

### *Eportfolio Practice*

1. Log in
2. Sign your declarations and agreements (if you haven't already)
3. Find the trainee guide to the eportfolio
4. Start writing a log entry about the Deanery Induction Day so far.
5. How would you share this with your clinical supervisor?
6. Find a summary of your clinical log entries
7. How many other types of log entries are there? When might you use them? Identify where you can add supporting documents eg course certificates, copies of audits etc
8. OOH log entries - what do you need to write in the log entry title?
9. Add something to your PDP. How many ways are there to do this?
10. What are CEPS? And how do you evidence these?
11. Find the marking schedule for a COT and familiarise yourself with the procedure for doing these
12. Find the marking schedule for a CBD and familiarise yourself with the procedure for doing these
13. Locate the instructions for doing a MSF and a PSQ
14. Find where you would do your self-assessment for your first ESR
15. Locate where the Educators Notes are. What might these get used for?
16. Locate where the Women's Health curriculum chapter is. What learning objectives are there in this chapter?

Ask one of the programme directors to read one of your log entries with you and go through the validation process. Make sure you know what makes a good log entry reflection, reflection, reflection .....apple trees versus christmas trees!!