

# The ICENI Centre

## BASIC KNEE & SHOULDER ARTHROSCOPY

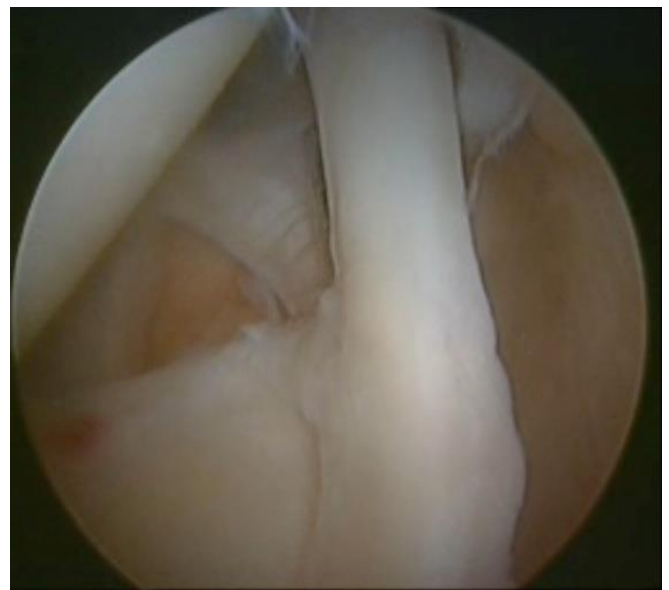
**Course Dates: 10<sup>th</sup> & 11<sup>th</sup> January 2017**  
**Day 1 Knee Arthroscopy**  
**Day 2 Shoulder Arthroscopy**

**\*\*\*Special Rate for Eastern Deanery Trainees –£50 for both days\*\*\***

*This course will include basic knee & shoulder arthroscopic techniques using a combination of lectures, practical workshops and live surgery demonstration. The course is designed for CT2, ST3 and ST4 surgeons in training.*

Features include:

- Arthroscopy Indications, Meniscectomy & repair, ACL reconstruction
- Portal placement, arthroscopic knot tying v knotless anchors, sub-acromial decompression and rotator cuff repair
- Live Link Surgery
- Individual tuition, with a maximum of 16 participants per course
- Personal feedback on performance, with advice for further practice
- Practical work with Alex shoulder models, simulated cuff repairs & Bankart's repair



To book online please visit  
[www.icenicentre.org](http://www.icenicentre.org)