

An Academic Career in the Midlands & East



Developing people
for health and
healthcare



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What is an Academic career?

- To educate others, either students or postgraduate dentists
- To research and work on the latest advances of dentistry
- Influence and network on dentistry both nationally and internationally
- To reach the highest standards of clinical skill
- To influence and lead your chosen clinical speciality

Why choose this specialty?

- Combines many different skills
 - Educating others
 - Researching into the latest techniques
 - Clinically Specialising and often leading in your chosen clinical area
 - Varied nature of work
 - Networking in an interdisciplinary environment
 - Rewards of teaching and research

Future challenges

Funding

Internal and external political influences

Brexit – interaction and funding

The unknown direction of dentistry

Both exciting and unpredictable

You may be the person to tackle future challenges in dentistry

Typical Day

A day in the life...

...each day is different so it may be best to plan a typical week/year

- The week involves teaching on the clinic and working with students – always rewarding
- Meetings with my research team to plan research programme, any papers for publication i.e. BDJ and higher impact journals, research conferences
- Meetings with my PhD students to plan their research
- New patient letters in Prosthetics, new patient clinics always rewarding, treatment clinic with own patients and the DCTs
- Special to me - Working across the Medical school and University to plan strategy on international work with respect to Brexit, our campus at Dubai, work in Brazil, India and China.
- My dentistry background provides many of the skills needed for the above

Personal Qualities for this career

- **Excellent communication skills – YES**
- **Good interpersonal skills – YES**
- **Leadership – YES**
- **Resilience – YES**
- **Practical skills – YES**
- **Life long learner – YES**
- In line with all specialities, trainees need to be **reliable, self-motivated, punctual , flexible and good team players**
- ***As an academic I have learnt to be good in niche areas that make me indispensable to others***

Personal Qualities for this career

- It does have a clinical component and able to undertake research that enhances your speciality
- Substantive funded jobs by University
- Approachable
- Ability to network and lead others

Training Pathway

If you want to succeed in Academic Dentistry a PhD is essential

Detailed pathways -

Clinical Academic Careers Framework:

A framework for optimising clinical academic careers across healthcare professions

Published by Health Education England, 2018

Outlines NIHR funded posts

- *Academic Clinical Fellowships (ACFs)*
- *Clinical Lectureships (CLs)*

Training pathway

Dental School

CCT



Academic Consultant

Requirements During Training

- Work place based assessments (supervised learning events)
- E Portfolio
- Life support courses; PLS, APLS
- Audit
- Presentations
- Publications
- Safeguarding courses
- Teaching
- Managerial experience
- Annual review of competence progression (ARCP)

Recruitment

- NIHR ACFs and CLs are appointed through selected academic programmes.
- These programmes have been awarded to university/NHS Trust/LETB partnerships via formula allocation and rounds of competition.

Recruitment

- ST3-4 applications open in February with interviews in April/May. These are held in the RCGP, Euston.
- All shortlisted applicants are invited to interview.
- Successful candidates commence on the training programme in September in the West Midlands.

Competition Ratios

22 NIHR ACFs

10 NIHR CLs

Available annually for dentists.

Why train in the M&E?

- Largest regions in the country
- University research centres
- Diverse area resulting in wide range of pathology.
- Mix of smaller DGHs, large teaching hospitals and tertiary units ensures broad training and excellent opportunities
- University research centres



Demonstrating commitment to Specialty

- If Academic join
 - Clinical Speciality and attend annual conference
 - British Society for Oral and Dental Research
 - Be involved locally and nationally through the British Dental Association or the Royal Colleges.

Where to go for more information...

- [NHS health careers](#)
- Search for:-

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