**“COVID Extremely Vulnerable Household Member” Assessment Form**

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| **Trainee Details** | | | | | | | | | | |
| **Name** | | |  | | | | | **DOB** |  | |
| **Division** | | |  | | | | | **Base** |  | |
| **Job Title** | | |  | | | | | **Contact Number** |  | |
| **Supervisor Details** | | | | | | | | | | |
| **Name** | | |  | | | | | **Job Title** |  | |
| **Contact Number** | | |  | | | | | **Email Address** |  | |
| **Is the household member symptomatic to COVID 19?** | | | | | | | | | | |
| **Yes** | |  | Do not complete this form, please Self-Isolate in line with PHE Guidance. | | | | | | | |
| **No** | |  | Please proceed with questions below. | | | | | | | |
| **SECTION 1** | | | | | | | | | | |
|  | | | | | | | | | | **X**  (“X” all that apply) |
| **Which of the following applies:** | | | | | | | | | | |
| 1. Solid organ transplant recipients. | | | | | | | | | |  |
| 1. People with specific cancers:    * people with cancer who are undergoing active chemotherapy or radical radiotherapy for lung cancer | | | | | | | | | |  |
| * + people with cancers of the blood or bone marrow such as leukaemia, lymphoma or myeloma who are at any stage of treatment | | | | | | | | | |  |
| * + people having immunotherapy or other continuing antibody treatments for cancer | | | | | | | | | |  |
| * + people having other targeted cancer treatments which can affect the immune system, such as protein kinase inhibitors or PARP inhibitors | | | | | | | | | |  |
| * people who have had bone marrow or stem cell transplants in the last 6 months, or who are still taking immunosuppression drugs | | | | | | | | | |  |
| 1. People with severe respiratory conditions including all cystic fibrosis, severe asthma and severe COPD. | | | | | | | | | |  |
| 1. People with rare diseases and inborn errors of metabolism that significantly increase the risk of infections (such as SCID, homozygous sickle cell). | | | | | | | | | |  |
| 1. People on immunosuppression therapies sufficient to significantly increase risk of infection. | | | | | | | | | |  |
| 1. Women who are pregnant (at any stage) with significant heart disease, congenital or acquired. | | | | | | | | | |  |
| 1. Women who are pregnant over 28 weeks. | | | | | | | | | |  |
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| **State Relationship:** | | | |  | | | | | | |
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| **What are the caring circumstances and provision regarding the household member?** | | | | | | | | | | |
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| **Is the trainee critical and required to be on site to undertake their role?** | | | | | | | | | | |
| **Yes** |  | | Please proceed to next question. | | | | | | | |
| **No** |  | | Please proceed to **Section 3** | | | | | | | |
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| **Does the trainee work in one of the following high risk areas?** | | | | | | | | | | |
| **ICM** | | | | | |  | Please proceed to next question. | | | |
| **Emergency Medicine** | | | | | |  |
| **Respiratory** | | | | | |  |
| **AMU** | | | | | |  |
| **GPs working in practises who have face to face contact with suspected COVID 19 patients.** | | | | | |  |
| **Theatres & Anaesthetics** | | | | | |  |
| **MET & Cardiac Arrest Teams** | | | | | |  |
| **None of the Above** | | | | | |  | PHE have issued stringent advice for individuals living with someone who is classed as “High Risk”. This is attached at Appendix 1. Please ensure that this is followed whilst the staff member continues to attend work. | | | |
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| **Is the trainee the immediate carer of the household member?** | | | | | | | | | | |
| **Yes** |  | | Please proceed to next question. | | | | | | | |
| **No** |  | | Please proceed to **Section 2**. | | | | | | | |
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| **Are there alternative care arrangements that can be made for the household member?** | | | | | | | | | | |
| **Yes** |  | | Please proceed to **Section 2**. | | | | | | | |
| **No** |  | | Redeploy to a low risk area. PHE have issued stringent advice for individuals living with someone who is classed as “High Risk”. This is attached at Appendix 1. Please ensure that this is followed whilst the trainee continues to attend work.  Please proceed to next question. | | | | | | | |
| **SECTION 2** | | | | | | | | | | |
| **Would they be willing to move into host provided accommodation?** | | | | | | | | | | |
| **Yes** |  | | If ‘Yes’ host to make necessary arrangements | | | | | | | |
| **No** |  | | **Reasons:** | |  | | | | | |
| Redeploy to a low risk area. PHE have issued stringent advice for individuals living with someone who is classed as “High Risk”. This is attached at Appendix 1. Please ensure that this is followed whilst the trainee continues to attend work. | | | | | |
| **SECTION 3** | | | | | | | | | | |
| **Can the trainee undertake work from home for your department / area of work?** | | | | | | | | | | |
| **Yes** | |  | Host to make arrangements for kit to be sent home with the trainee to work from home.  . | | | | | | | |
| **No** | |  | PHE have issued stringent advice for individuals living with someone who is classed as “High Risk”. This is attached at Appendix 1. Please ensure that this is followed whilst the trainee continues to attend work. | | | | | | | |
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| **Any other information:** | | | | | | | | | | |
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| **Where a trainee is not able to undertake work for your department / area from home the form will be reviewed with the Training Programme Director regarding whether there is any other work they can undertake within their specialty area from home instead.**  **All forms should be reviewed periodically by the host organisation as the situation within the host progresses and contact may be made with the trainee regarding operational requirements** | | | | | | | | | | |
| **Please send this form along with BSA Letter to** [**leademployer.casemanagment@sthk.nhs.uk**](mailto:leademployer.casemanagment@sthk.nhs.uk) **along with confirmation of your decision to be held on the trainees employment record.** | | | | | | | | | | |

**Appendix 1**

**Link to PHE Website on Shielding for High Risk Individuals:**

<https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19>

### PHE Guidance regarding people living with a High Risk individual:

Where a household member is deemed to require shielding due to them being extremely vulnerable the rest of the household are not required to stay at home and adopt the protective shielding measures for themselves.

It is expected that other household members will do what they can to support the high risk household member in shielding and to stringently follow [guidance on social distancing](https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults) including:

1. Minimise as much as possible the time spent in shared spaces such as kitchens, bathrooms and sitting areas, and keep shared spaces well ventilated.
2. Aim to keep 2 metres (3 steps) away from shielded household members and encourage them to sleep in a different bed where possible. If possible the shielded household member should use a separate bathroom from the rest of the household. Make sure you use separate towels from the other people in your house, both for drying after bathing or showering and for hand-hygiene purposes.
3. If the toilet and bathroom are shared with others, it is important that they are cleaned after use every time (for example, wiping surfaces you have come into contact with). Another tip is to consider drawing up a rota for bathing, with the shielded household member using the facilities first.
4. If the kitchen is a shared area, the shielded household member should avoid using it while others are. The shielded household member should, where possible, take their meals back to their room to eat. If you have one, use a dishwasher to clean and dry the households used crockery and cutlery. If this is not possible, wash them using your usual washing up liquid and warm water and dry them thoroughly. Remember to use a separate tea towel for drying crockery and cutlery for the shielded household member.
5. It will be difficult for some people to separate themselves from others at home. You should do your very best to follow this guidance and everyone in your household should regularly wash their hands, avoid touching their face, and clean frequently touched surfaces.

If the household stringently follows advice on social distancing and minimises the risk of spreading the virus within the home by following the advice above, there is no need for household members to shield alongside the vulnerable household member.