kempston Road, Bedford, MK42 9DJ

Tel: 01234 355122

# **East of England Region**

Regional Postgraduate Dental Dean Malcolm Brady

Regional Dental Account Manager Patti Bradshaw

Regional Dental Faculty Support Officer TBC

Regional Faculty Support Administrator Angela Sohi

Postgraduate Centre Manager Rosa Lombardi

Scheme Administrator Chandima Johnson

Training Programme Director Peter Cranfield

PhD BDS DIC FCGDent PgCert Med Ed

The Mews, 22 Bancroft, Hitchin, Herts. SG5 1JW

07956 523148

peter.cranfield@hee.nhs.uk



# Bedfordshire and Luton Dental Foundation Training Scheme

# Index to Autumn Term Programme

East of England Region	2
Index	3
Bedfordshire and Luton Scheme Postgraduate Centre	4
List of Study Days for Autumn Term	5
Details of Study Days	8
Calendar for 2022-2023	33
ESs and FDs of Bedfordshire and Luton Scheme	35
Buddy ES pairs for Bedfordshire and Luton Scheme	38
Online Learning 2022-2023	39
e-LIFT Project 2022-2023	43
Milestones and APLAN 2022-2023	44
Problem Solving and Support Bedfordshire and Luton Scheme	45
Claiming Travel and Subsistence 2022-2023	46
Audit Project 2022-2023	47
Practice Equipment List 2022-2023	48
Speakers for Autumn Term	51



# Bedfordshire and Luton Dental Foundation Training Scheme

# **Bedford Learning and Education Centre**

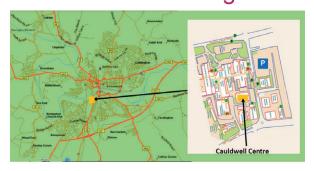


This year of Dental Foundation Training is a very valuable one during which you have the chance to gain wonderful experience in the provision of excellent dental care within a general dental practice setting. You will learn many things, and you will find yourself in many challenging situations. However, it is also meant to be fun. Those who have undertaken Dental Foundation Training before you have found it to be a tremendous experience and they are always sad when they realise that their year is ending. You are at the start of your year and all is ahead of you. Let us work together to make it an excellent year for you.

The Learning and Education Centre has several rooms for our use, the largest being the Lecture Theatre, where many of the sessions for the Study Days will be held, but there are also smaller Classrooms and a Clinical Skills Lab. Other rooms are also available in the Raleigh Centre, which is on the opposite side of Ampthill Road. We shall be based here on for some Study Days.

The Medical Education Manager, Rosa Lombardi, is responsible for running the Centre, and our Scheme Administrator is Chandima Johnson.

# Location and Parking



Bedford Hospital Learning and Education Centre is situated in the lower floor of the Cauldwell Centre within the grounds of Bedford Hospital. Bedford Hospital is within walking distance of Bedford Midland Road railway station, and is served by local buses. If you are coming by car, parking is available in Britannia Road on the eastern side of the hospital. The map shows how to find the hospital and the centre, and car parking. https://goo.gl/maps/pHjx7M3QtZm1fqBX6



# **Autumn Term**

# **Venues and Subjects**

Friday 2nd September	Introduction and Welcome to the Bedfordshire and Luton Scheme	
	Nuts and Bolts of DFT	
	Relationships in the Training Practice	
	Learning and Education Centre, Bedford Hospital	
_		
Tuesday 6th September	Clnical Skills Refresher	
	Prince William Education Centre, Kettering Hospital	
Friday 9th September	Regional Induction - Welcome and Introduction	
	Using the Dental ePortfolio	
	Introduction to the GDC	
	The NHS Business Services Authority	
_	The Role of the Lead Employer in DFT.  Virtual Remote Learning Platform - Links to be confirmed.	
Friday 16th September	NHS Rules and Regulations	
	Clinical Skills Refresher - Radiography	
	Raleigh Centre, Bedford	
Friday 23rd September	Clnical Photography	
	Oral Medicine and Cancer	
	Learning and Education Centre, Bedford Hospital	
Friday 30th September	Periodontology	
	Emergencies and Pain Management	
	Raleigh Training Centre, Bedford	
Friday 7th October	Endodontics Part 1	
_	EndoMishra Baldock	
Friday 14th October	e-Learning	
	Virtual Remote Learning Platform.	
Friday 21st October	Consent, Records and Complaints	
	Learning and Education Centre, Bedford Hospital	

Friday 28th October	Communications	
<u> </u>	Raleigh Training Centre, Bedford	
Friday 4th November	Coursework for FDs	
	Learning and Education Centre, Bedford Hospita	
Friday 11th November	Oral Surgery	
	Treatment Planning	
	Learning and Education Centre, Bedford Hospita	
Friday 18th November	Paediatric Dentistry	
	Paediatric Dentistry Part 2	
	Raleigh Training Centre, Bedford	
Friday 25th November	e-Learning	
	Virtual Remote Learning Platform	
Friday 2nd December	Indirect Restorations in Practice - Part 1	
	Learning and Education Centre, Bedford Hospita	
Friday 9th December	Milestone 1	
	Learning and Education Centre, Bedford Hospita	
Friday 16th December	Health and Safety in General Dental Practice	
	Virtual Remote Learning Platform - Links to be confirmed	
Before 31st January 2023	Indirect Restorations in Practice - Part 2 - Practical	
•	Training Practices	

Important Dates and Deadlines	
Start of Autumn Term	Friday, 2 September 2022
Early Stage Review	Friday, 14 October 2022
Milestone 1 Presentation	Friday, 9 December 2022
End of Term	Friday, 16 December 2022



# Friday 2nd September

# **Learning and Education Centre, Bedford Hospital**

# **Morning Session**

09.30 Introduction and Welcome to the Bedfordshire and Luton Scheme

CPD Hrs =

#### **Peter Cranfield**

TPD & Regional Advisor for Projects & Innovation

A welcome to the members of the Scheme and an introduction to the programme for the year. This is our first meeting together and is the time to get to know each other.

**11.00** Break

09.30 Nuts and Bolts of DFT

#### **Peter Cranfield**

TPD & Regional Advisor for Projects & Innovation

**12.30** Lunch

In this session we shall look at how Dental Foundation Training runs on a day to day basis. This is an opportunity to set out the ground rules for the year and to understand how we can make our group work well. The programme for the term and for the year can be discussed. We shall also look at the mechanisms for making claims for expenses



# Friday 2nd September

# Learning and Education Centre, Bedford Hospital

### **Afternoon Session**

13.30 Relationships in the Training Practice

CPD Hrs =

#### FDs and ESs



Educational Supervisors are very important to FDs and viceversa. What are our responsibilities to each other? What are our expectations and what can we achieve together? How can we make our relationship one that is beneficial to both parties? What do we do when things do not run smoothly? Who can provide help and advice within the practice? Today we shall have a chance to develop and practise team communication skills in practical ways. We shall spend some time considering monitoring within general practice. This is always a difficult area and sharing experiences can be very helpful.

#### **Objectives**

- To introduce and orientate delegates to the Dental Foundation Training programme.
- To give delegates tools to develop their role as a Foundation Dentist throughout the year.
- Inform delegates of the requirements of Foundation Training and to develop teamwork skills.

#### **Learning Content**

- "Be able to demonstrate an understanding of learning styles and reflection."
- Define the timeline of the Dental Foundation Training year.
- Have a knowledge of their peer group and Midlands & East HEE personnel together with an enhanced ability to work with others as a team.

GDC Outcomes: A B C D



**Empty** 

**Empty** 



# Tuesday 6th September

# **Prince William Education Centre, Kettering Hospital**

# **Day Session**

09.30 Clnical Skills Refresher

CPD Hrs =

**FDs** 



**16.30** End

Starting in practice is exciting and the fruit of many years of study and learning. However, for many of the group it may be several months since the opportunity to carry out practical clinical skills was present. This clinical hiatus can lead to a process of 'de-skilling' and possibly to a loss of confidence. This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques and processes and to refresh the skills learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors.

#### **Objectives**

- Be able to evidence the systematic and accurate removal of simulated dental caries.
- Have an opportunity to refresh dental preparation skills on a simulator prior to starting work in general dental practice.
- To have practised cutting a full crown preparation.

#### **Learning Content**

- Appreciation of the importance of accurate caries removal and the preservation of sound dentine and supported enamel
- Knowledge of any requirements for targeted support by the

GDC Outcomes: C D



# Friday 9th September

Virtual Remote Learning Platform - Links to be confirmed.

# **Morning Session**

09.00

Regional Induction - Welcome and Introduction

CPD Hrs = 0.5



Regional Postgraduate Dental Dean, Midlands

This session is a welcome to all the new Foundation Dentists in the East of England and Midlands Regions and to introduce and orientate them to their Dental Foundation Training year. It will help everyone develop their role as a Foundation Dentist throughout the year by providing information about the content and timelines that have to be maintained. ables. Completion of Dental Foundation Training has specific requirements and these will be outlined and discussed.

### **Objectives**

- Explain what the Dental Foundation Training year involves, the induction process, the support services available and the commitment needed to complete the year.
- Provide experience, access to and navigation of the Dental Foundation Training e-portfolio, Intrepid Course Manager and APlan.
- Define the RCP process involved in the satisfactory completion of Dental Foundation Training.

#### **Learning Content**

- Be able to demonstrate an understanding of learning styles and reflection.
- Have a recognition of your peer group and Regional HEE personnel together with an enhanced ability to work with others as a team.
- Recognise the need for professional and ethical behaviour and have knowledge of the NHS rules and regulations.CP process involved in the satisfactory completion of Dental Foundation Training.

GDC Outcomes: A B C D







# Friday 9th September

# Virtual Remote Learning Platform - Links to be confirmed.

### 09.30 Using the Dental ePortfolio

CPD Hrs = 1.5



TPD & Regional Advisor for Projects & Innovation



The Dental ePortfolio is an online record of your progress and and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

**10.50** Break

11.00 Introduction to the GDC

CPD Hrs = 0

#### Elena Scherbatykh

Policy Manager · General Dental Council

The General Dental Council re an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.

#### **Objectives**

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

#### **Learning Content**

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

GDC Outcomes: A B C D

**12.00** Lunch



# Friday 9th September

Virtual Remote Learning Platform - Links to be confirmed.

# **Afternoon Session**

The NHS Business Services Authority. -- The Role of the Lead Employer in DFT.

CPD Hrs = 1.25

### Nathan Brown -- Lyndsey McLoughlin

Clnical Advisor NHS Dental Services -- HR Project Support Manager DFT



The NHS BSA support dental providers and performers. They are responsible for processing he claims we make in practice for the treatment that we provide for our patients:- over 43.6 million dental claims per year.

Our access to the BSA is via the Compass portal, where we can see and update information about ourselves as dental performers and our dental claims.

This webinar will give insight into the work of the BSA and the NHS Dental Regulations.

The Lead Employer in Dental Foundation Training covers many roles and functions. This presentation will provide information and guidance for everyone

The session will be completed by a short session from Malcolm Brady, Regional Postgraduate Dental Dean, East of England.





# Friday 16th September

Raleigh Centre, Bedford

# **Morning Session**

09.30 NHS Rules and Regulations

CPD Hrs =

#### **Peter Russell**

TPD

Provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services.

### **Objectives**

- Explain how and when to claim for NHS treatment that has been provided to patients.
- Define the rules regarding provision of NHS dental care.
- Have the ability to talk confidently about what can be provided through NHS dental services.



#### **Learning Content**

- List the structures and content of NHS treatment bands and associated NHS banding charges.
- Apply the rules regarding provision of NHS dental care.
- Be able to perform within the structure of NHS GDS contracts.

+ - Hide buttons

GDC Outcomes: A B D

No Objectives Hid

Hide buttons No Learning

No Break Add Break
Add Pictures

Add Callouts





09.30

# Friday 16th September

Raleigh Centre, Bedford

# **Afternoon Session**

Hide Button Merge Page

Hide CPD CPD Hrs =

Clinical Skills Refresher - Radiography

#### **Jeremy Norris**

**Educational Supervisor** 

This session is to provide a refresher on how to justify, report and grade dental radiographs. We shall refresh theory in relation to everyday practice for dental radiography. We shall also try to understand the range of holders and views and shall share solutions for dealing with common issues.

### **Objectives**

- To be able to justify, report and grade your radiogrpahs.
- To gain hints and tips for overcoming common issues
- To be able to justify, assess and report on dental
- + Hide buttons

### **Learning Content**

- To be able to justify, assess and report on dental radiographs
- To have processes to overcome common issues in Radiography
- To understand and choose the appropriate views for dental radiographs and their uses.
- + Hide buttons

GDC Outcomes: A B D

No Objectives Hide

Hide buttons

No Learning

No Break	Add Break	
	Add Pictures	
	Add Callouts	



# Friday 23rd September

### **Learning and Education Centre, Bedford Hospital**

# **Morning Session**

09.30 Clnical Photography

CPD Hrs = 3

#### **Peter Cranfield**

TPD and Regional Advisor

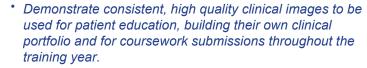


To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images.

#### **Objectives**

- Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images.
- Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images.
- Recognise the use of the wider team to aid image production of a high standard and how to use software to prepare images for use in presentations and projects.

#### **Learning Content**



- Evaluate their own clinical images to troubleshoot how to improve them where issues arise.
- Construct a systematic approach to make clinical photography routine in the Foundation Dentist's daily workflow.

**GDC Outcomes: A C** 



**12.30** Lunch

You will need to bring your practice camera and accessories to this session.



# Friday 23rd September

### **Learning and Education Centre, Bedford Hospital**

### **Afternoon Session**

13.30 Oral Medicine and Cancer

CPD Hrs =

### Stephanie Agar

**Educational Supervisor** 

Discuss the extent of the problem of oral cancer: current prevalence, detection and diagnosis. Recognise the different clinical forms in which oral malignancy may present and how to recognise this. To stress the role of the dental team in early detection and referral. To understand the treatment involved with oral cancer and the patient journey, including post-operative issues related to living with oral cancer. To understand the restorative dental needs of a head and neck cancer patient and the role the GDP may have in this.



- Describe how to educate patients in general dental practice on possible risk factors for oral cancer, including having confidence in delivering 'very brief advice'
- Identify oral premalignant conditions and identify the appropriate referral pathways, and when specialist advice is necessary.
- Describe the extent of surgery involved in some cases and the implications to both patient and their families, alongside how to support patients postoperatively, following radiotherapy, chemotherapy and surgery, and the implications this has on providing dental treatment.

#### **Learning Content**

- Explain the incidence, diagnosis and prevention of oral lesions and mouth cancer.
- "Recognise local and national support services and resources in the care of mouth cancer."
- Demonstrate the ability to communicate effectively and sensitively with patients about the prevention, diagnosis and treatment of oral lesions, with an improved knowledge of the disciplines involved in the patient journey through diagnosis to treatment of head and neck cancer patients, alongside the role the general dental practitioner may need to play.

**GDC Outcomes: A B C D** 



**16.30** End



# Friday 30th September

# Raleigh Training Centre, Bedford

# **Afternoon Session**

*09.30* Periodontology

CPD Hrs = 3



#### Sabina Wadhwani

**Educational Supervisor** 

Review the current Classification of Periodontal Diseases 2017 and its implementation in General Dental Practice.

### **Objectives**

- Explain how to formulate individualised, written care or treatment plans for patients according to their individual circumstances
- Describe how to monitor therapeutic outcomes and ensure that appropriate follow-up care is arranged.

### **Learning Content**

- Evaluate the periodontal tissues and provide a differential diagnosis of the patient's periodontal condition.
- Demonstrate understanding of the aetiology, diagnosis and classification of periodontal disease and able to explain this to patients
- "Be able to integrate and deliver optimal periodontal care under the existing General Dental Service contract and assess when to refer a patient for more specialised periodontal care or to secondary care services."



**GDC Outcomes: A C** 



# Friday 30th September

# Raleigh Training Centre, Bedford

# **Afternoon Session**

13.30 Emergencies and Pain Management

CPD Hrs = 3

#### Victor Gehani

**Educational Supervisor** 

Provide Foundation Dentists with the skills to better manage their own financial situations and also to understand the contractual arrangements when applying for associate positions in general dental practice.

### **Objectives**

- Inform Foundation Dentists of the relevance of finance to their personal and professional lives, alongside the requirements for financial management and record keeping for personal and practice situations.
- Identify the benefits and differences to different types of professional contracts and the associated financial responsibilities.
- Evaluate the methods of remuneration for dental employees and self-employed associates including the associated taxation, superannuation and income protection processes applicable within the UK.

#### **Learning Content**

- Describe the requirements for financial record keeping and management at an individual and practice level.
- Define the HMRC requirements for general dental practitioners at both a personal and practice level.
- Recognise the importance of good personal financial management regarding income, employment, income protection and pension provision, both within and outside the NHS.

**GDC Outcomes: B** 





**16.30** End



# Friday 7th October

#### EndoMishra Baldock

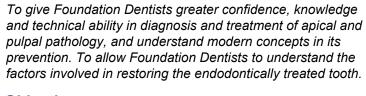
# **Day Session**

09.30 Endodontics Part 1

CPD Hrs =



Specialist Endodondist



### **Objectives**

- Review current concepts in the prevention of apical and pulpal pathology.
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

#### **Learning Content**

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

GDC Outcomes: A C





**16.30** End

Pizza lunch will be provided



# Friday 14th October

Virtual Remote Learning Platform.

# **Day Session**

e-Learning

CPD Hrs =





Allocated day for FDs to work on their e-Learning modules at home or in practice.

As part of your Dental Foundation Training year within East of England you will undertake a number of online e-Learning modules. All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (eLearning for Health) website (link on Online Learning Page), but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

During the day Early Stage Review interviews with the Training Programme Director will also take place online.



# Friday 21st October

### Learning and Education Centre, Bedford Hospital

# **Day Session**

09.30 Consent, Records and Complaints

the dental law partnership

CPD Hrs =

#### **Shaam Shamsi**

**TPD Midlands Region** 

To provide a comprehensive knowledge base on the medicolegal issues that present themselves in general dental practice and management of complaints, record keeping and consent, that may arise alongside ethical dilemmas.

#### **Objectives**

- List the regulations and requirements regarding record keeping and dealing with complaints.
- Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.
- To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice
- Describe the processes of the GDCs regulation of the profession.

### **Learning Content**

- · Produce effective patient records within dental practice
- Implement appropriate complaint handling in general dental practice.
- Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team

GDC Outcomes: A B C D

**16.30** End

**Dental** Protection

Joint with the Hertfordshire and West Essex Scheme



# Friday 28th October

# Raleigh Training Centre, Bedford

# **Day Session**

10.00 Communications

CPD Hrs =

#### Cascade

**Educational Theatre Company** 

To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues.

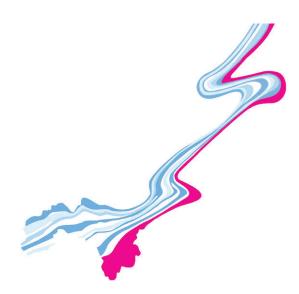
### **Objectives**

- Raise awareness of the importance of communication skills.
- Evaluate and assess clinician and patient interactions.
- "Identify successful strategies to improve communication."

### **Learning Content**

- Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others.
- "Differentiate the importance of non-verbal communication and active listening."
- Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues.

GDC Outcomes: A B D



16.45

End



# Friday 4th November

# **Learning and Education Centre, Bedford Hospital**

# **Morning Session**

09.30 Coursework for FDs

CPD Hrs =

#### **Peter Cranfield**

TPD

To reinforce coursework details and expectations from earlier Regional and local induction processes.

### **Objectives**

- Explain in more detail the work required to complete the e-Lift projects.
- Define the process of conducting a clinical audit and the preparation required to complete this element of the coursework schedule.
- Ability to complete the three Milestone cases Foundation Dentists are required to undertake to the standard set.

### **Learning Content**

- Design and produce a clinical audit to a satisfactory standard of work to meet expectations.
- Foundation Dentists will be able to recognise the workload involved regarding coursework elements.
- identify the requirements to produce a satisfactory standard of work to meet expectations, including those for e-LiFT and Milestones.

GDC Outcomes: A B C D



16.30

End



# Friday 11th November

# **Learning and Education Centre, Bedford Hospital**

### **Afternoon Session**

09.30 Oral Surgery

CPD Hrs =

#### Nilesh and Preeya Sakerchand

**Educational Supervisors** 

Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.

### **Objectives**

- Explain the importance of patient medical history for oral surgery procedures as part of the overall pre-operative assessment processes and the relevance of National guidelines in this context, and when to refer to secondary care.
- Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.
- Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.
- Identify appropriate post-operative care and pain management for oral surgery patients

#### **Learning Content**

- Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.
- Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.
- List the relevant guidance relating to oral surgery care in general dental practice.

**GDC Outcomes: A C** 



**12.30** Lunch



# Friday 11th November

# **Learning and Education Centre, Bedford Hospital**

# **Afternoon Session**

13.30 Treatment Planning

CPD Hrs = 3

#### Kalpana Patel

**Educational Supervisors** 

To be able to provide a comprehensive treatment plan the patient understands and meets the patients' needs.

### **Objectives**

- Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.
- Review the methods of assessing a patient's needs, wishes, requirements and the treatment options available for each patient in relation to the NHS regulations.
- Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options and content of a treatment plan including patient's responsibilities and preventive regimes, or any need for referral.

### **Learning Content**

- Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectations.
- Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for any referral.
- Recognise the level of communication required to discuss with a patient an effective treatment plan in a manner which manages their expectations, wishes and requirements in an ethical and professional manner.

**GDC Outcomes: A B C D** 



**16.30** End



# Friday 18th November

### Raleigh Training Centre, Bedford

# **Afternoon Session**

*09.30* Paediatric Dentistry

CPD Hrs = 3

#### Michael Cranfield

Specialist Paediatric Dentist

The aim of this day is to review current best practice in the dental management of paediatric patients. This will be discussed using a series of case studies (plus the use of models to conduct hands on exercises.

### **Objectives**

- Review and explore methods and techniques for providing high quality dental care to children from a range of backgrounds.
- Assess and list our responsibilities in relation to paediatric management within in general dental practice.
- Demonstrate the use of stainless steel crowns on models to help develop the skills to use the Hall technique in a reliable manner.

#### **Learning Content**

- Perform a clinical assessment, special investigations and immediate management of acute dental trauma. Be able to evaluate our responsibilities to provide safeguarding for children within a general dental environment.
- "List current treatment protocols in managing symptomatic/ asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios."
- Recognise when a stainless steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality.

**GDC Outcomes: A C** 



**12.30** Lunch



# Friday 18th November

# Raleigh Training Centre, Bedford

# **Morning Session**

13.30 Paediatric Dentistry Part 2

CPD Hrs = 3

#### **Michael Cranfield**

Specialist Paediatric Dentist

This session will use case-based studies to discuss current concepts around orthodontic assessment and treatments.

### **Objectives**

- Identify how to conduct a thorough orthodontic assessment in general dental practice.
- Explain appropriate times to refer to secondary care or specialist practice.
- Explore current guidance documents relating to orthodontics.

#### **Learning Content**

- "Improved knowledge of how to carry out an orthodontic assessment in general dental practice."
- · Recognise when to follow appropriate referral pathways.

**GDC Outcomes: A C** 



16.30

End



# Friday 25th November

# **Virtual Remote Learning Platform**

# **Day Session**

e-Learning

CPD Hrs = 6





Allocated day for FDs to work on their e-Learning modules at home or in practice.

As part of your Dental Foundation Training year within East of England you will undertake a number of online e-Learning modules. All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (eLearning for Health) website (link on Online Learning Page), but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.



# Friday 2nd December

# **Learning and Education Centre, Bedford Hospital**

# **Day Session**

09.30 Indirect Restorations in Practice - Part 1

CPD Hrs =

#### Victor Gehani

**Educational Supervisor** 



To provide Foundation Dentists with an update on contemporary materials, equipment, posture, clinical techniques for the fabrication of final restorations for the following, including temporisation: of Anterior veneers, Onlays, Adhesive bridgework, Full coverage crowns – adhesive/bonded and conventional

#### **Objectives**

- Describe the principles involved in the ideal preparations and how to modify techniques when the ideal cannot be achieved.
- Identify appropriate use of material choice for each type of preparation.
- Undertake a series of practical exercises to reinforce protocols associated with indirect anterior and posterior preparations and provision of temporaries.

### **Learning Content**

- Evaluate and critique their own preparations when they return to their training practices.
- To have enhanced practical skills in indirect preparations of anterior/posterior teeth, using a variety of techniques and equipment.
- Assess material selection for different types of indirect preparations

**GDC Outcomes: A C** 



**16.30** End

Joint with the Hertfordshire and West Essex Scheme



# Friday 9th December

# **Learning and Education Centre, Bedford Hospital**

# **Day Session**

*09.30* Milestone 1

CPD Hrs = 6

#### **Foundation Dentists**

This session will be used for Foundation Dentists to present their Milestone 1 case.

### **Objectives**

 Learn to use the case of a patient with dental trauma or a dental emergency to reflect on clinical skills of analysis and care provision together with improved presentation skills.

### **Learning Content**

- Knowledge and experience of the power of self and peer reflection in personal development.
- Improvement in the provision of patient care through use of reflection, analysis and planning.

**GDC Outcomes: A C D** 



**16.30** End



# Friday 16th December

Virtual Remote Learning Platform - Links to be confirmed.

# **Morning Session**

09.30 Health and Safety in General Dental Practice

CPD Hrs = 3

Sukhvinder Singh Atthi

Clinical Lecturer

For participants to increase their understanding and knowledge relating to health and safety in their workplace.

#### **Objectives**

- Explain the principles of occupational health and safety and how to apply this knowledge in the workplace including use of risk assessments and the practical actions to improve health and safety, and therefore prevent accidents.
- State and identify the scope of legal and moral responsibilities whilst at work and determine reasonable methods to control risks associated with all aspects of the working environment.
- "Describe principles of accident prevention and the need to report accidents and dangerous occurrences whilst being aware of the hazards and risks associated with the workplace, work equipment, work activities, display screen equipment and hazardous substances."

#### **Learning Content**

- Define the key principles and legal requirements that relate to health and safety in the workplace.
- Foundation Dentists will be able to explain their own roles with respect to health and safety in their training practice environments.
- "Evaluate how well their training practice complies with current health and safety requirements and the changes that could be made."

GDC Outcomes: A B D



12.30

End

**Health & Safety** 

**Executive** 



# Before 31st January 2023

**Training Practices** 

# **Day Session**

09.30 Indirect Restorations in Practice - Part 2 - Practical

CPD Hrs =

#### Victor Gehani

**Educational Supervisor** 



This session is for completion of the practical assignments of clinical simulations given during Part 1. In your own practice, working with your dental nurse, you will undertake the specified preparations and then photograph the results before sending them for assessment and feedback. Please involved your ES in your work. You may wish to complete one or more Simulation Reports in your ePortfolio to cover this exercise. You may wish to schedule this work over several short sessions, ensuring all is completed and submitted before the completion date.

#### **Objectives**

- Describe the principles involved in the ideal preparations and how to modify techniques when the ideal cannot be achieved.
- Identify appropriate use of material choice for each type of preparation.
- Undertake a series of practical exercises to reinforce protocols associated with indirect anterior and posterior preparations and provision of temporaries.

#### **Learning Content**

- Evaluate and critique their own preparations when they return to their training practices.
- To have enhanced practical skills in indirect preparations of anterior/posterior teeth, using a variety of techniques and equipment.
- Assess material selection for different types of indirect preparations

**GDC Outcomes: A C** 

**16.30** End



# Calendar 2022-2023

### September 2022

Friday 2nd September Start of Autumn Term

Study day at Bedford Hospital. am. - FDs only present. -

pm. - FDs and ESs present

Tuesday 6th September Clinical Skills refresher at Kettering Hospital

Friday 9th September Regional Induction Day – virtual learning 9.00am

Friday 6th SeptemberStudy Day - BedfordFriday 23rd SeptemberStudy Day - Bedford

Sunday 25th September Online Learning - Statutory and Mandatory Training Module

Complete

Friday 30th September Study Day - Bedford

October

Friday 7th October Clinical Study Day - Baldock

**Thursday 13th or Friday 14th October** Early Stage Review – Interviews remotely with Peter Cranfield

- TPD

Friday 14th October Study Day – online learning

Sunday 16th October Online Learning - Mental Capacity Act Module Complete

Friday 21st October Study Day at Bedford
Friday 28th October Study Day at Bedford

Sunday 30th October Online Learning - Alcohol and Tobacco Brief Interventions

Module Complete

November

Friday 4th NovemberStudy Day at BedfordFriday 11th NovemberStudy day at BedfordFriday 18th NovemberStudy day at Bedford

Friday 25th November Study Day – online learning

December

Friday 2nd December Study day at Bedford

Friday 9th December Study Day – Milestone 1 - Bedford

Friday 16th December Study Day – virtual platform Last Day of Autumn Term

January 2023

Jan 5th - Feb 24th 2023 Practice Visits – virtual or in person with ADEPT by TPD

Friday 13th January Milestone 2 – APLAN submission closes

Friday 27th January Milestone 2 - APLAN review submission closes

## **February**

Friday 10th February Study Day – Milestone 2 - Bedford

Friday 17th February Study Day

Wednesday 22nd February IRCP

Friday 24th February Study Day

March

Friday 3rd March
Study Day
Friday 10th March
Study Day
Friday 17th March
Study Day
Friday 24th March
Study Day
Friday 31st March
Study Day

**April** 

Friday 7th April e-LiFT - APLAN FD Submission closes

May

Friday 5th May Study Day
Friday 12th May Study Day

Friday 12th May Audit submission date

Friday 19th MayStudy DayThursday May 25thStudy DayFriday May 26thStudy Day

June

Friday 2nd June Milestone 3 – APLAN submission closes

Friday 9th June Study Day
Friday 16th June Study Day

Friday 16th June Milestone 3 - APLAN review submission closes

Friday 23rd June Study Day – Milestone 2 - Bedford Friday 30th June Study Day – Milestone 2 - Bedford

July

Friday 7th July Celebration Day regional meeting

Wednesday 12th July FRCP

**August** 

31st August End of DFT Year



# **Educational Supervisors and Foundation Dentists**





Heidi Cheung **Helen Kefford** 



Alisha Gill

Bristol University School of Dentistry

01767 681100





Victor Gehani Sabina Wadhwani



**Mabick Thapa** 

Guy's, Kings and St. Thomas **Dental Institute** 

01438 351556





Sandy Dental Care, 10 Market Square, Sandy, Beds. SG19 1HU

Kimbolton Dental Practice, 6 Kimbolton Road, Bedford, Beds.MK40 2NR

**Helen Kefford Heidi Cheung** 



**Roshan Patel** 

Barts and The London School of Medicine and Dentistry

01767 681100



**Daniele Montagliani** 



Mala Sabharwal

Guy's, Kings and St. Thomas **Dental Institute** 

01234 355966





**Jeremy Norris Elaine Parsons** 



Youngseok Kim

Barts and The London School of Medicine and Dentistry

01442 826565







Ronak Pandhi **Paul Jackson** Akshai Shah



Tara Gulshan

Guy's, Kings and St. Thomas **Dental Institute** 

Practice Phone Number







Jayen Patel **Puja Patel Ashini Patel** 



**Mohammad Zaki** Alizadeh

Barts and The London School of Medicine and Dentistry

01707 263270



Kalpana Patel



Nikhil Patel

Birmingham University School of Dentistry

01923 222877





**Manish Patel Abhay Shah** 



**Hussain Bukhari** 

Barts and The London School of Medicine and Dentistry

01582 664315







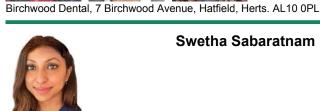
**Puja Patel** Jayen Patel Ashini Patel



**Fatima Rashid** 

Guy's, Kings and St. Thomas **Dental Institute** 

01707 263270



Swetha Sabaratnam



Vishale Sukumar

Guy's, Kings and St. Thomas **Dental Institute** 

Maylands Dental and Aesthetic Practice, 5 Maylands Avenue, Hemel Hempstead, Herts. HP2 4XH

01442 252614







Nilesh Sakerchand Preeya Sakerchand **Steven Tran** 



Saleen Abbawy

Cardiff University School of Dentistry

01525 373205





**Abhay Shah Manish Patel** 



**Zynab Shamki** 

Guy's, Kings and St. Thomas Dental Institute

01525 373205



Watford Dental Practice, 205 St. Albans Road, Watford, Beds. WD24 5BH





### Samir Shah Fahima Hussain

Raisa Hoque

Sheffield University School of Clinical Dentistry

01582 663822



# Bedfordshire and Luton Scheme Buddy ES Pairings 2022-2023

Foundation Dentist Alisha Gill	Educational Supervisor(s) Heidi Cheung	Buddy ES(s) Swetha Sabaratnam
Mabick Thapa	Victor Gehani and Sabina Wadhwani	Jayen Patel
Roshan Patel	Helen Kefford	Daniele Montagliani
Mala Sabharwal	Daniele Montagliani	Helen Kefford
Youngseok Kim	Jeremy Norris and Elaine Parsons	Nilesh Sakerchand, Preeya Sakerchand and Steven Tran
Tara Gulshan	Ronak Pandhi, Paul Jackson and Akshai Shah	Puja Patel and Ashini Patel
Mohammad Zaki Alizadeh	Jayen Patel and Ashini Patel	Victor Gehani and Sabina Wadhwani
Nikhil Patel	Kalpana Patel	Abhay Shah
Hussain Bukhari	Manish Patel and Abhay Shah	Kalpana Patel
Fatima Rashid	Puja Patel and Ashini Patel	Ronak Pandhi, Paul Jackson and Akshai Shah
Vishale Sukumar	Swetha Sabaratnam	Heidi Cheung
Saleen Abbawy	Nilesh Sakerchand, Preeya Sakerchand and Steven Tran	Jeremy Norris and Elaine Parsons
Zynab Shamki	Abhay Shah and Manish Patel	Samir Shah and Fahima Hussain
Raisa Hoque	Samir Shah and Fahima Hussain	Abhay Shah



# **Online Learning**

2022-2023

### **List of Mandatory E-Learning**

As part of your Foundation training year within the Midlands and the East of England Regions you will undertake a number of online e Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

### e-Learning for Health

Once you have received your login details from e\_Learning for Health you can access all the necessary modules by using this link:

https://portal.e-lfh.org.uk/Component/Details/660298

This takes you to a portal which leads to the **Midlands and East - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

#### **Modules Course Sections**

Statutory and Mandatory Training (SMT) Completion by Early Stage Review

Conflict Resolution Level 1 40 mins

Data Security Awareness Level 1 70 mins

Equality and Diversity and Human Rights Level 1 20 mins

Fire Safety Level 1 30 mins

Moving and Handling Level 1 40 mins

Preventing Radicalisation - Basic Prevent Awareness 35 mins

Safeguarding Adults Level 1 40 mins

Safeguarding Adults Level 2 40 mins

Safeguarding Children Level 1 30 mins

Safeguarding Children Level 2 35 mins

### Mental Capacity Act (MCA) Completion by IRCP

Mental Capacity Act as Part of Human Rights 20 mins Assessing Mental Capacity 20 mins Planning Ahead Using the MCA 20 mins Best Interests 20 mins Restraint 20 mins Deprivation of Liberty 20 mins
Relationship Between the MCA and the MHA 20 mins
Mental Capacity Act and Young People aged 16 or 17 20 mins
Research Involving People Who Lack Capacity 20 mins
Mental Capacity Act and Adult Safeguarding 20 mins
Settling Disputes and Disagreements 20 mins

#### Alcohol and Tobacco Brief Interventions Completion by IRCP

Introduction to treating and preventing ill health 15 mins
Very Brief Advice on Smoking 15 mins
Alcohol Brief Advice 15 mins
Bringing It Together - Multiple Risk Factors 15 mins
Assessment 10 mins

#### Making Every Contact Count (MECC) Completion by IRCP

What is MECC and why is it important 30 mins How to have a MECC conversation 30 mins Signposting 15 mins Five Ways to Wellbeing 30 mins Assessment 10 mins

### HEE Rubber Dam Placement video Completion by IRCP

Using your login details for e Learning for Health you can access this module by using this link:

https://portal.e-lfh.org.uk/Component/Details/660298

### **Script** - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script sire. When you have completed a module, this information will be passed to your e\_Portfolio but you may wish to download a completion certificates for your CPD records.

#### **MODULES** Completion by FRCP

Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins
Special Patient Groups 60 mins
Utilising the BNF 60 mins
Medical Emergencies 60 mins
Periprocedural Prescribing 60 mins
Dental Infection 60 mins
Pain, Ulceration, and Inflammation 60 mins
Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins

### **BDA & Cancer Research UK Oral Cancer Recognition Toolkit**

https://www.doctors.net.uk/eclientopen/cruk/oral cancer toolkit 2015 open/

Although this topic may be covered in a study day, the toolkit is very valuable, and it is advised this is still completed irrespective of a scheme running an oral cancer study day. The completion certificates should be uploaded to your e-Portfolio

### **Module** Completion by FRCP

**BDA-CRUK Oral Cancer Recognition Toolkit 3 hours** 

### **List of Supplementary E-Learning**

### Dentistry (e-Den) e-Learning for Health

https://portal.e-lfh.org.uk

This is a series of modules about dentistry known as e-Den. You will find these modules helpful when used in conjunction with your Study Days. References to particular modules may be included in the information for each Study Day. Accessing the relevant module before the Study Day will help you to gain more form the interactive learning session.

To locate the e-Den modules in the e-Learning for Health Website, click on `My e-Learning' at the top of the web-page and then enter the **Dentistry** name in the search box. When the search results appear, you will see the **Dentistry** module listed with an icon; click on `Enrol' and the Module will be added to your account. You will then be able to see each of the e-Den Modules and Course Sections in `My e-Learning'.

#### e-Den Module

#### 1 Patient Assessment

Profiling the Patient Assessment Methods and Techniques Good Practice Health Promotion and Disease Prevention Patient Assessment Profiling the Patient

#### 2 Human Diseases and Medical and Dental Emergencies

Medical Topics and Dentistry Medical Emergencies In Dentistry

### 3 Anxiety and Pain Control in Dentistry

Principles of Dental Pain Mediators of Central Pain
Dental Local Anaesthesia Dental Local Anaesthetic Technique
Management of Dental Pain Non-Pharmacological Anxiety Management
Intravenous Sedation Inhalation Sedation
Dental General Anaesthesia

#### 4 Periodontal Disease and Management

Aetiology of Periodontal Disease

Periodontal Diagnosis and Determination of Prognosis Periodontal Treatment Options Patient Educat1on and self-Performed Plaque Control Non-Surgical Periodontal Therapy Surgical Periodontal Therapy

### 5 Hard and Soft Tissue Surgery

Pre- and Post-operative Assessment Exodontia Surgical Dentistry Advanced Trauma Life Support (ATLS) Management of Un-Erupted, Impacted, Ectopic Management of Benign Soft Tissue lesions and Supernumerary Teeth

#### 6 Surgical and Non-Surgical Management of Head and Neck Disease

Accurate Drug History and Relevance of Allergies Odontogenic Infections

Management of Oral Mucosal Diseases Craniofacial Pain Disorders

Neoplastic and Non Neoplastic Disease of the Head and Neck

#### 7 Management of the Developing Dentition

Orthodontic Indices Assessment for interceptive Treatment

Space Maintenance Simple Removable Appliances

Oral Habits and Occlusal Trauma in the Mixed Dentition

**Emergency Care and Management of Orthodontal Problems** 

Contemporary Orthodontics Normal Facial Growth and Dental Development

Abnormalities of Facial Growth and Dental Development

#### 8 Restoration of Teeth

Caries Restoration of Permanent Teeth

Crowns Restoration of Deciduous Teeth

**Aesthetic Dentistry Dental Biomaterials** 

**Tooth Surface Loss Endodontics** 

**Dental Trauma** 

#### 9 Replacement of Teeth

**Bridgework Occlusion** 

**Complete Dentures Partial Dentures** 

Implantology Miscellaneous

#### 10 Communication

Patient and the Family Teamworking

Other Professionals

#### 11 Professionalism

**Ethics Self** 

The Clinical Team and Peers

#### 12 Management and Leadership

The Need for Effective leadership and Management Quality in Healthcare

Risk Management Self-Management

Change Management Managing a Business

**Healthcare Systems Professional Practice** 

Management and Leadership

#### 13 Sustainable Dentistry

Introduction to Sustainable Dentistry Measuring carbon in Healthcare



# e-LIFT Project

2022-2023

Project `e-LiFT' stands for Evidence-linked Learning in Foundation Training. This is simply project work covering the non-clinical elements of the DFT curriculum which are the domains of communication, professionalism, management and leadership.

FDs are expected to complete what are essentially reflective learning exercises in four modules underpinned by evidence of their own work completed in the training practice. The modules are core topics for the FD to reflect upon:

- Infection control
- Radiology
- Medical emergencies
- Clinical communication

The reflective learning exercise for each module, allows for flexibility for the FD to hone in on specific learning or development points that have influenced them the most in their training year. Each of the modules will entail reflective writing amounting to 1000 - 1250 words, each module supported by 4- 6 pieces of evidence.

Guidance documents and templates are available on the website at:

#### https://heeoe.hee.nhs.uk/node/2567

The modules will be assessed by anonymous ESs using the APLAN platform. All four Modules are to be completed and uploaded to APLAN **7**<sup>th</sup> **April 2023**. You will be notified of the date of the start of the submission period; there is no room for late submission of cases or feedback reviews.

If you have any further queries please contact your TPD.



### Milestones and APLAN

2022-2023

### Milestones and APLAN

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. The FDs will present each of their cases at their own scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

**APLAN** (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and the East of England regions. Your cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are set at the beginning of the DFT year:

### Milestone 2 Upload Deadline 13th January 2023

### Milestone 3 Upload Deadline 2<sup>nd</sup> June 2023

You will be notified of the date of the start of the submission period; there is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

### **Case Guidance**

You will find information on the SharePoint for FDs that covers the Milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



# **Problem Solving and Support**

### Bedfordshire and Luton 2022-2023

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the `crowns that never fit' to problems communicating with the Dental Nurse. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; so contact your TPD by phone or email early on if you have a problem or concern. Early resolution of that burning issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The DFT group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of the Day Release Course. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

Additionally there is further support that can be obtained from the Regional Trainee Support.

### **Contacts for Support**

Training Programme Director Peter Cranfield

Phone: 07956523148

Email: peter.cranfield@hee.nhs.ukl

**Regional Trainee Support** 

Email: DentalTraineeSupport.ME@hee.nhs.uk



## Claiming Travel and Subsistence

2022-2023

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be submitted on the appropriate form issued by your TPD. This form should be fully completed, easily readable, and signed by your TPD who will check all claims are valid. They will also cross through any incomplete lines to stop any claims being added after signing.

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Note that the mileage calculated from the home address to venue will be adjusted by NHS England once your form is submitted to them. Your usual mileage from your home to the dental practice will be deducted from the amount (you do not need to enter this separately on the form, NHS England will calculate this).

(Current mileage rate = £0.24 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

FDs should travel only by second class if they travel by rail and should attach tickets or receipts to their claim forms.

Taxis should not be used and cannot be claimed - if their use is required due to particular circumstances then the reasons need to be discussed with the Postgraduate Dental Dean, or Deputy, and you will need to get approval in advance, in writing, and provide it with the claim form.

Within Midlands & East overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

All claim forms must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense. False claims are fraudulent and may be investigated by the NHS England Area Team, with onward referral to NHS Fraud Investigators and/or the GDC.

Claims must be submitted within 3 months of the event and receipts must be included for all travel, meals and car parking. Trainees are advised keep a copy of the claim form and the submitted receipts, and to send claim forms by signed delivery service (you may not claim this postage cost) or email.

Claim forms should be sent Completed Claim forms should be submitted to the BSA via your BSA Compass login. You can access an information leaflet about this from here:

http://www.copdend.org/dfthandbook/FD\_Handbook/The\_Scheme/T\_-S\_Expenses/FD\_Travel\_and\_Subsistence\_claims\_via\_Self\_Service\_in\_Compass.pdf

Your payments will appear on the training practice BSA schedule and your Educational Supervisor will pay them to you as non-taxable expenses.



# **Audit Project**

2022-2023

### Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the Midlands and East Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

### **Process for marking**

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

### **E-Portfolio** upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



# **Practice Equipment List**

2022-2023

### **Practice Specifications**

**Electronic records -** Full computer based clinical records and appointment management system.

Digital radiography

Internet access

**Infection control** - Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

**NHSmail account** 

### Specification for FD Room

Size - Minimum floor area 9m<sup>2</sup>.

**Ventilation** - Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

### **Equipment for FD Room**

**Dental chair -** Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Stool for dentist

Stool for nurse

Handwash sink

**X-ray set -** Rectangular collimation. Isolation switch outside the controlled area.

**Amalgam mixer** 

Light cure lamp

**Telephone** 

Workstation - Clinical records and appointment management software. Internet access.

Turbines - Minimum of 3.

Contra-angle handpieces - Minimum of 3.

Straight handpiece - Minimum of 1.

**Ultrasonic scaler - Magnetostrictive or piezo.** 

### Instrumentation for FD Room

### Autoclavable tray system

**X-ray film holders -** Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit - Latex free.

**Conservation -** Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

**Periodontics** - Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

**Extractions -** Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

**Oral Surgery -** Full range of surgical instruments including scalpel blades and handle, periosteal elevator, solution for irrigations, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

**Prosthetics -** Full range of prosthetic instruments including shade and mould guides.

**Endodontics -** Full range of stainless-steel hand files and NiTi rotary files.

### **Materials and Disposables for FD Room**

Respirator - Fit tested FFP3 mask or powered hood for FD use.

Type II R Fluid Resistant Surgical Masks

Gloves - Latex free.

**Bibs** 

**Aprons** 

Gowns

### Paper and cotton goods

**Safe Sharps System -** Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

**Waste containers -** For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

#### Disposable 3 in 1 syringe tips

**Conservation -** Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

**Prosthetics -** Full range of prosthetic materials including impression compound and greenstick.

**Endodontics** - Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.

### Available in the Practice for Use by the FD When Required

**Dedicated Digital Camera -** SLR or equivalent with lens, ring flash, retractors, and mirrors.

**Conservation -** Face bow and semi-adjustable articulator.

**Prosthetics -** Surveyor.

**Endodontics -** Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.

### **Clinical Digital Thermometer**

**Digital Communication -** Computer or tablet with MS Teams including webcam, speakers, and microphone.



# **Speakers**

### **Autumn Term 2022-2023**

### **Stephanie Agar**



Cascade Theatre Company



**Victor Gehani** 

**Shashi Mishra** 

**Jeremy Norris** 













### **Peter Russell**



**Nilesh Sakerchand** 



**Preeya Sakerchand** 



Sabina Wadhwani

