

A Guide to Log Entries for GP Trainees

The learning log is your personal learning record. Entries you 'share' can be read and commented on by your clinical or educational supervisor. These log entries will contribute to the evidence available to your supervisors for your ESR as well as to the ARCP panel when they come to take a view on your progression in training. You can link entries in your Learning Log to up to 3 curriculum chapters. This indicates which areas of the curriculum you feel are relevant to your log entry.

Your clinical or educational supervisor can validate log entries against the 13 professional competences if they feel that the log entry is of sufficient quality to make a judgement about your level of progress with that competency. It is a good idea to write your log entry bearing in mind the professional competencies you would like your supervisor to be able to validate them for and to vary the type of cases and other material you are writing about.

Positive Things To Do

- Record & share your entries with your supervisor on a **regular** basis as and **when they happen**. This will result in more meaningful reflection and learning and will also be appreciated by your supervisor
- Documenting 2-3 good quality pieces per week is far better than 10 poor quality entries.
- Participate in & enter on your ePortfolio a variety of learning events to add breadth and depth to your learning
- Put some time aside regularly to think about what you have learnt that day or week - how can you best record this on the ePortfolio?
- Link all entries to the appropriate curriculum chapters. Review your curriculum statement coverage & minimum required evidence regularly to identify your gaps
- **Anonymise** all staff & patient identifiable information.
- Do look at any comments your supervisor makes about your log entries and respond to them if needed

And the Don'ts.....

- Do not save up your entries - they will have lost some of their value to you and your supervisor will not be able to read them all if put on in large amounts days before your ESR
- Do not avoid entering things that went less well than you would have liked. Learning is life-long, when things don't go very well that is sometimes how we learn best. It will be seen as a strength if you are reflecting on the event if you are taking action to improve things.
- Avoid leaving the assessments until the last few months of your 6 month post - you will struggle to complete them.
- Do not set yourself unrealistic learning actions, you will not achieve them and your supervisor and ARCP panel will have to ask why.
- Only link your log entries to relevant curriculum chapters and avoid over-linkage