

Virtual Spring Symposium 2021

Dear East of England trainees,

We would like to invite you to attend the HEE East of England Spring Symposium. This year the event will be run virtually with the theme of "Sustainability and the Environment". In these ever-changing times, it has never been more important to look after yourself, each other and the world that surrounds us. We aim this event at doctors throughout the region who have an interest in shaping the delivery of care and training at a postgraduate level.

The trainee day for this event is on 18th March. This is the <u>first</u> year that non-consultants have been invited to the Spring Symposium. Along with the keynote and Senior Leadership Team Update and Q&A, trainees have an opportunity to choose to attend workshops that include "Management of Burnout", "The Importance of Sleep and Breaks" and "Differential Impact of COVID".

Next Steps...

There will be no conference fee, however, we recommend prompt application as places are limited. Please apply for study leave for the 18th March either prior to or following submission of your application.

If you would like to apply to attend the event, please complete the online application form linked here:

https://healtheducationyh.onlinesurveys.ac.uk/trainee-application-hee-eoe-springsymposium-2021

The application asks for either a 3 minute video (max) OR a 150 word (max) summary detailing why Sustainability and the Environment matter to you, what experiences you have in this area and how you feel attending the day will allow you to develop as a trainee.

All parts of applications must be received by 5pm 10th February and applicants will be informed of whether they have been successfully allocated a place by 26th February. Late applications will not be accepted.

Please direct any questions to educatorsfaculty.eoe@hee.nhs.uk.

Yours sincerely,

Faculty Support Team Health Education England, East of England