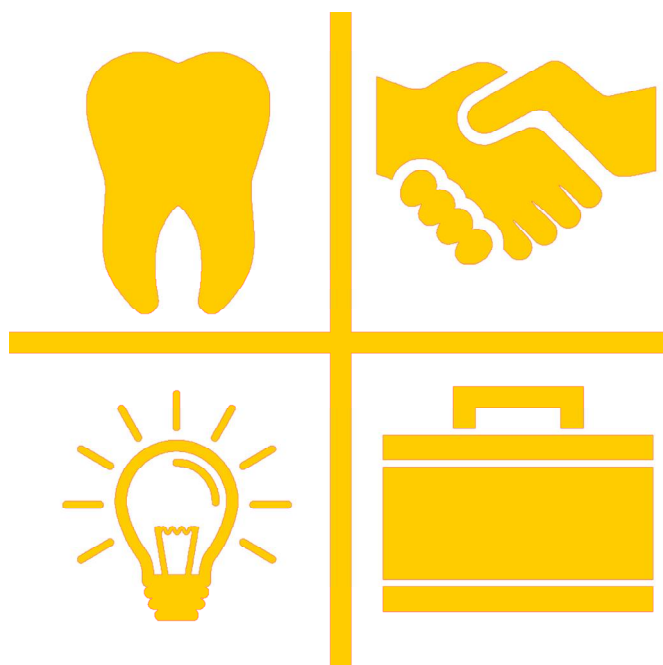


# Basildon Dental Foundation Training Scheme

Spring Term Programme 2018-2019



Developing people  
for health and  
healthcare

[www.hee.nhs.uk](http://www.hee.nhs.uk)

Education Centre, Basildon Hospital





# Basildon Dental Foundation Training Scheme

## Education Centre

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# Spring Term

## Venues and Subjects



**Thursday 7th February**

Minor Oral Surgery  
Hands on/Interactive discussion

*Dental Room , Simulation suite & A3, Education centre, Basildon*

**Friday 8th February**

Hints & Tips I  
Oral Medicine and clinical anatomy

*B4, Education centre, Basildon*

**Friday 15th February**

Paediatric dentistry in general practice  
Traumatic dental injury and it's treatment

*B3, Education Centre, Basildon*

**Friday 22nd February**

Rules and Regulations  
Treatment Planning

*A1, Education centre, Basildon*

**Friday 1st March**

Prosthodontics - denture design and pitfalls

*Dental Room, Simulation Suite, Basildon*

**Thursday 7th March**

Anterior crowns

*Dental Room, Simulation Suite, Basildon*

**Friday 15th March**

Managing Anxious Patients  
Team working in the Dental Surgery

*B2, Education centre, Basildon*

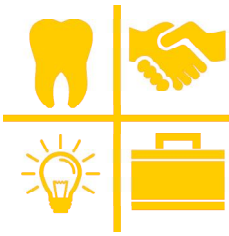
**Friday 22nd March**

Audit  
Case Based Discussions

*A3, Education centre, Basildon*

**Thursday 28th & Friday 29th  
March** Residential course

*Stoke by Nayland Hotel*



# Spring Term

## Venues and Subjects

**Friday 12th April**

Composites layering techniques

*Dental Room, Simulation suite, Basildon*

## Important Dates and Deadlines

IRCP	Monday 25th February
Audit Project Completion and Presentation	Friday 22nd March
Case Presentation	Friday 5th July
Second 12 Foundation Skills Topics - submission by email	Friday 3rd May

## Important Dates for Educational Supervisors

IRCP - Completion of reports	Thursday 14th February
Audit Project Completion and Presentation Educational Supervisors to be present all day	Friday 22nd March
Completed marking of Foundation Skills	Friday 17th May

## Term Dates

Spring term	Thursday 7th February - Friday 12th April
Summer Term	Friday 3rd May - Friday 5th July

# Thursday 7th February

Dental Room, Simulation suite and A3, Education centre,  
Basildon



## All Day Session

CPD = 5hrs

**9.30am** Minor Oral Surgery - hands on (Dental Room)

**Mr. Mark Singh**

Consultant Oral & Maxillofacial Surgeon



A day aimed at taking newly qualified trainees through many aspects of Oral Surgery. This includes hands on as well as lectures. FD's will be assessed so it is advisable that some prior reading is done beforehand. Topics include—anatomy, instrumentation and handling, assessment of teeth, consent and complications, flap design, sutures. Hands on will consist of suturing and bone removal.

**2.00pm** Minor Oral Surgery - interactive discussion (Room A3)

**Mr. Kandasamy Ganesan**

Consultant Oral Surgeon

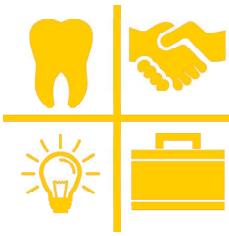
As FDs will be assessed it is advisable that some prior reading is done beforehand. Topics include—anatomy, instrumentation and handling, assessment of teeth, consent and complications, flap design, sutures.

### Aims & Objectives

- *To improve understanding of oral surgery*
- *To be able to assess cases deemed appropriate for referral*
- *To be able to manage a medically compromised patient*

### Learning outcomes

- *To be able to refer appropriately to the oral surgery department*
- *To be familiar with suturing and the different types of suture*
- *To be able to manage a suitable case in primary care*



# Friday 8th February

B4, Education centre, Basildon

## Morning Session

CPD = 2.5 Hrs

9.30am **Hints and Tips I**

### Mr. Promodah Datta

ES and General Dental Practitioner



During his thirty nine years of practice, Mr. Datta has compiled a list of “tricks of the trade” - simple ideas and shortcuts that make certain tasks much easier. This session has always rated highly with past FD groups.

During the session we will discuss the assessment of difficulties experienced by FD1 and giving them hints on how to overcome some of those complexities.

### Objectives

- *To identify the clinical difficulties the FD1's currently face in General Dental Practice*
- *To illustrate possible techniques there may consider in overcoming them*
- *To update their case selection criteria, and possible suggestions on their presentation skills*

### Learning outcomes

- *Undertake your own self SWOT analysis to identify your SPECIFIC area of concern*
- *Articulate this concern with a group so they may add on their own concerns/learning needs to these if necessary*
- *Share using all the artefacts brought in on that day to tackle these clinical difficulties or refer you to an appropriate source for further advice*

# Friday 8th February

B4, Education centre, Basildon



## Afternoon Session

CPD = 2.5 Hrs

### 2.00pm Oral Medicine and clinical anatomy



#### Mr. Mark Singh

Consultant Oral & Maxillofacial Surgeon

*Mark is a Consultant Oral and Maxillofacial Surgeon—subspecializing in Oncology. He qualified in 1998 at The Royal London Hospital with his BDS and worked in Grays, Essex for his VT. He then worked between Basildon and Southend Hospitals as a SHO and completed his MFDS before going to study Medicine. He came back to Essex to complete his surgical training before his registrar training along the South Coast of England.*

*The talk will be on how to appropriately refer oral lesions, differentiate benign from malignant lesions. Refresh knowledge of anatomy and apply it clinically.*

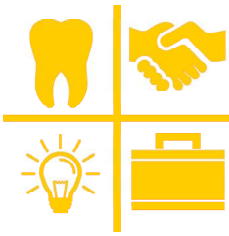
#### Objectives

- *How to appropriately refer oral lesions*
- *Improve knowledge of anatomy*
- *Understand cancer treatments*

#### Learning outcomes

- *Improved awareness of oral lesions*
- *Ability to apply anatomy knowledge*
- *Understand oral cancer*





# Friday 15th February

B3, Education centre, Basildon

## Morning Session

CPD = 2.5hrs

9.30am **Paediatric dentistry in general practice**

**Mr. Sunny Sareen & Mr. Sanjay Sareen**  
ES and General Dental Practitioners



*Sunny and Sanjay work together as general dental practitioners and are joint DFT trainers at Smile Dental centre. Both have a keen interest in Paediatrics, restorative, endodontics and surgical dentistry. At the practice they see a large number of paediatric patients and would like to share their experiences on this subject.*

*The aim of this session is to discuss common scenarios seen in a primary care setting and to discuss how to treat and manage cases.*

### Objectives

- *To recognize and manage common paediatric conditions seen in general practice*
- *Discuss various preventative and restorative measures in general dental practice*
- *Review guidelines associated with Paediatric dentistry*

### Learning outcomes

- *Identify common paediatric conditions and understand how to manage such conditions*
- *Identify indications for referral in general practice*
- *Understanding the role of general dental practitioner in treating paediatric cases*

# Friday 15th February

B3, Education centre, Basildon



## Afternoon Session

CPD = 2.5 Hrs

### 2.00pm **Traumatic Dental Injury and it's Treatment**

#### **Mr. Sean Chiang**

ES and General Dental Practitioner



*Sean is a FD trainer with 6 years experience. His practice is next door to a primary school so we see a large number of patients with dental trauma.*

*During his MSc, there was a specific module on dental trauma and how it relates to treatment of alveolar injuries.*

*During this session we will identify the types and classification of traumatic injury encountered in a general dental practice setting for adults and children. The treatment and management of Dental trauma and "The emergency patients which turns up who's getting married on a Friday afternoon".*

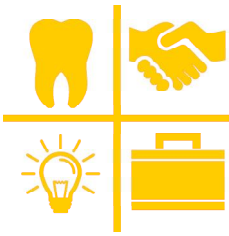


#### **Objectives**

- *Identification of traumatic dental injury*
- *Management of traumatic dental injury*
- *Follow up / long term prognosis*

#### **Learning outcomes**

- *Be able to examine and diagnose different types of dental trauma*
- *Know the different types of alveolar fracture*
- *Know the management and treatment of common dental trauma*



# Friday 22nd February

A1, Education centre, Basildon

## Morning Session

CPD = 2.5 Hrs

9.30am **Rules and Regulations**



**Mr. Ali Chohan and Mr. Jin Vaghela**

ES and General Dental Practitioners

*Rules and regulations of the nGDS contract will be discussed and presented as an interactive session.*

### Objectives

- *Lecturers will define the rules and regulations of the contract*
- *The course will discuss common difficult scenarios*

### Learning outcomes

- *Describe the rules and regulations of the nGDS contract*
- *Recognise the challenges faced as an NHS dentist*

## Afternoon Session

CPD = 2.5hrs

2.00pm **Treatment Planning**

Ali and Jin will talk about treatment planning under the NHS. Being full time NHS dentists they fully appreciate the challenges of NHS general practice

### Objectives

- *Define the steps involved in treatment planning*
- *List the essential requirements to comply with the NHS*
- *Discuss cases in groups to practice treatment planning*

### Learning outcomes

- *To be able to list the steps for treatment planning*
- *Identify the common challenges in treatment planning*
- *Implement NHS Rules in terms of treatment planning*

# Friday 1st March

Dental Room, Simulation suite, Basildon



## All Day Session

CPD = 5 Hrs

### 9.30am **Prosthodontics— Denture design and pitfalls**

#### **Mr. Saifudin Najefi**

ES and General Dental Practitioner

*Mr. Najefi has been a ES for the past 18 years. He has lectured on certain topics including Wear & Tear for more than seven years. He is an examiner for MJDF, ORE and LDSRCS.*

*To refresh the memory with regard to denture design. Useful hints and tips. During this session we will also be problem solving. There will also be a hands on—impressions/ bite reg.*

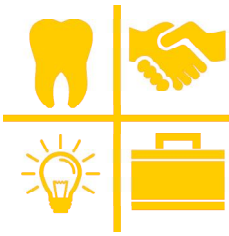


#### **Objectives**

- *Partial denture design/cobalt/chrome*
- *Impression taking exercise—problems with taking impressions and how to avoid them*
- *Hints and tips and problems solving/risk assessment.*

#### **Learning outcomes**

- *To become more confident in diagnosing and treating denture related problems*
- *Learn how to diagnose and treat common problems with complete dentures*
- *Implant supported dentures*



# Thursday 7th March

Dental Room, Simulation suite, Basildon

## All Day Session

CPD = 5 Hrs

9.30am **Anterior crowns**

**Mr. TC Patel and Mr. A Patel**  
ES and General Dental Practitioners

*TC has 29 years experience in the dental profession and has recently been made a Fellow of the FFGDP. His interests are Smile Design Cosmetic Dentistry, implants and orthodontics. He has also held the post of Senior Clinical Assistant in Orthodontics at Southend General Hospital for 25 years. He is also an ES on the Basildon Scheme.*

*Amit graduated from the University of Leeds in 2013. He has completed the MJDF examinations. Amit works at Brickfields Dental Care as an associate providing NHS and Private treatments and also hold a part time position as a Speciality Doctor in Oral Surgery.*

*A single day hands-on course designed to give delegates the skills and knowledge of proficiently cur and place highly functional, aesthetic indirect restorations in predictable, efficient format.*

**FDs will need to bring:**  
**Selection of Anterior crown preparation burs from practice**  
**Retraction cord**  
**Selection of Softlex discs with mandrels**

### Objectives

- Provide theory on modern day preparations
- Discuss the functional and aesthetic considerations when providing indirect Anterior restorations, including material choice
- Supply a clinical protocol applicable to the material choice and design for the anterior dentition

### Learning outcomes

- To relate theoretical aspects of modern day materials to preparation design
- To be able to assess an anterior tooth and define the preparation needed including a detailed protocol on how to execute the preparation
- To be able to determine the needs of the preparation design so as to enable highly functional and aesthetic long term restorations

# Friday 15th March

B2, Education centre, Basildon



## Morning Session

CPD = 2.5 Hrs

9.30am

### Managing Anxious Patients

**Miss Amy Schiller**

*Operational Director for Community Dental Services, Suffolk*



Amy is Operational Director for Community Dental Services in Suffolk. She has five years experience in NHS and private general practice and 10 years+ experience in community dental services. Range of patients: Special care/prisons/domiciliary/phobics. She currently runs community services in Suffolk and treats phobics with inhalation sedation. She has been a Dental Foundation Trainer for 6 years.

An overview of the causes of patient anxiety and a look at the ways in which the whole dental team can help to reduce anxiety. The challenges of providing care for those with Dementia will also be covered.

#### *Learning Objectives*

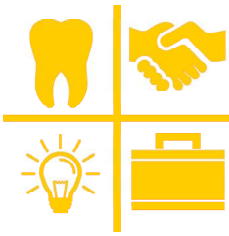
- *Identify causes of patient anxiety*
- *Consider techniques to reduce patient anxiety*
- *Consider the challenges of providing care to those with dementia*

#### *Learning Outcomes*

- *Demonstration of effective treatment planning for anxious patients*
- *Utilise techniques to reduce patient anxiety*
- *Recognise role of wider dental team in reducing anxiety*

Your Dental Nurse is invited to attend the whole day





# Friday 15th March

B2, Education centre, Basildon

## Afternoon Session

CPD = 2.5 Hrs

2.00pm

### Team Working in the Dental Surgery

**Dr Andrea Ogden**

*Training Programme Director*



An introduction into team working in the dental environment. How to communicate with different team members effectively and how to get the most out of them. Working effectively in the Practice depends upon teamwork. From studying the England national sports teams it is obvious that: most teams need to be well selected; most teams need to train together to be successful; most teams need to achieve success; most teams need to improve. Is the dental team any different?

Today we shall be bringing our Dental Nurses to the Day Release Course and we shall be working together to try to build up a pattern of good teamwork. We shall be trying to understand how people work together in teams and what makes us act in certain ways. This will give us help in understanding difficulties in the team building process. We shall also look at how an effective team can work to provide improved patient care not only in the surgery but also throughout the whole practice. We shall also have a chance to discuss difficulties experienced by ourselves in the process of team-working and learn how to overcome some of these difficulties.

#### *Objectives*

- This session will cover the roles of the Dental Nurse and Dentist in the surgery and how they fit together*
- To highlight the disparity between Nurse and Dentist expectation of each other*
- To furnish the team with methods to improve communication and team working*

#### *Learning outcomes*

- To better understand the roles of the team members*
- To know what responsibilities you and the nurse have in the surgery*
- To maximise efficiency in the dental team to improve working relationships and patient experiences*

# Friday 22nd March

A3, Education centre, Basildon



## Morning session

CPD = 2.5 Hrs

9.30am **Audit Presentations**



### Educational Supervisors

*A ten minute presentation of your audit to the rest of the group is required this morning . The Educational Supervisors present will be marking the finished product and a prize will be awarded for the highest scoring.*

*Please bring your PowerPoint presentation on a U.S.B. No presentations on Macs keynote please.*

#### Objectives

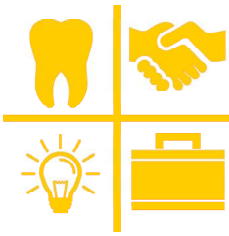
- *To discuss your audit with your fellow FDs thereby demonstrating an understanding of the audit.*
- *Further your experience of presenting*

#### Learning outcomes

- *To understand the value of audit and its importance in clinical governance by observing the wide variety of topics presented*

Education Supervisor meeting 1-2pm  
- lunch provided for Educational Supervisors only  
ES's are expected to attend all day





# Friday 22nd March

A3, Education centre, Basildon

## Afternoon Session

CPD = 2.5 Hrs

2.00pm

### Case Based Discussions

Please bring with you anonymised case notes together with charting, radiographs and models (if available)



Education Supervisors please bring one or two of your own cases of interest to discuss.

### Educational Supervisors

*This afternoon you will present 3 cases to the Educational Supervisors in small groups. They will be marked as Case Based Discussions and you can upload one of these onto your portfolio as an assessment.*

*You will also have the opportunity to see (and mark!) cases presented by the ESs which can be very interesting and valuable.*

### Objectives

- *To discuss your cases with fellow FDs and ESs and critically appraise your clinical and treatment planning*
- *To view the work of others and explore treatment planning for various scenarios*

### Learning outcomes

- *To appreciate the complexities of treatment planning and care delivery as carried out by individuals of differing experience and qualification.*

# Thursday 28th, Friday 29th March



Stoke by Nayland Hotel, Lavenheath, Colchester CO6 4PZ

## Regional Dental Foundation Training Conference

CPD = 10 Hrs

Stoke by Nayland Hotel, Golf and Spa

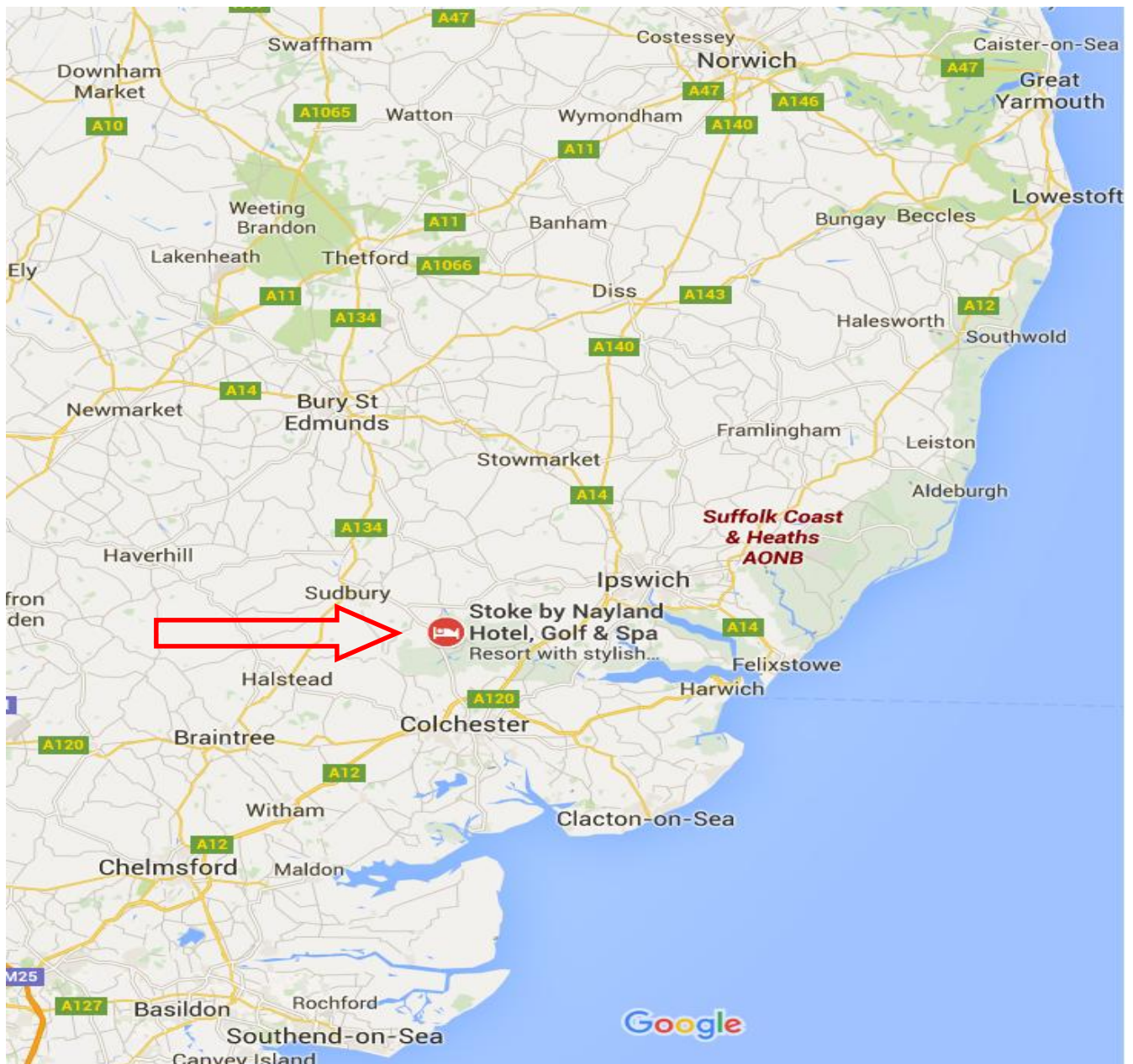
Keepers Lane

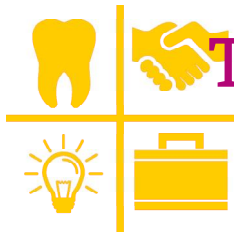
Lavenheath

Colchester

Essex CO6 4PZ

Accommodation will be provided for the Thursday evening of the event.





# Thursday 28th, Friday 29th March

Stoke by Nayland Hotel, Lavenheath, Colchester CO6 4PZ

## Regional Dental Foundation Training Conference





# Thursday 28th, Friday 29th March

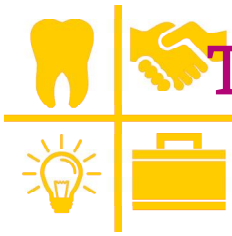
Stoke by Nayland Hotel



## Two day regional careers conference Essex Coast, Basildon, Ipswich and Norwich Schemes

### Timetable:

Date	Format	Timings	Speakers	Topic
28th-March	parallel sessions  You will be split into 3 groups across the schemes and rotate through the day's sessions.	9.30 am start 10.00 am- 11.45am Session 1 11.45am- Coffee 12.00am-1.45pm Session 2 1.45pm-Lunch 2.30pm - 4.15pm Session 3	Nick Lamb  Martin Woodrow  Lovewell Blake Richard Keeler	Registration and Coffee  Transition to Performer  Dental Politics for Beginners  Post FD Finance
28th-March	Evening Meal	7.30 Dinner		
29th March	4 parallel sessions  You will be split into 4 groups across the schemes and rotate through the day's sessions	9.00am start 9.15 am—10.30 am Session 1 10.45 am—12.00 pm Session 2 12.15 am – 1.30pm Session 3 1.30 pm — Lunch 2.30 pm—3.45 pm Session 4	Sean Chiang  Ganga Allen  Nick Barker  John Good	Registration and Coffee  Owning a Practice  Community Dental Services  Portfolio Careers  Speciality training



# Thursday 28th, Friday 29th March

Stoke by Nayland Hotel

## Thursday Sessions

CPD = 5 Hrs

### Transition to performer

#### Mr Nick Lamb

GDP and Dental Practice Advisor

*Nick works as a general dental practitioner in Woodbridge and was previously a FD trainer for 3 years in Norwich. He also works for HEE EoE and is actively involved in the selection process of FD trainers, and is an assessor for FD equivalence training applications. Nick is a Dental Professional Adviser to the East Anglian Area team of NHS England and is the national secretary of the national Association of Dental Advisers and recently has been appointed as a Panel member for NICE.*

#### Objectives

The speaker will:

- *The transition from employed foundation dentists to a performer working in the NHS will be discussed in relation to the interpretation of the current dental contract*
- *The requirements of NHS England, the GDC and the CQC will be discussed in relation to the transition from foundation dentists to NHS Dental performer*
- *NHS dental performer contracts will be discussed with a time spent discussing what a standard contract includes and what common pitfalls and extra clauses the performer should be wary of.*

#### Learning outcomes

Following this session delegates will be able to:

- *Delegate will be able to recognize the key important consideration involved in the transition from foundation dentists to performer and recognize the importance of a correct interpretation of the current contract rules and regulations*
- *Delegates will be able to manage and be aware of the requirements expected of them by NHS England, GDC and CQC*
- *Delegates will recognize the standard NHS dental performers contracts in current use by general dental practice and also be able to analyse changes and amendments to this contract that are used by practices so that they can make an informed decision concerning joining a practice*

### Dental Politics for Beginners

#### Mr Martin Woodrow

Acting Chief Executive BDA

*Acting CEO of the BDA. Key leadership role in the provision of BDA services, and in representing the profession across a range of policy development areas, including NHS contract reform*

#### Objectives

The speaker will:

- *An introduction to what the BDA does as a professional body and as a trade union*
- *Looking at change in dentistry, legislation and regulation, and macro-economic issues in the world at large and in particular the objectives and design of the current NHS contract prototypes in England*
- *Discussion around the impact of demographic, regulatory, epidemiological and market changes and the impact of these on dentists' working lives*

#### Learning outcomes

Following this session delegates will be able to:

- *FDs will learn how the BDA represents the dental profession and understand that it represents dentists as a trade union. They will recognize the dangers of isolation and the need for advice, education and support throughout their career*
- *FDs will recognize the importance of career pathways, workforce changes, skill mix and contractual changes on their lives.*
- *Delegates should recognize the impact of macro-economic factors on healthcare policy and the driving forces behind Department of Health/NHS England on policy-making in shaping their working lives*

# Thursday 28th March

Stoke by Nayland Hotel



## Thursday Sessions

### Post FD Finance

Mr Richard Keeler

*Lovewell Blake's specialist dental team has acted for dentists, dental practices and foundation trainees for more than 20 years. Lovewell Blake has more than 300 dental clients across the UK.*

*The team is led by Simon De-Lacy Adams, a member of the National Association of Specialist Dental Accountants and Lawyers.*

#### Objectives

- Explain UK tax system and relevance to candidates
- Review legislation so candidates understand their obligations
- Provide guidance as to tax planning and HMRC stance

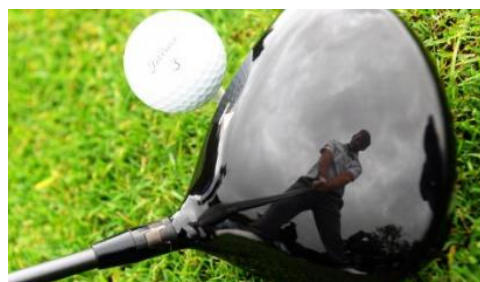
#### Learning Outcomes

- Candidates have a clear idea of the tax system and ways to trade
- Candidates being aware and being able to identify key dates in the tax year
- Candidates being better placed to formulate personal and business financial plans

4.15pm - 7.30pm

### Free time

The hotel has excellent facilities including a golf course and a spa visit the website for more information and contact details:



[www.stokebynayland.com/](http://www.stokebynayland.com/)

7.30pm

### Dinner





# Friday 29th March

Stoke by Nayland Hotel

## Friday Sessions

CPD = 5 Hrs

### Owning a Practice

#### Mr Sean Chiang

General Dental Practitioner

*Sean has run his own 4 chair practice in Loughton, Essex for 7 years. He has been a Foundation Trainer for 6 years and has gone through tendering process with his local LEA and is therefore qualified to talk about owning and running a practice.*

#### Objectives

The speaker will:

- *To recognize the management involved in running an NHS practice. Identify how to provide a safe and secure environment.*
- *Dealing with staff contracts, associate contracts and dealing with the dynamic relationships within. How to manage performance in practice. How to manage the dental team*
- *How to run a business and still deliver excellent standard of quality*

#### Learning Outcomes

Following this session delegates will be able to:

- *A foundational knowledge in managing the dental team, the dental practice and the business*
- *Recognise and analyse the skills to be a practice owner*
- *Evaluate the timeline for a practice purchase*

### Community Dental Services

#### Dr Ganga Allen

Specialist in Special Care Dentistry

*Ganga is a trainer on the Norwich scheme. She qualified in London in 1991 and completed her VT year during 1992. Since then she has gained a broad experience of dentistry working in general dental practice, the Community Dental Service and the Hospital Dental Service. She completed her MSc.(Lond) in 1995 and has a PGCert in Dental Education. She is a Specialist in Special Care Dentistry and thoroughly enjoys the variety of her working week.*

#### Objectives

- *To be able to describe the role of the community dental service*
- *To be able to recognize career pathways in the community dental service*
- *To be able to describe how to apply for a community dental service post*

#### Learning Outcomes

- *Identify the role of the Community Dental Service .*
- *Recognize career pathways in the Community Dental Service*
- *To be able to describe how to apply for a community dental service post*

# Friday 29th March

Stoke by Nayland Hotel



## Friday Sessions

CPD = 5 Hrs

### Portfolio Careers

#### Mr Nick Barker

General Dental Practitioner

*Nick qualified in 1990 from London Hospital where he continued to work as the House Surgeon in Prosthodontics. He moved to general practice and became a practice principal in 1994 in a two surgery practice. He now overseas work carried out in a multi-surgery practice over 3 sites with a wide skill mix that involved Hygienists, Therapists, Extended Duties Dental Nurses, Foundation Year 1 and Associate dentists and MSc students.*

#### Objectives

- *Describe the current workplace environment for dentists*
- *Describe the various roles available and what they entail*
- *Explain the pathways to allow clinicians to enter various roles*

#### Learning Outcomes

- *Be able to describe the current workplace environment*
- *Be able to explain what various roles entail*
- *Be able to critique how successful application might be achieved to enter a specific sphere of dentistry*

### Speciality training

#### Mr John Good

John is currently working in Orthodontic Specialist Practice in Ipswich having completed a 3 year Specialty Registrar position based between Ipswich and The Royal London Hospital during which he completed a DCLinDent in Orthodontics. He qualified in dentistry in Dundee and since graduation he has worked in a number of hospital posts prior to commencing specialist training.

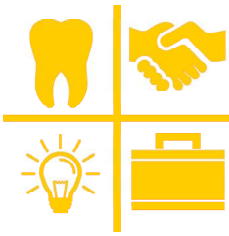
#### Objectives

- *To provide an insight into Specialty training pathways in dentistry post-graduation*
- *To discuss the preparation required to pursue a career as a Specialist*
- *How to apply for Specialty training*

#### Learning Outcomes

- *Recognize the career options in specialist training available to dental graduates*
- *Describe how to prepare for a career as a specialist*
- *Formulate an application for specialist training*





# Friday 12th April

Dental Room, Simulation suite, Basildon

## All day Session

CPD = 5 Hrs

9.30am **Composite layering techniques**



**Mr. TC Patel and Mr. A Patel**

ES and General Dental Practitioners

*TC has 30 years experience in the dental profession and has recently been made a Fellow of the FFGDP. His interests are Smile Design Cosmetic Dentistry, implants and orthodontics. He has also held the post of Senior Clinical Assistant in Orthodontics at Southend General Hospital for 25 years. He is also an ES on the Basildon Scheme.*

*Amit graduated from the University of Leeds in 2013. He has completed the MJDF examinations. Amit works at Brickfields Dental Care as an associate providing NHS and Private treatments and also hold a part time position as a Speciality Doctor in Oral Surgery.*

*Predictable composite layering techniques on anterior and posterior teeth. Preparation of teeth and the use of composite. Polishing composites and use of sectional matrix systems to achieve a good proximal contact.*



### Objectives

- *Students should be able to know the uses and limitations of composite materials*
- *Students should be able to implement appropriate layering techniques to achieve excellent aesthetics in the anterior zone*
- *Students should know how to create an ideal posterior contact point to reduce food packing and allow cleaning*

### Learning outcomes

- *Uses and limitations of composite materials*
- *How to layer composites excellent aesthetics in the anterior zone*
- *Know the technique to create the ideal posterior contact point*

# PML Evidence

## Sessional Content for e-Portfolio



	Oral Surgery	Hints and Tips	Oral Medicine	Paediatric dentistry	Traumatic dental injury	Rules and Regulations	Treatment Planning	Prosthodontics	Anterior Crowns
<b>Professionalism</b>									
Appraisal							✓		✓
Clinical audit and peer review							✓		✓
Confidentiality						✓	✓		
Ethical behaviour		✓		✓		✓	✓		
Critical evaluation	✓	✓			✓		✓	✓	
Decision making	✓	✓	✓	✓	✓		✓	✓	
GDC Scope of Practice	✓				✓	✓	✓		
Whistleblowing						✓			
Management of difficult patients	✓	✓	✓		✓		✓		
Patient safety	✓	✓		✓	✓	✓			
Self-awareness	✓	✓		✓	✓	✓	✓		
<b>Professionalism and Management</b>									
Basic Life Support training									
Consent									
Equality & Diversity									
GDC Standards						✓			
NHS complaints procedure									
Referring patients	✓	✓		✓	✓				
<b>Management</b>									
COSHH regulations									
Dental equipment selection, care and maintenance									
Data Protection									
Employment contracts/associate agreements for dentists									
Employment Law basics									
Finance									
Health & Safety requirements in dentistry									
Infection control procedures									
NHS prescribing						✓			
NHS Rules & Regulations in Dentistry						✓			
Prescribing, directing, taking, processing and interpreting radiographs	✓				✓		✓		
Range and scope of NHS dental care	✓				✓	✓	✓	✓	
Record keeping		✓	✓	✓	✓	✓	✓		
Use of emergency drugs									
Information Governance						✓			
Safeguarding Children and Adults				✓	✓				
<b>Leadership</b>									
Facilitating learning in others									✓
Quality management and improvement								✓	✓
Role model									
Teamwork				✓	✓				



# Speakers

Spring Term 2018 - 2019



## Mr. Mark Singh

Consultant OMFS  
Broomfield Hospital  
☎ 01245 362000



## Mr. Kandasamy Ganesan

Consultant OMFS  
Southend Hospital  
☎ 01702 385349



## Mr. Promodh Datta

Grays Dental Centre  
65/67 High Street  
Grays  
Essex RM17 6NX  
☎ 01375 382166



## Mr. Sunny Sareen

Smile Dental Centre  
438 Whitmore Way  
Basildon  
Essex SS14 2EZ  
☎ 01268 520555



## Mr. Sanjay Sareen

Smile Dental Centre  
438 Whitmore Way  
Basildon  
Essex SS14 2EZ  
☎ 01268 520555



## Mr Sean Chiang

Broadway Dental Practice  
80 the Broadway, Loughton  
Essex IG10 3ST  
☎ 020 8508 4433





# Speakers

Spring Term 2018 - 2019



## Mr Mohammed Chohan

Cobbins Brook Dental Practice  
28 Honey Lane, Waltham Abbey

Essex EN9 3BY

☎ 01992 711199



## Mr Jinesh Vighela

Cobbins Brook Dental Practice  
28 Honey Lane, Waltham Abbey

Essex EN9 3BY

☎ 01992 711199



## Mr. Saifudin Najefi

Homesteads Dental Care Centre  
273 Southend Road, Stanford-le-Hope

Essex SS17 8HD

☎ 01375 675710



## Mr Tushar Patel

Brickfields Dental Care  
10 Brickfields Road  
South Woodham Ferrers, Essex CM3 5XB

☎ 0844 576 9911



## Mr Amit Patel

Brickfields Dental Care  
10 Brickfields Road  
South Woodham Ferrers, Essex CM3 5XB

☎ 0844 576 9911



## Miss Amy Schiller

Operational Director for Community Dental Services in  
Suffolk

Blomfield Dental Practice, Looms Lane  
Bury St Edmunds, suffolk IP33

# Speakers

Spring Term 2018- 2019



## Speakers at the Regional Careers Conference at Stoke by Nayland, Colchester

### Mr Nick Lamb

Island House Dental Surgery  
2 Station Road, Woodbridge  
Surrey IP12 4AU  
☎ 01394 388008



### Mr Martin Woodrow

Acting Chief Executive  
BDA



### Mr Richard Keeler

Lovewell Blake  
Norwich NR7 0LB  
☎ 01603 663300



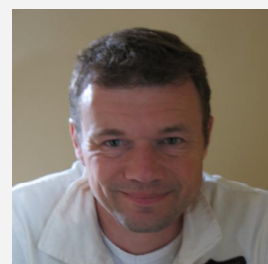
### Dr Ganga Allen

Blomfield House Dental Practice  
Looms Lane  
Bury St Edmunds, Suffolk IP33 1HE  
☎ 01284 775245



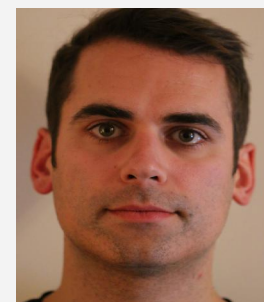
### Mr Nick Barker

Bromley Road Dental Surgery  
13a Bromley Road  
Colchester  
Essex CO6 3JE  
☎ 01206 870678



### Mr John Good

Ipswich & the Royal University  
Speciality Registrar in Orthodontics





# Calendar 2018-2019

**2019**

## Spring Term

**Thursday 7th February** **First Day of Spring Term**

Oral Surgery

**Monday 25th February**

IRCP

**Friday 22nd March**

Audit Presentation/Case Based  
Discussions  
ES to attend all day from 9.30am

**Thursday 28th and Friday 29th March**

Residential Course for Trainees at Stoke  
by Nayland, Colchester.

**Friday 12th April** **Last Day of Spring Term**

**Composite layering techniques**

## Summer Term

**Friday 3rd May** **First Day of Summer Term**

Wear & Tear/Hints & Tips II

**Friday 5th July** **Last Day of Summer Term**

Case Presentation Day. ESs present all  
day from 9.00am.