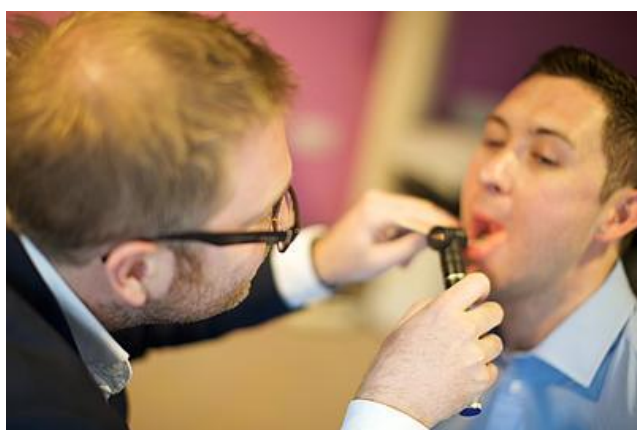


## A Guide to CEPSs for GP Trainees

The assessment of clinical and examination procedural skills is an important part of GP training. Competence in these skills is an integral to the provision of good clinical care. You are expected to demonstrate progress in applying the skills relevant to general practice during your training. When you complete training, you must be competent to apply your skills unsupervised. Specific skills to be included include intimate examinations such as genital, rectal and breast examinations



### Evidence for CEPS

Evidence can be provided in a variety of ways including

- Asking a supervisor to complete a CEPS evidence form after they have observed you carrying out a procedure or examination
- Completing a log entry documenting your learning about any aspect of examination skills
- Mini-CEX
- COT
- Multi Source Feedback
- Clinical Supervisor Report

Your educational supervisor is asked to assess your competence every 6 months at your ESR and is particularly asked about intimate examinations at your final review

### What are Intimate Examinations?

An intimate examination is one where the patient feels exposed. Certainly these would normally include male genital, female genital, rectal, prostate, and breast examinations. But, ultimately, the definition of an intimate examination is cultural and defined by the patient's need.

### Who Can Observe Me?

If you are being observed by a doctor, they should be at ST4 level or above. If you are being observed by another health care professional, eg specialist nurse, they should have the appropriate level of training and use that examination or procedure as part of their regular work.

Some procedures could be observed in a skills lab or on videoed consultations, although this would not be appropriate for intimate examinations.

### How Many Do I Need To Do?

There is no set number of any of these assessments. Rather you need to demonstrate to your educational supervisor that you are competent. This will be different for every person, dependent on skills and previous experience. However, there must be observed evidence for all 5 intimate examinations by the time of your final ARCP.