

Chelmsford GP Specialty Training - HDR Teaching - Autumn Term 2024
PROGRAMME DIRECTORS: DR SAADET LAUBLE, DR WILL BENTLEY,
DR SAMANTHA LOW & DR SARAH OWEN

Date	Teaching Session 1 2.00 - 3.00	TPD session 3.00 3.30	Break Time 3.30 3.45	Teaching Session 2 3.45 – 5.00	Rep Sponsoring Lunch
4th Sep	Face to Face ST1 14F Portfolio Training in LT1				N/A
	Virtual ST2 / ST3 <i>Evidence based practice, research and sharing knowledge</i> 2.00 – 3.00 & 3.45 – 5.00 - Build your own practice – TPDs group work 3.00-3.30 - Financial Benefits - ST3 Registrar Dr Timothy Forster				
11th Sep	Face to Face <i>Consulting In General Practice</i> SCA (to practice in buddy groups ST1,2&3) Dr Bassey Okon, Exam TPD				Arshad Shah Pfizer
18th Sep	<i>Population and planetary health</i> Asylum Seeker Health Dr Emma Withycombe, GP for Doctors of The World			<i>Respiratory Health</i> Obstructive Sleep Apnoea Referral Study Ying Chang Huang, Specialist Respiratory Nurse	N/A
25th Sep	Face To Face <i>Musculoskeletal Health</i> PMR / GCA Dr Subrahmanyam Peddasomayajula, Consultant Rheumatologist			Face To Face <i>Gastroenterology</i> Chronic Liver Disease Dr Keval Naik, Consultant Hepatologist	India Bajaj Vichy
2nd Oct	<i>People with long term conditions</i> Physical Activity for Prevention and Management of long-term conditions Dr Vas Thoroughgood, GP			<i>Metabolic problems and endocrinology</i> Freshwell Low carb project Dr Kim Andrews, GP and Dr David Oliver, GP	N/A
9th Oct	Face To Face <i>People at the end of life</i> Communication skills around end of life Dr Abi Ponnampalampillai & Dr Zoe Helman Farleigh Hospice				Gabby Harris Chiesi
16th October 2024 Face to Face - One Day Away Teaching Event at Hylands House					
23rd Oct AKT 25 th	<i>Mental Health/Older Adults</i> Depression in older adults Dr Jaweira Farheem, Consultant			<i>Cardiovascular Health</i> Heart Failure Dr Reto Gamma, Consultant	N/A Online
30 TH OCTOBER – HALF TERM – NO TEACHING					
6th Nov SCA 5-7 th	Face To Face <i>Dermatology</i> Round Circles and Psoriasis Dr Reza Hossain, GP			Face To Face <i>Gynaecology</i> Urogynaecology and urodynamics Mr Paul Fiadjoe, Consultant	Tracey Smedley Menarin
13 TH NOVEMBER – NO TEACHING					
20th Nov	Face to Face ST3 - GP Simulation at ARU				N/A
	Virtual ST1 / ST2 TBC			<i>Consulting in general practice</i> Virtual ST1 / ST2 Video Consultations - Dr Chris Jones, GP	
27th Nov	Face To Face <i>Evidence based practice, research and sharing knowledge</i> AKT Road Show, Dr Bassey Okon, Exam TPD SCA Session with TPD's				David Abigail-Grimes Besins
TEACHING WILL COMMENCE ON 8th JANUARY 2025					