



INTRODUCING OUR NEW DIGITAL MENTORING PROGRAMME  
FOR EAST OF ENGLAND ANAESTHETIC TRAINEES

# Do you want to be a mentee or mentor?

## Benefits include:

**Mentee (CT1-3 /  
ACCS Anaesthesia CT1-4)**

- ✓ Increasing self confidence
- ✓ Structured approach to problem solving
- ✓ Specialty directed advice & future career planning

**Mentor (ST4-7)**

- ✓ Leadership opportunity
- ✓ Mentor training to develop your skills
- ✓ Sharing your knowledge and expertise

Register at: [www.nhseoe.sfgmentornet.com](http://www.nhseoe.sfgmentornet.com)

For more information visit: [heoe.hee.nhs.uk/faculty-educators/mentoring](http://heoe.hee.nhs.uk/faculty-educators/mentoring)  
Or email us at: [england.mentoring.eoe@nhs.net](mailto:england.mentoring.eoe@nhs.net)

