

## Chelmsford GP Specialty Training - HDR Teaching Autumn Term 2025

Date	Session 1 Face to Face Teaching 2–3 On-line Teaching 2–3	TPD session F2F 3-3.15 On-line 3-3.15	Break Time F2F 3.15– 3.45 Online 3.15-3.30	Session 2 Face to Face Teaching 3.45 – 4.45 On-line Teaching 3.30 – 4.30	Rep Sponsoring Lunch
3rd Sep	Face to Face - ST1's 14F Portfolio Training in LT1 - MAU				N/A
	Virtual ST2 / ST3 TPD Welcome back session			<a href="#">Quality Improvement</a> Virtual ST2 / ST3 sustainability in health care Dr Jake Shepherd, GP	
10th Sep	Face to Face <a href="#">Mental Health</a> Mental Health Assessment Dr Caroline Dollery, GP			Face to Face <a href="#">Haematology</a> Haematological Malignancies Dr Pavel Kotoucek, Consultant	Rana Ahmad Viatrix
17th Sep	<a href="#">Cardiovascular Health</a> Cholesterol Management Dr Timothy Forster, GP			<a href="#">Improving Quality, Safety and Prescribing</a> Quality Improvement Professor Matthew Cripps	N/A
24th Sep	Face to Face Care home ward rounds Dr Emma Stephens, GP			Face to Face <a href="#">Register Session</a> NIPE Dr Ayse Aydin	Arshad Shah Pfizer
1st Oct	<a href="#">Allergy &amp; Immunology/Respiratory Health</a> Allergy Dr Steve Jenkins			<a href="#">People with long term conditions incl cancer</a> Early Cancer Detection Dr Deepak Kumar/Dr Liz Towers, GP	N/A
8TH OCTOBER ONE DAY AWAY TEACHING AT HYLANDS HOUSE					
15th Oct	<a href="#">Mental Health</a> Mental health in the movies with TPD, Will Bentley				N/A
22nd Oct	Face to Face AKT Workshop with Exam TPD, Dr Bassey Okon				India Bajaj Loreal
29th OCTOBER – HALF TERM – NO TEACHING					
5th Nov	Face to Face <a href="#">People at the End-of Life</a> Farleigh - Palliative care in alternative scenarios with Dr Abi Ponampalampillai				Gabby Harris Chiesi Ltd
12th Nov	GP Simulation at ARU for ST2'S				N/A
	<a href="#">Consulting in General Practice</a> Telephone Consultation Dr Imogen Ovenden, GP			<a href="#">Consulting in General Practice</a> Dealing with Difficult Colleagues Associate Dean, Dr Sunil Gupta, GP	
19TH NOVEMBER – NO TEACHING					
26th Nov	Face to Face <a href="#">Kidney and Urology</a> Managing CKD in PC Dr Anthony Chan, Consultant			Face to Face <a href="#">Gynaecology and Breast</a> Breast Disease Mr Simon Smith	Marisa Jaggan Idorsia  Viven Wagstaff Derma
TEACHING WILL COMMENCE ON 7 <sup>th</sup> JANUARY 2026					