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| ACCS Regional Training Program 2022-23 (ACCS YEAR 1) | | | | |
| Date | **Title** | **Program Content** | **Host** | **Contacts** |
| 12 Aug 2022 | ACCS-1 Induction | Getting Started  Introduction to the ACCS Program. | The Training Program Team | M Hemavathi  Kamal Patel  Serena Goon  Nina Walton |
| 2 Sept 2022 | SLO 1 and SLO2 | Assessment of Cardiology and Respiratory common presentations including chest pain, breathlessness, Palpitations, hemoptysis, Transient loss of consciousness with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting.  Example conditions include: ACS, MI, Arrhythmias, Cardiac failure, Cardiac tamponade, Congenital heart disease, Diseases of the arteries, including aortic dissection, Diseases of myocardium, Hypertensive emergencies, Pacemaker function, failure Pericardial disease, Sudden cardiac death, Valvular heart disease, Asthma, COPD, Foreign body inhalation, Pertussis, Pleural effusion, Pneumonia, Pneumothorax, Pulmonary Aspiration, PE | Split site:  Lister Hospital, Stevenage  &  Norfolk and Norwich | Liz Turner  &  Franciose Sheppard |
| 7 Oct 2022 | SLO4 | Major Trauma: Imaging decisions/pitfalls/guidelines (NICE guidelines, etc)  The Trauma Team, A to E assessment, head and spinal injuries, pelvic injuries, compartment syndrome, Burns (thermal, chemical, Electrical), | Broomfield Hospital, Chelmsford | Brian Kennedy |
| 4 Nov 2022 | SLO 4 | Management of Common Minor Injuries with a focus on upper limb (fractures and soft tissue injuries) and lower limb.  Imaging decisions/pitfalls/guidelines  e.g. scaphoid fracture, colles fracture, Hand examination, NOF, ), Infection - paronychia, pulp space, flexor sheath, nail bed, amputations, | Princess Alexandra Hospital, Harlow | Suneil Ramnani |
| 2 Dec 2022 | SLO 1 and SLO2 | Assessment of gastro (medical & surgical) common presentations including Abdominal and loin pain, Abdominal swelling or mass, Ascites, Constipation, Diarrhoea, Haematemesis and melaena, Jaundice, Anal pain and rectal bleeding, Nausea and vomiting, Dysphagia with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting  Example conditions include: Alcohol related liver disease including withdrawal, Decompensated cirrhosis, Functional bowel disorders, Gastrointestinal infections, Hepatitis, Inflammatory bowel disease, Peptic ulcer disease, Ano-rectal abscesses, Appendicitis, Biliary colic, Bowel obstruction, Breast abscess, Cholangitis, Cholecystitis, Diverticular disease, Haemorrhoid disease, Hernias, Ischaemic Bowel, Lower gastrointestinal and rectal bleeding, Pancreatitis, Viscus perforation, Volvulus. | Queen Elizabeth Hospital, King’s Lynn | Jolene Rosario |
| 6 Jan 2023 | SLO 1 and SLO2 | Assessment of Neurology common presentations including acute confusion Headache Seizures/status epilepticus Speech disturbance, Hemiparesis/hemiplegia Gait abnormality, Visual disturbance, Weakness/paralysis, Dizziness and vertigo with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting.  Example conditions include: Botulism, Cerebral venous sinus thrombosis, Functional illness, Guillian-Barre, Meningitis and encephalitis, Multiple sclerosis, Myasthenia gravis, Parkinson's disease and other movement disorders, Peripheral neuropathy (acute), Subarachnoid haemorrhage, Stroke and transient ischemic attack (TIA), Tetanus, Tumours involving the brain and spinal cord, Ventriculo-peritoneal (VP) Shunts | Southend Hosp, Southend | Ajantha Kurukulasuriya |
| 3 FEB 2023 | Mental health & Toxicology | Example conditions include overdose of prescription and non-prescription medications including legal and non-legal drugs, Poisoning – carbon monoxide, cyanide, organo-phosphate, Toxidromes, Use of antidotes, Aggressive or disturbed behaviour, Anxiety/panic, Physical symptoms unexplained by organic disease, Self-harm, Refusal of treatment, Managing the agitated or violent patient including the legal framework, Safeguarding vulnerable patients | Addenbrooke’s Hospital, Cambridge | Yasmin Sultan  and  Sarah Hazleman |
| 3 March 2023 | SLO 1 and SLO2 | Assessment of Nephrology and endocrinology common presentations including electrolyte disorders, Oliguria, Addisonian crisis, Hyperglycaemia & Hypoglycaemia with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting.  Example conditions include: ABG interpretation, Acute kidney injury, Drugs and the kidney, Electrolyte disorders, Fluid balance disorders, Renal replacement therapy, adrenal disorders, Diabetic ketoacidosis, Diabetes mellitus and complications, including diabetic foot, Hyperosmolar hyperglycaemic state, Pituitary disorders, Thyroid emergencies | Peterborough City Hospital, Peterborough | Athar Yasin |
| 28 April 2023 | SLO 10 | The role of clinical evidence in practice, The principles of critical appraisal, Data protection and sharing information | Ipswitch Hospital | Alex Newman |
| 5 May 2023 | SLO 11 | The principles of audit, Introduction to the quality improvement project, Managing complaints, Serious incidents  Writing a police statement | Watford | Raj Vasiraju |
| 2 June 2023 | QIP presentation day | ACCS year 1 and 2 meet together to present QIPs | Luton and Dunstable Hospital | QIP TPD |
| 7 July 2023 | Trainee Celebration Day | ACCS and ST3 Trainees meet together to share learning and celebrate the end of the year. | Bedford Hospital | Devasena Subramanyam  And  Richard Austin |

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| ACCS Regional Training Program 2022-23 (ACCS YEAR 2) | | | | |
| Date | **Title** | **Program Content** | **Host** | **Contacts** |
| 5 Aug 2022 | ACCS-2 Induction | Introduction to Anaesthetics and Intensive Care Medicine | The Training Program Team | TPDs |
| Sept |  | **Attend ICM teaching for trainees in ICM and NOVICE Anaesthetics teaching for trainees in Anaesthetics.** |  |  |
| Oct |  | **Attend ICM teaching for trainees in ICM and NOVICE Anaesthetics teaching for trainees in Anaesthetics.** |  |  |
| 4 Nov 2022 | Opthal  & Haematology | Assessment of common presentations: Diplopia, Eye trauma including foreign bodies, Painful eye, Red eye, Sudden visual loss with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting.  Example conditions include Acute glaucoma, Cranial nerve palsy, orbital and per-orbital cellulitis, Inflammatory eye disease, Temporal arteritis, Anti-coagulant reversal, Disseminated intravascular coagulation (DIC), Haemophilia, Immune thrombocytopenic purpura (ITP), Leukaemia, Lymphoma, Marrow failure, Sickle cell disease/crisis, Transfusion reactions | West Suffolk | Alain Sauvage |
| 2 Dec 2022 | Elderly care | Comprehensive geriatric assessment, Acute confusion, Ceiling of care, Dementia – cognitive impairment, Fragility fractures, Mobility, Osteoporosis, Pharmacology considerations in the older patient, palliation | Basildon | Lokesh Narayanaswamy |
| 6 Jan 2023 | SLO6 | EMleaders leading self and leading team modules focussing on: Managing workload, Clinical decision-making under pressure, Difficult interactions in the workplace, functioning as good team member, followership | James Paget Hospital | Jim Crawfurd |
| FEB |  | **Attend ICM teaching for trainees in ICM and NOVICE Anaesthetics teaching for trainees in Anaesthetics.** |  |  |
| March |  | **Attend ICM teaching for trainees in ICM and NOVICE Anaesthetics teaching for trainees in Anaesthetics.** |  |  |
| April |  | **Attend ICM teaching for trainees in ICM and NOVICE Anaesthetics teaching for trainees in Anaesthetics.** |  |  |
| 5 May 2023 | Maxfax & ENT | Assessment of common presentations including ENT foreign bodies, ENT injuries, Epistaxis, Hearing loss, Painful ear, Sore throat, Vertigo with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting.  Example conditions include Epiglottitis, Glandular Fever, Lower motor neurone (LMN) facial nerve palsy, Meniere’s disease, Nasal fractures, Otitis externa, Otitis media, Pharyngitis, Tonsillitis, Tracheostomy emergencies, Quinsy, Salivary gland disease, Vestibular neuritis, Dental abscess, Facial wounds, Post extraction complications, Temporomandibular joint (TMJ) dislocation | Luton and Dunstable Hospital | Leigh Bissett & Aamir Tarique |
| 2 June 2023 | QIP day | ACCS year 1 and 2 meet together to present QIPs | L&D | QIP TPD |
| 7 July 2023 | Trainee Celeb Day | ACCS and ST3 Trainees meet together to share learning and celebrate the end of the year. | Bedford Hospital | Richard Austin |