

# Bedford Dental Foundation Training Scheme

**Summer Term Programme 2018 - 2019** 



Developing people for health and healthcare



# **Bedford**

# **Dental Foundation Training Scheme**

# **Learning and Education Centre**

Bedford Hospital (South Wing), Ampthill Road,

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# **Summer Term**

# **Venues and Subjects**



Friday 3rd May	Advanced Treatment Planning		
	Clinical Prosthetics - is there Another Way?		
		Learning and Education Centre, Bedford Hospital	
Friday 10th May	What Next in Practice		
	Where it comes from.	Kings House, Ampthill Road, Bedford	
	where it comes nom.	Schottlander, Fifth Avenue, Letchworth	
Friday 17th May	No Day Release Course		
Friday 24th May	Keeping Account		
	Implants in General Denta	ll Practice	
		Learning and Education Centre, Bedford Hospital	
Friday 31st May	No Day Release Course		
	The Buy Hereuse estates		
Friday 7th June	A Visit to the BDA.	BDA Headquarters, Wimpole Street, London	
Friday 14th June	No Day Release Course		



# Summer Term

# **Venues and Subjects**

Thursday 20th or Friday 21st June	Personality Preferencing	Kings House, Ampthill Road, Bedford				
•		Learning Centre, Peterborough City Hospital				
Friday 28th June	Audit Project Review"					
•	Digital Dentistry	Southway Training Suite				
Friday 5th July	Case Presentations					
	Educational Supervisors ar	Was it all worthwhile? An end of course assessment for both Educational Supervisors and Foundation Dentists.  Learning and Education Centre, Bedford Hospital				

During each day some time will be set aside for problem solving and journal review

# Important Dates and Deadlines

Clinical Audit Submission	Friday 21st June 2019
Clinical Audit Presentation	Friday 28th June 2019
Case Presentation	Friday 5th July 2019
Final Review of Competency Progression (FRCP)	Friday 19th July 2019

# Friday 3rd May

**Southway Training Suite** 



# **Morning Session**

CPD = 3 Hrs

#### **Treatment Planning - Advanced Cases** 09.30

## Mr. Victor Gehani.

General Dental Practitioner

In general dental practice we aim to be able to provide care and treatment for all of the patients who come to our practices. Each patient presents with their own dental history and dentition. No one pattern of treatment is going to provide the right care for everyone. We need to plan our treatments according to the patients' needs and wishes within the established criteria of normal treatment, and within a sound evidence base. Each of us will probably produce treatment plans which are based on similar information and knowledge, but very often our own experiences and skills can influence this planning process.

Today we shall look at cases and try to provide treatment plans with a focus on indirect restorations. When, why, how and where are questions that we often apply to the provision of crowns, onlays and bridges. Examining cases and discussing alternative plans may help us to cope better in these circumstances.











- A better understanding of treatment planning.
- An ability to reflect better understanding and skill by means of improved performance for our patients.





12.30 Lunch



# Friday 4th May

## **Southway Training Suite**

# **Afternoon Session**

CPD = 3 Hrs

## 13.30 Clinical Prosthetics - is there Another Way?

Mr. Kevin Chau
General Dental Practitioner



Prosthetic work in general practice can prove very difficult for some people. The range of denture problems that may be encountered is enormous, and much patience and skill is demanded. There is no doubt that experience does help enormously, but nevertheless, there are many techniques that can be used in practice that are rarely discussed within Dental School. Rebuilding and refurbishing of existing dentures is sometimes the only way forward for some patients, yet the techniques to do this need to be learned. Likewise, good communication with the dental Technician is an essential part of the process.

#### **Learning outcomes**

Discussing some of the ways in which our prosthetic skills can be extended and enhanced within general dental practice,

Gaining the knowledge to bring a higher standard of prosthetic care to our patients.

Comparing and assessing individual clinical prosthetic skills and knowledge with those of one's peers.



# Friday 10th May

Kings House, Ampthill Road, Bedford



# **Morning Session**

CPD = 3 Hrs

09.30 What Next in Practice.

#### Mr. Marc Friedman.

General Dental Practitioner

The 2006 NHS General Dental Services contract controls greatly the way in which practices are organised and funded. Finding a place in a practice is now subject to approval from NHS England, unless there is to be a total reliance on non NHS dentistry. Today we shall look at how the arrangements work as an associate in practice. What should we be looking for as we move to a new practice? How will we get paid as an associate? What things should be written into a practice agreement? What is going to protect us—whether we are providers or performers.

## **Objectives**

• Learning about the opportunities available for working in general dental practice when moving onward from Foundation Dentist status.

#### **Learning outcomes**

- A better knowledge of the rules and procedures involved in the General Dental Services regulations.
- A better understanding of what to look for when looking for a position in a practice.





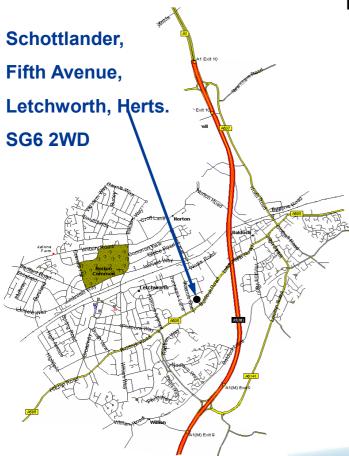
# Friday 10th May

Schottlander, Fifth Avenue, Letchworth

## **Afternoon Session**

CPD = 3 Hrs

#### 14.00 Where it Comes From.



#### Mr. Brian Schottlander.

Schottlander Ltd.

Many dental supply companies carry a vast range of different products. Other companies develop and market their own products. Schottlander fall into this latter category, and are responsible for developing, testing and marketing their own materials. Dental products often require product licences and have to meet various rigorous standards before they can be used in dental practice. A 'same day' dispatch service is often provided for customers of the dental supply companies, and the organisation of this can be quite a problem.

#### Learning outcomes

Schottlander Low Allergy
Pree Latex Examination Gloves

Schottlander Low Allergy

 Today we have a chance to see a dental company in operation, to understand how they try to fulfil their rôle within the dental team, and to see how new products are evaluated and improved before being made available for purchase.

# Friday 24th May

## **Learning and Education Centre, Bedford Hospital**



# **Morning Session**

CPD = 3 Hrs

09.30 Keeping Account

#### Mr. John Penasa.

Hicks and Company. - Accountants.

Organisation of financial affairs is very important in General Dental Practice, What needs to be recorded, and how on earth do we do it? How long do we keep these records? What happens with Income tax? Self Assessment of Income Tax liability is something which has now been with us for several years. Soon most of us will be self employed, and instead of PAYE doing the work for us, Self Assessment will appear. What happens to the Tax Return? What steps do we have to take at the present? What will we need to do in the future? From where do we get help?



An understanding of how self assessed taxation works in the UK.

Knowledge of the steps we shall have to take, and the records we shall need to keep.

An understanding of financial control within practice life.

A knowledge of methods of keeping correct financial records.



12.30 Lunch



# Friday 24th May

## **Learning and Education Centre, Bedford Hospital**

## **Afternoon Session**

CPD = 3 Hrs

## 13.30 Implants in General Dental Practice.



## Mr. Minesh Patel

General Dental Practitioner

Implants are being used more and more in dentistry. What was, just a few years ago, an experimental technique with unknown prognosis, is now becoming a branch of mainstream dental practice. Today we plan to look at the history of the use of implants and to learn more about the various systems available. We shall look at simple treatment planning so that we have an idea of patient suitability and learn how to select patients for treatment.

Another area we shall cover is that of Medico Legal responsibility and also what to do if things go wrong. We shall also discuss training pathways to develop skills in implantology.

#### Learning outcomes

- A greater understanding of the indications and contra indications for the use of dental implants.
- A deeper knowledge of the methods, techniques and systems for implant placement in use today.
- Greater knowledge and understanding of the requirements for implant maintenance in general dental practice, for the benefit of our patients.
- An introduction to training pathways in implantology.

# Friday 31st May



# No Study Day



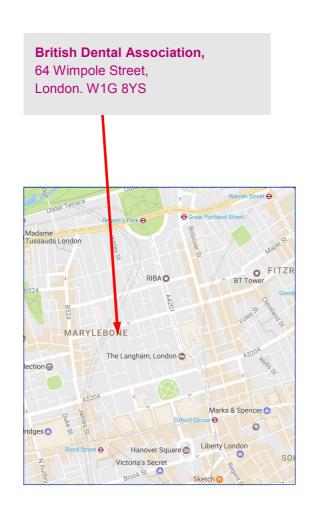
# Friday 7th June

#### **British Dental Association**

# **Morning and Afternoon Sessions**

CPD = 6 Hrs

#### 09.00 A visit to the British Dental Association



The BDA is not only our Trade Union, but is also our Professional Society. What can the BDA offer us? Now is the chance to find out.

When this year finishes, to continue in general dental practice will involve a different form of employment. Many will work within an established practice as an 'Associate'. What is an Associate and what sort of rules govern their way of life? What alternatives are there? What are the snags and the pitfalls? Part of this day will be spent exploring the options open to us. We shall also spend time looking at the role of the GDC in regulating us as professionals. This also will be related to our understanding of the NHS Regulations

The British Dental Association also holds one of the largest dental libraries in the United Kingdom. In fact it is more than a library, it is an Information Centre. Today we shall have a chance to see what is available, and to learn how to access the information contained here.

#### **Learning outcomes**

- A better knowledge of the role of our representative Professional Body, and a better understanding of how it can help us.
- A better knowledge of associateship contracts to be used in general dental practice.
- A greater understanding of the role of the GDC, and how it may affect us, together with aA fuller knowledge of the NHS regulations in Primary Dental Care.
- A knowledge of the help available to us from the Resource Centre.

12.30 Lunch

16.30 Close



# Thurs 20th or Fri 21st June

Thursday - Kings House, Ampthill Road, Bedford



# **Morning Session**

CPD = 3 Hrs

## 09.30 Personality Preferencing



#### **Cascade Group**

#### PERSONALITY TYPES

Does it ever seem that even though you're speaking in English with someone, it feels like you're talking a different language? They just don't get what you are saying and you just don't get them. Either they talk too much, too little, too vaguely or too black and white. Their reasoning doesn't seem to make sense or they just don't seem to take people into consideration. And don't talk to me about the ones who leave things to the last minute or those who have made up their mind before you have even had a chance to think about it!

Using a thoroughly researched and substantiated model of personality we will explore the similarities and differences between us and ways to maximise our interactions with others. In essence we'll learn to speak their language.

Well, none of this is random. There is a lot of solid science (and practical experience) behind why interactions go wrong - or right.

All this is done with our usual degree of interaction, sketches, solid information and fun.



- communicate even more efficiently
- understand how others think and feel
- be more aware of how people make decisions
- motivate someone
- stay energised

The benefits to you are:

- insight into others
- less stress
- better communication
- fewer conflicts
- fewer complaints
- more influence





# Thurs 20th or Fri 21st June

Friday- The Learning Centre, Peterborough City Hospital

# **Afternoon Session**

CPD = 3 Hrs

# 14.30 Personality Preferencing Part 2

The benefits to you are:

- · insight into others
- less stress
- better communication
- fewer conflicts
- fewer complaints
- more influence

## **Learning Objectives**

- To understand different personality types including your own
- To realise how your personality may influence you interactions with others
- To recognize the importance and implications of managing different sorts of people
- To explore your communication skills

## **Learning Outcomes**

Greater self awareness

Improved communication with patients and the dental team

Strategies to manage different types of patients more effectively



# Friday 28th June

**Southway Training Suite** 



# **Morning Session**

CPD = 3 Hrs

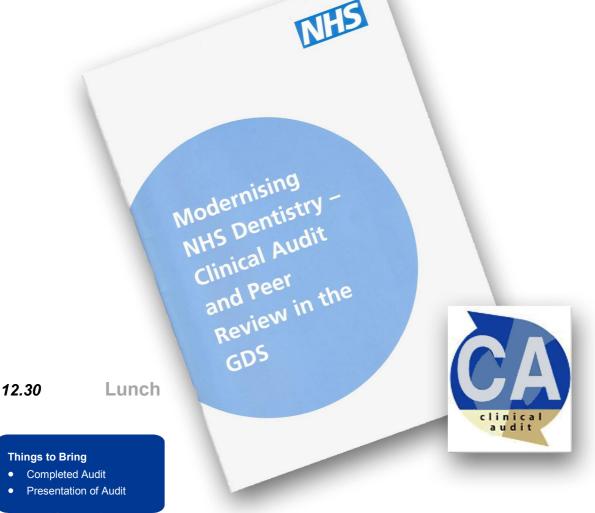
## 09.30 Clinical Audit Project Review.

#### Foundation Dentists.

Everyone within the group has undertaken a Clinical Audit project and submitted it. Today we have a chance to review the outcomes of all of the audits and to see what we have gained from the process.

### **Learning outcomes**

- An understanding of the realities of audit within practice.
- Greater knowledge of the techniques that can be used in presenting the results of an Audit.





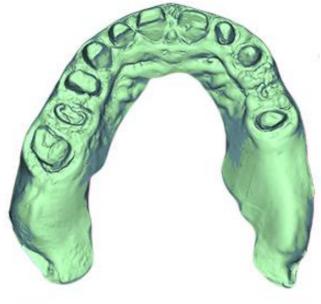
# Friday 28th June

## **Southway Training Suite**

## **Afternoon Session**

CPD = 3 Hrs

## 13.30 Digital Dentistry





#### Mr. Dan Schaffer.

General Dental Practitioner

Digital dentistry— what is it and how will it change the future of dentistry as we know it?

Our patients are becoming increasingly aware of technological advances and as a profession we need to be able to have well informed, evidence based discussions of options.

This session will cover the current digital techniques and machines and how they are used in practice. You will be learning about 3D scanners and 3D printing of study models. You will also discover the future trajectory of digital dentistry and how this will impact on the future for our patients and our profession.

## **Objectives**

- To explore the concepts of digital dentistry
- To look at the practical applications of digital dentistry in general practice
- To gain some hands on experience of using scanners and 3-d printing
- To understand the current and future role of digital dentistry

## Learning outcomes

- A better understanding of the fundamentals of digital dentistry and workflow
- The ability to incorporate digital options into treatment planning and delivery of restorative care
- An improved ability to communicate digital options with patient.

# Friday 5th July

## **Learning and Education Centre, Bedford Hospital**



# **Morning Session**

CPD = 3 Hrs

### 09.30 Case Presentations



#### Foundation Dentists.

Today's case presentation session is the last of our Dental Foundation Training year. This is a session to allow you to 'show off' a case that you have been particularly pleased with. Alternatively you may wish to present a case that has been a failure and from which you have learned a lot.

The Educational Supervisors will be present during the day and will be adding to the general discussion of each case.

## **Learning outcomes**

- A better greater understanding of the place and context of one's own concepts of dental treatment.
- A better understanding of our own skills and competencies in relation to our peers.
- Better understanding of and reflection upon our own clinical skills and competencies.

OHIDiet sheet

XLA of

TREATMENT PLAN

Subgingival scaling and root p

Fitting of immediate denture

12.30 Lunch



• Completed Case Presentation



# Friday 5th July

## **Learning and Education Centre, Bedford Hospital**

# **Afternoon Session**

CPD = 3 Hrs

## 13.30 Case Presentations (continued)

Foundation Dentists.

# 13.30 Was it all worthwhile? An end of course assessment.

# Foundation Dentists and Educational Supervisors

An open forum discussion of our year in Dental Foundation Training will hopefully allow each of us to put the whole process in perspective. For some of us it may be an opportunity to say what has gone well, and why they would do it again. Others may wish to point out pitfalls and problems so that future FDs will benefit.



- A deeper understanding of our own growth of personal skills and experience.
- A better appreciation of the diversity of professional and clinical opinion.
- A greater understanding of many dental problems and conditions.



# **PML** Evidence

# **Sessional Content for e-Portfolio**



X

x	5	Treatment Planning	Pros	Where it Comes From	Wh	Accou	<u> </u>	
	Implants	anning	Prosthetics	s From	What Next	Accountancy	Implants	BDA
Professionalism								
Appraisal	✓	✓	✓		$\checkmark$	✓	✓	✓
Clinical audit and peer review	✓	✓	✓	✓	✓	✓	✓	✓
Confidentiality	✓	✓	✓	✓	✓	✓	✓	✓
Ethical behaviour	✓	✓	✓	✓	✓	✓	✓	✓
Critical evaluation	✓	✓	✓	✓	✓	✓	✓	✓
Decision making	✓	✓	✓	✓	✓	✓	✓	✓
GDC Scope of Practice	✓	✓	✓	✓	✓	✓	✓	✓
Whistleblowing					✓	✓		✓
Management of difficult patients	✓	✓	✓	✓	✓		✓	✓
Patient safety	✓	✓	✓	✓	✓		✓	<b>✓</b>
Self-awareness	✓	<b>√</b>	✓	✓	✓	✓	<b>√</b>	<b>✓</b>
Professionalism and Management								
Basic Life Support training								
Consent	<b>√</b>	<b>√</b>	<b>√</b>		✓		<b>√</b>	<b>√</b>
Equality & Diversity		1	·		<u>,</u>		·	
GDC Standards			1	1	·	<b>√</b>		
NHS complaints procedure			·	•	· /	•	·	<u>,</u>
	<u>,</u>	<u> </u>	· ·		<b>*</b>		· /	·/
Referring patients	· ·	<u> </u>	<b>.</b>		<u> </u>		•	•
Management								
COSHH regulations								
Dental equipment selection, care and maintenance				✓				
Data Protection								
Employment contracts/associate agreements for dentists								
Employment Law basics					<b>√</b>			<b>√</b>
Finance				<b>✓</b>	✓			<b>√</b>
Health & Safety requirements in dentistry				✓	✓			<b>√</b>
Infection control procedures	✓	✓		✓	✓		✓	<b>√</b>
NHS prescribing	✓	✓			✓		✓	<b>✓</b>
NHS Rules & Regulations in Dentistry	✓	✓	✓		✓		✓	<b>✓</b>
Prescribing, directing, taking, processing and interpreting radiographs	✓	✓	✓		✓		✓	✓
Range and scope of NHS dental care	✓	✓	✓		✓		✓	✓
Record keeping	✓	✓	✓		✓		✓	1
Use of emergency drugs								
Information Governance					✓			✓
Safeguarding Children and Adults					✓			✓
Leadership								
Facilitating learning in others			✓					
Quality management and improvement	✓	✓	✓	✓	✓		✓	✓
Role model	✓	✓	✓		✓	✓	✓	✓
Teamwork	✓	✓	✓	✓	✓	✓	✓	✓
GDC Domains								
A	✓	✓	✓				1	✓
В	✓	✓	✓	1	1	✓	1	✓
C	✓	1	✓		✓		1	✓
D	1	1		1	1	1	1	✓



# **PML** Evidence

# **Sessional Content for e-Portfolio**

-		
Audit Personalities	Case Presentations Digital dentistry	
<b>√</b>	<b>√</b>	
<b>→</b>	<b>→</b>	
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# **Speakers**

## Summer Term 2018 - 2019



## **British Dental Association**

64 Wimpole Street, London. W1M 8AL

**2** 020 7935 0875



Baldock Dental Surgery 63a High St, Baldock Herts. SG7 6BG

**2** 01462 896999

## Mr. Marc Friedman

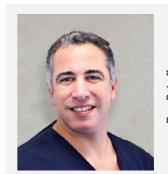
The Dental Practice, 452 St Albans Rd, Watford WD24 6PJ.

**2** 01923 224673

## **Mr Victor Gehani**

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Dan Schaffer



Marc Friedman



Victor Gehani



# **Speakers**

# **Summer Term 2018 - 2019**





Minesh Patel



Brian Schottlander



Mr. Minesh Patel

Chrysalis Dental Practice 344 Goldington Rd Bedford. MK41 9NS © 01234 266608

## Mr. John Penasa,

Hicks and Company,
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# Mr. Dan Schaffer,

Pure Dentistry, 399, Luton Road, Harpenden, Herts. AL9 3NF 201582 713400

# Calendar 2018 -2019



# 2019

Friday 3rd May First Day of Summer Term

Friday 17th May No study day

Friday 31st May No study day

Friday 14th June No study day

Friday 21st June Submission of Clinical Audit

Friday 5th July Last Day of Summer Term

ESs present all day from 10.00am.

Friday 19th July FRCP Panel Meeting

**Saturday 31st August End of Dental Foundation Training**