

Top tips for passing AKT

**Timing**

- Aim to complete the exam before the start of ST3.
- The exam can be taken in October, January and April. Exact timing will depend on your own circumstances and will link in with 'suitable' placements in ST2. Ideally, take the exam after a solid block of GP which clearly is most relevant to the material being examined (and may offer time in between patients to complete online questions).
- There are certain jobs which have more flexible rotas and give free time for revision or self study (e.g Obs&Gynae/ENT).
- Ideally start 2-3 months prior to exam date to give yourself enough time to prepare.

**Resources**

*Practise questions:*

- Passmedicine seems to be a must. This provides a large bank of questions, which can be worked through in topic order, and provides detailed responses for the answers (&incorrect responses). This essentially provides the knowledge required for the exam. The advice generally seems to be to work through the questions at least twice!!
- Onexamination is another useful resource which provides more realistic AKT-like questions. This is more expensive, a possible solution is to exhaust pass medicine and then use onexamination closer to the date of the exam (e.g. a month prior to this date).

*Useful reading:*

- Useful Books – titles can be found from the RCGP website:

<http://www.rcgp.org.uk/shop/books.aspx>

'The condensed curriculum guide' can be useful to make sure that you don't miss corners of the curriculum.

'Applied Knowledge Test Practise Questions and Answers CD' looks quite useful and is an official RCGP resource.

'Medical statistics at a glance' – useful for stats preparation

- Guidelines – NICE guidelines and clinical knowledge summaries are very useful. Aim to read through and gain an understanding of these guidelines when you are on a particular placement (e.g Paediatrics). This will hopefully give you a good head start prior to revision time.
- Innovait is an excellent resource. It cycles over 3 years (to cover the training period) and aims to cover the whole curriculum.
- Addenbrookes top-tips are a useful overview of some key topics

<http://www.cam-pgmc.ac.uk/top-tips>